Welcome to the University of Manitoba Health Sciences Libraries Audio Visual Catalogue

This listing represents the audiovisual holdings (CDs, DVDs, VHS, and kits), produced on or after 1995, of the following University of Manitoba Health Sciences Libraries:

- Bill Larson Hospital Library, Grace Hospital
- Concordia Hospital Library
- J. W. Crane Memorial Library, Deer Lodge Centre
- Misericordia Health Centre Library
- Neil John Maclean Health Sciences Library
- Victoria General Hospital Library
- Seven Oaks General Hospital Library

A valid University of Manitoba Library Card is required to borrow materials. Contact any University of Manitoba Health Sciences Library to request materials. Library contact information can be found on page 4 of this catalogue.

Loan Periods:

The standard loan period for staff working in institutions with onsite libraries is one week. Loan periods may be extended for clients who have no onsite library (i.e. WRHA, PCHs, and MHKNET) or to allow for transit between health care institutions.

Catalogue Organization:

This catalogue is organized by broad subject terms. Titles may appear under more than one subject term.

See Page 5 for a list of the subject terms.

Please note: because the majority of audiovisual holdings are housed at the J. W. Crane Memorial Library, Deer Lodge Centre, more specific terms in the areas of geriatrics and gerontology are included in the subject terms.

New audiovisual resources are added to the library's collection throughout the year - to obtain a listing of the latest resources in your area of interest, contact library staff or search BISON, the catalogue of the University of Manitoba online catalogue at http://bison.umanitoba.ca/
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A REFSHARE version of the audiovisual catalogue is updated once a year and is available at the following:


Affiliated University of Manitoba clients may use the **U of M Links** button to request items in the video catalogue.

You may search the Catalogue for titles, descriptors, authors by using the **Search RefShare** box.
Please note:

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Prior to returning videotapes, CDs or DVDs, please double check to ensure that the item has been returned to the case; and that manuals, guides or other accompanying materials are also returned.

The University of Manitoba Health Sciences Libraries welcomes suggestions for new materials to add to this catalogue. If you have viewed or are aware of a title that you think would be a useful addition to our resources, please contact any University of Manitoba Health Sciences Library.

**Bill Larson Library, Grace Hospital Library**  
Phone: 204-837-0518  
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**Concordia Hospital Library**  
Phone: 204-661-7163  
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E-mail: chlibrary@umanitoba.ca

**J. W. Crane Memorial Library, Deer Lodge Centre**  
Phone: 204-831-2152  
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E-mail: dlclibrary@umanitoba.ca

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**Neil John Maclean Health Sciences Library**  
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**Riverview Health Centre**  
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**Seven Oaks General Hospital Library**  
204-632-3124  
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**Victoria General Hospital Library**  
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E-mail: vghlibrary@umanitoba.ca
Subject Terms

Accidental Falls
Accidents
Accreditation
Acquired Immunodeficiency Syndrome
Activities of Daily Living
Adaptation
Advance Care Planning
Aged
Aggression
Aging
Airway Obstruction
Alcoholism
Alternative Therapies
Alzheimer Disease
Amyotrophic Lateral Sclerosis
Analgesics
Anatomy
Anesthesia
Anger
Anti-Bacterial Agents
Anxiety disorders
Art Therapy
Arthritis
Asperger Syndrome
Assertiveness
Attitude
Automobile Driving
Back
Bandages
Baths
Beds
Behavior
Benchmarking
Bipolar Disorder
Blood
Blood Glucose
Blood Pressure
Bombs
Borderline Personality Disorder
Brain
Breast
Breast Feeding
Cancer
Cardiopulmonary Resuscitation
Caregivers
Catheters

Chickenpox
Cholesterol
Clostridium difficile
Cognition
Colectomy
Colostomy
Colposcopy
Coma
Communication
Communication Disorders
Confidentiality
Conflict
Conscious Sedation
Creutzfeldt-Jakob Syndrome
Crime
Critical Illness
Culture
Customer services
Day Care
Death
Decision making
Deglutition Disorders
Delirium
Delivery of Health Care
Dementia
Depression
Diabetes
Dialysis
Disaster Planning
Domestic Abuse
Drug Resistance, Microbial
Drug Therapy
Drugs
Eating disorders
Elder Abuse
Electrocardiography
Emergency Services
Employees
Enteral Nutrition
Environment
Environment Design
Epilepsy
Esophagus
Ethics
Exercise
Family
Fasciitis, Necrotizing
Fecal Incontinence
Fibromyalgia
Fires
Fluids
Foot
Frail Elderly
Fundoplication
Gait
Gastrointestinal System
Gastrostomy
Geriatric Assessment
Geriatric Nursing
Geriatric Psychiatry
Geriatrics
Grief
Hand
Handwashing
Harassment
Hazardous Substances
Head
Health Promotion
Hearing
Heart
Hepatitis
Hernia
Hip
Holocaust
Home Care Services
Homes for the Aged
Hospitals
Human Immunodeficiency Virus
Imagery (Psychotherapy)
Immune System
Indians of North America
Infant
Infection
Influenza
Informed Consent
Infusions
Injections
Insulin
Intergenerational relations
Interpersonal Relations
Intravenous therapy.
Intubation
Kidneys
Knee
Laparascopy

Latex
Laundry Service, Hospital.
Leadership
Liability, Legal
Libraries
Life History Review
Lifting
Long Term Care
Lung
Lymph Nodes
Malignant Hyperthermia.
Medical Errors
Medical History Taking
Medical Records
Medication Errors
Mental Health
Mind-Body Relations (Metaphysics)
Mobility
Multiple Sclerosis
Music
Muslims
Natural Disasters
Neck
Nurse-Patient Relations
Nurses' Aides
Nursing Assessment
Nursing Care
Nursing Homes
Nursing Homes trends
Nutrition
Obsessive-Compulsive Disorder
Occupational Health
Oral Health
Organizational Innovation
Osteoarthritis
Osteoporosis
Ostomy
Outcome Assessment (Health Care)
Oxygen
Pain
Palliative Care
Pancreas
Parkinson Disease
Perioperative Care
Personnel Management
Physical Examination
Physical Fitness
Physical Therapy
Physician-Patient Relations
Physiology
Pneumonia
Poliomyelitis
Postnatal Care
Postoperative Care
Posture
Poverty
Preoperative Care
Pressure Ulcer
Professionalism
Public Trustees
Quadriplegia
Quality Assurance, Health Care
Quality Indicators, Health Care
Recreation
Rehabilitation
Relaxation
Respiration
Restraints
Retirement
Risk Management
Rural Health
Safety
Schizophrenia
Self-help groups
Severe Acute Respiratory Syndrome
Sexuality
Skin
Skin Care
Sleep
Smoking
Specimen Handling
Speeches
Spine
Spiritual Care
Sterilization
Stress
Stroke
Substance Abuse
Suicide
Tai Ji
Teams
Telephone
Terminal Care
Thromboembolism
Time management
Tourniquets
Tuberculosis
Electroconvulsive Therapy
Ulcer
Urinary Catheterization
Urinary Incontinence
Urogenital System
Violence
Vision
Visitors to Patients
Voluntary Workers
War
Wit and Humor
Women
Workplace
Wounds
Writing
Yoga
ACCIDENTAL FALLS

**Balancing act : your fall prevention program.** Caresource ; Toronto : distributed by Canadian Learning Company: Seattle, WA, 2000
1 videocassette (24 min.) : sd., col. ; 1/2 in. VHS + 1 guide (15 p)
*To assist staff in maintaining a fall prevention program.*
Deer Lodge Centre Library: WT 104 B171b 2000 AV; WT 104 B171b 2000 AV guide

**Death by side rail.** Deer Lodge Centre: Winnipeg, 2008
1 DVD (44 min., 30 sec.) ; col., sd. (12 mm.)
Deer Lodge Centre Library: W 84 DC2 1M2 W579d 2008 AV

**Elder issues. Preventing falls.** Concept Media: Irvine, CA, 2002
1 videocassette (24 min.) : sd., col.; 1/2 (VHS)
*Presents indicators that an older person is at risk for falling. Explores the common causes of falls and interventions to minimize the risk. Cites important prevention measures in the home and in healthcare facilities. Emphasizes that many falls are preventable and that fall reduction plans are the responsibility of everyone caring for the elderly.*
Concordia Hospital Library: WA 288 E37ef AV

**Fall prevention : providing a safe environment.** 2005.2005
1 videocassette (25 min.) : sd., col., ; 1/2 in. VHS
*This video demonstrates who is at risk for a fall, how to minimize the risk of falls and what can be done to prevent falls. Different techniques are shown how to minimize the risk of falls.*
Seven Oaks General Hospital Library: WA 288 F194fa 2005 AV

**Fall prevention project for older adults.** Temple University: Philadelphia, Pa., 1998
1 videocassette (19 min.) : sd., col. ; 1/2 in. VHS + guide (15 p.)
*This video introduces three balance tests used by health care professionals to detect, rehabilitate, and reduce falls in older adults: Timed up & go test (TUG test), Multi-directional reach test (MDRT), and Berg balance test.*
Deer Lodge Centre Library: WA 288 F194f 1998 AV; WA 288 F194f 1998 AV guide

**Falls.** University of Manitoba ; J.W. Crane Memorial Library ; Winnipeg Regional Health Authority: Winnipeg, Man., 2007
1 videocassette (24 min.) :bsd. col. ; 1/2 in. (VHS) + 1 computer optical disc, 3 articles, 1 pamphlet, 3 handouts, 1 bibliography ; in box, 33 x 7 cm.
"*This box contains resources suitable for educating personal home care staff on falls in long-term care. From the J.W. Crane Memorial Library, University of Manitoba Health Sciences Libraries in consultation with the Winnipeg Regional Health Authority, Personal Care Program."*--Label
Deer Lodge Centre Library: WA 288 F196ff 2007 AV

**[Falls in older persons videorecording : from predictors to prevention.** Kennedy Recordings: Edmonton, AB, 2001
1 videocassette (ca. 1 hr., 42 min.) : sd., col., 1/2 in. VHS
*A videotaped presentation from the World Congress of Gerontology - Vancouver, BC, July 1-6, 2001*
Seven Oaks General Hospital Library: WT 104 T588f 2001 AV

**Fear of falling : a matter of balance.** Terra Nova Films distributor: Chicago, Ill., 1998
1 videocassette (17 min.) : sd., col. ; 1/2 in. + 1 guide (140 p.)
(Producer) Provides step-by-step strategies for helping older adults overcome their fear of falling, and take active steps to reduce the risk of falling.

1 videocassette (13 min.) : sd., col. ; 1.2 in. VHS
The program examines gait disorder in detail. Subjects included are patient evaluation, differential diagnosis, normal changes due to the aging process, subclinical problems, and patient management. The impact on the quality of life for the patient is also explored through patient interviews and physician commentary.
Deer Lodge Centre Library: WE 103 G144g 1997 AV

How to prevent falls & fall related injury in your institution. Geriatric Video Productions: Shavertown, PA, 2008
1 videodisc (DVD) (29 min.) : sd. col. ; 12 cm.
Deer Lodge Centre Library: WA 288 H847h 2008 AV

Introducing Steady as you go #2 : a falls prevention program for seniors with limitations to energy and mobility. Public Health Division: Edmonton, 2004
1 videocassette (24 min.) : sd., col. ; 1/2 in. VHS + 1 manual (156 p.), 1 workbook (73 p.), 2 guides (152 p. ; 2004 draft), 75 p. ; c2001
This video introduced Steady As You Go #2 (SAYGO #2), a falls prevention program for seniors with reduced energy and mobility. About half of these community dwelling seniors have at least one fall a year. Falls are the main reason seniors lose their independent living status and are admitted to care facilities.

The making of steady as you go : a falls prevention program for seniors. Regional Public Health: Edmonton, AB, 1998
1 videocassette (20 min.) : sd., col. ; 1/2 in. VHS
This video discusses and gives an evaluation of the first year of the program.
Deer Lodge Centre Library Consumer Health; NJM Health Sciences Library: WA 288 M235m 1998 AV

1 DVD : sd., col. (12 cm.)
This program presents some of the issues facilities need to consider when planning care to prevent falls for residents. Included are: 4 Bullet points over freeze frame 1. Assessment and history (Mr. Noble) 2. Developing individualized care plans that maximize resident's independence (OT shows Pt. how to put on socks). 3. Implementation of interventions and (eye exam). 4. Re-evaluation of the resident.
Deer Lodge Centre Library: WA 288 P712p 2002 AV

Preventing patient falls : a training video for all staff. Healthcare Compliance Company: Marblehead, MA, 2005
1 videocassette (19 min.) : sd., col. ; 1/2 in.
Helps to identify fall risks and how to prevent them from happening.
Victoria General Hospital Library: WX 185 P944p 2005 AV
Reducing resident falls. Assisted Living University: Fairfax, Va., 2001
1 videocassette (8 min., 21 sec.) : sd., col. ; 1/2 in. (VHS)
Explains why residents fall and demonstrates the skills that can help prevent and reduce the occurrence of falls.
Deer Lodge Centre Library: WA 288 R321ra 2001 AV

Steady as you go. 1996
1 videocassette (VHS) (33 min., 17 sec.) : sd., col. ; 1/2 in. (VHS) + 1 booklet (52 p.) + 1 manual
For seniors who are still living independently in the community, not for frail seniors. The exercise routine is designed to increase leg strength and improve balance. It also focuses on agility and flexibility so seniors can catch themselves in the event of having a fall. The exercises take about 20 minutes.

Steady as you go #2 : video training introduction. Public Health Division: Edmonton, 2004
1 videocassette (55 min.) : sd., col. ; 1/2 in. VHS
This 55 min. video includes 3-minute excerpts from the health and fitness professionals who presented at the original session. Each discusses the part their area plays in falls prevention. For example, a pharmacist discusses medication and falls, and a doctor outlines the medical aspects of falls prevention. The video series is part of the SAYGO #2 Training kit which includes The Distance Education Learning Program, The Agency, Professional and Facilitators Manual, and the Video introducing SAYGO #2 (Dissemination)
Deer Lodge Centre Library Consumer Health: WA 288 S799sc 2004 AV

Stepping out. 1996.1996
1 videocassette (26 min.) : sd., col. ; 1/2 in. (VHS)
This video takes a positive and proactive look at the environmental challenges faced by seniors and people with disabilities. The video explores the environmental risks that people face performing everyday activities such as going to the grocery store or a neighbourhood community centre. It offers important testimonials from people who have identified problems and developed a wide range of potential solutions.
Deer Lodge Centre Library: WA 288 S837sa 1996 AV

ACCIDENTS

Are you in jeopardy? : the senior's home safety test. Illusions: Niagara-on-the-Lake, ON, 1996
1 videocassette (30 min.) : sd., col. ; 1/2 in. VHS
Twenty-eight questions are used to rate the safety of your home. Consultants from the Police Department, Fire Department, Public Health Department and a Pharmacy ask us questions about our homes and lifestyles, and offer further tips to improve our safety. Community resources are also mentioned.
Deer Lodge Centre Library Consumer Health: WA 288 A678a 1996 AV

The fundamentals of workplace safety and health. Level one. Winnipeg Regional Health Authority: Winnipeg, Man., 2005
1 videocassette (32 min.) : sd., col. ; 1/2 in. + 1 manual (91 p. : ill.)
Deer Lodge Centre Library: WA 400 F981f 2000 AV; WA 400 F981f 2000 AV manual
Lockout/tagout. Coastal; Belleville: Virginia Beach, VA, 2001
1 videocassette (9 min.): sd., col.; 1/2 in. VHS + 1 guide (16 p.)
Deer Lodge Centre Library: WA 400 L816L 2001 AV; WA 400 L816L 2001 AV guide

Too close for comfort: near miss reporting and investigation. Workwell Training Videos: Keswick, Ont., 2001
1 videocassette (13 min.): sd., col.; 1/2 in.
Concordia Hospital Library: T 55 t66 2001 AV

ACCREDITATION

AIM for the future. Canadian Council on Health Services Accreditation: Ottawa, 2000
1 videocassette (5 min.): sd., col.; 1/2 in. VHS
Preparing for hospital accreditation
Deer Lodge Centre Library: WX 40 DC2 A294a 2000 AV

A client-centered approach to accreditation for long term care organizations: new directions for CCHSA. Deer Lodge Centre: Winnipeg, Man., 1996
1 videocassette (40 min.): sd., col.; 1/2 in. VHS
Deer Lodge Centre Library: WX 40 DC2 S755c 1996 AV

1 videocassette (ca. 12 min): sd., col.; 13 mm + 2 booklet.
Deer Lodge Centre Library: WX 15 G721ga 1996 AV

Teaming up for accreditation. Canadian Council on Health Services Accreditation: Ottawa, 2000
1 videocassette (ca. 1 hr., 56 min.): sd., col.; 1/2 in. VHS
Preparing for hospital accreditation
Deer Lodge Centre Library; Misericordia Health Centre Library: WX 15 T253t 2000 AV

1 videocassette (ca. 1 hr., 56 min.): sd., col.; 1/2 in. VHS
Deer Lodge Centre Library: WX 40 DC2 W945w 2001 AV

ACQUIRED IMMUNODEFICIENCY SYNDROME

Care of the patient with HIV/AIDS. 1997
1 videocassette: sd., col.; 1/2 in. + 1 instructor's guide
Describes the modes of transmission of HIV infection and the pathophysiology of the disease. Themanagement and nursing care for patients with HIV disease during acute hospital and home care are discussed.
Grace General Hospital Library: WY 153.5 C271c 1997 AV

To choose no harm: ethical decision making at the end of life. Fanlight Productions: Boston, 1996
1 videocassette (46 min. 42 sec.): sd., col.; 1/2 in. (VHS)
Uses case studies of a young man with AIDS and a terminal cancer patient to discuss issues facing caregivers and patients at the end of life.
Deer Lodge Centre Library: W 50 T627t 1996 AV
ACTIVITIES OF DAILY LIVING

ADL'S-- creative caregiving. S. Ohana, M. Meisel and Senior Living University., Senior Living University,: McLean, VA, 2006
3 videodiscs (33 min.) : sd., col. ; 4 3/4 in. + 1 Instructor's guide (viii, 30 p. ; 30 cm.) videorecording : The three videos instruct the viewer in techniques that have been proven to work. Seasoned caregivers offer suggestions based on their experiences of working with the elderly.
Deer Lodge Centre Library: WT 120 A237a 2006 AV instr.gd.; WT 120 A237a 2006 AV pt.1; WT 120 A237a 2006 AV pt.2; WT 120 A237a 2006 AV pt.3

Katz index of independence in activities of daily living (ADL). Terra Nova Films: Chicago, IL, 2008
Videos on aging and elderhood.: 1 videodisc (DVD) (28 min.) : sd., col. ; 12 cm.
Measuring functional status and preventing decline -- Functional status in older adults., "The Katz Index is a direct-observation assessment tool that measures a person's ability to independently perform six basic activities of daily living in the following areas: bathing, dressing, toileting, transferring, continence, and feeding"--Container.
Deer Lodge Centre Library: WT 120 K19k 2008 AV

The Lawton Instrumental Activities of Daily Living scale (IADL). Terra Nova Films: Chicago, IL, 2008
How to try this : 13.: 1 videodisc (DVD) (40 min. ) : sd., col. ; 12 cm.
Assessing the ability to live and function independently -- Beyond the basics : functional skills for living independently., Uses the principles of IADL to assess an older person's ability to manage more complex tasks of daily living that require cognitive skill and planning. Tasks assessed are telephone use, shopping food preparation, housekeeping, laundry, transportation, medication management, and financial management.
Deer Lodge Centre Library: WT 30 L425L 2008 AV

ADAPTATION

1 videocassette (29 min.) : sd., col. ; 1/2 in.
(Producer) Aging is a series of transitions, some gradual and some abrupt. How do people come to terms with these changes? This program examines the aging process from beginning to end, defining age from the viewpoints of biology, psychology, society, functionality, and the law. The impact of current behaviors and attitudes on one's future self is also discussed, as well as dying-itsel a part of life-and the stages of grieving. In addition, the program addresses the health challenges faced by older Americans and indicates why some seniors cope better than others.
Deer Lodge Centre Library Consumer Health: WT 104 A169a 2001 AV

ADVANCE CARE PLANNING

Advance care planning in the Winnipeg region : information for health care professionals. Winnipeg Regional Health Authority: Winnipeg, MB, 2003
1 videocassette (21 min.) : col., sd. ; 1/2 in. VHS + 1 booklet (16 p.)
Concordia Hospital Library; Deer Lodge Centre Library; Seven Oaks General Hospital Library: W 85.5 A244a 2003 AV; W 85.5 A244a 2003 AV Booklet
1 videodisc (20 min.) : sd., col. ; 4 3/4 in.
Deer Lodge Centre Library: WB 310 E56eL 2006

Facing death. Family Experiences Productions Ltd.: Austin, TX, 1997
4 videocassettes (78 min.) : sd., col. ; 1/2 in. + 4 guides.
Providing emotional, physical & spiritual comfort to loved ones (33 min.) -- Practical planning & legal issues (17 min.) -- Understanding end-of-life patient needs (15 min.) -- The gift of being there (13 min.). (Producer) In tape 1, patients, care givers, hospice professionals, physicians, and social workers share their thoughts, experiences, and specific suggestions to help terminally ill patients and their loved ones comfort each other. In tape 2, a nurse/attorney, hospice professionals, and physicians share their thoughts, experiences, and suggestions to help terminally ill patients "make it clear" so that "you have what you want at the end of life." In tape 3, end-of-life patients, caregivers, and hospice and medical professionals focus on a range of intense concerns and emotions, including: honesty, denial, anger, hope & miracles (including the small ones), making preparations, and seeking the important.
Deer Lodge Centre Library Consumer Health; NJM Health Sciences Library: WB 310 F141f 1997 v.2 AV; WB 310 F141f 1997 v.3 AV; WB 310 F141f 1997 v.4 AV; WB 310 F141f 1997 v.1 AV

Father knows best: a case study about advance directives. Midwest Bioethics Center: Kansas City, Mo., 2000
1 videocassette (11 min 52 sec.) : sd., col. ; /2 in. (VHS) + 1 study guide
The fictionalized narrator speaks about the problems he has faced as his father has gone into a coma following brain surgery for cancer. The patient’s sons and doctor disagree on interpretation of his advance directive for treatment. This case study shows the importance of clear communication of a patient’s wishes.
Deer Lodge Centre Library: W 85.5 F252f 1994 AV

The Office of the Public Trustee. Grace General Hospital: Winnipeg, 2001
1 videocassette ( min.) : sd., col. ; 1/2 in. VHS
Presentation given for staff at the Grace General Hospital by a member of the Office of the Public Trustee of Manitoba.
Grace General Hospital Library: KEM 238 O32o 2001 v.1 AV; KEM 238 O32o 2001 v.2 AV

AGED

ADL’S—creative caregiving. S. Ohana, M. Meisel and Senior Living University., Senior Living University,: McLean, VA, 2006
3 videodiscs (33 min.) : sd., col. ; 4 3/4 in. + 1 Instructor's guide (viii, 30 p. ; 30 cm.) videorecording :
The three videos instruct the viewer in techniques that have been proven to work. Seasoned caregivers offer suggestions based on their experiences of working with the elderly.
Deer Lodge Centre Library: WT 120 A237a 2006 AV instr.gd.; WT 120 A237a 2006 AV pt.1; WT 120 A237a 2006 AV pt.2; WT 120 A237a 2006 AV pt.3

1 videodisc (DVD) (25 min.) : sd., col. ; 12 cm.
"An outstanding film that looks at the art of growing older with grace, health, and wisdom. A new generation of maturing adults has a chance to learn from poor health practices of the past, including obesity, lack of exercise and mental stagnation. Now, new research promises more effective strategies for aging well. Physician experts explore the role of physical activity,
maintaining strong bones and engaging in social and intellectual interactions in healthy aging. 

Inspiriting view of aging"--Container.

Deer Lodge Centre Library: WT 104 A784a 2007 AV

Assessing nutrition in older adults. Terra Nova Films: Chicago, IL, 2009

Videos on aging and elderhood.: 1 videodisc (DVD) (34 min.) : sd., col. ; 12 cm.

Using the mini-nutritional assessment to determine nutritional status -- Nutritional status: age-appropriate assessment is critical -- Interpretation: understanding the factors affecting nutrition -- Interventions: nutrition planning that addresses realities of aging.  

