Welcome back to school and to our September issue of *Info-RN: a Newsletter for Nurses*. As a parent, I can certainly relate to this being "the most wonderful time of the year"! As a former student, I have fond memories of the fall air, new books, new courses, and meeting new friends. Very soon, however, reality sets in...the readings, projects, assignments, tests, exam schedules, etc.

Luckily the Health Sciences Libraries and the Elizabeth Dafoe Library are here to help you. Each issue of Info-RN highlights various services and resources the libraries have available for you. This month we include some of our resources on nursing theory; patient education for arthritis; communications strategies; using the APA style to format a term paper, and so much more. Take the time now to read *Info-RN* in preparation for a successful school year.

Photograph reproduced with permission
Major Mrs. L. Payne and first graduating class of nurses, Grace Hospital, Winnipeg, 1915
Provincial Archives of Manitoba, Still Images Section.
Foote Collection item Number 1523 Negative 2485.

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**News**

**Searching BISON – The Library’s Online Catalogue – pg. 3**

BISON is the University of Manitoba Libraries Web-based online library catalogue. It provides access to the collections of the University of Manitoba Libraries.

**So you have to write a term paper using … APA STYLE - pg. 6**

As a University student, you are required to write your paper in an academic style. This involves both assembling a reference list and citing sources within your paper. The most popular style for nursing is the American Psychological...

**Location of Libraries for Nursing Resources - pg. 8**

We would like to remind the nursing community that if you are a University of Manitoba student, faculty or staff, a staff member at any Winnipeg community or research hospital, or are employed by the WRHA, you are eligible for a free library card...

**Evaluating Health Information on the Internet - pg. 9**

The Internet is being used more and more for health information. Regardless of where you get your health information it is important to carefully evaluate the content.
Webliography: Nursing Theory - pg. 11

This webliography features resources on the topic of nursing theory. Articles and books available from the University of Manitoba Libraries, as well as freely available web sites, are highlighted.

Training Opportunity

Neil John Maclean Health Sciences Library Training

Look here for training sessions offered at the Neil John Maclean Health Sciences Library on the Bannatyne Campus.

BN “Back to School” Orientation Session

Are you going back to school and worried that it has “been a while”? Get ahead of the learning curve with this session!

Publication Information

Info-RN is an electronic newsletter of the University of Manitoba Libraries dedicated to informing nurses in Winnipeg of services or resources that will help them access quality health information. Info-RN is published three times a year. Comments, questions, or letters to the editor should be addressed to: njm_ref@umanitoba.ca
Searching BISON – The Library’s Online Catalogue

Use BISON to search for books, videos, dvds and journals. (Note: BISON can be used for journal titles, not journal articles.)

You can access BISON at http://bison.umanitoba.ca

SEARCHING BISON

When you access BISON, the default search screen is the Simple Search. Type your search topic into the search box excluding the term “and”. (e.g. type chronic pain primary care NOT chronic pain and primary care)

The default search is a keyword search. A keyword search will search the author, title and subject fields for your terms. You can select another search option (e.g. title (keyword)) from the drop-down menu beside the search box. Use a keyword search if you know words but are not sure about the exact title, author or subject heading. Use a browse search if you know the exact title, author or BISON subject heading. Once you have selected the type of search, click on the Search button.

NOTE: You can return to the search screen at any time by clicking on the New Search link located in the left-hand blue menu.

VIEWING BISON RECORDS

If you selected a keyword search (e.g. keyword, author key word, title keyword,) your search results will be a listing of brief records (a brief record consists of author, title and year). Click on the Full description link to access the full record of the item.
If your chose a “browse” search option, your results will be an alphabetical listing of titles, authors or subjects. Click on the [# link] to view the brief record. From the brief record you can then access the full record of the item.

Below is an example of a full record in BISON. It contains the title, author, publishing information, subject headings and the holdings information. The holdings information will tell you how many copies of the title are available, at which library it is located and if it is already checked out to someone. If an item is checked out, the due date will also appear in the holdings information. In this example, we see that a copy of this book is on order for the St. Boniface General Hospital Library and the Seven Oaks copy in being transferred between libraries.
REQUESTING ITEMS

If you would like to borrow an item from the library but it is not at a convenient location for you, click on the **Request this title** link located at the top right corner of the record.

