This issue of the newsletter features information on

- Joint diseases & arthritis
- Pregnancy & lactation resources
- Inuit health research
- *Qulliq* — featuring information for social services and wellness
- Medical rehabilitation resources

The Neil John Maclean Health Sciences Library (NJM) is your library, providing information services wherever and whenever you need it.
Selected Topic: Joint Diseases & Arthritis
See page 8 for a helpful list of web sites


Articles for Primary Care


Do you need information about the effects of drugs on pregnancy and lactation?

**LactMed**, part of the National Library of Medicine's TOXNET, is a database of drugs and other chemicals to which breastfeeding mothers may be exposed. It includes information on the levels of such substances in breast milk and infant blood, and the possible adverse effects in the nursing infant. Statements of the American Academy of Pediatrics concerning a drug's compatibility with breastfeeding are provided, along with suggested therapeutic alternatives to those drugs where appropriate. Users can search by drug or chemical name.


### New on the Bookshelves

*Note: The following books are on order. Copies will be sent to each health centre as soon as they are received.*


### New Journal

**International Breastfeeding Journal**

This new journal is available free on the internet. The first issue of this multi-disciplinary peer-reviewed journal was published on March 9, 2006. The journal is indexed in PubMed. Check out the journal's web site for more information.

Did you know?

You have a team of librarians at the Neil John Maclean Health Sciences Library working to provide information services to you.

The Neil John Maclean Health Sciences Library is the leading health sciences library in the province of Manitoba. We provide services to the following patron groups:

- Kivalliq Region & Sanikiluaq health and social services providers
- University of Manitoba Faculties of Medicine & Dentistry, Schools of Dental Hygiene and Medical Rehabilitation
- Winnipeg’s Health Sciences Centre (HSC)
- Winnipeg Regional Health Authority (WRHA)
- Concordia Hospital
- Deer Lodge Centre
- Grace Hospital
- Misericordia Health Centre
- Riverview Health Centre
- St. Boniface General Hospital
- Seven Oaks General Hospital
- Victoria General Hospital

The NJM Library provides professional library and information services to you. We provide you with access to the University of Manitoba Libraries collections for medicine, allied health, dentistry, social work, Inuit and First Nations health.
Keeping Up-to-Date on Inuit Health Research


Reading J. **The Quest to Improve Aboriginal Health.** CMAJ. 2006 Apr 25;174(9):1233, 1237. http://www.cmaj.ca/cgi/content/full/174/9/1233


Mallory ML, Ogilvie C, Gilchrist HG. **A Review of the Northern Ecosystem Initiative in Arctic Canada: Facilitating Arctic Ecosystem Research through Traditional and Novel Approaches.** Environ Monit Assess. 2006 Feb;113(1-3):19-29.


Health and social services providers in Sanikiluaq and the Kivalliq Region can contact the NJM Library to receive copies of these articles or other articles for their work.


Copies of the following publications are being sent to the health centres in Sanikiluaq and the Kivalliq Region. Visit the Ajunnginiq Centre web site www.naho.ca/inuit at the National Aboriginal Health Organization to download copies or contact NAHO at 877-602-4445 www.naho.ca or the NJM Library NJM_Ref@umanitoba.ca to order print copies for your community.

**What is Mental Illness?** (2006), in Inuktitut and English


Culturally Sensitive Counselling With Inuit: *An Example of Practical Application of Research* by Marja Korhonen

Helping Inuit Clients: *Cultural Relevance and Effective Counselling* by Marja Korhonen

Medical Rehabilitation Corner

This section of the newsletter features information for the Medical Rehabilitation staff but may be useful for other health professionals on the team or other people in your community (such as CHRs or teachers).


More for Medical Rehabilitation


Web Sites


Arthritis Foundation http://www.arthritis.org/

Spondylitis Association of America http://www.spondylitis.org/

Arthritis Society of Canada http://www.arthritis.ca/
Visit the NJM Library web site umanitoba.ca/libraries/health

See the ‘Aboriginal Health’ section of our web site to find articles on Inuit health.

We are changing the look of our web site in the next few weeks but we will still have great resources on Inuit health and information about our library services for patrons in the Kivalliq Region and Sanikiluaq.
What does the NJM Library do for you?

- Sends articles to you
- Purchases and delivers books for your reference in the health centres
- Answers your questions using our large medical collection
- Provides lists of journal articles for patient care and program development
- Provides training and assistance in finding quality literature on the internet and in using PubMed
- Has a web site of useful resources about Inuit health, patient information in Inuktitut and cross-cultural care

Visit our web site to learn more about our services
Click on ‘Aboriginal Health’
Find information designed for you

www.umanitoba.ca/libraries/health
204/789-3464  NJM_Ref@umanitoba.ca
Did you see an article listed that you would like to have sent to you? If so, fax us the page listing the articles you want, making sure to clearly indicate which articles you would like sent.

Fax the marked list to us, along with your contact information using this form.

Name: ______________________________________________________________

Which community do you work in? ________________________________

Your email address: ___________________________________________________

Your phone number: ___________________________________________________

How do you want the articles sent to you? (please circle one)

Mail/Canada Post OR Fax

Please provide your mailing address or fax number:

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If you did not see any articles of interest to you today, but would like to request a list of articles on another topic, please let us know and we will contact you.

Topic: _____________________________________________________________

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Visit the Aboriginal Health section of our web site for a complete list of library services, tools, and contact numbers www.umanitoba.ca/libraries/health
Contact Janice_Linton@umanitoba.ca 204/789-3878 or NJM_Ref@umanitoba.ca 204/789-3464 to obtain further assistance.