Due to any number of physical, social, medical or environmental factors, older adults are often at risk for poor nutrition. Developed to assess nutritional status in older adults, the two-part Mini-Nutritional Assessment (MNA) is a valuable resource to identify older adults that are at risk for malnutrition. This DVD demonstrates the assessment process, as well as, how to measure arm and leg circumferences, and compute body mass index. The DVD also documents specific risk factors for older adults, and offers an accurate, age-appropriate assessment that care providers can use to develop an effective nutritional plan for the patient.

Deer Lodge Centre Library: WT 115 A846a 2009 AV

Attainment's Eleanor at 80. Attainment Company: Verona, WI, 2006

1 videodisc (DVD) (55 min.) : sd., col. ; 12 cm. + 1 facilitator's guide (52 p. : ill. ; 28 cm.)

A training program that focuses on mediating complex family issues in eldercare.

Deer Lodge Centre Library: WT 120 A883a 2006 AV; WT 120 A883a 2006 AV guide


1 videodisc (DVD) (ca. 40 min.) : sd., col. ; 12 cm.

Deer Lodge Centre Library: BF 724.85 C64 A883a 2006 AV

Atypical Presentation of Illness in older people. B. Tallman, J. Moats and Winnipeg Regional Health Authority, Winnipeg Regional Health Authority, [Winnipeg], 2008.

Care of older adults lecture series: 1 CD-ROM (46 min.) : sd., col. (12 mm.) videorecording.

Deer Lodge Centre Library; Misericordia Health Centre Library: WT 141 T149a 2008 AV

Delirium. P.-L. Lim, K. Otto-Shannon and Winnipeg Regional Health Authority, Winnipeg Regional Health Authority,: [Winnipeg], 2008

Elder Friendly Lecture series, 2008: 1 DVD (42 min.) : sd., col. (12 mm.) videorecording:

Deer Lodge Centre Library: WL 340 L732d 2008 AV

Dementia. J. Moats and Winnipeg Regional Health Authority, Winnipeg Regional Health Authority,: [Winnipeg], 2008

Care of older adults lecture series: 1 DVD (59 min.) : sd., col. (12 mm.) videorecording:

Deer Lodge Centre Library; Misericordia Health Centre Library: WM 220 M687d 2008 AV

Depression "The grey drizzle of horror is not inevitable". B. Tallman and Winnipeg Regional Health Authority, Winnipeg Regional Health Authority,: [Winnipeg], 2008

Care of older adults lecture series: 1 DVD (43 min.) : sd., col. (12 mm.) videorecording.

Deer Lodge Centre Library: WM 171 T149d 2008 AV

1 videodisc (ca. 36 min.) : sd., col. ; (12 mm.) + 1 manual (104 p.) videorecording:
Deer Lodge Centre Library Consumer Health: HV 6691 F142f 2008 AV; HV 6691 F142f 2008 AV manual

**Fulmer SPICES : an overall assessment tool for older adults.** Terra Nova Films: Chicago, IL, 2007
*How to try this ; 1. : 1 videodisc (DVD) (20 min.) : sd., col. ; 12 cm.
"Fulmer SPICES is an efficient tool designed to guide critical thinking and overall assessment in the approach to care for older adults"--Container.
Deer Lodge Centre Library: WT 30 F973f 2007 AV

**The hospitalized older adult an overview.** C. Johnson and Winnipeg Regional Health Authority, Winnipeg Regional Health Authority,: [Winnipeg], 2008
*Care of older adults lecture series: 1 CD-ROM (46 min.) : sd., col. (12 mm.) videorecording:
Deer Lodge Centre Library: WT 30 J66h 2008 AV

**House calls.** National Film Board of Canada: Montreal, 2004
1 videocassette : sd., col. , 1/2 in. VHS
"Mark Nowaczynski, a physician and photographer who, as part of his practice, started documenting the lives of many of his elderly clients with evocative black and white photographs. In addition to being one of the few doctors who perform house calls, 'Dr. Mark' uses the photos as calling cards as he tries to stimulate change by raising awareness about the lack of in-home medical care for this growing segment of the population. His passion for photography is matched only by his commitment to improve the lives of his patients."
Deer Lodge Centre Library: WT 100 H842h 2004 AV

**How to die happy : a guide to successful aging.** Hartley Film Foundation: Sherman Oaks, CA, 2001
1 videocassette (38 min.) : sd., col. ; 1/2 in. (VHS)
*Elda Hartley's final film offers hope and practical advice on confronting aging and death.*
Deer Lodge Centre Library Consumer Health: HQ 1061 H332h 2001 AV

**Infections in the elderly.** M. Liarakos and Deer Lodge Centre (Winnipeg Man.), Deer Lodge Centre,: [Winnipeg], 2007
*Elder friendly series: 1 CD-ROM : sd., col. ; (12 mm.) videorecording.*
Deer Lodge Centre Library: WC 195 L693i 2007 AV

**Older adult development.** Mental Health Outreach Network; Toronto: Duluth, Minn., 1996
1 videocassette (21 min., 16 sec.) : sd., col. ; 1/2 in. (VHS)
*(Producer) Looks at the unique developmental tasks of older adults.*
Deer Lodge Centre Library Consumer Health: WT 104 O44o 1996 AV

**Older adult sexuality : a continuing human need.** Terra Nova Films: Chicago, IL, 2009
*Videos on aging and elderhood.: 1 videodisc (DVD) (37 min.) : sd. col. ; 12 cm.
Assessing the sexual desires and needs of older adults -- Understanding how aging affects sexuality., This timely DVD provides an effective training tool caregivers can use to assess the sexual needs and issues that affect older adults. It offers sensitive ways to ask necessary questions, and help the older adult to overcome hesitations about expressing their needs or concerns. The DVD also discusses changes associated with aging for both men and women, and encourages an open, but non-assuming approach to communication that will enable care providers to establish supportive care plans that allow older adults to continue the healthy expression of sexual desires.*
Deer Lodge Centre Library: HQ 30 O434o 2009 AV

**Oral care for residents with dementia.** Registered Nurses' Association of Ontario and Halton Regional
**Pain assessment in older adults.** Terra Nova Films: Chicago, IL, 2009
*Videos on aging and elderhood.*: 1 videodisc (DVD) (64 min.) : sd. col. ; 12 cm.

Pain assessment: three tools for quantifying the presence and level of pain -- Using the pain-AD: how to assess pain in older adults with limited verbal capacity -- Pain in older adults: prevalence, myths, and the need for ongoing assessment., Chronic pain is often a concern for older adults. Using a variety of assessment tools, this DVD will help caregivers to evaluate the presence and severity of pain, whether the patient is able to verbalize it or not. This DVD demonstrates how to assess for pain in older adults, using these four tools: the Faces Pain Scale, the Verbal Descriptor Scale, the Numeric Rating Scale, and the Pain Assessment in Advanced Dementia Scale. The DVD goes further to document how to assess and re-evaluate the effectiveness of the applied interventions, as needed.

Deer Lodge Centre Library: WL 704 P144pr 2009 AV

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**See me.** C. Holm and Concept Media inc., Distributed by ConceptMedia,: Irvine, Calif., 2001
1 DVD (10 min.) : sd., col. ; 12 cm videorecording

*(Producer)* Suggested by a poem of an unknown author, this film urges the viewer to see the individuality - the talents, the rich family history, and the ageless person - residing inside the lined faces and time-worn bodies of the elderly. For adult caregivers, students of lifespan human development, and anyone in the helping professions. Deals with attitude to aging.

Concordia Hospital Library; Victoria General Hospital Library: WT 31 S451s 2001a AV

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**Standing still.** National Film Board of Canada: Montreal, 1996
1 videocassette (20 min, 2 sec.) : sd., col. ; 1/2 in. (VHS)

*After meeting with four elderly women, who lead very different lives, director Catherine Quinn learns the importance of standing still to savor the present. They taught her to confront her own fears of aging.*

Deer Lodge Centre Library Consumer Health: WT 30 S857s 1996 AV

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**Stealing time : the new science of aging.** PBS Home Video distributor: Alexandria, VA, 1998
3 videocassettes (180 min.) : sd., col. with b&w sequences ; 1/2 in.

episode 1. Quest for immortality (60 min.) -- episode 2. Turning back the clock (60 min.) -- episode 3. Mastering the mind (60 min.). *(Producer)* This video investigates the mystery of why we die with a fascinating expedition into old age. As our understanding of this complex biological process deepens, scientists are uncovering new ways to slow the deterioration of our minds and bodies. By combining innovative research and smart lifestyle choices, people can actually turn back the clock to live longer, fuller lives. Find out how in this cutting edge investigation of the end of life.

Deer Lodge Centre Library Consumer Health: WT 104 S799s 1998 AV tape 1; WT 104 S799s 1998 AV tape 2; WT 104 S799s 1998 AV tape 3

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**Taking charge.** Lifestyle Retirement Communities: Mississauga, Ont., 1996
1 videocassette (15 min. ,51 sec.) : sd., col. ; 1/2 in. (VHS) + 2 booklets + 2 checklists

Deer Lodge Centre Library Consumer Health: WT 27 DC2 1M2 T136t 1996 AV

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**Transient urinary incontinence in older adults.** Terra Nova Films: Chicago, IL, 2009
*Videos on aging and elderhood.*: 1 videodisc (DVD) (40 min.) : sd. col. ; 12 cm.

Assessing and treating transient urinary incontinence -- The importance of detecting and treating transient
urinary incontinence. Failure to identify transient urinary incontinence may result in established urinary incontinence, a problem which affects over 17 million adults, and puts older adults at risk for further complications, such as, skin breakdown, falls, and placement in long-term care settings. Using an actual case study, this DVD demonstrates the best practices for assessing and treating transient urinary incontinence, a skill which all healthcare providers can develop and apply within their practice setting.

Deer Lodge Centre Library: WJ 146 T772t 2009 AV

Understanding behavioural and psychological symptoms of dementia (BPSD). L. A. Stewart-Archer and Winnipeg Regional Health Authority, Winnipeg Regional Health Authority., [Winnipeg], 2008
Care of older adults lecture series: 1 DVD (54 min.) : sd., col. (12 mm.) videorecording.
Concordia Hospital Library; Misericordia Health Centre Library: WM 220 S849u 2008 AV

Understanding how aging can affect your family member. Medcom ; Toronto: Cypress, CA, 2001
1 videocassette (30 min.) : sd., col. ; 1/2 in. (VHS)
(Producer) As we age, we can expect changes to occur in the systems that make up the human body.
Learning about normal age-related changes will both help alleviate anxiety you may have, and more importantly, help you provide better care for your loved one by being able to understand and communicate better with them and their healthcare team.

Deer Lodge Centre Library: WT 104 U55u 2001 AV

You won't need running shoes, darling. National Film Board of Canada: Montreal, 1996
1 videocassette (53 min.) : sd., col. ; 1/2 in. (VHS)
Mildred and Bob Todd are retired octogenarians who savour life, and who live in rural Ontario by a river, with a beloved garden and friends. Over a two year period, their daughter films their lives and looks at the human aging process and mortality, as cancer and heart attacks diminish their strength. Their mutual tenderness and care and unfailing humour sees them through hospital care and home care and the physical indignities of aging.

Deer Lodge Centre Library; Seven Oaks General Hospital Library: WT 104 Y67y 1996 AV

AGGRESSION

1 videocassette (23 min.) : sd., col. ; 1/2 in. + 1 guide.
(Producer) This program is designed for nurses, nursing assistants, and other professional and paraprofessional health care providers who work in long term care and encounter behaviorally impaired and aggressive older adults. The video, taped in three actual long term care settings, shows real life episodes of aggression, and discusses strategies for preventing or defusing such episodes.

Deer Lodge Centre Library: WM 600 C545c 1998 AV guide; WM 600 C545c 1998 AV

Dealing with physical aggression in caregiving : non-physical and physical interventions. Terra Nova Films: Chicago, Ill., 1999
3 videocassettes (68 min.) : sd., col. ; 1/2 in. + 1 workbook (iv, 19 p.)
First session (21:00) -- Second session (25:00) -- Third session (22:00), (Producer) Teaches staff at residential facilities procedures for avoiding and containing aggressive behaviors by patients with dementia.

Concordia Hospital Library: WM 600 D279d 1999 AV
1 videocassette (52 min.) : sd., col. ; 1/2 in. (VHS)
Seven Oaks General Hospital Library: WT 155 F118ga 1997 AV

2 videocassettes (ca. 18 min. each) : sd., col. ; 1/2 in. VHS + 2 guides (8, 9 p.)
v.1. Calming the agitated resident. -- v.2. Safely managing the combative resident. Describes techniques for handling patients in long-term care settings who show agitated or aggressive behavior.
Seven Oaks General Hospital Library: WM 401 N814n 2000 AV

AGING

1 videocassette (29 min.) : sd., col. ; 1/2 in.
(Producer) Aging is a series of transitions, some gradual and some abrupt. How do people come to terms with these changes? This program examines the aging process from beginning to end, defining age from the viewpoints of biology, psychology, society, functionality, and the law. The impact of current behaviors and attitudes on one's future self is also discussed, as well as dying--itself a part of life--and the stages of grieving. In addition, the program addresses the health challenges faced by older Americans and indicates why some seniors cope better than others.
Deer Lodge Centre Library Consumer Health: WT 104 A169a 2001 AV

Age plus: stories of purpose, community & opportunity. Scarborough Health Dept.: Scarborough, Ont., 1997
1 videocassette (24 min.) : sd., col. ; 1/2 in. (VHS) + 1 study guide (19 p.).
Promotes the contribution of Scarborough's many seniors to their community and the celebration of healthy aging and seeks to promote a positive image of older adults, to build and strengthen self-esteem among older adults, to challenge negative stereotyping of older adults and to encourage everyone to lead an active productive and fulfilling life at any age--Study guide.
Deer Lodge Centre Library: HQ 1061 A265ab 1997 AV; HQ 1061 A265ab 1997 AV guide

Aging, the natural process. MEDCOM Trainex : Toronto: Cypress, CA, 2001
1 videodisc (37 min.) : sd., col. ; 4 3/4 in. + 1 guide (27 p.)
(Producer) This program takes a look at the changes that occur naturally to the various systems of the human body as a person ages, and describes actions that can be taken to maximize and maintain functionality. Topics include: Cardiovascular system, respiratory system, musculoskeletal system, central nervous system, gastrointestinal system, genitourinary system, integumentary system, touch and pain, vision, hearing and emotions.
Deer Lodge Centre Library: WT 104 A267ad 2001 AV; WT 104 A267ad 2001 AV guide

Neurology of aging: pathophysicsiology perspectives: focus on geriatrics. CPP Associates: Chicago, Ill., 2007
3 videodiscs (DVD) (ca 300 min.) in 1 container : sd., col. ; 12 cm.
Discusses the changes occurring in the brain as it ages and common neurologic diseases associated with aging, covering the epidemiology, pathophysiology, physical assessment, and pharmacologic management of each condition. Diseases include: Dementia of the Alzheimer Type (DAT), nutritional dementias, vascular dementias, Parkinson's disease, cerebrovascular disease, depression in the elderly, mild cognitive impairment and others. New treatments to slow the
process of senescence are presented.

Deer Lodge Centre Library: WL 102 B213n 2007 AV

AIRWAY OBSTRUCTION

1 videocassette (ca. 65 min.) : sd., col. ; 1/2 in.
This video features the "new Canadian standards in CPR. Techniques such as rescue breathing, cardiopulmonary resuscitation (CPR) and clearing an airway obstruction for choking situations are demonstrated and described on adults (8 years and older), children (1-8 years) and infants (under 1 year). There are also segments on heart attack and strokes recognition and treatment. This video is designed to provide both the beginner and the intermediate rescuer with the knowledge and skill required to deal with life-threatening emergencies."--container.
Concordia Hospital Library: WG 205 A134a 2002 AV

Airway and vascular access. MosbyJems: St. Louis, Mo.?, 2003
1 videocassette (38 min.) : sd., col. ; 1/2 in.
Discusses airway anatomy, oxygen delivery systems, alternatives for airway management, including indications and contraindications (airway adjuncts, endotracheal intubation, alternatives), suctioning, ventilation techniques, and methods and alternatives for vascular access (intravascular access, intravenous access).
Grace General Hospital Library: WF 145 A298a2 2003 AV

Suctioning : nasotracheal, oropharyngeal, & endotracheal techniques. Medcom: Cypress, CA, 2005
1 videocassette (35 min., 24 sec.) : sd., col. ; 3/4 in.
Deer Lodge Centre Library; Grace General Hospital Library: WF 490 S942s 2005 AV

ALCOHOLISM

1 videocassette (30 min.) : sd., col. ; 1/2 in. + 1 booklet.
Understanding the diagnosis -- What happens next? -- Treatment and management -- Issues and answers, Concordia Hospital Library: WM 274 A354aj 1996 AV

It can happen to anyone. AARP ; Center City: Washington, D.C., 1996
2 videocassettes (52 min.) : sd., col. ; 1/2 in. (VHS)
1. It can happen to everyone: problems with alcohol and medications among older adults. -- 2. It can happen to everyone: early recovery issues among older adults - clinician's video., Takes a candid look at the role alcohol plays in the lives of some older adults.
Deer Lodge Centre Library: WM 270 I88i 1996 AV pt.1; WM 270 I88i 1996 AV pt.2

It can happen to anyone : problems with alcohol and medications among older adults. AARP ; Hazelden Foundation: Washington, D.C., 1996
1 videocassette (26 min.) : sd., col. ; 1/2 in. (VHS)
Takes a candid look at the role alcohol plays in the lives of some older adults.
Seven Oaks General Hospital Library: AV WM 270 I88i 1996
The Short Michigan Alcoholism Screening Test : geriatric version (SMAST-G). Terra Nova Films: Chicago, IL, 2009

How to try this : 18. : 1 videodisc (DVD) (41 min.) : sd., col. ; 12 cm.
How to assess for problem alcohol use in older adults -- Aging and the use of alcohol. "The Short Michigan Alcoholism Screening Test is a practical tool to help care providers recognize early warning signs of alcohol abuse"--Container.
Deer Lodge Centre Library: WM 247 S559s 2009 AV

ALTERNATIVE THERAPIES

1 DVD-video (28 min.) : sd., col. ; 4 3/4 in.
(Producer) The use of herbs to improve health and well-being is definitely on the rise. We examine the origins of herbal medicine that originated in China thousands of years ago. We examine the potential dangers of using herbal medicine in conjunction with conventional drugs, and of determining the potency of the active ingredients in an industry that is essentially unregulated.
Victoria General Hospital Library: WB 925 H434h 2007 AV

ALZHEIMER DISEASE

1 videodisc (DVD) (28 min.) : sd. col. ; 12 cm.
What is the difference between run-of-the-mill memory difficulties and the effects of Alzheimer's disease? If an older person is experiencing more "senior moments" than usual, should he or she be concerned? What happens inside the brain of an Alzheimer's patient? This program addresses those questions with the help of expert interviews and compelling case studies. Viewers will learn how the disease alters brain chemistry and leads to brain cell loss, and how it is typically diagnosed with cognitive tests and by studying patterns in a patient's history. Interviewees include Dr. Stephen Aronson of the University of Michigan Medical School and Dr. Marc Agronin of the Miami Jewish Home and Hospital for the Aged. -- Container.
Deer Lodge Centre Library: WT 155 A4781ae 2008 AV

Forgetful not forgotten. Mcnabb Connolly: Mississauga, ON, 2008
1 videodisc (DVD) (58 min.) : sd., col. ; 12 cm.
Deer Lodge Centre Library: WT 155 F721f 2008 AV

Memory adrift. Onf/Nfb: Ottawa, Ont.?, 2007
1 videodisc (DVD) (65 min.) : sd., col. ; 12 cm.
Filmed over two years, Memory adrift explores the lives of four Alzheimer's patients residing at the Maison Jean-XXIII retirement home in Trois-Rivières, Quebec.
Deer Lodge Centre Library: WT 155 M533m 2007 AV

1 videodisc (ca. 10 min.) : sd., col. ; 4 3/4 in.
What is Alzheimer's Disease? -- An urgent epidemic -- The race to the cure -- A message for patients and their families., These short films explain the disease and its public health implications. The films run 2-3 minutes each and are easy to download, forward and view -- playable on iPods, cell phones, PDAs, laptops, DVD players and other electronic devices.
AMYOTROPHIC LATERAL SCLEROSIS

1 videocassette (19 min.) : sd., col. with b&w ; 1/2 in.
(Producer) Amyotrophic lateral sclerosis, better known as Lou Gehrig's disease, mostly strikes men and women over age fifty, although famed British physicist Stephen W. Hawking has lived with the muscle-wasting disease for more than thirty years. In this program, ALS expert Dr. Hiroshi Mitsumoto of the ALS Cleveland Clinic Foundation discusses the nature of the disease, its progression, and current research under way to discover its causes. Theories include autoimmune system malfunction, free radical damage, and abnormal glutamate levels. Vitamin E and a newly approved, life-extending drug are discussed as treatments.

Bearing witness. National Film Board of Canada: Montreal, 2003
3 videocassettes (194 min.) : sd., col. ; 1/2 in.

Elizabeth's hope. David A. Wilson Productions : distributed by LM Media Marketing Services: Markham, Ont., 2003
1 videocassette (60 min.) : sd., col. ; 1/2 in.
"This is the inspiring story of an Ontario woman's personal and public crusade against ALS. She was diagnosed with ALS in 1997 and has vowed to spend the rest of her life helping to accelerate the search for a cure and to improve the quality of life for others who suffer from the disease."--Videocassette label.

Tuesdays with Morrie. Touchstone Home Video : Distributed by Buena Vista Home Video: Burbank, CA, 1999
1 videodisc (89 min.) : sd., col. ; 4 3/4 in. (DVD)
This made-for-TV movie tells the story of an old man, professor of sociology, Morrie Schwartz, who is dying from ALS. He tells a former student, Mitch Albom, about dying, living and what's important in life.

ALGESICS

1 videocassette (10 min.) : sd., col. ; 1/2 in.
This video examines conscious sedation and analgesia. Topics include: goals of sedation, complications, pediatric and elderly patients, and precautions.

1 videocassette (7 min.) : sd., col. ; 1/2 in. VHS
Describes for the patient the use of the PCA pump.