On the following screen, login using your Library ID and PIN. Your Library ID is the full 14 digit number on your student or library card. If you are a student, your default PIN is the last 4 numbers before the last hyphen. If you received your library card from one of the health libraries, your default PIN is the last 4 numbers on your card. Your default PIN will have to be changed using [MY Library Account](#). For more information about [MY Library Account](#) including changing your PIN see the Libraries web site.

Next, select your desired pick-up location from the drop-down menu and then click on the **Submit Request** button. You will be notified by email when the item is ready to be picked up at your selected location.

If you work in a WRHA office or PCH, select the WRHA/PHC location option. The item you request is delivered to the Neil John Maclean Library, then checked out to you and sent to your office via Medical Courier. To return the item, simply use medical courier to send it back to any University of Manitoba Health Sciences Library. For the WRHA/PCH pick-up location to work properly, make sure we have your current office location on record.
MY LIBRARY ACCOUNT

My Library Account lets you see items that are currently checked out to you, titles you have requested and any fines or fees outstanding. You can also renew your books online through this feature.

To access your library account, click on the My Library Account link located in the left-hand blue menu. You will be required to login using your Library ID and PIN. Do not forget to log out!

By Melissa Raynard, Librarian, Concordia Hospital

So you have to write a term paper using ... APA STYLE

As a University student, you are required to write your paper in an academic style. This involves both assembling a reference list and citing sources within your paper. The most popular style for nursing is the American Psychological Association, or, APA Style. The following examples are not intended to replace the American Psychological Association (2001). Publication Manual of the American Psychological Association (5th edition). Washington, DC. Please consult a copy of the print manual located in the University of Manitoba libraries for more detailed information.

(NOTE: To view this page correctly set the "Text Size" in Internet Explorer to medium)

Assembling a Reference List

In APA style, a list of the works you used to write your paper is included on a separate page, at the end of your document. This Reference List ensures that readers are able to retrieve the sources you used for your paper. Therefore, all references cited in the text of the paper must appear in the reference list.

Here are some examples of how to compile your reference list:

Print Formats

Journal Article, One Author

Journal Article, Two Authors

Book, One Author

Book, Two Authors

Edited Book

Electronic Formats

Online Journal Articles – electronic only

Online Journal Articles – print & electronic
If the article appears in print as well, use "Electronic Version" in brackets after the article's title.
Article from a Database
Retrieved February 20, 2003, from PsycARTICLES database

Websites


Citing Sources Within Your Paper

In APA style, citations to sources are placed in the text of the paper in order to briefly identify sources and locate the source of the cited information in the Reference List. These parenthetical (in text) references include the author’s last name and the year of publication enclosed in parentheses. Direct quotations require the page number as well. Citations are placed within sentences and paragraphs to make it clear what information is being quoted or paraphrased and whose information is being cited.

Here are some examples of how to cite sources within the text of your paper:

**Single Author**
The last name of the author and the year of publication are inserted in the text at the appropriate point

In a recent study, research indicates (Isaac, 2001)

If the name of the author appears as part of the narrative, cite only the year of publication in parentheses.

Walker (2000) compared reaction times

**Works by Multiple Authors**
Cite both names every time the reference occurs in the text.

If the authors are in parentheses, join the names with an ampersand (&).

as has been shown (Joreskog & Sorbom, 1989)

**Works by Multiple Authors – cont’d**
In narrative text, join the names with the word "and."

as Nightlinger and Littlewood (1993) demonstrated

When a work has three, four, or five authors, cite all authors the first time the reference occurs.

Wasserstein, Zappulla, Rosen, Gerstman, and Rock (1994) found

In all subsequent citations per paragraph, include only the surname of the first author followed by "et al." (Latin for "and others") and the year of publication.

Wasserstein et al. (1994) found

**Quotations**
If you are directly quoting from a work, you will need to include the author, year of publication, and the page number for the reference (preceded by "p.").

Jones (1998) found “students often had difficulty using APA style” (p. 199); what implications does this have for teachers?

