

DROP-IN RECREATION SCHEDULE - BANNATYNE CAMPUS

Drop-in Recreation is dedicated time for members and day-pass users to access the gymnasium and the studio. This schedule is subject to change without notice.

Additional time may be available outside this schedule. Please contact the Customer Service Desk for availability.

FACILITY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
GYMNASIUM* Joe Doupe Centre	500pm-700pm	630am-900am 1000am-1100am 200pm-330pm 430pm-530pm*	630am-900am 1000am-1100am 100pm-200pm* 200pm-330pm 700pm-1000pm	1000am-1100am 100pm-200pm 430pm-530pm 900pm-1000pm	630am-900am 1000am-1100am 200pm-330pm 700pm-1000pm	630am-900am 1000am-1100am 100pm-200pm* 700pm-1000pm	1200pm-200pm 500pm-700pm
STUDIO Joe Doupe Centre		630am-430pm	630am-1145am 100pm-415pm	630am-1145am 100pm-415pm	630am-1145am 100pm-415pm	630am-430pm	

USAGE GUIDELINES: To benefit all users, we kindly ask our members and day pass holders to occupy and vacate Rec Use facilities (including any equipment set-up and take down) no earlier or later than the times posted on the schedule.

GYMNASIUM: Gym space during drop-in time is multi-use unless otherwise posted. *Gymnasium times posted in RED are half gym only.

STUDIO: Studio space can be utilized for stretching or other non-free weight exercises. (Free weights are not allowed in the Studio)