Grace General Hospital Library: WE 550 E43e 2003 AV
Grace General Hospital Library; Victoria General Hospital Library: WE 550 A461ab 1997 AV
Grace General Hospital Library; Winnipeg, 2001
Describes for the patient the use of the PCA pump.
Grace General Hospital Library: WE 550 E43e 2003 AV
1 videocassette (50 min.) : sd., col. ; 1/2 in. + 1 program guide (21 leaves ; 28 cm.)
In part one of this program, acute and chronic pain will be defined, as well as the pain pathways. The participants will also learn how to recognize the different types of pain and normal responses to pain. In part two of this program the key principles of pain management will be described, as well as the types of non-pharmacological interventions. The final segment of the program will deal with the various types of medications and their role in pain management."--Program guide.
Concordia Hospital Library; Deer Lodge Centre Library: WL 704 C976c 2000 AV; WL 704 C976c 2000 AV guide

Patient controlled analgesia : strategies for patient safety. Institute for Safe Medication Practices:
Huntington Valley, PA, 2005
1 videocassette (15 min.) : sd., col. ; 1/2 in.
Concordia Hospital Library: WO 200 P298p 2005 AV

Pharmacology and the elderly. Part 3, Pain management. PRIMEDIA Workplace Learning ; Toronto: Carrollton, TX, 2004
1 videocassette (30 min.) : sd., col. ; 1/2 in. (Producer) Discusses non-opioid and opioid medications safe for elders suffering from pain.
Concordia Hospital Library; Deer Lodge Centre Library: WL 704 P48p 2004 AV

What you should know about managing your pain : a helpful guide for patients taking controlled-release opioid analgesics. Purdue: Pickering, Ont., 2005
1 videocassette (14 min.) : sd., col. ; 1/2 in.
Grace General Hospital Library: WL 704 W555w 2005 AV

ANATOMY

Anatomy. Distributed by Concept Media: Irvine, CA, 2006
10 videodiscs (DVD) (164 min., 14 sec.) : sd., col. ; 4 3/4 in. + 2 CD-ROMs (4 3/4 in.)
Victoria General Hospital Library: QS 18.2 A535a 2006 AV

Anatomy & physiology video tutor. Blausen Medical Communications: Houston, Tex., 1998
1 videocassette (132 min.) : sd., col. ; 1/2 in. (VHS)
Discusses the anatomy and physiology of the human body using detailed 3-D animation.
Deer Lodge Centre Library: QS 17 A535a 1998 AV

InterActive physiology : 10-system suite. Pearson/Benjamin Cummings: San Francisco, CA, 2008
1 CD-ROM : sd., col. ; 12 cm.
Muscular system -- Nervous system I: the neuron, the action potential -- Nervous system II: the neuron, synaptic potentials and neurotransmitters -- Cardiovascular system -- Respiratory system -- Urinary system -- Fluid, electrolyte, and acid/base balance -- Endocrine system -- Digestive system -- Immune system., Uses animation, sound, narration and video to explain the muscular, nervous, cardiovascular, respiratory, urinary, endocrine and digestive systems of the human body. Includes tutorials, quizzes, and tests.
Grace General Hospital Library; NJM Health Sciences Library: QP 34.5 I61i 2008 AV
The internal organs. Lippincott Williams & Wilkins: Baltimore, MD, 2003
1 videocassette (152 min.) : sd., col. ; 1/2 in. VHS
This tape consists of three sections: support and movement of the head; the abdominal organs; the reproductive system. It shows dissections, in 3-dimensional views, of the internal organs of unembalmed human bodies. Includes review sections.
Grace General Hospital Library; NJM Health Sciences Library: QV 17 V652 pt.6 2003 AV; QS 17 V652 Pt.6 2003 AV

The lower extremity. Williams & Wilkins: Baltimore, Md., 1996
1 videocassette (148 min.) : sd., col. ; 1/2 in. (VHS) + 1 guide (26 p. ; 19 cm.)
Shows dissections of unembalmed human bodies. Gives three-dimensional view by having the specimen rotate relative to the camera.
Grace General Hospital Library; NJM Health Sciences Library: QS 17 V652 pt.2 1996 AV

The trunk. Williams & Wilkins: Baltimore, Md., 1996
1 videocassette (158 min.) : sd., col. ; 1/2 in. (VHS) + 1 guide (33 p. ; 19 cm.)
Shows dissections of unembalmed human bodies. Gives three-dimensional view by having the specimen rotate relative to the camera.
Grace General Hospital Library; NJM Health Sciences Library: QV 17 V652 pt.3 1997(8) AV

ANGER
Managing your anger, maintaining your professionalism. Crisis Prevention Institute: Brookfield, WI, 2001
1 videocassette (16 min.) : sd., col. ; 1/2 in. VHS + 1 leader's guide + 1 participant workbook (10 copies)
Shows how a staff member's ability to manage anger can affect a potential crisis situation. Describes the healthy steps for managing your own anger, appropriate ways of expressing anger, and how to use rational detachment as a tool to reduce your level of anger.
Deer Lodge Centre Library; NJM Health Sciences Library: WM 401 M266m 2001 AV; WM 401 M266m 2001 AV lead.gd.; WM 401 M266m 2001 AV video; WM 401 M266m 2001 AV wk.bk.

ANTI-BACTERIAL AGENTS
Pharmacology and the elderly. Part 6, Antibiotics. PRIMEDIA Workplace Learning : Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2004
1 videodisc (30 min.) : sd., col. ; 4 3/4 in. + 1 manual.
(Producer) Recognizes commonly prescribed antibiotics and their uses, and discusses side effects and adverse effects. Discusses the consequences of adverse drug interactions and antibiotics specific to the elderly.
Concordia Hospital Library; Deer Lodge Centre Library: QV 350 P536p 2004 AV; QV 350 P536p 2004 AV manual

ANXIETY DISORDERS
Assessment and treatment of psychological disorders: 1 videocassette (68 min.) : sd., col. ; 1/2 in. (VHS)
Dr. Meichenbaum demonstrates an effective and brief approach for treating mixed anxiety and depression in this dramatic recreation of key moments in his 12 session course of therapy with a 40 year old woman who suffers from recurrent bouts of panic and has a long history of depression.
Deer Lodge Centre Library: WM 172 M685m 1996 AV

**Stress & anxiety: at time of diagnosis.** Time-Life Medical: New York, 1996
1 videocassette (30 min.) : sd., col. ; 1/2 in. (VHS) + 1 personal workbook
"C. Everett Koop, MD, Medical Director, Time Life Medical, has assembled over 20 of the nations leading medical experts in stress and anxiety to develop the following educational program: 1. Understanding the diagnosis--2. What happens next?--Treatment & management--Issues & answers. This program in hosted by award-winning journalist, Linda Ellerbee."--Container

Deer Lodge Centre Library Consumer Health: WM 172 S915sc 1996 AV

**ART THERAPY**

**The art & ability series.** Art and Ability Productions: Canada, 2004

*Art and disability collection*: 1 videocassette (42 min.) : sd., col. ; 1/2 in (VHS)
Creating spaces : the Arts Ability Project (21 min.) -- Alternative solutions : TERAGY program (8 min.) --
T3 Special Care Unit, Deer Lodge Centre (13 min.), Presents three programs of the Arts Ability Project sponsored by the Canadian Centre on Disability Studies. The first program looks at the first year of Arts Ability, a project which brings together drama and visual art animators with persons with disabilities. The second program features the TERAGY program, which provides art classes for mentally disabled adults. The third segment looks at the art work done in Unit TC Deer Lodge Centre, by people living with dementia.

Deer Lodge Centre Library: GV 184 A784a 2004 AV

**Ribbons of life.** Voice of the Fraser Productions: Burnaby, B.C., 2000
1 videocassette (30 min.) : sd., col. ; 1/2 in. (VHS) + 1 guide.
*The Ribbons of Life project grew from a dream of Sarah Dobb's, Burnaby's Curator of Visual Arts, to help residents of Burnaby Hospital's Cascade Residence learn how art can help them express their lives and memories. Working with Burnaby students, tutored by professional artists, the residents created an art exhibit featuring pieces created by individual seniors, by senior and students working together, or by students interpreting the seniors' life stories.*

Deer Lodge Centre Library: WM 450.5 A8 R483r 2000 guide; WM 450.5 A8 R483r 2000 video

**ARTHRITIS**

**Arthritis.** Patient Education Media: New York, NY, 1996
1 videocassette (30 min.) : sd., col. ; 1/2 in. + 1 workbook (21 p.).
Deer Lodge Centre Library Consumer Health: WE 348 A787ab 1996 AV

**Celebrate active living: gentle exercises for people with arthritis.** Arthritis Society: Toronto, 2001
1 videocassette (15 min, 50 s) : sd., col. ; 13 mm. (VHS)
*Just because you have arthritis doesn't mean you can't enjoy a more active lifestyle. Regular gentle exercise can mean big gains in flexibility, mobility and pain control. In the 15-minute video, they demonstrate stretching and aerobic exercises for the neck, shoulders, elbows, back, hands, knees and feet which help improve range of motion, making it easier to get out of a car or bathtub or reach for items on a shelf.*

Deer Lodge Centre Library Consumer Health: WE 344 C392c 2001 AV
ASPERGER SYNDROME

Asperger syndrome: a different mind. Red Green & Blue Company: University of Cambridge:
1 videodisc (ca. 30 min.) : sd., col. ; 4 3/4 in.
Overview of 5 males (ages 5-22) who have been diagnosed with A.S.
Grace General Hospital Library: WS 350.6 A839aa 2006 AV

ASSERVIVENESS

Make yourself heard: assertiveness skills for theatre staff. 1996.1996
1 videocassette (13 min.) : sd., col. ; 1/2 in. VHS
In three parts this video demonstrates the effect a submissive, aggressive and assertive approach can have on outcome. It demonstrates body language and how the choice of words can influence change.
Shows how to avoid pitfalls and be confident that the right massage is being sent.
Concordia Hospital Library: BF 575 A85 M235m 1996 AV

ATTITUDE

Attitudes, values and respectful care. Deer Lodge Centre: Winnipeg, 2009
Elder friendly series: 1 DVD (40min) : sd., col. ; 12 mm
Deer Lodge Centre Library: WT 30 D994a 2009 AV

1 videodisc (20 min.) : sd., col. ; 4 3/4 in. + 1 guide (12 p.)
Negativity can get a stranglehold on a workplace. It spreads as quickly through an office as a computer virus. Fortunately, the flip side is true, too. A positive attitude is also contagious. In this video, you'll see that it is possible for a workplace to transform itself. And it can begin with just one person—from container.
Grace General Hospital Library: HD 58.7 B422b 2004 AV

Fish!: catch the energy, release the potential! ChartHouse International Learning Corporation; Toronto: Burnsville, MN, 1998
1 DVD (18 min.) : sd., col. ; 1/2 in. + 1 facilitator's guide (2nd ed., 88 p.) + 1 playbook (28 p.)
Shows employees how to generate the energy needed for a high morale work environment. Highlights four main concepts: play, make their day, be there, choose your attitude. Also portrays the playful atmosphere necessary for creativity to flourish. Through humour and action, this video names and demonstrates the four principles that have earned Pike Place Fish Co. in Seattle the title "world famous". It shows a workplace where everyone chooses to bring energy, passion, and a positive attitude to work with them each day. It reframes the way work is viewed, and show a real world example of what it means to be creatively engaged in the work experience.

1 videodisc (18 min.) : sd., col. ; 4 3/4 in. + 1 facilitator's guide (23 p.)
"At Missouri Baptist Medical Center, the staff deals with emotionally difficult situations, the challenges of providing exceptional health care and the everyday stresses we all feel. But when they introduced FISH! into the environment, they revitalized their work ... and their lives! Go behind the scenes at
Missouri, where the staff learned to Be There for patients and for each other—no matter how difficult the situation. The inspirational stories ... are the best medicine for even the worst case of workplace blues."

Deer Lodge Centre Library Circulation Desk: HF 5549.5 M63 F532f 2003 AV; HF 5549.5 M63 F532f 2003 AV guide

See me. C. Holm and Concept Media inc., Distributed by ConceptMedia,: Irvine, Calif., 2001
1 DVD (10 min.): sd., col.; 12 cm videorecording
(Producer) Suggested by a poem of an unknown author, this film urges the viewer to see the individuality - the talents, the rich family history, and the ageless person - residing inside the lined faces and time-worn bodies of the elderly. For adult caregivers, students of lifespan human development, and anyone in the helping professions. Deals with attitude to aging.

Concordia Hospital Library; Victoria General Hospital Library: WT 31 S451s 2001a AV

AUTOMOBILE DRIVING

Into the other lane: driving and dementia. Terra Nova Films: Chicago, IL, 2010
Videos on aging and elderhood. 1 videodisc (DVD) (56 min.): sd., col.; 12 cm.
This two-part DVD presents a compassionate, yet realistic, portrait of the many issues faced by persons with dementia, (and their caregivers) when a decision has to be made about giving up driving.

Deer Lodge Centre Library: WT 155 I61ia 2010 AV

BACK

Body mechanics: the science of moving safely. Medcom; Toronto: Garden Grove, CA, 2006
1 videodisc (19 min.): sd., col.; 4 3/4 in.
Demonstrates for healthcare professionals ways to prevent injury to the back and other parts of the body when standing, sitting and moving patients or residents. Provides an understanding of the basic principles of body mechanics including the design and function of the musculoskeletal system and related gravitational forces through the use of graphics and live demonstrations.

Deer Lodge Centre Library; NJM Health Sciences Library: WE 103 B668b 2006 AV

Child's play: kids do it...naturally. Black and Yellow Pty Ltd.: s.l., 2004
1 videocassette (5 min. 13 sec.): sd., col.; 1/2 in. (VHS)

Bad lifting and carrying techniques cause workplace injuries. Examines how children naturally lift correctly and compares this with adult lifting techniques.

Deer Lodge Centre Library: WE 720 C537c 2004 AV

Ergonomics: safe patient transfer. Coastal Training Technologies Corp.: Virginia Beach, VA, 2001
1 videocassette (16 min.): sd., col.; 1/2 in. + 1 guide (16 p.)

Deer Lodge Centre Library: WE 720 E67e 2001 AV; WE 720 E67e 2001 guide AV

Ergonomics: watch your back. Coastal Training Technologies Corp.: Virginia Beach, VA, 2001
1 videocassette (15 min.): sd., col.; 1/2 in. VHS + 1 handbook (16 p.)

Educates healthcare workers about preventing back injuries.
Concordia Hospital Library: AV WE 720 E67e 2001 Pt.1; AV WE 720 E67e 2001 Pt.2:handbook

1 videocassette (51 min.): sd., col.; 1/2 in. (VHS)
In this video a series of 20 exercises are demonstrated by a fitness instructor and physiotherapist to improve balance, posture, strength and flexibility. First developed for people with osteoporosis
they may also be useful for other back pain problems.

Deer Lodge Centre Library Consumer Health: WE 720 H434h 1996 AV

1 videocassette (ca. 24 min.): sd., col.; 13 mm.
Deer Lodge Centre Library: WE 720 Y81g 1996 AV

BANDAGES

VAC inservice. KCI Medical Canada: Mississauga, ON?, 1997
1 videocassette (25 min.): sd., col.; 1/2 in. VHS
Dressing change #1; Inservice VAC Unit; Dressing change #2,
Concordia Hospital Library: WO 167 V112v 1997 AV

BATHS

Back to basics: resident bathing. LTCN Programming; Toronto: Carrollton, TX, 1997
1 videocassette (30 min.): sd., col.; 1/2 in.
"Patients who cannot perform self-care need assistance with bathing. Bathing is part of providing personal care to a resident, and involves assessment and planning for each resident's needs. This program discusses purposes of bathing and how to plan bathing interventions to best meet a resident's needs."--Container.
Deer Lodge Centre Library: QT 240 B126b 1997 AV

Bathing without a battle: creating a better bathing experience for persons with alzheimer's disease and related disorders Ann Louise Barrick, Joanne Rader, Philip Sloane; designed by EO Studios. University of North Carolina at Chapel Hill: Chapel Hill, NC, 2003
1 videodisc (40 min.), 1 CD-ROM: sd., col.; in container 19 x 14 x 2 cm.
Video and CD offer person-centered methods for making the bathing experience more enjoyable for both caregivers and the people they are bathing.
Deer Lodge Centre Library: WY 152 B275b 2003 AV

1 videocassette (22 min.): sd., col.; 1/2 in. + 1 guide (68 p.)
(Producer) Bathing a person with Alzheimer's disease can involve some special problems. This video will help sensitize and train your staff to deal productively with those problems.
Deer Lodge Centre Library: WT 155 S634s 1996 AV; WT 155 S634s 1996 guide AV

BEDS

Death by side rail. Deer Lodge Centre: Winnipeg, 2008
1 DVD (44 min., 30 sec.): col., sd. (12 mm.)
Deer Lodge Centre Library: W 84 DC2 1M2 W579d 2008 AV

Do no harm: bed safety for providers and caregivers. 2003.2003
1 videorecording (22 min.): sd., col.; 1/2 in. (VHS)
In April 1999, the FDA in partnership with representatives from the hospital bed industry, national health care organizations, patient advocacy groups and other federal agencies formed the Hospital Bed Safety Workgroup (HBSW). The workgroup's goal is to improve the safety of hospital beds for
patients in all health care settings who are most vulnerable to the risk of entrapment. This video, produced by AARP, is a product of the HBSW’s efforts to provide the viewer with real-life situations in both acute and long term care environments and offers insights by patients, their families, physicians, nurses and other caregivers about bed environments.

Deer Lodge Centre Library: WX 185 D631d 2003 AV

**Pressure ulcers and support surfaces.** Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2005
1 videodisc (25 min.) : sd., col. ; 4 3/4 in.
*(Producer)* Most pressure ulcers are preventable with appropriate patient assessment, identification of risk factors, and implementation of protective measures. Selection of an appropriate support surface is one such protective measure. Static versus dynamic mattresses and overlays, the advantages and disadvantages of foam mattresses, low air-loss therapy, and air-fluidized therapy are all discussed.

Deer Lodge Centre Library: WR 598 P74p 2005 AV

**Pressure ulcers and support surfaces.** Primedia Workplace Learning ; Toronto: Carrollton, TX, 2003
*Nurse's station.*: 1 videocassette (30 min.) : sd., col. ; 1/2 in.
*(Producer)* Most pressure ulcers are preventable with appropriate patient assessment, identification of risk factors, and implementation of protective measures. Selection of an appropriate support surface is one such protective measure. Static versus dynamic mattresses and overlays, the advantages and disadvantages of foam mattresses, low air-loss therapy, and air-fluidized therapy are all discussed.

Victoria General Hospital Library: WR 598 P935pu 2003 AV

**BEHAVIOR**

**Abuse and the dementia patient.** M. F. Bellantoni, Video Press, University of Maryland, School of Medicine ; Terra Nova Films [distributor],: Baltimore, Md. chicago, 2001
1 videocassette (21 min., 55 sec.) : sd., col. ; 1/2 in. videorecording
*(Producer)* Due to difficult behaviors exhibited by dementia patients, care of this special and vulnerable population presents a significant challenge to nursing staff. Nursing staff look at ways to manage difficult and potentially abusive situations.

Misericordia Health Centre Library: WY 152 B436a 2001 AV

**Alzheimer's disease : behavior management and the environment.** Trinity Healthforce Learning ; Toronto : distributed by Medical Audio Visual Communications: Carrollton, TX, 2004
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
*(Producer)* Participants learn the focus and the philosophy of behavior management for people with Alzheimer's disease. How the environment plays a key role in putting the philosophy into practice is also covered.

Deer Lodge Centre Library: WT 155 A49a 2004 AV

**Behavioral changes in the elderly related to integumentary & immune impairment.** PRIMEDIA Workplace Learning : Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2005
1 videodisc : sd., col. ; 4 3/4 in.
*(Producer)* This presentation focuses on the identification of integumentary and immune impairments, behavioral manifestations that are common to these impairments, and therapeutic responses. The participant learns to identify coping skills and differentiate between positive and negative reactions. Professional assessments and therapies to address behavioral responses are explored via a multimedia approach.
Challenges associated with dementia. Deer Lodge Centre: Winnipeg, 2007
1 videocassette (77 min.) : sd., col. ; 1/2 in. VHS
Objective - review the dementias; examine the impact of dementia on behaviour; review behaviour management strategies; and discuss behaviour mapping.

Combative residents: mirror their reality. Coastal Training Technologies Corp.; Belleville: Virginia Beach, VA, 1997
1 videocassette (23 min.) : sd., col. ; 1/2 in. + 1 handbook (16 p.)
(Producer) This program discusses the problems, causes and various forms of combative behavior in long-term care facilities and helps you learn how to prevent combative behavior from happening to your employees.

Dementia with dignity. Distributed by Concept Media: Irvine, CA, 2006
4 videodiscs : ill. ; 4 3/4 in. + instructor's guides and self-grading tests on 2 CD-ROMs.
DVD 1. Enhancing quality of life (203.1) -- DVD 2. Communicating effectively (2003.2) -- DVD 3. Meeting the special challenges (203.3) -- DVD 4. Dementia and resident rights: freedom of sexual expression (203.4) -- CD-ROM 1. Instructor's guide in PDF format -- CD-ROM 2. Self-grading tests., "The first three programs in this series demonstrate not only how to greatly enhance the elder's quality of life but also the importance of creating a safe environment. In addition, they illustrate practical strategies for dealing with many of the effects of dementia, including combative or uninhibited behavior, sleeplessness, wandering, delusions, and anxiety. The fourth program, narrated by Anne Meara, deals with sexuality of elders living in residential facilities. It tastefully shows various sexual expressions, the effect of those expressions on others, and methods to allow freedom of sexual expression while maintaining a comfortable environment for other residents and staff."-- from outer container jacket

He's doing this to spite me: emotional conflicts in dementia care. Northwest Media: Eugene, OR, 1999
1 videocassette (22 min., 50 sec.) : sd., col. ; 1/2 in. + 1 workbook (19 p. : ill. ; 28 cm.)
"Three caregivers openly share their experiences and frustrations as they interact with their loved one who has dementia. These scenes are integrated with comments and evidence from professionals in the field of dementia care. The result is a video that teaches caregivers (both families and professional) how to reframe the caregiving dynamic into one that is more comfortable and productive for both the caregiver and care-receiver."--Container.

Looking beyond words: dementia in the elderly. Primedia Workplace Learning; Toronto: Carrollton, TX, 2005
Nurse's station: 2 videocassettes (60 min.) : sd., col. ; 1/2 in.
(Producer) Understanding and supporting a resident with dementia require caregivers to look beyond the resident's words. Focuses on analyzing the behavioral symptoms and messages the person with dementia is sending, and explores a framework for identifying the triggers of these behavioral symptoms. Strategies for refocusing behavior are also addressed. Part I considers the early stages of dementia, and Part II focuses on the advanced stages.
Managing difficult resident behavior. Caresource Healthcare : Terra Nova Films: Seattle, WA, 2005
1 videodisc (20 min.) : sd., col. ; 4 3/4 in. + 1 presenter's guide.
Deer Lodge Centre Library: WM 220 M266m 2005 AV; WM 220 M266m 2005 AV guide

Myrna, the mal-oriented. N. Feil: United States, 1997
1 videocassette (26 min.) : sd., col. ; 1/2 in.
(Producer) A case study of Myrna, an 86-year-old woman with dementia, demonstrates correct and incorrect ways to communicate with mal-oriented individuals. The story illustrates the practical application of Validation techniques to resolve typical problems behaviors, such as wandering, anger, and confusion.
Deer Lodge Centre Library: WT 155 F297m 1997 AV

2 videocassettes (ca. 18 min. each) : sd., col. ; 1/2 in. VHS + 2 guides (8, 9 p.)
v.1. Calming the agitated resident. -- v.2. Safely managing the combative resident., Describes techniques for handling patients in long-term care settings who show agitated or aggressive behavior.
Seven Oaks General Hospital Library: WM 401 N814n 2000 AV

Older people, difficult behaviour and you : making a difference. B.C. Association of Community Care: Vancouver, B.C., 1996
1 videocassette (15 min.) : sd., col. ; 1/2 in. VHS + 1 manual, all in binder
Deer Lodge Centre Library: WM 40 O44o 1996 AV

Problem behaviors in geriatrics : agitation and restlessness. Geriatric Video Productions: Indianapolis, Ind., 1996
1 videocassette (24 min.) : sd., col. ; 1/2 in. (VHS) + 1 booklet [21 p.]