**NEED MORE EXAMPLES?**

University of Manitoba:
http://www.umanitoba.ca/libraries/use_it/citing_apa.pdf

Using APA Format:
http://owl.english.purdue.edu/owl/resource/560/01/
Citation Styles Handbook – APA:  
http://www.english.uiuc.edu/CWS/wWORKSHOP/writer_resources/citation_styles/apa/apa.htm

Social Sciences: Documenting Sources:  http://www.dianahacker.com/resdoc/p04_c09_o.html

NEED MORE HELP?

Just drop by …. or email us

Talk to a University of Manitoba Librarian at any of our libraries, or send us an email. We are happy to help you.

AND LASTLY…

APA is not the only style manual used in academic settings. All style manuals explain how to cite sources both within the text of the paper and, how to construct a list of works used. Click on this link to view other Commonly Used Style Manuals. Check with your instructor to determine what manual to use.

By Analyn Cohen Baker, Librarian, Seven Oaks General Hospital

Location of Libraries for Nursing Resources

We would like to remind the nursing community that if you are a University of Manitoba student, faculty or staff, a staff member at any Winnipeg community or research hospital, or are employed by the WRHA, you are eligible for a free library card and various services offered by the University of Manitoba Libraries. Below is a listing of University libraries that provide services for nursing research and clinical information needs, their hours and location.

<table>
<thead>
<tr>
<th>Library</th>
<th>Hours</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Concordia Hospital Library</td>
<td>Monday - Friday: 8:30 am - 4:30 pm</td>
<td>Concordia Hospital, 1095 Concordia Avenue</td>
</tr>
<tr>
<td></td>
<td>Saturday &amp; Sunday: Closed</td>
<td></td>
</tr>
<tr>
<td>J.W. Crane Memorial Library (Deer Lodge Centre)</td>
<td>Monday - Friday: 8:30 am - 4:30 pm</td>
<td>Deer Lodge Centre 2109 Portage Ave.</td>
</tr>
<tr>
<td></td>
<td>Saturday &amp; Sunday: Closed</td>
<td></td>
</tr>
<tr>
<td>Bill Larson Library (Grace Hospital)</td>
<td>Monday - Friday: 8:30 am - 4:30 pm</td>
<td>Grace Hospital 300 Booth Drive</td>
</tr>
<tr>
<td></td>
<td>Saturday &amp; Sunday: Closed</td>
<td></td>
</tr>
<tr>
<td>Carolyn Sifton – Helene Fuld Library (St. Boniface General Hospital)</td>
<td>Monday - Friday: 8:00 am - 5:00 pm</td>
<td>St. Boniface Research Centre 409 Tache.</td>
</tr>
<tr>
<td></td>
<td>Saturday &amp; Sunday: Closed</td>
<td>24-hour access is available to authorized library users</td>
</tr>
<tr>
<td>Riverview Health Centre Virtual Library (only available to Riverview staff)</td>
<td>Reference Services: Tuesday &amp; Thursday: 8:00 am – 4:00 pm</td>
<td>Riverview Health Centre, One Morley Ave.</td>
</tr>
<tr>
<td>Seven Oaks General Hospital Library</td>
<td>Monday - Friday: 8:30 am - 4:30 pm</td>
<td>Seven Oak General Hospital 2300 McPhillips Street</td>
</tr>
<tr>
<td></td>
<td>Saturday &amp; Sunday: Closed</td>
<td></td>
</tr>
<tr>
<td>Victoria General Hospital Library</td>
<td>Monday - Friday: 9:00 am - 5:00 pm</td>
<td>Victoria General Hospital (basement) 2340 Pembina Hwy</td>
</tr>
<tr>
<td></td>
<td>Saturday &amp; Sunday: Closed</td>
<td></td>
</tr>
<tr>
<td>Misericordia Health Centre Library</td>
<td>Monday - Friday: 8:30 am - 4:30 pm</td>
<td>Health Centre 99 Cornish Avenue</td>
</tr>
<tr>
<td></td>
<td>Saturday &amp; Sunday: Closed</td>
<td></td>
</tr>
</tbody>
</table>

Info-RN: a Newsletter for Nurses
Evaluating Health Information on the Internet

Web sites can be particularly difficult to evaluate; they are often splashy looking, professionally done and feel authentic. Whether you are searching for information on a disease, treatment options or guidelines, asking yourself a few questions about the web site can help you decide if the information is worth considering.