Professional dementia care : when bad things happen. Orcas: Eugene, OR, 2000
4 videocassettes (56 min.) in container : sd., col. ; 1/2 in. + 1 facilitator's guide.
pt. 1. When bad things are said; racist comments -- pt. 2. When bad things are said; sexual talk -- pt. 3. When bad things are said; insults -- pt. 4. When a resident dies., Demonstrates communication skills needed when caring for patients with dementia.
Deer Lodge Centre Library: WM 220 P964pb 2000 AV; WM 220 P964pb 2000 AV fac.gd

Resisting care-- putting yourself in their shoes. Assisted Living Federation of America: Oakton, VA, 1997
1 videocassette (14 min., 17 sec.) : sd., col. ; 1/2 in. (VHS)
(Producer) Alzheimer's experts outline the best practices for caregivers to avoid or reduce situations which lead to resistance to care by patients. Demonstrates the importance of patience and compassion in the care of patients with dementia.
Deer Lodge Centre Library: WT 155 R433ra 1997 AV

Understanding behavioural and psychological symptoms of dementia (BPSD). L. A. Stewart-Archer and Winnipeg Regional Health Authority, Winnipeg Regional Health Authority,: [Winnipeg], 2008
Care of older adults lecture series: 1 DVD (54 min.) : sd., col. (12 mm.) videorecording.
Concordia Hospital Library; Misericordia Health Centre Library: WM 220 S849u 2008 AV
Wandering. University of Manitoba; J.W. Crane Memorial Library; Winnipeg Regional Health Authority: Winnipeg, Man., 2007
2 videocassettes (40 min.) : sd. col. ; 1/2 in. (VHS) + 1 manual, 1 videodisc (26 min., 11 sec.) , 1 book, 1 pamphlet, 6 articles ; in box, 31 x 8 cm.
"This box contains resources suitable for educating personal home care staff on wandering behaviour. From the J.W. Crane Memorial Library, University of Manitoba Health Sciences Libraries in consultation with the Winnipeg Regional Health Authority, Personal Care Program."--Label
Deer Lodge Centre Library: WT 150 W245w 2007 AV

BENCHMARKING

Balanced scorecard in healthcare. PRIMEDIA Workplace Learning : Trinity Healthforce Learning; Toronto: Carrollton, TX, 2005
1 videodisc (30 min.) : sd., col. ; 4 3/4 in. (DVD)
(Producer) A balanced scorecard provides a set of measures that displays the interdependency between patients, employees, and strategy. Explains the scorecard approach and how using such an approach can help lead a facility to superior results through focused activities.
Deer Lodge Centre Library; NJM Health Sciences Library: WX 153 B171b 2005 AV

Benchmarking for clinical best practices using a clinical value compass. AACN for Best Practice Network: Aliso Viejo, Calif., 1998
1 videocassette (60 min.) : sd., col. ; 1/2 in. + 1 guide.
Deer Lodge Centre Library: W 84.1 M699b 1998 AV; W 84.1 M699b 1998 AV guide

How to locate and identify clinical best practices. AACN for Best Practice Network: Aliso Viejo, Calif., 1998
1 videocassette (62 min.) : sd., col. ; 1/2 in. + 1 guide.
Deer Lodge Centre Library: W 84.1 L366h 1998 AV; W 84.1 L366h 1998 AV guide

BIPOLAR DISORDER

Bipolar disorder: understanding the full spectrum. Eli Lilly & Co.: Indianapolis, Indiana, 2003
1 videocassette (23 min.) : sd., col. ; 1/2 in.
Victoria General Hospital Library: WM 207 B616b 2003 AV

Bipolar disorder in the elderly. Deer Lodge Centre: Winnipeg, Man., 1996
1 videocassette (33 min) : sd., col. ; 1/2 in. (VHS)
Presentation at the Deer Lodge Centre, September 4, 1996.
Deer Lodge Centre Library: WM 207 C187b 1996 AV

1 videodisc (47 min.) : sd., col. ; 4 3/4 in.
Six individuals describe the impact bipolar disorder has had on their lives and the strategies they have learned for dealing with it. Provides discussion of the elements of effective clinical management. Shows how individuals can stay well by combining medication, counseling or psychotherapy, attention to early warning signs of relapse, and sensible lifestyle choices.
Grace General Hospital Library: WM 207 I784I 2002 AV

BLOOD

Limiting exposure to blood borne pathogens in long-term care. Geriatric Video Productions:
ElderCare Communications: Indianapolis, Ind., 2007
1 videodisc (DVD) (24 mins.) : sd., col. ; 12 cm.
"This program directly guides you on how to use proven techniques to limit exposure to blood borne pathogens, employ a comprehensive prevention program which includes hand washing, barrier protection, sharps precautions, and handling regulated waste. It also gives action steps to take if exposure occurs"--Case-slip.
Deer Lodge Centre Library: WT 27.1 L734L 2007 AV

1 videocassette (28 min.) : sd., col. ; 1/2 in. (VHS)
Discusses surgical procedures that minimize blood loss to minimize or avoid the need for blood transfusions. Draws attention to such issues as the overuse of blood transfusions and their risks and costs. Also discusses patient rights regarding blood.
Seven Oaks General Hospital Library: WB 356 T772t 2002 AV

BLOOD GLUCOSE

Diabetes. Concept Media: Irvine, CA, 2005
7 videodiscs : sd., col. ; 4 3/4 in. + 2 CD-ROMs.
Concordia Hospital Library: WK 810 D536dv 2005 AV

Monitoring your blood glucose : key concepts. Milner-Fenwick: Timonium, MD, 2004
Explains blood glucose testing in detail, explaining the usual steps for most meters. Covers proper storage of strips, lancet use, how to use the control solution, keeping a log book, disposal of testing materials, and what to do if symptoms of hypoglycemia occur.
Concordia Hospital Library; NJM Health Sciences Library Consumer Health: WK 850 M66m 2004 AV

BLOOD PRESSURE

1 videocassette (27 min.) : sd., col. ; 1/2 in. + 1 instructor guide
This program will identify the risk factors of hypertension, describe the basic pathophysicologic changes of hypertension, recognize common signs and symptoms of hypertension, and anticipate nursing care from assessment, diagnosis and intervention of hypertension.
Grace General Hospital Library: WY 152.5 C271c 1997

The evolving management of hypertension. Primedia Workplace Learning ; Toronto: Carrollton, TX, 2004
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
(Producer) Differentiates essential and secondary hypertension. The role of stress and diet in hypertension disease and management is discussed. Drug therapy, combination drug therapy, and potential side effects are also explored.
Seven Oaks General Hospital Library: WG 340 E96e 2004 AV
**Hypertension in the geriatric patient.** Glaxo Wellcome: Research Triangle Park, NC, 1997
1 videocassette (17 min.): sd., col.; 1/2 in. (VHS)
This program examines in detail diagnosis, treatment, and management of hypertension in the elderly patient.
Deer Lodge Centre Library: WG 340 H998h 1997 AV

**What you don't know can kill you: know your blood pressure by heart.** Heart and Stroke Foundation: S.I., 1996
1 videocassette (9 min., 23 sec.): sd., col.; 1/2 in. (VHS) + 1 booklet (18 p.); 1 brochure
Victoria General Hospital Library: WG 340 W555w 1996 Pt.1 AV; WG 340 W555w 1996 Pt.2: booklet/brochure AV

**BORDERLINE PERSONALITY DISORDER**

**Getting through a crisis without making it worse: crisis survival skills.** Behavioral Tech: Seattle, WA, 2003
*From chaos to freedom.*: 2 videocassettes (105 min.): sd., col.; 1/2 in.
Part one: Distracting and self-soothing -- Part two: Improving the moment and pros & cons., *"In part one you'll learn how to identify a crisis, seven ways to keep it from dominating oneself, and ways to treat oneself... Part two provides more training that can help one survive personal crises."*--Containers.
Grace General Hospital Library: WM 190 G394g 2003 v.1; WM 190 G394g 2003 v.2

**BRAIN**

**Brain injury dialogues.** Brain Injury Dialogues: El Cerrito, Calif.?, 2009
1 videodisc (DVD) (52 min.): sd., col.; 12 cm.
*Though he appears normal, Rick Franklin's brain injury has made his life anything but. Teaming up with veteran documentary maker and friend Lyell Davies, Rick explores the impact that brain injury has had on himself and other survivors and reveals helpful approaches to living with a brain injury. As they visit with brain injury survivors, invisible aspects of this disability become more clear; we see the wide range of deficits that survivors must face, both physically and mentally, and learn how no two brain injuries are alike. We also hear how survivors learn to deal with life after a brain injury by means of personal, medical, and even political strategies. Comments by a cognitive therapist and a disability studies scholar offer additional insight into this disability that affects far more people than you might suspect. Includes an interview with disability rights advocate, Zona Roberts.*
Deer Lodge Centre Library Consumer Health: WL 354 B814be 2009 AV

1 videodisc (51 min.): sd., col.; 4 3/4 in.
*"In this program, experts including the Mayo Clinic's Ron Peterson; James Gordon, author of Manifesto for a New Medicine; a behavioral therapist; an exercise physiologist; and a sexuality counselor discuss the structure and function of the brain while offering insights into how to keep the mind in shape as the body ages. Case studies of Michael and Mary Anne, two middle-aged Americans, offer these healthcare professionals opportunities to describe the therapeutic benefits of exercise, "brain foods," biofeedback, guided imagery, mind-body medicine, watsu, tai chi, qigong, drumming, laughter, clapping, and sexuality."*--Containers.
Deer Lodge Centre Library: WL 300 M663m 2003 AV

**Neurology of aging: pathophysiology perspectives: focus on geriatrics.** CPP Associates: Chicago, Ill.,
2007
3 videodiscs (DVD) (ca 300 min.) in 1 container : sd., col. ; 12 cm.

*Discusses the changes occurring in the brain as it ages and common neurologic diseases associated with aging, covering the epidemiology, pathophysiology, physical assessment, and pharmacologic management of each condition. Diseases include: Dementia of the Alzheimer Type (DAT), nutritional dementias, vascular dementias, Parkinson's disease, cerebrovascular disease, depression in the elderly, mild cognitive impairiment and others. New treatments to slow the process of senescence are presented.*

Deer Lodge Centre Library: WL 102 B213n 2007 AV

**The secret life of the brain. Episode 3 the teenage brain: a world of their own.** PBS Home Video: Alexandria, Va., 2002
1 videocassettes (ca. 60 min.) : sd. ; col. ; 1/2 in.

*Episode 3: The teenage brain: a world of their own., This series explores the startling new map of the brain that has emerged from the past decade of neuroscience and shares a revelatory view of this most complicated organ, which now contradicts much of what we previously believed. Narrated by actress Blair Brown, the series tells stories through a mix of personal histories, expert commentary and cutting-edge animation. Viewers will not only learn startling new truths about the brain, they will voyage inside it.*

Grace General Hospital Library: WS 105 S446s 2001 AV

**BREAST**

**Breast cancer survivor video series.** WomenStories: Buffalo, N.Y., 2006
2 videodiscs (ca. 196 min.) : sd., col. ; 4 3/4 in. + 1 resource guide.

disc 1. Initial discovery & diagnosis of breast cancer ; Family support ; Intimacy ; Surgical choices ; Young women & breast cancer ; A video introduction to WomenStories. -- disc 2. Chemotherapy ; Recurrence and metastasis ; Hormone treatment ; Radiation ; Life after breast cancer.,

Seven Oaks General Hospital Library: WP 870 B828b 2006 AV

**Care of the patient with breast cancer.** Lippincott-Raven: Philadelphia, PA, 1997
1 videocassette (28 min.) : sd., col. ; 1/2 in. VHS + 1 guide (7 p.).

Grace General Hospital Library: WY 156 C271c 1997 AV

**BREAST FEEDING**

**Nutrition of the infant.** Concept Media: Irvine, CA, 2003
4 videocassettes (101 min.) : sd., col. ; 1/2 in.


Victoria General Hospital Library: WS 120 N976nb 2003 Pt.1 AV; WS 120 N976nb 2003 Pt.2 AV; WS 120 N976nb 2003 Pt.3 AV; WS 120 N976nb 2003 Pt.4 AV
CANCER

1 videodisc (43 min.) : sd., col. ; 4 3/4 in.
"A dynamic, intimate portrayal of six young people who are "living life while fighting for it". With passion and infectious laughter, the six participants provide a unique and refreshing perspective about what it is like to live with cancer when you are young. Candidly they discuss: fear, anger, finances, sex, infertility, family relationships, death, faith and the future. Their stories provide invaluable information, inspiration and hope - not only for other young adults facing life-threatening illness, but also their families, friends, caregivers and medical support teams."--Container.
Grace General Hospital Library: QZ 200 C487c 2006 AV

Diagnosing malnutrition in cancer patients: patient-generated subjective global assessment.
American Dietetic Association: Chicago, Ill., 2000
1 videocassette (80 min.) : sd., col. ; 1/2 in. VHS + 1 guide
Aggressive identification and treatment of nutrition-related symptoms can stabilize or reverse weight loss in 50 to 88 percent of cancer cases. The subjective global assessment of nutritional status is a valid assessment tool, appropriate for use in both traditional and alternative health care settings. This video presents step-by-step instructions for implementing the patient generated subjective global assessment, followed by four interactive case studies.
Grace General Hospital Library: QU 146 D536d 2000 pt.1 AV; QU 146 D536d 2000 pt.2 AV manual

Handle with care? Toronto-Sunnybrook Regional Cancer Centre: Toronto, 2000
1 videocassette (85 min.) : sd., col. ; 13 mm.
Handle with care? -- No big deal?, Two productions feature cancer survivors performing plays about living with breast cancer and prostate cancer, acting out daily situations based on interviews with other survivors, family members, and medical staff.
Deer Lodge Centre Library: WP 870 G781g 2000 AV

I'm really going to miss me: coping with terminal illness. Films for the Humanities & Sciences: Princeton, N.J., 1999
1 videocassette (58 min.) : sd., col. ; 1/2 in. (VHS)
(Producer) How do people approach life when the end is near? Taking a personal rather than clinical approach, this sensitive documentary records the intimate thoughts and feelings of Bobbie Martin, diagnosed with leukemia; Jeff Swinerton, with lymphatic cancer; Paul Starr, with AIDS; and Chennelle Jaramillo, with Batten Disease, a degenerative neuromuscular disorder. Hopes, fears, regrets, the reactions of others, and preparations for the end are all candidly discussed, offering a penetrating look at what life is really like for those who don't have long to live.
Deer Lodge Centre Library: WB 310 I31i 199 AV

Lymphatic mapping and sentinel lymph node biopsy utilizing dynamic lymphoscintigraphy and gamma probe for malignant melanoma. CineÌ-Med: Woodbury, CT, 2001
Seven Oaks General Hospital Library: QZ 200 L986L 2001 AV; QZ 200 L986L 2001 AV guide
1 videocassette (24 min., 20 sec.) : sd., col. ; 1/2 in. VHS
A documentary about a young mother who experiences a series of miracles while struggling with metastatic breast cancer
Seven Oaks General Hospital Library: AV QZ 266 P578p 2000

1 videocassette (30 min.) : sd., col. ; 1/2 in. + 1 booklet
Understanding the diagnosis -- What happens next? -- Treatment & management -- Issues & answers, Concordia Hospital Library; Deer Lodge Centre Library Consumer Health: WJ 752 P966pd 1996 AV

Spotting a killer: early detection of skin cancer by health care providers. Sherlock Communications: Alberta, 1999
1 videocassette (12 min.) : sd., col. ; 1/2 in. (VHS)
Join internationally-renowned skin cancer educator and researcher, dermatologist Dr. Jason Rivers, to find out who's at risk, what skin cancers look like, what action to take if you spot a suspicious lesion or mole on your patient, and how to counsel your patients to prevent skin cancer.
NJM Health Sciences Library; Seven Oaks General Hospital Library; Victoria General Hospital Library: AV WR 500 S765s 1999

CARDIOPULMONARY RESUSCITATION

1 videocassette (ca. 65 min.) : sd., col. ; 1/2 in.
This video features the "new Canadian standards in CPR. Techniques such as rescue breathing, cardiopulmonary resuscitation (CPR) and clearing an airway obstruction for choking situations are demonstrated and described on adults (8 years and older), children (1-8 years) and infants (under 1 year). There are also segments on heart attack and strokes recognition and treatment. This video is designed to provide both the beginner and the intermediate rescuer with the knowledge and skill required to deal with life-threatening emergencies."--container.
Concordia Hospital Library: WG 205 A134a 2002 AV

CAREGIVERS

13 videocassettes (386 min. 56 sec.) sd., col. ; 1/2 in. (VHS)
1 guide (12 p.), 5 folded sheets (8 p.), 5 workbooks (16 p.), 1 DVD (12 mm.); in portfolio 30 x 22 x 2 cm.
Deer Lodge Centre Library: WT 155 A4781ad 2008

Beyond memory a documentary about dementia. S. Bartlett, M. LeRose and National Film Board of Canada., National Film Board of Canada.: Montréal, Québec, 2007
1 videodisc (76 min.): sd., col., stereo.; 4 3/4 in. videorecording:
Five individuals and families profiled offer an essential lesson about living each day with Alzheimer's and dementia.
Deer Lodge Centre Library Consumer Health: WM 220 B573b 2007 AV

Caregivers. National Film Board of Canada: Montreal, 1997
5 videocassettes (248 min, 33 sec): sd., col.; 1/2 in. (VHS) + 1 handbook (142 p.; 28 cm.).
episode one: St Madeleine and Rose -- episode two: Doris and Tom -- episode three: Kurt and Elizabeth -- episode four: Pat and Molly -- episode five: Paul and Jean. Produced with the help of individual caregivers and community agencies, this is a "how-to" series with soul. Shot over the course of a year, these five episodes immerse you in the joys and sorrows of providing care. The caregivers featured are honest and open about their feelings - and their eloquent insights offer an assessment of our health care system's strengths and weaknesses.
Deer Lodge Centre Library Consumer Health: WT 30 C271c 1997 AV; WT 30 C271c epi.1 1997 AV; WT 30 C271c epi.2 1997 AV; WT 30 C271c epi.3 1997 AV; WT 30 C271c epi.4 1997 AV; WT 30 C271c epi.5 1997 AV

The caregivers' journey. aXle Communications: Toronto. Ont., 1996
5 videocassettes (140 min.): sd., col.; 1/2 in. (VHS) + 1 individual workbook, 1 facilitator workbook.
pt. 1. The journey begins (28 min.) -- pt. 2. The toll (28 min.) -- pt. 3. Surviving (28 min.) -- pt. 4. Healing (28 min.) -- pt. 5. Quiet triumphs (28 min.). Helps caregivers cope and heal. Tape 1 features caregivers sharing common experiences in becoming a caregiver. Tape 2 acknowledges the emotional costs of being a caregiver. Tape 3 sees caregivers share wise advice on how to cope with emotional, mental, and physical strains. Tape 4 reveals caregivers' feeling of loss and their eventual healing. Tape 5 is a testament to the human spirit, showing how caregivers stretch their capacity for patience and caring.

Dementia & alzheimer's caregiving: through the looking glass. Coastal Training Technologies Corp.: Virginia Beach, VA, 2005
1 DVD (23:07 min.): sd., col.; 12 cm. +1 guide 16 p.
(Producer) There are five million victims in the U.S. alone. This compelling program can help caregivers learn patience and exercise creative problem-solving techniques when dealing with patients.
Deer Lodge Centre Library: WT 155 D376de 2005 AV; WT 155 D376de 2005 AV guide

Dementia: behaviour management. Baycrest Centre for Geriatric Care: North York, Ont., 1999
1 videocassette (30 min.): sd. col.; 1/2 in. (VHS)
Deer Lodge Centre Library: WM 220 D376do 1999 AV

The educated caregiver. LifeView Resources: Nashville, TN, 1998
3 videocassettes (2 hrs., 53 min.) : sd., col. ; 1/2 in. (VHS)
Vol. 1. Coping skills -- v. 2. Hands-on skills -- v. 3. Essential knowledge, Designed to provide valuable insight and knowledge of a variety of basic caregiving topics. Other caregivers tell of their experiences.
Deer Lodge Centre Library Consumer Health: WY 200 E24e 1998 AV

Interacting with Alzheimer patients : tips for family and friends : Alzheimer disease do's & don'ts.
Video Press: Baltimore, MD, 2000
1 videocassette (20 min.) : sd., col. ; 1/2 in.
(Producer) In a discussion with several caregivers, Peter Rabins, MD identifies the do's and don't of interacting with individuals with Alzheimer disease. Do's include: using distraction; positive reinforcement, and repetition; and encouraging maximum independence and favorite activities of the past. Don'ts include: never responding in anger; never using ridicule; and never asking patient to do something no longer possible.
Deer Lodge Centre Library: WT 155 R116i 2000 AV

1 videocassette (14 min.) : sd., col. ; 1/2 in. (VHS) + 1 program coordinator's guide, 1 press kit, 1 caregiver's resource guide, 1 slide/lecture kit, 4 booklets, 1 pamphlet, 1 participant evaluation form and 1 coordinator evaluation form : in box (38 x 27 x 8 cm.)
The video introduces patients and caregivers to Alzheimer's disease, including signs to watch for and the importance of an early diagnosis. You'll hear first-hand accounts from people with the disease and their stories show how the right care, support and treatment can help you better manage the disease.
Deer Lodge Centre Library Consumer Health: WT 155 K26k 1998 AV

1 videocassette (44 min., 57 sec.) : sd., col. ; 1/2 in. (VHS)
Covers a year in the lives of five of caregivers who look after elderly family members: a son who looks after his mother with Alzheimer's in her own house, a daughter who cares for her mother who has had a stroke, a wife who looks after her husband disabled by a stroke, a daughter who tends her mother who is 95 and bed-ridden, and a son who looks after his mother in a nursing home because of her Alzheimers.
Deer Lodge Centre Library Consumer Health: WT 30 L125L 1998 AV

4 videocassettes (1 hr., 47 min.) : sd., col. ; 1/2 in. + 3 booklets, 1 guide + 1 diary.
pt. 1. Understanding a stroke (27 min.) -- pt. 2. Rehabilitation following a stroke (31 min.) -- pt. 3. Returning to the community (29 min.) -- pt. 4. Life after stroke for caregivers (20 min.). A series of 4 educational videos for people with a stroke, their families and caregivers. In each video we hear from a rage of health professionals, and people who had strokes and their caregivers. They give informations on this comoples illness and share with us their experiences of the rehabilitation process.
Deer Lodge Centre Library Consumer Health: WL 355 L722L 1998 AV
The Modified Caregiver Strain Index (CSI). Terra Nova Films: Chicago, IL, 2008

How to try this: 22.: 1 videodisc (DVD) (32 min.) : sd., col. ; 12 cm.

Measuring the effects of caregiving -- Understanding the physical and emotional tolls of caregiving., "The Modified Caregiver Strain Index (CSI) is an assessment tool designed to both measure the stress of caregiving, and to highlight areas that the family caregiver should address."--Container.

Deer Lodge Centre Library: WT 30 M692m 2008 AV

The other side. Maple Lake Releasing: Winnipeg, 1999
1 videocassette (20 min.) : sd., col. ; 1/2 in. (VHS)

Examine the issues that people face when someone close to them has had a stroke. Five different caregivers talk candidly about the issues and the emotional decisions they had to make, their struggles and their triumphs.

Deer Lodge Centre Library Consumer Health; Seven Oaks General Hospital Library: WL 355 O87o 1999 AV

Rage against the darkness. Episode 1, Living dangerously. McNabb Connolly: Mississauga, ON, 2004
1 videocassette (52 min.) : sd. col. ; 1/2 in. (VHS)

Two stubborn seniors battle families who want to put them in institutions. Despite major health problems, they are prepared to risk their lives living alone at home. Terrified relatives struggle to change their minds before a tragedy occurs.

Deer Lodge Centre Library Consumer Health: WT 27.1 R141r 2004 v.1 AV

1 videocassette (14 min.) : sd., col. ; 1/2 in. (VHS)

This film examines how to maximize remaining ability. While at the same time caring for the true victims of Alzheimers, the family, who mourn as long as the patient lives.

Deer Lodge Centre Library Consumer Health: WT 155 S959s 2001 AV

1 videocassette (13 min.) : sd., col. ; 1/2 in. + 1 guide + 1 newsletter.
Concordia Hospital Library; Grace General Hospital Library; St. Boniface General Hospital Library; Seven Oaks General Hospital Library; Victoria General Hospital Library: WL 355 T595t 2001 AV; WL 355 T595t 2001 AV gd.

CATHETERS

Central venous access. Biomedical Communications: Winnipeg, Man., 2000
1 videocassette (1 hr., 6 min.) : sd., col. ; 1/2 in. (VHS)

Demonstration on central venous devices by Marie Meredith. Video is part of the Centre-wide nursing education program at Health Sciences Centre, Winnipeg.

Deer Lodge Centre Library: WY 152.5 C397c 2000 AV

1 videocassette (48 min.) : sd., col. ; 1/2 in. + 1 program guide.
Seven Oaks General Hospital Library: WY 152.5 C397c 1998 pt.1 AV; WY 152.5 C397c 1998 pt.2 guide AV

Urinary catheter management. Mosby: St. Louis, Mo., 2002

Mosby's nursing skills video series.: 1 videocassette (21 min., 20 sec.) : sd., col. ; 1/2 in. (VHS)
This video presents urinary catheter insertion, including the indwelling catheter for female patients and the straight catheter for male patients; obtaining sterile urine specimens; removal of an indwelling catheter.

Concordia Hospital Library; Deer Lodge Centre Library; Grace General Hospital Library; Seven Oaks General Hospital Library; Victoria General Hospital Library: WY 164 U76ua 2002 AV

CHICKENPOX

Current advances in chest tube management. PRIMEDIA Workplace Learning; distributed by Medical Audio Visual Communications: Carrollton, Tex., 2001
2 videocassettes (55 min.) : bsd., col. ; 1/2 in VHS
Part 1 (30 min.) provides information related to the pathophysiology leading to chest tube placement and assessment of the patient requiring a chest tube; part 2 (25 min.) covers advanced information related to the care of patients with emphasis on comprehensive assessment and troubleshooting difficulties to prevent complications.
Grace General Hospital Library: WY 163 C976c 2001 pt.1 AV; WY 163 C976c 2001 pt.2 AV

CHOLESTEROL

1 videodisc (ca. 28 min.) : sd., col. ; 4 3/4 in.
Heart disease is the number one killer of men and women in America and high cholesterol numbers are a major risk factor for both heart attacks and strokes. In this program we offer information about lifestyle changes that can help keep cholesterol numbers in the normal range, plus we see how changing the diet and adding exercise can lower high cholesterol. Also, we examine the various medications used to treat high cholesterol, explain what side effects could occur and help patients understand why in some cases, medication may be their friend. (from http://www.itvisus.com/programs/hbhm/episode_descriptions.asp)
Grace General Hospital Library: QU 95 M266m 2007 AV

CLOSTRIDIUM DIFFICILE

Clostridium difficile infection: a difficult situation. Community and Hospital Infection Control Association: Winnipeg, MB, 1999
1 videocassette(50 min.) : sd., col. ; 1/2 in. (VHS)
Deer Lodge Centre Library: WC 368 E53c 1999 AV

COGNITION

Brief evaluation of executive dysfunction: an essential refinement in the assessment of cognitive impairment. Terra Nova Films: Chicago, IL, 2008
How to try this; 29.: 1 videodisc (DVD) (37 min.) : sd., col. ; 12 cm.
Predicting patient safety -- Executive function., "Covers the components of executive function: concept formation, flexibility, and self-monitoring, and discusses specific reasons to screen for executive dysfunction"--Container.
Deer Lodge Centre Library;: WT 150 B853b 2008 AV

Caring for individuals with cognitive and sensory challenges. Distributed by ConceptMedia: Irvine, CA, 2003
3 videocassettes (61 min.) : sd., col. ; 1/2 in.