Who produced this site?
Is the author medically trained or a qualified health professional?
Is the author’s qualification easily assessed?
How up-to-date is the information on the site?
Are references present?
How objective is the content?
Is the site marketing a product or service?
How comprehensive is the site?
Is the site easy to use?
Are there disclaimers?
Who supports or endorses this site?
What is their reason for providing this information?

There are a number of guides for evaluating health information on the Internet. Consider visiting one of the following web sites before searching for health information.

University of Manitoba Libraries: Evaluating Information
University of Manitoba Libraries’ guides you through evaluating all types of information sources.

Canadian Health Network
The Canadian Health Network provides two checklists for evaluating health web sites; How to find the most trustworthy health information Web sites and What to look for in a health promoting web site. The Canadian Health Network website also provides links to reliable Canadian health internet sites.

MEDLINEplus
MEDLINEplus is produced by the National Library of Medicine and is an excellent starting point for finding health information on the Internet. The site also includes a guide for internet searching called the MEDLINEplus Guide to Healthy Web Surfing.
Health on the NET Foundation (HON)
Health on the Net (HON) hosts the Health on the Net (HON): Code of Conduct for Medical and Health Web Sites: Checklist. This is an interactive tool that will help surfers decide if a website is worth considering.

Evaluating Web Pages: Techniques to Apply & Questions to Ask
From the University of California Berkeley Library
Consider viewing this site for techniques you can apply when evaluating any type of web site.

References

Benner J.
Take a byte: Evaluating Web sites.

Further Reading

JAMA patient page. Health information on the Internet.
PMID: 11396470

HON code of conduct for medical and health Web sites.

Tomey AM.
Evaluation of Internet sources.

Nicoll LH.
Quick and effective Website evaluation.

Wilson P.
How to find the good and avoid the bad or ugly: a short guide to tools for rating quality of health information on the internet.

Books

Internet for nursing research: a guide to strategies, skills, and resources / Joyce J. Fitzpatrick, Kristen S. Montgomery, editors.
Location:
Elizabeth Dafoe Library Call Number: RT 81.5 I58 2004
Grace General Hospital Library Call Number: WY 20.5 I61i 2004
NJM Health Sciences Library Call Number: WY 20.5 I61i 2004
Victoria General Hospital Library Call Number: WY 20.5 I61i 2004

Essentials of internet use in nursing / Kristen S. Montgomery, Joyce J. Fitzpatrick, editors.
Location:
Concordia Hospital Library Call Number: WY 26.5 E78e 2002
Webliography: Nursing Theory

The nursing theory webliography will be of interest to nursing students and instructors, and to practicing nurses looking for a continuing education topic for their CRNM nursing competency documentation. Webliographies on other topics can be found on the Health Sciences Libraries website.

Interested in requesting a featured book or getting a copy of an article? Click on the book titles to use the Library catalogue’s “Request this title” feature. Use the UM Links button to check for electronic availability of an article or to request a copy from your nearest UM library.

The webliography is a selected list only and more books and articles can be found in the Libraries. If you require more information, please contact us for assistance.

Books


**Location:**
Grace General Hospital Library Call Number: WY 20.5 C744c4 2005
St. Boniface General Hospital Library Call Number: WY 20.5 C744c4 2005
Seven Oaks General Hospital Library Call Number: WY 20.5 C744c4 2005


**Location:**
St. Boniface General Hospital Library Call Number: WY 100 F278c2 2005
Victoria General Hospital Library Call Number: WY 100 F278c2 2005

**Developing nursing knowledge : philosophical traditions and influences** / Beth L. Rodgers. Published: Philadelphia : Lippincott Williams & Wilkins, c2005.

**Location:**
Elizabeth Dafoe Library Call Number: RT 84.5 R636 2005
Grace General Hospital Library Call Number: WY 11.1 R691d 2005


**Location:**
Elizabeth Dafoe Library Call Number: RT 31 H575 2006
Grace General Hospital Library Call Number: WY 11.1 H5576h 2006


**Location:**
Seven Oaks General Hospital Library Call Number: WY 86 N9737n2 2006


**Location:**
Articles

Advancing nursing theory through theory-guided practice: the emergence of a critical caring perspective.
Falk-Rafael A.

Critical caring is proposed as a hybrid, midrange theory that builds on nursing science and critical feminist theories. As such, it has the potential to root public health nursing practice in an expanded nursing caring science that reincorporates the social justice agenda characteristic of early public health nursing practice but not featured prominently in contemporary nursing theories. Critical caring transforms the carative processes of Watson's theory into carative health-promoting processes that form the "core" of public health nursing practice and reflect the legacy and reality of public health nursing practice.

Evolving models of Geriatric Nursing care.
Mezey M, Boltz M, Esterson J, Mitty E.

Outcomes of care improve when older patients are cared for by nurses with demonstrated competence in geriatrics and in environments that structure nursing care around the needs of older adults. The past twenty years has seen the development of a number of exciting new nursing models in the delivery of care for older adults. This article highlights some of these evolving models of nursing practice in assisted living, home care, hospitals, and nursing homes.

Nursing theory and practice: connecting the dots.
Marrs JA, Lowry LW.

The authors propose connecting the dots among theory, practice, and research by adopting an expanded conceptual-theoretical-empirical structure of nursing knowledge and matrix process to guide the placement of nursing knowledge in a contextual whole. An overview of the theoretical journey of nursing knowledge development is contrasted with the journey from practice resulting in a theory-practice disconnect. Both approaches are united to present an integrated view of the dimensions of the knowledge development of nursing as a professional discipline.

Using the Neuman systems model for best practices.
Ume-Nwagbo PN, DeWan SA, Lowry LW.

Human beings with unmet needs related to their health and illnesses are the central focus of the domain of nursing. It is proposed in this column that nurses who conduct their practice from a nursing theory base, while assisting individuals and families to meet their health needs, are more likely to provide comprehensive, individualized care that
exemplifies best practices. The Neuman systems model has been widely acclaimed to guide practice, yet specific examples are few in the published literature. The purpose of this column is to present two case studies based upon Neuman systems model; one case is directed toward family care, and the other demonstrates care with an individual. Theory-based exemplars serve as teaching tools for students and practicing nurses. These case studies illustrate how nurses’ actions, directed by Neuman's wholistic principles, integrate evidence-based practice and generate high quality care.

Orem's self-care deficit nursing theory: pediatric asthma as exemplar.
Cox KR, Taylor SG.

Asthma is the most frequent reason for preventable hospital admissions among children regardless of race or socioeconomic status. Since hospitalizations are preventable, a reasonable assumption is that parents are not optimally managing their child’s asthma. Using Orem's self-care deficit nursing theory, 14 conditions were uncovered in the pediatric asthma literature that influence development of competency by parents. Twelve of the 14 antecedent conditions are influenced by factors partly or completely controlled by the healthcare system. Healthcare system gaps associated with asthma symptom control have come to light through the articulation of the pediatric asthma literature and Orem's theory.

Nurs Stand. 2006 Jan 4-10;20(17):24-5.
Model thinking.
Salvage J.

Nancy Roper, Win Logan and Alison Tierney published their ground-breaking model of nursing in 1980, sparking the evolution of nursing theory from staid, biomedical thinking to an individualised, independent approach. Jane Salvage looks back at the lasting impact their research had on her and the profession as whole.

Websites

Nursing Theory Page - Hahn School of Nursing and Health Science
Nursing Theory Link Page - Clayton State University Dept. of Nursing
Nursing Theory Page - NurseScribe
Nursing Theory Network
Nursing Theory - OMNI

By Lisa Demczuk, Librarian, Bill Larson Library, Grace Hospital

Features

New Books

Concise Rules of APA Style.
Your paper is written, but there are just a few little details to take care of: Do you use five or 5 in the body of your paper? Is a journal title italicized in the reference list? What do you do with that quote? Concise Rules of APA Style will help you answer these questions. Based on the 5th edition of Publication Manual of the American Psychological Association, this official pocket style guide provides the essential writing standards needed by researchers, students, teachers and clinicians. Chapters are devoted to each of: tips for better writing skills, grammar rules, punctuation, spelling, common abbreviations forms, preferred use of numbers, and formatting tables and figures. Each of these
chapters includes brief useful instructions for using the APA style correctly. Examples and explanations of how to correctly quote and cite common types of references are supplied. This book does not replace the complete *Publication Manual*, but it does provide answers to the most common questions students ask about the APA style.