Discusses ways in which the impaired patient can be made more comfortable while in a healthcare setting.

Concordia Hospital Library: WY 87 C277c 2003 AV video 1; WY 87 C277c 2003 AV video 2
WY 87 C277c 2003 AV video 3

1 videocassette (17 min.) : sd., col. ; 1/2 in. VHS

This program examines some of the major issues involved in cognitive impairment: definitions, diagnosis and patient evaluation, and patient care and management. Also explored in detail is the process by which realistic goals are established that can improve the quality of life for both patient and family.

Deer Lodge Centre Library: WT 150 C676ca 1997 AV

Communication difficulties: assessment and interventions in hospitalized older adults with dementia. Terra Nova Films: Chicago, IL, 2009

Videos on aging and elderhood.: 1 videodisc (DVD) (41 min.) : sd. col. ; 12 cm.
The assessment process: testing expressive and receptive capabilities -- How dementia affects communication abilities -- Measuring capacity to deliver and interpret messages -- Strategies and resources to enhance communication and safety.

Although dementia may reduce expressive and receptive abilities, persons with cognitive loss are still able to communicate long after language abilities and understanding diminish. This DVD discusses ways to assess the expressive and receptive skills of older adults with dementia or other medical conditions. It offers a number of interventions caregivers can apply, including the use of a 9-question assessment and intervention tool that promotes better overall communication and patient safety.

Deer Lodge Centre Library; WT 155 C734ce 2009 AV

Mini-Cog. Terra Nova Films: Chicago, IL, 2007

How to try this : 6.: 1 videodisc (DVD) (31 min.) : sd., col. ; 12 cm.

Administering and interpreting the Mini-Cog -- Using the Mini-Cog to screen for cognitive impairment -- Care planning for potential dementia.

Discusses the Mini-Cog screening tool that can uncover cognitive impairment in its earliest stages.

Deer Lodge Centre Library; WT 150 M665m 2007 AV

Normative scores for MMSE. Deer Lodge Centre: Winnipeg, MB, 1996
1 videocassette (65 min.) : sd., col., ; 1/2 (VHS)

Deer Lodge Centre Library: WM 145 S634n 1996 AV

COLECTOMY

Laparoscopic colectomy. CineMED: Woodbury, CT, 1996
1 videocassette (21 min.) : sd., col. ; 1/2 in.

(Producer) This video describes the technique for laparoscopic sigmoid colectomy. External and laparoscopic views are combined to provide maximum educational clarity regarding instrumentation and maneuvers.

Victoria General Hospital Library: AV WI 520 L299L 1996
COLOSTOMY

Caring for the stoma, caring for the patient: enterostomal therapy nursing. Medcom Trainex: Cypress, CA, 2002
1 videocassette (23 min.) : sd., col. ; 1/2 in. + 1 guide. 
This video shows nurses how to care for patients after ostomy surgery. 
Seven Oaks General Hospital Library: WY 161 C277c 2002 AV; WY 161 C277c 2002 AV guide

COLPOSCOPY

Colposcopy: what every woman needs to know. CancerCare Manitoba: Winnipeg, Man., 2004
1 videocassette (11 min., 15 sec.) : sd., col. ; 1/2 in. 
Victoria General Hospital Library: WP 250 C721ca 2004 AV

COMA

1 videocassette (60 min.) : sd., col. ; 1/2 in. (VHS) 
Deer Lodge Centre Library: WB 182 R813v 1997 AV

COMMUNICATION

1 videodisc (40 min.) : sd., col. ; 4 3/4 in. + Facilitator's guide (20 leaves ; 28 cm.) + Participant packet (9 leaves ; 28 cm.) + pocket guide
Presents a training curriculum for strengthening the skills that healthcare professionals need for delivering difficult news to patients and families.

Communicating for results: how to be clear, concise and credible. Communication Briefings: Alexandria, VA, 1997
1 videodisc (17 min.) : sd., col. ; 4 3/4 in. + 1 guide.
No matter what your role in the organization, communication effectively is vital to getting things done and working productively with people. This video offers you 12 communication strategies that will help you get your messages accepted, understood and acted upon.
Grace General Hospital Library: HD 30.3 C655c 1997 AV

Communicating with moderately confused older adults. Mental Health Outreach Network: Duluth, MN, 1997
1 videocassette (19 min., 43 sec.) : sd., col. ; 1/2 in. + 1 guide (26 p.).
(Producer) Older adults with dementia find special ways to adapt and can even thrive when approached with realistic expectations in an appropriate setting. This program focuses on the middle stages of Alzheimer's disease, the most common type of progressive dementia.
Deer Lodge Centre Library Consumer Health: WT 155 C734cb 1997 AV

Communicating with oriented older adults. Mental Health Outreach Network; Toronto : Medical Audio Visual Communications: Duluth, Minn., 1997
Techniques of empathy, active verbal and nonverbal listening skills, paraphrasing, summarization, and clarification skills are discussed and demonstrated.

Communicating with severely confused older adults. Mental Health Outreach Network ; Mississauga: Duluth, Minn., 1997
1 videocassette (19 min., 55 sec.) : sd., col. ; 1/2 in.
(Producer) This program focuses on the final stages of Alzheimer's disease, the most common type of progressive dementia. Many of the characteristics of individuals with Alzheimer's disease and corresponding communication techniques at those stages are seen in part with other types of dementing illness processes. Much of this information may be applied to other dementia disorders as well.

Communication difficulties : assessment and interventions in hospitalized older adults with dementia. Terra Nova Films: Chicago, IL, 2009
Videos on aging and elderhood.: 1 videodisc (DVD) (41 min.) : sd. col. ; 12 cm.
The assessment process: testing expressive and receptive capabilities -- How dementia affects communication abilities -- Measuring capacity to deliver and interpret messages -- Strategies and resources to enhance communication and safety., Although dementia may reduce expressive and receptive abilities, persons with cognitive loss are still able to communicate long after language abilities and understanding diminish. This DVD discusses ways to assess the expressive and receptive skills of older adults with dementia or other medical conditions. It offers a number of interventions caregivers can apply, including the use of a 9-question assessment and intervention tool that promotes better overall communication and patient safety.

Communication skills in clinical practice : a video guide. Distributed by Medical Audio Visual Communications: Toronto, Canada, 1999
5 videocassettes (357 min., 13 sec.) : sd., col. ; 1/2 in.
tape #1. The basics (74 min.) -- tape #2. Dealing with feelings (55 min., 30 sec.) -- tape #3. Hidden agendas and special situations (79 min., 43 sec.) -- tape #4. How to break bad news (79 min.) -- tape #5. Genetic testing, pediatrics, end-of-life (69 min.). (Producer) Includes over twenty scenarios with simulated patients illustrating various clinical situations, communication problems, and approaches to dealing with them.

Communication techniques for clients with dementia. McMaster University Audio Visual Services: Hamilton, ON, 1997
1 videocassette (18 min.) : sd., col. ; 1/2 in. VHS.
Demonstrates how good communication techniques for clients with dementia in a care facility can facilitate therapeutic interventions and optimize participation of elders in their health care. Describes symptoms of dementia; common stressors and effective verbal and non-verbal communication techniques.

Creative solutions for negotiating conflict. Whole Person Associates: Duluth, NM, 1997
1 videocassette (20 min.) : sd., col. ; 1/2 in. (VHS) + + 1 skill building guide.
Helps viewers understand why conflict occurs and how effective listening and communication skills are the
key to achieving win-win solutions. Demonstrates how to solve standoffs and how to take personal responsibility for resolving differences without calling in management to mediate.

Deer Lodge Centre Library: HD 42 C912ca 1997 AV; HD 42 C912ca 1997 AV skill guide

Creative solutions for working with difficult people. Whole Person Associates: Duluth, MN, 1997
1 videocassette (15 min.): sd., col.; 1/2 in (VHS) + 1 skill building guide (12 p.) +1 leader guide (15 p.)
This video examines some of the reasons why people can be difficult to work with. Participants then learn four skills for coping with difficult people and how to take responsibility for solving their interpersonal problems now and in the future.


Cross-cultural communication: how culture affects communication. Insight Media distributor: New York, 2005
1 videodisc (20 min.): sd., col.; 4 3/4 in.
Featuring New York University professors Charlton McIlwain, Cynthia Mitler, and Sue Collins, this program examines issues in cross-cultural communication. It discusses public behavior and taboos, power, stereotyping and prejudice, miscommunication, time conceptualization, socialization, direct and indirect communication, and high context versus low context cultures. The program features vignettes and offers practical applications for cross-cultural communication.

Concordia Hospital Library: HM 1211 C951c 2005 AV

Effective communication skills. Medcom: Cypress, CA, 1997
1 videocassette (28 min.): sd., col.; 1/2 in.
(Producer) Demonstrates employee-employee and patient-employee communication skills through role-playing scenarios. The importance of listening is stressed. Nonverbal communication, body language, and speech inflection are also covered.

Deer Lodge Centre Library: WX 160 E27e 1997 AV

1 videocassette (17 min.): sd., col.; 1/2 in. + 1 guide (ii, 14 p.)
(Producer) Demonstrates how to communicate with team members to accomplish the final goal of quality patient care in the operating room.

Victoria General Hospital Library: AV WY 162 E27e 1998

End of life, care and management of pain. PRIMEDIA Workplace Learning: Carrollton, TX, 2004
2 DVD (30 min. each): sd., col.; 4 3/4 in.
Discusses the importance of communication between physicians, patients, and families. Shows ways physicians should share bad news about their illness with patient and family members.

Deer Lodge Centre Library; Misericordia Health Centre Library: WB 310 E56e 2004 AV Pt.1; WB 310 E56e 2005 AV Pt.2

Family centered care: understanding family expectations. 2007.2007
1 videocassette (72 min.): sd., col.; 1/2 in. VHS
The session discusses staff working with families and communication: causes of staff/family conflict, family perspective, challenges for staff, barriers to developing staff/family relationships - perceptual differences, cultural factors, communication.

Deer Lodge Centre Library: WY 152 C435f 2007 AV

Family centered care understanding family expectations. D. Chaitram and Deer Lodge Centre
The session discusses staff working with families and communication: causes of staff/family conflict, family perspective, challenges for staff, barriers to developing staff/family relationships - perceptual differences, cultural factors, communication.

Deer Lodge Centre Library: WY 152 C435f 2007 AV

3 videocassettes (57 min.) : sd., col. ; 1/2 in.
[v.1]. Recognizing pain (17 min.). -- [v.2.] Communicating with the Alzheimer patient (20 min.). -- [v.3]. Maintaining independence and involving the Alzheimer patient., Rabins talks to caregivers about various methods for communicating with Alzheimer patients.
Deer Lodge Centre Library: WT 155 G946g 2003 AV v.1; WT 155 G946g 2003 AV v.2; WT 155 G946g 2003 AV v.3

The helping interview. Concept Media: Irvine, CA, 2003
3 videocassettes (59 min.) : sd., col. ; 1/2 in.
tape 1. Basic components, helper qualities, and attending skills (19 min.) -- tape 2. Opening, questioning, and use of silence (20 min.) -- tape 3. Responding and closing (20 min.). Part 1 discusses warmth, genuineness, openness and empathy as necessary interviewing qualities. Pt. 2 focuses on opening the interview and the use of questions and silence. Pt. 3 illustrates general skills of selective responding and focusing and describes ways to close the interview.
Grace General Hospital Library: WY 87 H483h 2003 AV pt.1; WY 87 H483h 2003 AV pt.2; WY 87 H483h 2003 AV pt.3

How to deal with anger & other emotions in adverse event & error disclosure. Cinemedic Distributors Inc.: Toronto, 2004
2 videodiscs : sd, col. ; 4 3/4 in. + 1 booklet.
"A set of 2 DVD's with accompanying workbook providing illustrations of strategies for handling difficult interviews about adverse event and error disclosure." --CineMedic Website.
Concordia Hospital Library: W 62 H847h 2004 AV

1 videocassette (20 min.) : sd., col. ; 1/2 in.
(Producer) In a discussion with several caregivers, Peter Rabins, MD identifies the do's and don't of interacting with individuals with Alzheimer disease. Do's include: using distraction; positive reinforcement, and repetition; and encouraging maximum independence and favorite activities of the past. Don'ts include: never responding in anger; never using ridicule; and never asking patient to do something no longer possible.
Deer Lodge Centre Library: WT 155 R116i 2000 AV

1 videodisc (21 min.) : col. ; 4 3/4 in. + 1 program guide (11 p. ; 19 cm.)
Illustrates how to tame your emotions when dealing with your boss, co-workers and customers.
Grace General Hospital Library: HF 5415.5 I89i 2005 AV
Make yourself heard : assertiveness skills for theatre staff. 1996
1 videocassette (13 min.) : sd., col. ; 1/2 in. VHS
In three parts this video demonstrates the effect a submissive, aggressive and assertive approach can have on outcome. It demonstrates body language and how the choice of words can influence change. Shows how to avoid pitfalls and be confident that the right massage is being sent.
Concordia Hospital Library: BF 575 A85 M235m 1996 AV

1 videocassette (28 min.) : sd., col., 1/2 in. (VHS) + 1 guide (20 p.)
Purpose: To encourage a critical discussion of interactions and responses to people with dementia, and to discriminate between productive and ineffectual approaches.
Deer Lodge Centre Library: WM 220 K48o 1997 AV

2 videocassettes (56 min.) : sd., col. ; 1/2 in.
Teaching patients with low literacy skills (26 min.) -- Caring for patients with limited English proficiency (30 min.). (Producer) One video describes the extent of the problem of low patient literacy, demonstrates how to assess a patient's reading level, and presents useful strategies that health caregivers can use to teach this group more effectively. The other video describes the percentage of the population with limited English proficiency, discusses the legal requirements for the use of interpreters, outlines the advantages and disadvantages of several interpretation methods, and describes strategies for healthcare professionals to use when working with an interpreter.
Concordia Hospital Library; Victoria General Hospital Library: W 85 O96o 2001 AV pt.1; W 85 O96o 2001 AV pt.2

1 videodisc (23 min.) : sd., col. ; 4 3/4 in.
Professional image -- Professional roles -- Institutional, professional and legal standards., This DVD for nursing and allied health professionals examines elements of professional behaviors. It covers communication with other health professionals, conflict management, discusses the value of presenting a professional appearance, the shared roles of all healthcare providers, and the importance of understanding one's professional role.
Grace General Hospital Library; NJM Health Sciences Library: WY 87 P964p 2007 AV

Professional dementia care : solving problems. Orcas: Eugene, OR, 2004
3 videocassettes (61 min.) in container : sd., col. ; 1/2 in. + 1 facilitator's guide.

Recognizing and responding to emotion in persons with dementia. The Center ; Chicago: Philadelphia, Pa., 1997
1 videocassette (25 min., 30 sec.) : sd., col. ; 1/2 in.
(Producer) This film interprets the emotions of people with dementia. Persons with dementia who can no longer verbally communicate their likes and dislikes can still express their preferences to caregivers -- provided the caregivers know what to look for in the residents' facial expressions and body language. Learning how to recognize and understand these expressions is a crucial part of
providing care for these persons.
Deer Lodge Centre Library: WM 220 R311r 1998 AV

**Toward a better understanding.** Nova Scotia Centre on Aging: Halifax, N.S., 1996
2 videocassettes (110 min) : sd, col. ; 1/2 in. (VHS)
1. A method to assess communicative abilities (54:00) -- 2. Improving communication skills (56:00).
Deer Lodge Centre Library: WT 30 T737ta 1996 AV

**COMMUNICATION DISORDERS**

1 videocassette (47 min.) : sd., col. ; 1/2 in. (VHS)
"In this program, Dr. Jonathan Miller investigates both the predictable and the unexpected effects of damage to Broca's and Wernicke's areas on patients' abilities to communicate verbally and through sign language. In his efforts to expose the physiological roots of language expression, Dr. Miller traces the evolution of brain research, from the scientific blind alley of phrenology to the promising field of neurolinguistics."--Container.
Deer Lodge Centre Library: WL 340.2 B867b 2001 AV

**CONFIDENTIALITY**

**Confidentiality : who needs to know.** Medcom Trainex ; Toronto: Cypress, CA, 2001
1 videodisc (ca. 25 min.) : sd., col. ; 4 3/4 in.
This program covers both the legal and ethical responsibility of each healthcare professional to maintain the privacy of those in their care.
Misericordia Health Centre Library: W 275 AA1 C748c 2001 AV

**Confidentially speaking : Personal Health Information Act.** Deer Lodge Centre: Winnipeg, MB, 2001
1 videocassette (20 min.) : sd., col. ; 1/2 in. VHS
Educator Kim Warner speaks on the Personal Health Information Act
Deer Lodge Centre Library: WX 173 C748c 2001 AV

**CONFLICT**

**Creative solutions for negotiating conflict.** Whole Person Associates: Duluth, NM, 1997
1 videocassette (20 min.) : sd., col. ; 1/2 in. (VHS) + 1 skill building guide.
Helps viewers understand why conflict occurs and how effective listening and communication skills are the key to achieving win-win solutions. Demonstrates how to solve standoffs and how to take personal responsibility for resolving differences without calling in management to mediate.
Deer Lodge Centre Library: HD 42 C912ca 1997 AV; HD 42 C912ca 1997 AV skill guide

**Creative solutions for working with difficult people.** Whole Person Associates: Duluth, MN, 1997
1 videocassette (15 min.) : sd., col. ; 1/2 in (VHS) + 1 skill building guide (12 p.) +1 leader guide (15 p.)
This video examines some of the reasons why people can be difficult to work with. Participants then learn four skills for coping with difficult people and how to take responsibility for solving their interpersonal problems now and in the future.
1 videocassette (17 min.) : sd., col. ; 1/2 in. + 1 guide (14 p.)
Producer: Conflict can have positive uses. When there is healthy disagreement among staff members, conflict can spur change and growth. But when conflict becomes abusive, it is never healthy, and patient care is at risk. While abusive behavior is intimidating and even overwhelming, the perioperative nurse can do something about it. This program offers several effective ways to address these issues, find solutions, and improve the working environment.
Victoria General Hospital Library: AV BF 637 I48 E27e 1997

Elbow room National Film Board of Canada., National Film Board of Canada,: [Montreal], 2007
1 videodisc (DVD) (8 min.) : sd., col. ; 12 mm. videorecording =
This animated film is designed as a flexible tool to explore conflict resolution. A simple dispute between a pair of office workers is played out four different ways, each of them reflecting a common life approach to conflict: retreat, denial, aggression and negotiation.
Deer Lodge Centre Library: HM 1126 E37e 2007 AV

Managing your anger, maintaining your professionalism. Crisis Prevention Institute: Brookfield, WI, 2001
1 videocassette (16 min.) : sd., col. ; 1/2 in. VHS + 1 leader's guide + 1 participant workbook (10 copies)
Shows how a staff member's ability to manage anger can affect a potential crisis situation. Describes the healthy steps for managing your own anger, appropriate ways of expressing anger, and how to use rational detachment as a tool to reduce your level of anger.
Deer Lodge Centre Library; NJM Health Sciences Library: WM 401 M266m 2001 AV; WM 401 M266m 2001 AV lead.gd.; WM 401 M266m 2001 AV video; WM 401 M266m 2001 AV wk bk.

Mediating conflicts in long-term care. Terra Nova Films: Chicago, IL, 2005
Videos on aging and elderhood: 1 videodisc (DVD) (21 min.) : sd., col. ; 12 cm.
"This video documents the benefits of have[sic] a mediation plan in place that provides a "listening"
platform where resident grievances can be addressed and resolved ..."--Container.
Deer Lodge Centre Library: HM 1126 M489m 2005 AV

1 videodisc (23 min.) : sd., col. ; 4 3/4 in.
Professional image -- Professional roles -- Institutional, professional and legal standards., This DVD for nursing and allied health professionals examines elements of professional behaviors. It covers communication with other health professionals, conflict management, discusses the value of presenting a professional appearance, the shared roles of all healthcare providers, and the importance of understanding one's professional role.
Grace General Hospital Library; NJM Health Sciences Library: WY 87 P964p 2007 AV

CONSCIOUS SEDATION

Conscious sedation. Distributed by ConceptMedia: Irvine, Calif., 2001
3 videocassettes (62 min.) : sd., col. ; 1/2 in.
1 videocassette (10 min.) : sd., col.; 1/2 in.
This video examines conscious sedation and analgesia. Topics include: goals of sedation, complications, pediatric and elderly patients, and precautions.
Concordia Hospital Library: WO 200 C755ca 1999 AV

1 videocassette (20 min.) : sd., col.; 1/2 in. + 1 guide (i, 35 p.)
(Producer) One of the challenges perioperative nurses face is in the area of moderate sedation (also known as conscious sedation/analgesia). This videotape and accompanying study guide discuss the role of the nurse in this setting, definitive responsibilities associated with this type of care, legal boundaries of state licensure and practice acts, specific drugs and dosages used within each of the general categories, and complications that might arise during a procedure.

CREUTZFELDT-JAKOB SYNDROME

Creutzfeldt-Jacob disease. Community and Hospital Infection Control Association: Winnipeg, 1999
1 videocassette (50 min.) : sd., col.; 1/2 in. VHS
Deer Lodge Centre Library: WL 300 C925c 1999 AV

CRIME

1 videodisc (ca. 36 min.) : sd., col.; (12 mm.) + 1 manual (104 p.) videorecording:
Deer Lodge Centre Library Consumer Health: HV 6691 F142f 2008 AV; HV 6691 F142f 2008 AV manual

CRITICAL ILLNESS

Bearing witness. National Film Board of Canada: Montreal, 2003
3 videocassettes (194 min.) : sd., col.; 1/2 in.
Grace General Hospital Library: WX 218 B368b 2003 v.1 AV; WX 218 B368b 2003 v.2 AV; WX 218 B368b 2003 v.3 AV

CULTURE

Cultural diversity in health care. NEVCO ; Toronto: Naples, FL, 2005
1 videocassette (50 min.) : sd., col.; 1/2 in.
Concordia Hospital Library: WY 107 C968ca 2005 AV
**CUSTOMER SERVICES**

**Customer service in healthcare today.** PRIMEDIA Workplace Learning : Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2005
1 videodisc (25 min.) : sd., col. ; 4 3/4 in.
Explores a variety of issues related to customer service, including traditional practice versus contemporary theory, guest expectations and service versus quality; discusses integrating a new customer service culture into a facility.
Misericordia Health Centre Library: WX 185.5 C987c 2005 AV

**DAY CARE**

**Seniors.** Information Resources: Winnipeg, 1996
1 videocassette (30 sec.) : sd., col. ; 1/2 in. VHS
Deer Lodge Centre Library: WT 30 S477s 1996 AV

**DEATH**

**Caring for the dying patient.** San Luis Video ; Irvine: San Luis Obispo, Calif., 1996
3 videocassettes (68 min.) : sd., col. ; 1/2 in. VHS
Pt. 1. Physical care (24 min.) -- Pt. 2. Team approach to comprehensive care (22 min.) -- Pt. 3. Bereavement issues (22 min.). Part 1. Addresses important physical needs including the transition from curative to symptomatic care. Topics include effective pain management strategies and addiction fallacies; and common symptoms, side effects, ramifications of disease progression, physical symptoms of dying. Also discusses common home health issues including family assessment, treatment plan compliance, equipment and procedure training.
Concordia Hospital Library: WB 310 C277c 1996 Pt.1 AV; WB 310 C277c 1996 Pt.2 AV; WB 310 C277c 1996 Pt.3 AV

**Griefwalker = l'accompagnateur.** National Film Board of Canada: Toronto, 2008
1 videodisc (DVD) (70 mins) : sd., col. ; 12 cm.
Griefwalker weaves an illuminating picture of a remarkable man, and leaves us with a deeper understanding of how our deaths should be held as "a prized possession."
Deer Lodge Centre Library; Victoria General Hospital Library: WB 310 W55g 2008 DVD

**On our own terms : Moyers on dying.** 2000
4 videocassettes (90 min. ea.) : col., sd ; 1/2 in
[1] Living with dying -- [2] A Different kind of care -- [3] A Death of one's own -- [4] A Time to change, [1] Living with Dying : Describes the search for new ways of thinking and talking about dying. Forgoing the usual reluctance that most Americans show toward speaking about death, patients and medical professionals alike come forward to examine the end of life with honesty, courage, and even humor, demonstrating that dying can be an incredibly rich experience for both the terminally ill and their loved ones
Deer Lodge Centre Library; WB 310 O58o 2000 guide AV; WB 310 O58o 2000 v.1 AV; WB 310 O58o 2000 v.2 AV; WB 310 O58o 2000 v.3 AV; WB 310 O58o 2000 v.4 AV

**DECISION MAKING**

**Making hard decisions : insights for healthcare providers.** ALS Society of Canada: Toronto ON, 2001
1 videocassette (30 min.) : sd., col., ; 1/2 in (VHS) + 1 guide (8 p.)
This 30 minute video featuring Dr. Barry and Karen Smith in conversation with broadcast journalist Judy
Maddren offers an opportunity to see how a couple faces the challenge of making hard decisions. They discuss in a frank and intimate way their feelings, expectations and fears in the context of a life-threatening illness. A video for people who are facing a life-threatening illness together with their families and caregivers.

Deer Lodge Centre Library; Victoria General Hospital Library: BF 789 D4 S643m 2001 AV; BF 789 D4 S643m 2001 guide AV

**Making hard decisions: the essence of being human.** ALS Society of Canada: Toronto ON, 2001
1 videocassette (30 min.) : sd., col. ; 1/2 in (VHS) + 1 guide (8 p.)

This 30 minute video featuring Dr. Barry and Karen Smith in conversation with broadcast journalist Judy Maddren offers an opportunity to see how a couple faces the challenge of making hard decisions. They discuss in a frank and intimate way their feelings, expectations and fears in the context of a life-threatening illness. A video for people who are facing a life-threatening illness together with their families and caregivers.

Deer Lodge Centre Library; Victoria General Hospital Library: BF 789 D4 S643ma 2001 AV; BF 789 D4 S643ma 2001 guide AV

**Preparing for change: a message from parents to parents about future care planning--: a guide for parents of adult sons and daughters with disabilities.** The Centre: Halifax, N.S., 1997
1 videocassette (29 min, 10 s) : sd., col. ; 1/2 in. + 1 guidebook (65 p. ; 28 cm)


**A time of transition: moving your loved one into a nursing home.** Ohio Health Care Association: Rolf & Goffman: Ohio, 2005
1 videodisc (13 min.) : sd., col. ; 4 3/4 in.

Intended to facilitate communication among family members about nursing home placement for a loved one. Strives to portray nursing home life in a realistic and positive manner.

Deer Lodge Centre Library: WX 27.1 T583t 2005 AV

**DEGLUTITION DISORDERS**

**Dysphagia: etiology and identification.** Primedia Workplace Learning: Trinity Healthforce Learning; Toronto: Carrollton, TX, 2005
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
(Producer) Identification, etiology, pathophysiology, and management strategies for dysphagia are discussed. Focuses on the specifics of dysphagia diets, including the importance of the communication chain for swallow precautions.

Deer Lodge Centre Library: WI 250 D998de 2005 AV

**Dysphagia: swallowing disorders and your patient.** Seven Oaks General Hospital: Winnipeg, Man., 2003
1 videocassette (30 min.) : sd., col. ; 1/2 in. + presentation handouts

This inservice presented by the Seven Oaks General Hospital Dysphagia Therapy Team focuses on the theory, clinical evaluation, and feeding of patients with dysphagia and swallowing problems.

Seven Oaks General Hospital Library: WI 250 D998d 2003 AV pt.1:videocassette WI 250 D998d 2003 AV pt.2:presentation h

**Dysphagia diet and safe feeding practices.** Primedia Workplace Learning: Trinity Healthforce Learning; Toronto: Carrollton, TX, 2005
1 videodisc (30 min.) : sd., col. ; 4 3/4 in
(Producer) Discusses the types of dysphagia diets available, diet interventions based on diagnosis, and strategies for safe feeding practices.
Deer Lodge Centre Library: WI 250 D998dd 2005 AV

Feeding individuals with swallowing disorders. American Speech-Language-Hearing Association:
Rockville, Md., 2005
1 DVD (15 min.) ; sd., col., 4 3/4 in. + 1 manual
"The purpose of this video is to elicit discussion about "good" and "bad" feeding practices. This video does not provide a comprehensive review of the swallowing system and does not analyze the causes or signs and symptoms of dysphagia." -- p.2 manual
Deer Lodge Centre Library: WI 250 F295f 2005 AV

2 videocassettes (ca. 13 hrs. 10 min.) : sd., col. ; 1/2 in. VHS
National Best Practices in Long Term Care conference held in Montreal April 24-25, 2001. Sessions include 1.) Guest speaker - Dr. Bernard Groulx. 2.) VAC's Dementia Care Initiative. 3.) Pain Management Panel. 4.) Circles of Care. 5.) Reducing Falls in a High Risk Veteran Population. 6.) Establishing an Electronic "Best Practices Forum" - Linking Veterans Facilities via the Internet. 7.) Best Practices for Prevention and Treatment of Pressure Ulcers. 8.) Chronic Wound and Skin Health Team. 9.) Resident Breakfast Program. 10.) Dysphagia Program. 11.) Guest Speaker - Dr. Bernard LaPoint. 12.) Quality Improvement Panel. 13.) Restraint Reduction. 14.) Clinical Challenges in Long Term Care Identifying : Behavioural Issues, the Challenges of a New Dementia Unit. 15.) A Walking Program : Implementation of Extended Care. 16.) The Dorothy Macham Home, Behavioural Care Unit.,
Deer Lodge Centre Library: WT 30 N477n 2001 AV pt.1; WT 30 N477n 2001 AV pt.2

Preventing aspiration in older adults with dysphagia. Terra Nova Films: Chicago, IL, 2009
Videos on aging and elderhood.: 1 videodisc (DVD) (47 min.) : sd., col. ; 12 cm.
Prevention of aspiration during hand feeding -- Prevention of aspiration during tube feeding -- Reducing the risk of aspiration: assessment and prevention -- Risk reduction strategies: compensating for impaired swallowing., Dysphagia, or difficulty swallowing, can occur as a consequence of aging, or due to physical or cognitive changes. This DVD explains the 4 stages of swallowing, the warning signs of aspiration, and offers care techniques that can be used to reduce the risk of aspiration while hand feeding or tube feeding. The DVD also stresses the importance of good dental hygiene and denture care, body positioning when feeding, and how to select an appropriate risk-reduction intervention.
Deer Lodge Centre Library; WI 250 P944p 2009 AV

Swallowing and the elderly. Deer Lodge Centre: Winnipeg, 2009
Excellence in care of the older adult: 1 DVD (ca. 55 min.) : sd., col. ; 12 mm.
Deer Lodge Centre Library: WI 250 D798s 2009 AV

Therapeutic interventions for dysphagia. American Speech Language Hearing Association: Rockville, Maryland, 2005
1 videocassette (ca. 120 min.) : sd., col. ; 1/2 in. + 1 booklet (various pagings : ill. ; 28 cm.)
This video self-study presents swallowing therapy procedures designed to improve oral swallow disorders, pharyngeal swallow delay, and pharyngeal swallowing disorders.
Deer Lodge Centre Library: WI 250 T398t 2005 AV; WI 250 T398t 2005 AV guide
1 videocassette (58 min.) : sd., b&w and col. ; 1/2 in.

Normal swallowing -- Examples of swallowing disorders -- Endoscopic and fluoroscopic examples of treatment techniques., Intended to enhance the ability to view and interpret videofluoroscopic and endoscopic examples of swallowing functions. Covers all aspects of dysphagia management. Methods of examination and functional evaluation along with case studies demonstrating treatment principles include examples of oral stage disorders, pharyngeal deficits, deficits of airway protection, and abnormalities following total laryngectomy. Consists mostly of fluoroscopic and endoscopic footage with narration.

Seven Oaks General Hospital Library: WI 250 V53v 2001 AV

**DELIRIUM**

**Alzheimer's disease, is it delirium or dementia? : Alzheimer's disease level I.** National Educational Video ; Toronto: Naples, FL, 2005
1 videodisc (24 min.) : sd., col. ; 3 3/4 in. + 1 guide.

Covers a number of topics related to working with Alzheimer's patients in residential facilities: the normal changes that come with aging that can affect orientation, such as physical changes in the brain, diseases of the elderly, cognitive changes, and vision and hearing loss; the differences between delirium and dementia; the characteristics of the stages of deterioration with Alzheimer's disease; and advice for health care providers in communicating with Alzheimer's patients.

Deer Lodge Centre Library: WT 155 A478ab 2004 AV; WT 155 A478ab 2004 AV guide

**Alzheimer's disease, is it delirium or dementia? : Alzheimer's disease level I.** National Educational Video ; Oakville: Naples, FL, 2002
1 videocassette (23 min.) : sd., col. ; 1/2 in. + 1 program guide (20 leaves) in binder (30cm.).

Covers a number of topics related to working with Alzheimer's patients in residential facilities: the normal changes that come with aging that can affect orientation, such as physical changes in the brain, diseases of the elderly, cognitive changes, and vision and hearing loss; the differences between delirium and dementia; the characteristics of the stages of deterioration with Alzheimer's disease; and advice for health care providers in communicating with Alzheimer's patients.

Grace General Hospital Library: WT 155 A478a 2002 AV

**Delirium in the older person : family guide.** Vancouver Island Health Authority: Victoria, BC, 2007
1 videodisc (27 min.) : sd., col. ; 4 3/4 in. + 1 guide.

Concordia Hospital Library Consumer Health: WM 204 D353de 2007 AV

**Delirium.** P.-L. Lim, K. Otto-Shannon and Winnipeg Regional Health Authority, Winnipeg Regional Health Authority,: [Winnipeg], 2008
_Elder Friendly Lecture series, 2008: 1 DVD (42 min.) : sd., col. (12 mm.) videorecording_

Deer Lodge Centre Library: WL 340 L732d 2008 AV DVD

**Delirium : the under-recognized medical emergency.** Terra Nova Films: Chicago, IL, 2009
_Videos on aging and elderhood._ : 1 videodisc (DVD) (51 min.) : sd. col. ; 12 cm.

Responding to trigger behaviors: using the CAM -- Identifying delirium, and implications for patient safety -- Distinguishing delirium from dementia -- Interpretation of the assessment -- Creating a care plan to identify etiology and protect the patient., Despite its prevalence, delirium often goes unrecognized. Documenting two episodes of delirium--one in a patient with no underlying cognitive impairment, and one with some signs of memory loss--this DVD identifies the 4 key elements of the Confusion Assessment Method (CAM) for assessing delirium. The DVD also
explains Delirium Superimposed with Dementia (DSD), distinguishes between hyperactive, hypoactive, and mixed delirium, and documents the factors that increase risks for delirium.

Deer Lodge Centre Library: WL 340 D353d 2009 AV

**Delirium in the older person: a medical emergency.** Vancouver Island Health Authority: Vancouver, 2006
1 videodisc (DVD) (094 min.), 1 cd-rom : sd., col.; 4 3/4 in + 1 guide
Part 1. What is delirium? (30 min.) -- Part 2 Delirium in health care settings -- Acute care (18 min.) -- Residential care (19 min) -- Home and community (23 min.) -- Delirium at end of life (4 min.), In this dvd, you will learn how to define delirium, recognize its symptoms, identify its causes and draw from a selection of effective interventions. Education and resources, including a variety of assessment tools, are also available on the DVD. For educational purposes, use as a teaching tool to improve staff ability to recognize, assess and intervene with delirium. Use selected segments for formal education of staff, families, clients, etc. Use the DVD to learn about the Delirium Watch and Elder Friendly program in the acute care. Use for case conferencing and to stimulate discussion in groups. Use for staff's personal learning, at their convenience and at their own pace.
Concordia Hospital Library; Grace General Hospital Library: WM 140 D353d 2006 AV

**Depression, delirium & dementia.** Deer Lodge Centre: Winnipeg, 2001
1 videocassette (75 min.): sd., col.; 1/2 in. VHS + 1 guide.
Deer Lodge Centre Library: WM 171 D424d 2001 AV; WM 171 D424d 2001 AV guide

**Recognizing delirium in the elderly.** GWD Dynamic Media: S.l., 2000
1 videocassette (30 min.): sd., col.; 1/2 in. (VHS) + 2 booklets.
*Purpose of the video is to alert health professionals to the need to consider delirium as a medical possibility in their patients. Nurse Case Manager, Ann Tassonyi, discusses symptoms of delirium and how to differentiate it from dementia or depression.*
Deer Lodge Centre Library: WM 204 R311r 2000 AV booklet 1; WM 204 R311r 2000 AV booklet 2; WM 204 R311r 2000 AV video

**DELIVERY OF HEALTH CARE**

**The future of our health and health system: stories of choice.** National Forum on Health: Ottawa, 1996
1 videocassette (30 min.): sd., col.; 1/2 in. (VHS)
*In late 1994, The Prime Minister launched the National Forum on Health to inform the public about health and health care and to suggest innovative ways to improve the system. This video is designed to engage Canadians in a dialogue about some of the key issues from the perspective of values and principles.*
Deer Lodge Centre Library: WA 540 DC2 F996fa 1996 AV

**Working together for health Simon Fraser Health; written by Helen Carkner, Deborah Carty.**
Communications Department: New Westminster, BC, 1999
1 videocassette (15 min.): sd., col.; 1/2 in. (VHS)
The Simon Fraser Health Region provides a wide array of services in acute care, continuing care, residential care, and community programs such as public health and mental health, to over 500,000 residents. THhs video is a short visual journey through the Health region.
Seven Oaks General Hospital Library: AV WA 546 DC2 1B8 W926w 1999

**DEMENTIA**
Abuse and the dementia patient. M. F. Bellantoni, Video Press, University of Maryland, School of Medicine; Terra Nova Films [distributor]: Baltimore, Md. Chicago, 2001
1 videocassette (21 min., 55 sec.) : sd., col. ; 1/2 in. videorecording
(Producer) Due to difficult behaviors exhibited by dementia patients, care of this special and vulnerable population presents a significant challenge to nursing staff. Nursing staff look at ways to manage difficult and potentially abusive situations.
Misericordia Health Centre Library: WY 152 B436a 2001 AV

1 videodisc (3 hr.) : sd., col. ; 4 3/4 in. + 1 booklet (16 p.)
Through interactive classroom lecture, demonstration and on-site interactions with Alzheimer patients, this DVD helps professional caregivers to provide the best care for people with dementia.
Deer Lodge Centre Library; Grace General Hospital Library: WY 160 A28a 2003 AV

1 videocassette (20 min.) : sd., col. ; 1/2 in.
Deer Lodge Centre Library: WT 155 A478ak 2005 AV

4 videocassettes (ca. 23 min each) : sd., col. ; 13 mm + 4 workbooks.
Understanding Alzheimer disease: the link between brain and behaviour.

Alzheimer's and dementia : support groups for families and friends. Trinity Healthforce Learning ; Toronto: Carrolton, TX, 2005
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
"Family and friends go through many emotions when a loved one is diagnosed with Alzheimer's Disease or dementia. Often, family and friends do not know where to turn to learn more about the problems and have no one to talk to. Support groups are places where people can come together to discuss feelings, learn more about the disease, and exchange thoughts and ideas. This course focuses on support group structure, membership, and resources."--Container.
Deer Lodge Centre Library: WT 155 A478as 2005 AV

1 videocassette (30 min) : sd., col. ; 1/2 in. + 1 workbook (21 p.) (VHS)
Understanding the diagnosis -- What happens next? -- Treatment & management -- Issues & answers.,
Deer Lodge Centre Library Consumer Health: WT 155 A478ac 1996 AV

Alzheimer's disease. Dartmouth/Hitchcock Medical Centre; distributed by Medical Audio Visual Communications: Hanover, N.H., 1997
Doctor is in (Television program): 1 videocassette (28 min.) : sd., col. ; 1/2 in. VHS
This program offers ideas to caregivers on how to manage the effects of the disease on their loved ones. Through the stories of three families, it demonstrates practical strategies for keeping people with Alzheimer's engaged in life, and for helping to delay the onset of more severe symptoms.
Alzheimer's disease ... let's talk about it: questions and answers. GlaxoWellcome: Research Triangle Park, NC, 1996
1 videocassette (14 min., 47 sec.) : sd., col. ; 1/2 in. (VHS)
"For families with loved ones suffering from Alzheimer's, this brief video brings common questions -- and
their answers -- out in the open." --Container
Deer Lodge Centre Library Consumer Health: WT 155 A478ah 1996 AV

Alzheimer's disease: behavior management and the environment. Trinity Healthforce Learning ;
Toronto: distributed by Medical Audio Visual Communications: Carrollton, TX, 2004
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
(Producer) Participants learn the focus and the philosophy of behavior management for people with
Alzheimer's disease. How the environment plays a key role in putting the philosophy into practice is
also covered.
Deer Lodge Centre Library: WT 155 A49a 2004 AV

Alzheimer's disease: designing a special care unit. Primedia Healthcare ; Toronto: Carrollton, TX, 2003
1 videodisc (45 min.) : sd., col. ; 4 3/4 in.
Deer Lodge Centre Library: WT 155 A478ad 2003 AV

Alzheimer's disease: helping yourself help a loved one: workshop materials. Alliance for Aging
Research: Washington, DC, 2008
1 guide (12 p.), 5 folded sheets (8 p.), 5 workbooks (16 p.), 1 DVD (12 mm.); in portfolio 30 x 22 x 2 cm.
Deer Lodge Centre Library: WT 155 A4781ad 2008

Alzheimer's disease: S.A.F.E. response techniques in crisis situations. Alzheimer's Research Center of
Connecticut: Plantsville, CT, 2001
1 videocassette (21 min.) : sd., col. ; 1/2 in. (VHS) + 1 guide.
Addresses the specialized needs of individuals with Alzheimer's disease and focuses on appropriate safe
verbal and physical responses during crisis situations.
Deer Lodge Centre Library: WT 155 A4785ad 2001 AV

1 videocassette (60 min.) : sd., col. ; c 1/2 in. (VHS)
"In this video, doctors and mental health professionals discuss the Alzheimer's disease history,
progression, and most current research and offer strategies for coping with day-to-day
life"--Container.
Deer Lodge Centre Library Consumer Health: WT 155 A478ae 1996 AV

1 videocassette (30 min.) : sd., col. ; 1/2 in. (VHS)
"Explores recent research advances in understanding the genetic origins of Alzheimer's disease and the
mechanisms that provide hope for delayed onset, improved treatment, and an ultimate
cure."--Container
Deer Lodge Centre Library: WT 155 A4785ac 1997 AV

Alzheimer's disease and nutrition. Primedia Healthcare : Trinity Healthcare Learning ; Toronto:
Carrollton, TX, 2003
In focus (Carrollton, Tex.): 1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
(Producer) Patients with Alzheimer's Disease often have nutritional challenges. This program provides
strategies for reducing mealtime obstacles and confusion. Suggestions for arranging food on the plate, using memory aids, serving several small meals and supplementing with healthy snacks are addressed.

Deer Lodge Centre Library: WT 155 A49an 2003 AV

**Alzheimer's disease, is it delirium or dementia? : Alzheimer's disease level I.** National Educational Video; Toronto: Naples, FL, 2005
1 videodisc (24 min.) : sd., col. ; 3 3/4 in. + 1 guide.
*Covers a number of topics related to working with Alzheimer's patients in residential facilities: the normal changes that come with aging that can affect orientation, such as physical changes in the brain, diseases of the elderly, cognitive changes, and vision and hearing loss; the differences between delirium and dementia; the characteristics of the stages of deterioration with Alzheimer's disease; and advice for health care providers in communicating with Alzheimer's patients.*

Deer Lodge Centre Library: WT 155 A478ab 2004 AV; WT 155 A478ab 2004 AV guide

**Alzheimer's disease, is it delirium or dementia? : Alzheimer's disease level I.** National Educational Video; Oakville: Naples, FL, 2002
1 videocassette (23 min.) : sd., col. ; 1/2 in. + 1 program guide (20 leaves in binder (30cm.).)
*Covers a number of topics related to working with Alzheimer's patients in residential facilities: the normal changes that come with aging that can affect orientation, such as physical changes in the brain, diseases of the elderly, cognitive changes, and vision and hearing loss; the differences between delirium and dementia; the characteristics of the stages of deterioration with Alzheimer's disease; and advice for health care providers in communicating with Alzheimer's patients.*

Grace General Hospital Library: WT 155 A478a 2002 AV

**Alzheimer's level II : the new culture for treatment.** National Educational Video; Toronto: Naples, Fla., 2004
1 videodisc (53 min.) : sd., col. ; 4 3/4 in. + 1 program guide (19 leaves ; 28 cm.)
"Discusses ethical issues, family issues and the challenges of behavioral management in the resident with Alzheimer's."--Program guide.

Deer Lodge Centre Library: WT 155 A478ar 2004 AV; WT 155 A478ar 2004 AV guide

**Avoiding restraints in older adults with dementia.** Terra Nova Films: Chicago, IL, 2009
*Videos on aging and elderhood.:* 1 videodisc (DVD) (ca. 41 min.) ; sd. col. ; 12 cm.
Assessing the patient and intervening to eliminate restraint use -- Best practices in preventing restraint use in older adults with dementia -- Working forward: coordinating care and resources to maximize health status., *Explores interventions healthcare providers can use to avoid chemical and physical restraints in older adults with dementia. The DVD covers the consequences of using restraints, as well as practical alternatives to restraints, including furniture design, bed and chair alarms, protective belts, and arm sleeves. It also discusses cognitive impairment and the use of restraints, and how to proceed when restraints are deemed necessary.*

Deer Lodge Centre Library: WM 35 A961a 2009 AV

**Best friends.** Distributed by Health Professions Press: Baltimore, Md., 1997
1 videocassette (18 min.) : sd., col. ; 1/2 in. (VHS)
(Producer) *Introduces the "best friends" approach to caring for older people with Alzheimer's disease and related dementias. In the Helping Hand Program, volunteers provide one-to-one attention to patients and thereby give respite for family caregivers.*

Deer Lodge Centre Library: WT 155 B561ba 1997 AV
Beyond memory a documentary about dementia. S. Bartlett, M. LeRose and National Film Board of
Canada., National Film Board of Canada,: Montréal, Québec, 2007
1 videodisc (76 min.) : sd., col., stereo. ; 4 3/4 in. videorecording :
Five individuals and families profiled offer an essential lesson about living each day with Alzheimer's and
dementia.
Deer Lodge Centre Library Consumer Health: WM 220 B573b 2007 AV

Breaking the silence : giving voice to persons living with dementia. University of Waterloo: Waterloo,
ON, 2004
1 DVD (38 min.) : sd., col. ; (12 cm.)
This video offers persons with dementia and their families a chance to speak for themselves by sharing their
"lived" experiences - describing their issues, concerns and experiences from their personal
perspectives. "Breaking the Silence" progresses through three key themes: a) The Faces of and
Realities of Dementia; b) Social-Psychological Aspects of Dementia and the Work of MAREP; and
concludes with c) Listening to the voice of Persons with Dementia. This video provides powerful
insight as to what can be gained when we listen to and respect the perceptions of persons living
with dementia.
Deer Lodge Centre Library: WM 220 B828b 2004d AV

Caring for patients with late stage dementia. Video Press UMB School of Medicine: Baltimore, Md.,
2005
1 videocassette (20 min.) : sd., col. ; 1/2 in.
Deer Lodge Centre Library: WM 220 C277c 2005 AV

Challenges associated with dementia. Deer Lodge Centre: Winnipeg, 2007
1 videocassette (77 min.) : sd., col. ; 1/2 in. VHS
Objectives - review the dementias; examine the impact of dementia on behaviour; review behaviour
management strategies; and discuss behaviour mapping.
Deer Lodge Centre Library: WM 220 S852c 2007 AV

Communicating with moderately confused older adults. Mental Health Outreach Network: Duluth,
MN, 1997
1 videocassette (19 min., 43 sec.) : sd., col. ; 1/2 in. + 1 guide (26 p.).
(Producer) Older adults with dementia find special ways to adapt and can even thrive when approached
with realistic expectations in an appropriate setting. This program focuses on the middle stages of
Alzheimer's disease, the most common type of progressive dementia.
Deer Lodge Centre Library Consumer Health: WT 155 C734cb 1997 AV

Communicating with severely confused older adults. Mental Health Outreach Network ; Mississauga:
Duluth, Minn., 1997
1 videocassette (19 min., 55 sec.) : sd., col. ; 1/2 in.
(Producer) This program focuses on the final stages of Alzheimer's disease, the most common type of
progressive dementia. Many of the characteristics of individuals with Alzheimer's disease and
corresponding communication techniques at those stages are seen in part with other types of
dementing illness processes. Much of this information may be applied to other dementia disorders
as well.
Deer Lodge Centre Library: WT 155 C734c 1997 AV

Communication techniques for clients with dementia. McMaster University Audio Visual Services:
Hamilton, ON, 1997
Demonstrates how good communication techniques for clients with dementia in a care facility can facilitate therapeutic interventions and optimize participation of elders in their health care. Describes symptoms of dementia; common stressors and effective verbal and non-verbal communication techniques.