**By Christine Shaw-Daigle, Librarian, Victoria General Hospital**

As fall arrives, thoughts turn toward teaching and accomplishing goals more effectively. Whether you are involved in clinical or classroom teaching, here are 4 books to help you:


This book is a compilation of narratives by 23 prominent leaders in nursing education. Each addresses several areas: their early personal interest in teaching, the preparation and mentoring they received for the teaching role, and their evolution as a teacher. Discussions of their experience as an educator revolve around the point of comfort in being a teacher, challenges faced, embarrassing moments, most and least rewarding aspects, and the maintenance of excellence as a teacher. Most of these narratives conclude with advice for new teachers. A final chapter of tips and techniques includes feedback from both students and faculty on what is helpful, and what is not, in the learning/teaching process.

This book is available at Elizabeth Dafoe Library.


Clinical nurse expertise is necessarily called upon to assist in training nurses for the future. This book provides guidance for the clinical practice nurse in transitioning to the nurse instructional role. As well as theoretical chapters concerning instructional goals, roles and approaches, several chapters are devoted to techniques and strategies in the laboratory and practice settings. The nitty-gritties of working with students with particular problems or traits are addressed, as well as communication styles in handling difficult situations. Several appendices include samples of things such as clinical course objectives, a course outline, and a clinical evaluation form.

This book is available at Elizabeth Dafoe Library.


Edited by Canadian academics, “this text offers nurse educators a comprehensive conceptual and practical introduction to student-centred pedagogies and their classroom and clinical applications” [publisher’s blurb]. 600 pages in length, Teaching Nursing is presented in five sections: theories and concepts, methods and approaches, constructing curricula, faculty challenges and issues, and the future of nursing education. Practical examples of learning activities are included throughout. Contributors work mainly in the United States and Canada, a large part in western Canada, including University of Manitoba professors Dean Care and David Gregory. Appendices provide a sample lesson plan and course outline.

This book is available at Elizabeth Dafoe Library.


This 2-volume comprehensive work presents its content in 10 sections: (1) Teaching Roles and Responsibilities; (2) Educational Process in Action; (3) Focus on Students; (4) Focus on Curriculum; (5) Focus on Critical Thinking; (6) Accreditation, Approval and Certification; (7) Legal Issues in Nursing Education; (8) Organizations of Interest to Nursing Faculty; (9) Faculty Support and Development; and (10) Student Support and Development. Doody’s reviewer, Mary Allen Carey, supports the conception of this work as a “bookshelf faculty mentor” beneficial to both seasoned and junior faculty.

This book is available at Elizabeth Dafoe Library.

*By Jan Johnson, Nursing Librarian, Elizabeth Dafoe Library*
New Videos

Nurse-Physician Communication: Enhancement Strategies

Physician Communication: Enhancement Strategies
Presented by: The American Journal of Nursing, the Gerontological Society of America and PRIMEDIA Healthcare.
Published: [Carrollton, TX]: PRIMEDIA Healthcare; [Toronto, ON]: distributed by Medical Audio Visual Communications, c2005. Description: VHS; 54 min.

How information is communicated among physicians and other members of the healthcare team is as important as what is communicated. Research has shown that where communication is poor—particularly between the RN and the physician—everyone is affected from patients to families to other staff. Safety and the overall quality of care are dependent on the collegial and collaborative relationships between and among physicians, nurses, and other members of the healthcare team. Healthcare errors, readmissions, and even death, can result from poor communication. This program highlights research on the relationship between communication and safety and quality of care; components of effective communication; and basic tenets incorporated in the Gerontology Interdisciplinary Team Training (GITT) -- a program designed to improve the care of elders by enhancing the interdisciplinary training of health professions students and professionals. The presenters, a physician and 2 nurses, offer strategies for enhancing communication gaps with the ultimate emphasis on providing safe and excellent patient care.