Deer Lodge Centre Library: WM 220 C734c 1997

**Coping with Maggie: caring for Margaret: communicating through behaviour: a person-centred approach to caring for people with dementia.** Homefirst Community Trust: Ballymena, Ireland, 2002

1 videocassette (55 min.) : sd., col. ; 1/2 in. VHS + 1 manual (207 leaves in binder)

This video offers insight into the subjective world of people with dementia. The video follows Margaret as she strives to maintain her dignity and composure as the world she knows disintegrates. Also portrayed is the care delivered to her, often with good intentions, but at times insensitively.

Deer Lodge Centre Library: WM 220 C783c 2002 AV; WM 220 C783c 2002 AV manual

**Dancing inside: an Alzheimer’s story.** Auguste: Upper Tantallon, N.S., 1997

1 videocassette (51 min.) : sd., col. ; 1/2 in. VHS + 1 facilitator’s guide

This program tells the story of Helen, a retired teacher and her son Edward and their lives with Helen’s Alzheimer’s Disease. The film goes from the diagnosis to the final moment of Helen’s life. The character of Helen is portrayed, to deeply moving effect, by a puppet. The program concludes with a panel discussion.

Deer Lodge Centre Library: WT 155 D173d 1997 AV; WT 155 D173d 1997 AV guide

**Darkness in the afternoon.** Dementia Services Development Centre: Stirling, Scotland, 2002

1 videocassette (15 min.) : sd., col. ; 1/2 in. VHS + 1 booklet (16 p. : col. ill.)

For use in training health, social services and voluntary organisation staff and family carers.

Deer Lodge Centre Library: WM 220 C811d 2002 AV

**Dealing with dementia: the frustrated physician.** Apex Productions: West Palm Beach, Fla., 2001

1 videocassette (16 min. 15 sec.) : sd., col. ; 1/2 in. (VHS)

The current medical environment is not particularly friendly or receptive to older consumers. Typical medical care of the elderly results in inadequate time with patients (consumers) and neglects input from caregivers and allied health care workers. This video illustrates major flaws in the American system. Includes a discussion of how physicians can work more effectively with consumers, caregivers and other health professionals.

Deer Lodge Centre Library: WM 220 D279da 2001 AV

**Dealing with physical aggression in caregiving: non-physical and physical interventions.** Terra Nova Films: Chicago, Ill., 1999

3 videocassettes (68 min.) : sd., col. ; 1/2 in. + 1 workbook (iv, 19 p.)

First session (21:00) -- Second session (25:00) -- Third session (22:00), (Producer) Teaches staff at residential facilities procedures for avoiding and containing aggressive behaviors by patients with dementia.

Concordia Hospital Library: WM 600 D279d 1999 AV

**Dementia.** J. Moats and Winnipeg Regional Health Authority, Winnipeg Regional Health Authority,: [Winnipeg], 2008

Care of older adults lecture series: 1 DVD (59 min.) : sd., col. (12 mm.) videorecording.

Deer Lodge Centre Library; Misericordia Health Centre Library: WM 220 M687d 2008 AV
**Dementia & alzheimer's caregiving : through the looking glass.** Coastal Training Technologies Corp.: Virginia Beach, VA, 2005
1 DVD (23:07 min.) : sd., col. ; 12 cm. +1 guide 16 p.
(Producer) There are five million victims in the U.S. alone. This compelling program can help caregivers learn patience and exercise creative problem-solving techniques when dealing with patients.
Deer Lodge Centre Library: WT 155 D376de 2005 AV; WT 155 D376de 2005 AV guide

**Dementia : behaviour management.** Baycrest Centre for Geriatric Care: North York, Ont., 1999
1 videocassette (30 min.) : sd. col. ; 1/2 in. (VHS)
Deer Lodge Centre Library: WM 220 D376do 1999 AV

**Dementia : diversional activity recommendations.** Trinity Healthforce ; Toronto : Medical Audio Visual Communications: Carrollton, TX, 2005
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
"People with dementia sometimes seem to behave in an aggressive or agitated manner. This behavior is usually not intentional. Residents with dementia often act out of boredom. Activity professionals who recognize when residents are exhibiting negative behaviors and are able to redirect residents into stimulating activities often can head-off negative behavior before it interferes with other residents."
Deer Lodge Centre Library; Misericordia Health Centre Library: WM 220 D376dd 2005 AV

**Dementia in long term care : how dementia affects care planning.** ElderCare Communications Inc.; Indianapolis: S.l., 2008
1 videodisc (DVD) (29 min.) : sd. col. ; 12 cm.
Deer Lodge Centre Library: WY 152 D376d 2008 AV

**Dementia with dignity.** Distributed by Concept Media: Irvine, CA, 2006
4 videodiscs : ill. ; 4 3/4 in. + instructor's guides and self-grading tests on 2 CD-ROMs.
DVD 1. Enhancing quality of life (203.1) -- DVD 2. Communicating effectively (2003.2) -- DVD 3. Meeting the special challenges (203.3) -- DVD 4. Dementia and resident rights: freedom of sexual expression (203.4) -- CD-ROM 1. Instructor's guide in PDF format -- CD-ROM 2. Self-grading tests. "The first three programs in this series demonstrate not only how to greatly enhance the elder's quality of life but also the importance of creating a safe environment. In addition, they illustrate practical strategies for dealing with many of the effects of dementia, including combative or uninhibited behavior, sleeplessness, wandering, delusions, and anxiety. The fourth program, narrated by Anne Meara, deals with sexuality of elders living in residential facilities. It tastefully shows various sexual expressions, the effect of those expressions on others, and methods to allow freedom of sexual expression while maintaining a comfortable environment for other residents and staff."
Concordia Hospital Library: WM 220 D376dx 2006 AV

**Dementia with dignity.** Eastway Communication; Woodstock: Crows Nest, N.S.W., 2002
1 videocassette (ca. 60 min.) : sd., col. ; 4 3/4 in.
pt. 1. Continuing a familiar lifestyle (ca. 15 min.) -- pt. 2. Making the most of abilities (ca. 6 min.) -- pt. 3. Relating and communicating (ca. 17 min.) -- pt. 4. Strange and disruptive behaviour (ca. 22 min.).
Contains opinions and general practical advice about caring for people with dementia.
Concordia Hospital Library; Deer Lodge Centre Library Consumer Health: WY 152 D376d 2002 AV

**Dementia with Dignity.** Terra Nova Films distributor: Chicago, Ill., 2007
This video is geared to professional and family caregivers, which shows that quality of life can be greatly enhanced for persons with dementia when caregivers understand the varied effects of dementia; learn how to communicate and respond to the specialized needs of the person with the illness; strengthen and encourage use of the remaining skills the person has in order to build self-esteem and stimulate intellectual abilities.

Grace General Hospital Library: WM 220 D376d 2007 AV

**Depression, delirium & dementia.** Deer Lodge Centre: Winnipeg, 2001
1 videocassette (75 min.) : sd., col. ; 1/2 in. VHS + 1 guide.
Deer Lodge Centre Library: WM 171 D424d 2001 AV; WM 171 D424d 2001 AV guide

**Disorders of personality : another layer in caring for those living with dementia.** Deer Lodge Centre: Winnipeg, 2009

**The Edinburgh feeding & dementia scale.** Terra Nova Films: Chicago, IL, 2009

**Videos on aging and elderhood.** 1 videodisc (DVD) (38 min.) : sd. col. ; 12 cm.
Observing eating behaviors, and targeting interventions -- Understanding how dementia affects one's ability to eat., Older adults with dementia often have an added risk of poor nutrition and hydration, due to cognitive loss. The Edinburgh Feeding and Dementia Scale equips caregivers to observe the older adult for eating or feeding difficulties, and target specific interventions that increase nutritional intake. Includes suggestions on when and how often to do an assessment to ensure accuracy. Caregivers will also find helpful insights on how older adult's ability to eat is affected by late-stage Alzheimer's.
Deer Lodge Centre Library: WM 220 E23e 2009 AV

**Enhancing self and sense of home : environmental sensitivity training video.** Distributed by Health Professions Press: Baltimore, Md., 1998
1 videocassette (33 min.) : sd., col. ; 1/2 in.
(Producer) What makes a place feel like home? How necessary is this feeling to the smooth operation of a facility for people who are experiencing dementia? Viewers will learn the ways in which personal needs are fulfilled within homelike settings and how a facility can improve resident functioning by making simple adaptations in the physical and caregiving environments. Through individual resident profiles, this video illustrates facility staff using a step-by-step process to identify problem areas, recognize underlying needs that aren't being met, and then create more supportive, homelike solutions.
Deer Lodge Centre Library: WT 155 E54e 1998 AV

**Ex memoria.** Bradford Dementia Group : Missing in Action Films: Bradford, 2006
1 videodisc (15 min.) : sd., col. ; 4 3/4 in. + 1 guide.
"Ex Memoria takes us into a day in the life of Eva, putting us face to face with one person's experience of old age. Boldly confronted with Eva's lived reality as she weaves together the momentary, the half-remembered, and the partly-imagined, we witness her troubled past returning to haunt the present. Ex memoria is filmed in a way that highlights Eva's view of events. It invites us to consider what it's like to be an old person with dementia receiving care, trying to make sense of past and present. Without dictating what we should think or do, it reminds us to reflect, discuss and try to understand.
Deer Lodge Centre Library: WM 220 E96e 2006 AV; WM 220 E96e 2006 AV guide; WM 220 E96e 2006
AV handout

**Favourite Canadian memories.** Innovative Caregiving Resources ; Chicago: Salt Lake City, Utah, 1996
1 videocassette (32 min.) : sd., col. ; 1/2 in. (VHS)
*Join Dawn, her baby, and others in sharing some 'Favorite Canadian Memories'.*
Deer Lodge Centre Library Consumer Health: WT 155 F275fa 1996 AV

**Freedom of sexual expression : dementia & resident rights in long-term care facilities.** Hebrew Home for the Aged at Riverdale ; Chicago: Riverdale, N.Y., 2002
1 videocassette (16 min., 35 sec.) : sd., col. ; 1/2 in.+1 manual (16 p.)
(Producer) This video covers all of these questions as it highlights the critical need for long-term care facilities to maintain written policies and procedures regarding sexual expression and physical protection, particularly among residents with dementia. The program reinforces the fact that basic desires for love and touch transcend any perceived boundaries of age and dementia. The video tastefully explores various types of sexual expression, the effects of these expressions on the residents, and the resident's right to express these emotions in ways that are not harmful to themselves or others. The video also acknowledges that the continued pleasures of touch and intimacy can benefit the resident's emotional well-being by easing feelings of loneliness and depression.
Deer Lodge Centre Library: WT 155 F853f 2002 AV; WT 155 F853f 2002 AV manual

**Gaining the perspective : 32 causes of alzheimer's aggression.** Edgewater: Seagrave, Ont., 1997
1 videocassette (52 min.) : sd., col. ; 1/2 in. (VHS)
Seven Oaks General Hospital Library: AV WT 155 F118ga 1997

**Gaining the perspective : the symptoms of alzheimer's.** Edgewater: Seagrave, Ont., 1997
1 videocassette (48 min.) : sd., col. ; 1/2 in. (VHS)
Seven Oaks General Hospital Library: AV WT 155 F118g 1997

3 videocassettes (57 min.) : sd., col. ; 1/2 in.
[v.1]. Recognizing pain (17 min.). -- [v.2.] Communicating with the Alzheimer patient (20 min.). -- [v.3]. Maintaining independence and involving the Alzheimer patient., Rabins talks to caregivers about various methods for communicating with Alzheimer patients.
Deer Lodge Centre Library: WT 155 G946g 2003 AV v.1; WT 155 G946g 2003 AV v.2; WT 155 G946g 2003 AV v.3

**He's doing this to spite me : emotional conflicts in dementia care.** Northwest Media: Eugene, OR, 1999
1 videocassette (22 min., 50 sec.) : sd., col. ; 1/2 in. + 1 workbook (19 p. : ill. ; 28 cm.)
"Three caregivers openly share their experiences and frustrations as they interact with their loved one who has dementia. These scenes are integrated with comments and evidence from professionals in the field of dementia care. The result is a video that teaches caregivers (both families and professional) how to reframe the caregiving dynamic into one that is more comfortable and productive for both the caregiver and care-receiver."
--Container.
Deer Lodge Centre Library: WT 155 H583h 1999 AV; WT 155 H583h 1999 AV wkbk.

**I'm still here : a research-based drama on living with dementia.** Murray Alzheimer Research and Education Program: Waterloo, Ont., 2007
1 videodisc (56 min.) : sd., col. ; 4 3/4 in. + 1 guide (vi, 132 p.)
Deer Lodge Centre Library; Misericordia Health Centre Library: WM 220 I31i 2007 AV; WM 220 I31i
1 videocassette (20 min.) : sd., col. ; 1/2 in.

(Producer) In a discussion with several caregivers, Peter Rabins, MD identifies the do's and don't of interacting with individuals with Alzheimer disease. Do's include: using distraction; positive reinforcement, and repetition; and encouraging maximum independence and favorite activities of the past. Don'ts include: never responding in anger; never using ridicule; and never asking patient to do something no longer possible.

Deer Lodge Centre Library: WT 155 R116i 2000 AV

Interactions with dementia patients. AXIS Kommunikation GmbH: Hamburg, Germany, 2000
1 videocassette (38 min.) : sd., col. ; 1/2 in. VHS

Video shows scenarios of everyday meal interactions between dementia patients and nurses.
Recommendations for perceptional and behavioural training are given.

Deer Lodge Centre Library: WM 220 I61ia 2000 AV

Into the other lane: driving and dementia. Terra Nova Films: Chicago, IL, 2010
Videos on aging and elderhood: 1 videodisc (DVD) (56 min.) : sd., col. ; 12 cm.

This two-part DVD presents a compassionate, yet realistic, portrait of the many issues faced by persons with dementia, (and their caregivers) when a decision has to be made about giving up driving.

Deer Lodge Centre Library: WT 155 I61ia 2010 AV

1 videocassette (14 min.) : sd., col. ; 1/2 in. (VHS) + 1 program coordinator's guide, 1 press kit, 1 caregiver's resource guide, 1 slide/lecture kit, 4 booklets, 1 pamphlet, 1 participant evaluation form and 1 coordinator evaluation form: in box (38 x 27 x 8 cm.)
The video introduces patients and caregivers to Alzheimer's disease, including signs to watch for and the importance of an early diagnosis. You'll hear first-hand accounts from people with the disease and their stories show how the right care, support and treatment can help you better manage the disease.

Deer Lodge Centre Library Consumer Health: WT 155 K26k 1998 AV

Learning to speak Alzheimer's: an introduction to the habilitation approach to care. Terra Nova Films; Woodstock: Chicago, IL, 2008
1 videodisc (DVD) (32 min.) : sd., col. ; 12 cm.

"Applying the basic concept of habilitation ... the video shows how to create a suitable environment in which the person can lead a quality life through proactive adjustments. The practical information in this video will enhance the physical, psycho-social, and sensory world of the person with alzheimer's."

Deer Lodge Centre Library: WT 155 C839Lb 2008 AV

Lewy body dementia. D. Dyck and Deer Lodge Centre (Winnipeg Man.), Deer Lodge Centre; [Winnipeg], 2008
1 DVD (43 min.) : sd., col. ; (12 mm.) videorecording.

Deer Lodge Centre Library: WL 359 D994L 2008 AV

Looking beyond words: dementia in the elderly. Primedia Workplace Learning; Toronto: Carrollton, TX, 2005
Nurse's station. : 2 videocassettes (60 min.) : sd., col. ; 1/2 in.

(Producer) Understanding and supporting a resident with dementia require caregivers to look beyond the resident's words. Focuses on analyzing the behavioral symptoms and messages the person with dementia is sending, and explores a framework for identifying the triggers of these behavioral symptoms. Strategies for refocusing behavior are also addressed. Part I considers the early stages of dementia, and Part II focuses on the advanced stages.

Concordia Hospital Library: WY 152 L66l 2003 AV v.1; WY 152 L66l 2003 AV v.2

Managing difficult resident behavior. Caresource Healthcare : Terra Nova Films: Seattle, WA, 2005
1 videodisc (20 min.) : sd., col. ; 4 3/4 in. + 1 presenter's guide.
Deer Lodge Centre Library: WM 220 M266m 2005 AV; WM 220 M266m 2005 AV guide

1 videocassette (40 min.) : sd., col. ; 1/2 in.
(Producer) Viewers will learn to appreciate the challenges presented by typical residential facilities when residents have to navigate daily activities with age-related cognitive and sensory deficits. With simple changes to the environment, facility staff can maximize functional independence and minimize excess disabilities. Here is a step-by-step process for identifying barriers and finding respectful, supportive solutions. Through individual profiles of residents, viewers learn to apply this problem-solving method to some of the common challenges presented by toileting, dressing, and mealtime activities in long-term care facilities.

Deer Lodge Centre Library: WT 155 M464m 1998 AV

Memorable movements : exercise program. Functional Fitness: Houston, TX, 2000
1 videorecording (32 min.) : sd., col. ; 1/2 in. VHS + 1 manual (20 p.)
Video focuses on working with individuals who have memory loss or behavioural disturbances. The goal is to help the individual decrease behavioural disturbances and maintain quality of life.

Deer Lodge Centre Library Consumer Health: WM 220 B857m 2000 AV; WM 220 B857m 2000 AV manual

Mini-Cog. Terra Nova Films: Chicago, IL, 2007
How to try this ; 6. : 1 videodisc (DVD) (31 min.) : sd., col. ; 12 cm.
Administering and interpreting the Mini-Cog -- Using the Mini-Cog to screen for cognitive impairment -- Care planning for potential dementia. Discusses the Mini-Cog screening tool that can uncover cognitive impairment in its earliest stages.

Deer Lodge Centre Library: WT 150 M665m 2007 AV

My challenge with Alzheimer's disease. Terra Nova Films ; Woodstock: Chicago, Ill., 1996
1 videocassette (16 min.) : sd., col. ; 1/2 in. (VHS)
(Producer) In this video, My Challenge with Alzheimer's Disease, we meet Beverly Wheeler, who was diagnosed with Alzheimer's disease in her mid-fifties. Alzheimer's disease is a progressive, degenerative disease that affects the brain and leads to changes in memory, judgment, thinking and behavior. However, when a person is diagnosed while in the early stages of the disease, they may for a number of years be only mildly impaired and living full and healthy lives in other ways. In this interview Beverly talks about her experiences before, during and after the diagnosis. She discusses the changes that have taken place in her life, how other people perceive her and how the diagnosis was handled by her employer and the medical profession. She also talks about life and hope, issues that are not usually associated with Alzheimer's disease.

Deer Lodge Centre Library Consumer Health: WT 155 M995m 1996 AV
**Myrna, the mal-oriented.** N. Feil: United States, 1997
1 videocassette (26 min.) : sd., col. ; 1/2 in.  
(Producer) A case study of Myrna, an 86-year-old woman with dementia, demonstrates correct and incorrect ways to communicate with mal-oriented individuals. The story illustrates the practical application of Validation techniques to resolve typical problems behaviors, such as wandering, anger, and confusion.  
Deer Lodge Centre Library: WT 155 F297m 1997 AV

**Oh dear, what can the matter be.** University of Stirling: Stirling, Scotland, 2004
1 videocassette (18 min.) : col., sd., 1/2 in. VHS  
This programme is about encouraging people with dementia to stay active. It explains how to help them to stand up and looks at rehabilitation.  
Deer Lodge Centre Library: WM 220 O36oa 2004 AV

**Oh good, lunch is coming : a programme to help staff encourage people with dementia to eat and drink well.** University of Stirling: Stirling, Scotland, 2002
1 videocassette (20 min.) : col., sd., 1/2 in. VHS  
This programme is about encouraging people with dementia to eat and drink well. It covers lunch clubs, menu choices, Vitamin D deficiency, swallowing problems, and ideas to stimulate appetite.  
Deer Lodge Centre Library: WM 220 O36o 2002 AV

**One-to-one : towards a deeper level of communication /cproduced by John Killick, Alan Chapman and Pathway Productions.** University of Stirling: Stirling, Scotland, 1997
1 videocassette (28 min.) : sd., col., 1/2 in. (VHS) + 1 guide (20 p.)  
Purpose: To encourage a critical discussion of interactions and responses to people with dementia, and to discriminate between productive and ineffectual approaches.  
Deer Lodge Centre Library: WM 220 K48o 1997 AV

**Oral care for residents with dementia.** Registered Nurses' Association of Ontario and Halton Regional Health Dept. (Ont.), Registered Nurses Association of Ontario,: [Toronto, ON], 2007
1 DVD (16 min.) : sd., col. ; (12 mm.) videorecording.  
Deer Lodge Centre Library: WU 113 O63o 2007 AV

**Problem behaviors in geriatrics : agitation and restlessness.** Geriatric Video Productions: Indianapolis, Ind., 1996
1 videocassette (24 min.) : sd., col. ; 1/2 in. (VHS) + 1 booklet [21 p.]  

**Professional dementia care : solving problems.** Orcas: Eugene, OR, 2004
3 videocassettes (61 min.) in container : sd., col. ; 1/2 in. + 1 facilitator's guide.  