This video is available for loan from the Neil John MacLean Health Sciences Library. Contact any University of Manitoba Library if you wish to borrow this video.

By Analyn Cohen Baker, Librarian, Seven Oaks General Hospital Library

e-Resources: E-Journal for Nursing Education

While it’s best to search for specific articles through indexes such as CINAHL, at times a browse through a journal’s table of contents is more rewarding. Here are some education-related full text e-journals available to UM staff and faculty:

Nurse Educator
Nurse Education Today
Nurse Education in Practice
Journal of Nursing Education
International Journal of Nursing Education Scholarship

Jan Johnson, Nursing Librarian, Elizabeth Dafoe Library

For Your Patient: The Arthritis Society of Canada

September is National Arthritis Month!
The Arthritis Society of Canada

‘The mission of The Arthritis Society is to search for the underlying causes and subsequent cures for arthritis, and to promote the best possible care and treatment for people with arthritis.’

*The Arthritis Society is Canada's only not-for-profit organization devoted solely to funding and promoting arthritis*
research, programs and patient care. It has a national administrative office in Toronto, division offices in each
province and nearly 1,000 community branches throughout Canada.

Supporting and providing research, patient care and public education programs that benefit the millions of Canadians
with arthritis is no small task. But The Arthritis Society receives widespread support from tens of thousands of
volunteers and donors across the country to help us achieve those goals. As a result, we're able offer help and hope
to people with arthritis across the country.”


If you need information to help your patients and their families deal with arthritis, a debilitating disease that affects
millions of Canadians, this site is a good choice for the education, support and research-based solutions that it
provides.

The main body of this web site provides:

- *Headline News* information;
- *Featured Program* section which currently profiles the Societies’ Arthritis Registry;
- *Ask an Expert*;
- *Open Forum Community* provides several online discussion groups;
- *Up to the Challenge* which features how individuals are battling arthritis; and,
- *The Arthritis Bookstore* for searching topics like gout, scleroderma, etc.

Across the top of the web site are tabs providing links to information on:

- *Types of Arthritis* – excellent profile of many types of arthritis (childhood arthritis, gout, lupus, scleroderma,
  etc) and related conditions for patient education purposes;
- *Tips for Living Well* – managing pain, emotions, exercise, health eating, and intimacy are some of the tips
covered here;
- *Programs and Resources* – here you will find the Arthritis Registry, online presentations, ask an expert,
  Arthritis News Magazine, etc.
- *Research* – find out what National research initiatives are in place; look up clinical trials; find Cochrane
  reviews;
- *Resources for Advocates* – For data to convince the politicians, health policy planners, health councils and
  hospital boards about arthritis, look here;
- *Local Programs and Information* – by province.

By Angela Osterreicher, Librarian, J.W. Crane Memorial Library, Deer Lodge Centre

→ About the University of Manitoba Libraries

The *Health Sciences Libraries* support the teaching, research, and patient care activities of the staff and students of
the Faculties of Dentistry, Medicine, and the Schools of Dental Hygiene and Medical Rehabilitation.

The *Elizabeth Dafoe Library* supports the research, study, and teaching requirements of the staff and students of
the Faculty of Nursing. Other faculties served by the Elizabeth Dafoe Library include the Faculties of Art, Education,

Working with the *Winnipeg Regional Health Authority*, the University of Manitoba provides library services
to Winnipeg hospitals and longterm care centres. The Health Sciences Libraries now include the *Neil John Maclean
Health Sciences Library* (Health Sciences Centre), and the libraries of *Concordia, Grace, Seven Oaks, St.
Boniface, Victoria, Deer Lodge Centre, Misercordia Health Centre* and the virtual library at *Riverview Health
Centre*.

The Health Sciences Libraries and the Elizabeth Dafoe Library offer a wide range of services — including document
delivery, literature searches, and training — and provide access to an extensive collection of monographs, journals,
videos, and health databases.