**Professional dementia care : when bad things happen.** Orcas: Eugene, OR, 2000
4 videocassettes (56 min.) in container : sd., col. ; 1/2 in. + 1 facilitator's guide.  
pt. 1. When bad things are said; racist comments -- pt. 2. When bad things are said; sexual talk -- pt. 3. When bad things are said; insults -- pt. 4. When a resident dies., Demonstrates communication
**Skills needed when caring for patients with dementia.**
Deer Lodge Centre Library: WM 220 P964pb 2000 AV; WM 220 P964pb 2000 AV fac.gd

**Recognition of dementia in hospitalized older adults.** Terra Nova Films: Chicago, IL, 2008
*How to try this; 5.*: 1 videodisc (DVD) (30 min.) : sd., col.; 12 cm.
Screening for dementia: using the recognition of dementia tool -- Recognizing dementia: implications for patients, clinicians and care -- Debriefing: identifying memory loss and areas of concern -- Care planning to improve outcomes and minimize risks., *Illustrates the use of Recognition of Dementia In Hospitalized Older Adults screening tool to identify signs of dementia.*
Deer Lodge Centre Library: WM 220 R311ra 2008 AV

**Recognizing and responding to emotion in persons with dementia.** The Center ; Chicago: Philadelphia, Pa., 1997
1 videocassette (25 min., 30 sec.) : sd., col.; 1/2 in.
*(Producer)* This film interprets the emotions of people with dementia. Persons with dementia who can no longer verbally communicate their likes and dislikes can still express their preferences to caregivers -- provided the caregivers know what to look for in the residents' facial expressions and body language. Learning how to recognize and understand these expressions is a crucial part of providing care for these persons.
Deer Lodge Centre Library: WM 220 R311r 1998 AV

**Resisting care-- putting yourself in their shoes.** Assisted Living Federation of America: Oakton, VA, 1997
1 videocassette (14 min., 17 sec.) : sd., col.; 1/2 in. (VHS)
*(Producer)* Alzheimer's experts outline the best practices for caregivers to avoid or reduce situations which lead to resistance to care by patients. Demonstrates the importance of patience and compassion in the care of patients with dementia.
Deer Lodge Centre Library: WT 155 R433ra 1997 AV

**Simple comforts : life enrichment activities for people with dementia.** Alzheimer Education ; Indianapolis: New Ryde, NSW, 2003
1 videocassette (83 min.) : sd., col.; 1/2 in. + 1 study guide.
Deer Lodge Centre Library: WT 155 S612s 2003 AV; WT 155 S612s 2003 AV guide

**Solving bathing problems in persons with Alzheimer's disease and related dementias.** Alzheimer's Association: Chicago, Ill., 1996
1 videocassette (22 min.) : sd., col.; 1/2 in. + 1 guide (68 p.)
*(Producer)* Bathing a person with Alzheimer's disease can involve some special problems. This video will help sensitize and train your staff to deal productively with those problems.
Deer Lodge Centre Library: WT 155 S634s 1996 AV; WT 155 S634s 1996 guide AV

**Standardized mini-mental state examination (SMMSE) : a video guide for the primary care physician.** Pfizer Canada: Hamilton, Ont., 2000
1 videocassette (15 min.) : sd.,col.; 1/2 in. + 1 user's guide
Deer Lodge Centre Library; NJM Health Sciences Library: WM 145 M727m 1999 AV; WM 145 M727m 1999 AV guide; WM 145 M727m 1999 guide

**Strategies for dementia communication skills for professional caregivers.** Orcas: Eugene, OR, 2000
4 videocassettes : sd., col.; 1/2 in. + 1 facilitator's guide
pt. 1: Dementia overview (13 min.) -- pt. 2: Speaking skills (21 min.) -- pt. 3: Redirecting skills (19 min.) -- pt. 4: Communication cards (17 min.), *Video set demonstrates communication and*
problem-solving skills for dealing with patients with dementia.
Concordia Hospital Library; Deer Lodge Centre Library: WM 220 S898s 2000 AV guide; WM 220 S898s 2000 AV video

Support for Alzheimer's families: caring for the true victims of Alzheimer's. Robin Miller:
Bethlehem, Pa., 2001
1 videocassette (14 min.): sd., col.; 1/2 in. (VHS)
This film examines how to maximize remaining ability. While at the same time caring for the true victims of Alzheimers, the family, who mourn as long as the patient lives.
Deer Lodge Centre Library Consumer Health: WT 155 S959s 2001 AV

Those good ole school days. Innovative Caregiving Resources: Salt Lake City, 1998
1 videocassette (50 min.): sd., col.; 1/2 in. (VHS) + 1 booklet
Narrated by Susie who helps viewers fondly relive, and even laugh at, some of "Those Good Ole School Days: on a trip down Memory Lane.
Deer Lodge Centre Library Consumer Health: WT 31 T523t 1998 AV

Time slips: creative storytelling with people with dementia. Terra Nova Films: Chicago, IL, 1998
1 videocassette (10 min.): sd., col.; 1/2 in.
(Producer) Teaches staff and volunteers how to engage people with dementia in creative storytelling.
Documents how caregivers can work (play!) with those who have dementia to create new and imaginative stories through the use of intriguing photographs.
Deer Lodge Centre Library: WT 155 T583t 1998 AV; WT 155 T583t 1998 AV guide

Understanding behavioural and psychological symptoms of dementia (BPSD). L. A. Stewart-Archer and Winnipeg Regional Health Authority, Winnipeg Regional Health Authority, Winnipeg, 2008
Care of older adults lecture series: 1 DVD (54 min.): sd., col. (12 mm.) videorecording.
Concordia Hospital Library; Misericordia Health Centre Library: WM 220 S849u 2008 AV

Understanding the confused resident. Fcs: Port Perry, ON, 1997
1 videocassette (20 min.): sd., col.; 1/2 in. VHS + 1 workbook (20 p.)
This series of videos deals with assisting families with the challenges of admitting a loved one to a long term care facility. This video is to help the family become comfortable with residents who are confused.

Wandering. University of Manitoba; J.W. Crane Memorial Library; Winnipeg Regional Health Authority: Winnipeg, Man., 2007
2 videocassettes (40 min.): sd., col.; 1/2 in. (VHS) + 1 manual, 1 videodisc (26 min., 11 sec.) , 1 book, 1 pamphlet, 6 articles; in box, 31 x 8 cm.
"This box contains resources suitable for educating personal home care staff on wandering behaviour.
From the J.W. Crane Memorial Library, University of Manitoba Health Sciences Libraries in consultation with the Winnipeg Regional Health Authority, Personal Care Program."--Label
Deer Lodge Centre Library: WT 150 W245w 2007 AV
Wandering in hospitalized older adults with dementia. Terra Nova Films: Chicago, IL, 2009

Videos on aging and elderhood.: 1 videodisc (DVD) (42 min.) : sd. col. ; 12 cm.
Identifying risk and reducing triggers for elopement -- Understanding, preventing, and managing wandering and elopement in patients with dementia.. This DVD shows caregiver staff how to integrate best practices in the prevention of wandering and elopement (wandering away), specifically in older adults with dementia. Potential triggers for these behaviours are outlined, along with proper screening of patients for risk factors. Emphasis is placed on preventive aids to reduce wandering, and the importance of understanding why patients tend to wander. The DVD provides an informative discussion on staff awareness of relevant security and HIPAA policies, if an elopement should occur.


3 videocassettes (171 min.) : sd., col. ; 1/2 in.
1. Maintaining mental health -- 2. Alzheimer's and dementia : caring for the caregiver -- 3. Depression : not a normal part of aging.. (Producer) Created to meet the needs of a steadily growing American senior population, this series addresses important issues that affect the quality of life of older men and women, as well as their spouses, family, and friends. Through scenes of daily living, interviews, and expert commentary, these programs provide valuable insights and advice on mental wellness, the key to successful aging.

When a loved one stops eating or drinking. Center for Healthcare Ethics: Orange, Calif., 1996

1 videocassette (10 min.) : sd., col. ; 1/2 in. (VHS)
Carol Bayley helps the son of an Alzheimer's patient understand the important elements involved in deciding about artificial nutrition/hydration.

Working with families of hospitalized older adults who have dementia. Terra Nova Films: Chicago, IL, 2009

Videos on aging and elderhood.: 1 videodisc (DVD) (32 min.) : sd. col. ; 12 cm.
Involving and informing families to improve care and outcomes -- How hospitalization can affect patients who have dementia. The benefits of improving care of hospitalized older adults who have dementia, by tapping into the wealth of information family members can provide, is shown in this pre-admission screening. The DVD shows the importance of identifying normal behavior patterns, individual preferences, and ADL capabilities, with the ultimate goal of preventing avoidable problems, and improving outcomes. How hospitalization can affect patients is also discussed, along with delirium prevention and fall prevention protocols.

Yesterday, today, tomorrow : providing quality dementia care. 2002

1 videocassette (90 min.) : sd., col. ; 1/2 in (VHS) + 1 manual (128 p.)
A video training program for care staff, featuring interviews with people with dementia, their families and their carers. The package is divided into eight sessions.

DEPRESSION

Depression "The grey drizzle of horror is not inevitable". B. Tallman and Winnipeg Regional Health Authority, Winnipeg Regional Health Authority,: [Winnipeg], 2008
Care of older adults lecture series: 1 DVD (43 min.) : sd., col. (12 mm.) videorecording.
Deer Lodge Centre Library: WM 171 T149d 2008 AV

**Depression and manic depression.** Dhmc: Lebanon, N.H., 1996
1 videocassette (28 min.) : sd., col. ; 1/2 in.
(Producer) Depression affects over 17 million Americans each year, and it’s been estimated that only one-third of this group gets any treatment, largely because of stigma and fear. The lack of treatment results in a high number of suicides, making this illness as fatal as any other illness and a public epidemic. This program explains the disease through the experiences of several people, including 60 Minutes host Mike Wallace, Kay Redfield Johnson, psychiatrist and author of a book on her life with manic-depressive illness; artist Lama Dejani; and State Dept. official Robert Boorstin. The program also provides an overview of the medications and therapy currently in use.
Deer Lodge Centre Library: WM 171 D424da 1996 AV

**Depression in older adults : the right to feel better.** Duke University ; Woodstock: Durham, N.C., 1997
1 videocassette (30 min.) : sd., col. ; 1/2 in. VHS
(Producer) Just produced by Duke University School of Medicine, this video presents interviews with patients who have experienced depression in late life. Commentary from several professionals expands upon the issues brought out in the interviews.
Deer Lodge Centre Library: WM 171 D424da 1997 AV

**Depression, delirium & dementia.** Deer Lodge Centre: Winnipeg, 2001
1 videocassette (75 min.) : sd., col. ; 1/2 in. VHS + 1 guide.
Deer Lodge Centre Library: WM 171 D424d 2001 AV; WM 171 D424d 2001 AV guide

**Diabetes and depression.** PRIMEDIA Workplace Learning : Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2005
1 videodisc (55 min.) : sd., col. ; 4 3/4 in.
(Producer) Discusses the commonalities of the symptoms of hyperglycemia and depression, and identifies links between diabetes and depression. Lists tools available to screen diabetics for depression. Describes the role of antidepressants and their effects on blood glucose control, and identifies antidepressants that may benefit patients with diabetic peripheral neuropathy.
Deer Lodge Centre Library; NJM Health Sciences Library: WK 835 D536dj 2005 AV

**The Geriatric Depression Scale (GDS) short form.** Terra Nova Films: Chicago, IL, 2007
How to try this ; 2.: 1 videodisc (DVD) (28 min.) : sd., col. ; 12 cm.
Demonstrating the GDS-SFscreening -- Recognizing geriatric depression -- The interpretation of the assessment -- The communication and utilization of findings., "Demonstrates the importance of improving quality of life by assessing and treating depression in older adults"--Container.
Deer Lodge Centre Library: WM 171 G369g 2007 AV

**Me depressed? don't make me laugh!** Fanlight Productions: Boston, MA, 1996
1 videocassette (46 min.) : sd., col. ; 1/2 in. (VHS)
Spike Mulligan presents this Australian made video in which people who suffer from depression and experts working in the field, talk about their experiences with depression and teach techniques that they have successfully used to manage and overcome it. The problem includes types of depression, maintaining daily activity, monitoring moods, controlling negative thoughts, the role of medication, helping families and friends, suicide prevention, where to go for help.
Deer Lodge Centre Library Consumer Health: WM 171 M478m 1996 AV
**Mixed anxiety and depression : a cognitive-behavioral approach with Dr. Donald Meichenbaum.**
Assessment and treatment of psychological disorders: 1 videocassette (68 min.) : sd., col. ; 1/2 in. (VHS)

Dr. Meichenbaum demonstrates an effective and brief approach for treating mixed anxiety and depression in this dramatic recreation of key moments in his 12 session course of therapy with a 40 year old woman who suffers from recurrent bouts of panic and has a long history of depression.

Deer Lodge Centre Library: WM 172 M685m 1996 AV

**DIABETES**

**Care of the patient with diabetes.** Lippincott-Raven: Philadelphia, PA, 1997
1 videocassette (28 min.) : sd., col. ; 1/2 in. VHS + 1 guide (7 p.)

*This video will describe pathophysiologic changes of diabetes mellitus, recognize common signs and symptoms of diabetes mellitus, anticipate nursing care and needs during diagnosis and treatment through disease progression, and during acute and continuing care stages, helps be aware of appropriate nursing interventions for the patient with Type II non-insulin-dependent diabetes mellitus.*

Grace General Hospital Library: WY 155 C271c 1997 AV

**Diabetes.** Concept Media: Irvine, CA, 2005
7 videodiscs : sd., col. ; 4 3/4 in. + 2 CD-ROMs.

  v.1. Physiology of glucose regulation -- v. 2. Pathology of diabetes -- v. 3. Nutrition therapy, exercise, and sick day management -- v. 4. Insulin and oral antidiabetic agents -- v. 5. Hypoglycemia, hyperglycemia and monitoring -- v. 6. Neuropathy, nephropathy and retinography -- v. 7 Cardiovascular disease and the diabetic foot.,

Concordia Hospital Library: WK 810 D536dv 2005 AV

1 videorecording (50 min.) : sd., col. ; 1/2 in (VHS)

*This comprehensive program identifies the different types of diabetes, available medications, acute and long term complications along with key factors to help you develop your skills to help your patients manage their diabetes. Includes how to define type 1 and type 2 diabetes, how to identify food that contain carbohydrates, explains the action of different types of oral agents and demonstrates a home glucose test.*

Deer Lodge Centre Library: WK 810 D536du 2000 AV

**Diabetes : what you need to know.** Deer Lodge Centre: Winnipeg, 2009
Elder friendly series: 1 DVD (29 min.) : sd. ; 12 mm

Deer Lodge Centre Library: WK 810 D536dt 2009 AV

**Diabetes and depression.** PRIMEDIA Workplace Learning : Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2005
1 videodisc (55 min.) : sd., col. ; 4 3/4 in.

(Producer) *Discusses the commonalities of the symptoms of hyperglycemia and depression, and identifies links between diabetes and depression. Lists tools available to screen diabetics for depression. Describes the role of antidepressants and their effects on blood glucose control, and identifies antidepressants that may benefit patients with diabetic peripheral neuropathy.*

Deer Lodge Centre Library; NJM Health Sciences Library: WK 835 D536dj 2005 AV

**Diabetes education : diet/nutrition.** RVision ; Niagara Falls: Denver, Colo., 2002
1 videocassette (26 min.) : sd., col. ; 1/2 in.
Provides highlights of eight diabetes education videos on self-care topics such as complications, diet and nutrition, monitoring, exercise, and medications.
Seven Oaks General Hospital Library: WK 810 N277d 2002 AV

**Diabetes education : overview.** RVision ; Niagara Falls: Denver, Colo., 2002
1 videocassette (28 min.) : sd., col. ; 1/2 in.
*Explains what Type 2 diabetes is and what causes the disease.*
Seven Oaks General Hospital Library: WK 850 D536d 2002 AV

**Diabetes foot and skin care : in step.** Milner-Fenwick: Timonium, MD, 2001
"This video includes information about using the monofilament testing to detect neuropathy. The video gives patients practical suggestions for maintaining healthy skin and feet, checking for problems, shoe selections, and more. It stresses the importance of good blood glucose control to prevent or delay the onset of the long-term complications of diabetes that can lead to foot problems."--Container.
Concordia Hospital Library; NJM Health Sciences Library Consumer Health: WK 835 D536dg3 2001 AV

**Diabetes update : the latest and greatest.** CPP Associates: Chicago, Ill., 2007
3 videodiscs (DVD) (ca. 300 min.) in 1 container : sd., col. ; 12 cm.
"Everything you have always wanted to know about diabetes--and then some! Join Barb for an entire day on Type 1 and Type 2 diabetes. Barb will give you the current thinking on the pathophysiology of both Type 1 and Type 2. The clinical manifestations will be correlated with the pathophysiology, as will the various classes of drugs used to treat the underlying insulin deficiency and/or insulin resistance. Barb will also discuss the complications of this disease--including microvascular and macrovascular complications involving all body systems. Lab tests will also be described--when to do them and how to interpret the results. Therapeutic lifestyle changes will be emphasized for both the prevention and the treatment of the disease."--Container.
Deer Lodge Centre Library: WK 810 B213d 2007 AV

**Getting a headstart on managing Type 2 diabetes.** Diabetes HeadStart: Oakville, ON, 2000
1 videocassette (12 min.) : col., sd. ; 1/2 in. VHS
Seven Oaks General Hospital Library: WK 810 G394g 2000 AV

**Hemodialysis foot health program.** St. Boniface Hospital: Winnipeg, 1997
3 videocassettes : sd., col. ; 1/2 in. VHS
Deer Lodge Centre Library: WK 835 H489h 1997 AV Pt.1; WK 835 H489h 1997 AV Pt.2; WK 835 H489h 1997 AV Pt.3

**Injecting insulin.** Milner-Fenwick: Timonium, MD, 2003
*Patient education video series in diabetes: 1 videocassette (20 min., 20 sec.) : sd., col. ; 1/2 in. (VHS)*
(Producer) Takes the viewer step by step through preparation of both a single and mixed dose of insulin using a needle and syringe. Also discusses the insulin pen and pump. Explains injection sites, and has updated sharps disposal information. Shows safe storage of insulin and what it should look like before use.
Seven Oaks General Hospital Library: WK 850 I56i 2003 AV

**Meeting the diabetes challenge in long-term care.** Medcom ; Toronto: Cypress, CA, 1997
1 videocassette (28 min.) : sd., col. ; 1/2 in. (VHS)
Describes how diabetes affects elderly patients in long-term care settings and explains treatment methods for managing it. Includes pathology, long-term complications, and the various types of therapy.
Deer Lodge Centre Library; WK 810 M495m 1997 AV

(Producer) More information is now included about damage to both large and small blood vessels, updated terminology, Hb A1c testing, and heart disease risk factors and their relationship to diabetes. Viewers learn how high blood sugar and the associated damage to blood vessels can possibly lead to heart attack, stroke, loss of vision, kidney disease, nerve damage, and amputation. Erectile dysfunction is also mentioned. The video stresses that improving bloodsugar levels can help reduce risk of complications over time.
Concordia Hospital Library; NJM Health Sciences Library Consumer Health: WK 835 P74p2 2000 AV

"Too sweet" heart workshop : update on Type 2 diabetes and acute coronary syndrome. Winnipeg Regional Health Authority: Winnipeg, Man., 2004
3 videocassettes (5 hours, 27 min.) : sd., col. ; 1/2 in.
pt.1. Introduction / Lillian Hall, Lorraine Avery, What is type 2 diabetes, IGT and IFG / Chris Everhardus, Overview of clinical practice guidelines / Dora Ludwig. -- pt.2. Nutrition and diabetes / Colleen Rand, Medications / Mark Friesen. -- pt.3. The ABC's of Diabetes / Lori Berard, Mental health issues and diabetes / Hal Wallbridge, Importance of exercise and diabetes / Michelle Meade, Introduction to the ACS algorithms / Liam Murphy, Closing remarks / Nasir Shaikh.,
Victoria General Hospital Library: WK 840 T668t 2004 pt.1 AV; WK 840 T668t 2004 pt.2 AV; WK 840 T668t 2004 pt.3 AV

Treatment considerations for the older adult with type 2 diabetes. Primedia Workplace Learning ; Toronto: Carrollton, TX, 2004
In focus (Carrollton, Tex.): 1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
(Producer) Helps establish treatment goals for the geriatric patient with diabetes. Reviews the pathophysiology of type 2 diabetes, and discusses the the roles of the various classes of antidiabetic medicines. Outlines appropriate dosing, common side effects, and specific geriatric considerations for each medication. Addresses the appropriate use of insulin in the older patient, and stresses patient counseling points.
Seven Oaks General Hospital Library: WK 810 T74t 2004 AV

Type 2 diabetes : symptoms and diagnosis. PRIMEDIA Workplace Learning : Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2005
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
Lists the common symptoms of type 2 diabetes and the tests used to confirm the diagnosis. Lists common complications and risk factors for developing the disease.
Deer Lodge Centre Library; NJM Health Sciences Library: WK 810 T9791t 2005 AV

Type 2 diabetes : treatment and care. PRIMEDIA Workplace Learning : Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2005
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
(Producer) Describes the incidence of type 2 diabetes. Discusses common medications used to manage type 2 diabetes, along with diet restrictions and effective exercise regimens. Explains proper foot care and how to conduct skin and glucose monitoring examinations.
Deer Lodge Centre Library; NJM Health Sciences Library: WK 810 T991t 2005 AV
1 videocassette (28.52 min.) : col., sd. 1/2 in.
Elders in the aboriginal communities share their experience and feelings about diabetes by reflecting on their past and present lifestyle. The wisdom of the Elders is applied to the serious growing health problems of diabetes.
Deer Lodge Centre Library; NJM Health Sciences Library Aboriginal Health Collection: WK 810 V889v 1998 AV

1 videodisc (14 min.) : sd., col. ; 4 3/4 in.
Provides insight on what diabetes does to a person's body, the various types of diabetes, complications associated with this disease and important steps to prevent or decrease the risk of complications.
Seven Oaks General Hospital Library: WK 810 W555wa 2004 AV

DIALYSIS

Dialysis. Learning Resources Unit Production ; Irvine: Spokane, WA, 1999
3 videocassettes (62 min.) : sd., col. ; 1/2 in.
[Pt.1] Peritoneal dialysis -- [Pt. 2] Hemodialysis -- [[Pt. 3] Continuous renal replacement therapy., Part 1. This program explains the pathophysiology of renal failure, compares the different dialysis schedules, illustrates the dialysis exchange process, and discusses the nursing responsibilities.
Part 2. This program explains the components and process of hemodialysis, reviews common and/or serious complications, and discusses nursing responsibilities associated with caring for patients on hemodialysis. Part 3. Acute renal failure is often associated with critically ill patients. This program reviews the basic principles of dialysis and explains the indications for Continuous Renal Replacement Therapy (CRRT) and discusses the nursing responsibilities needed to care for patients receiving it.

DISASTER PLANNING

Desastres et moi. Shaw Mobile Production: Winnipeg, 1998
1 videocassette (30 min.): sd., col. ; 1/2 in. (VHS)
Deer Lodge Centre Library; NJM Health Sciences Library: WA 295 R312pd 1998 AV

Fire safety. Workwell Training Videos: Keswick, ON, 2000
1 videocassette (21 min.): sd., col. ; 1/2 in. VHS + 1 guide (11 p.)
Deer Lodge Centre Library: WX 185 F523f 2000 AV; WX 185 F523f 2000 AV manual

Fire safety: are you ready? Medical Audio Visual Communications: Carrollton, TX, 2004
1 videocassette (30 min.) : sd., col. ; 1/2 in.
Describes proper use of fire extinguishers, and methods of evacuating patients in the event of a fire.
Concordia Hospital Library: WX 185 F523f 2004 AV

Fire safety: mission possible. Coastal Video Communications ; Belleville: Virginia Beach, VA, 1996
1 videocassette (20 min.): sd., col. ; 1/2 in. + 1 guide (16 p.)
Deer Lodge Centre Library: WX 185 F523m 1996 AV booklet; WX 185 F523m 1996 AV video
1 videodisc (16 min.): sd., col.; 4 3/4 in. + 1 booklet.
Concordia Hospital Library: WX 185 F523f 2006 AV; WX 185 F523f 2006 AV guide

Fire safety in long term care facilities. AHCA Publications: Merrifield, VA, 2002
2 videocassettes (8 min., 12 min.): sd., col., 1/2 in. (VHS) + 1 instructor's manual (rev. ed., 2002
Deer Lodge Centre Library: WX 185 W177f 2000 v.1 AV; WX 185 W177f 2000 v.2 AV; WX 185 W177f 2000 v.3 guide AV

DOMESTIC ABUSE

Martha's story: a lifetime of walking on eggshells. Elder Abuse Institute; Chicago: South Portland, ME, 2009
Videos on aging and elderhood: 1 videodisc (DVD) (17 min.): sd., col.; 12 cm.
Touching and intensely personal, this is Martha's story of 'emancipation' from Jim, her abusive husband of 51 years, 5 months, 3 days, and 1 hour. The video chronicles the gradual progression of the abuse—the control, the isolation from family and friends, the constant threats and intimidation, the public cover up of the abuse—and finally, Martha's finding the courage to reach out for help.
Deer Lodge Centre Library: HV 6626.22 M2 M37m 2009 AV

DRUG RESISTANCE, MICROBIAL

Fighting antimicrobial-resistant pathogens. Medcom; Toronto: Cypress, CA, 2004
1 videodisc (27 min.): sd., col.; 4 3/4 in.
Describes the causes of antimicrobial resistance in and out of the medical community. Discusses major resistant organisms and effective antibiotics, and extra precautions to use to fight back.
Deer Lodge Centre Library: QW 45 F471f 2004 AV

DRUG THERAPY

Benzodiazepines use in the elderly. Deer Lodge Centre: Winnipeg, Man., 1999
1 videocassette: sd., col.; 1/2 in. (VHS)
Deer Lodge Centre Grand Rounds, February 11, 1999
Deer Lodge Centre Library: QV 77.9 O55b 1999 AV

Cardiovascular pharmacology. I. MosbyJems: St. Louis, Mo., 2003
1 videocassette (54 min., 52 sec.): sd., col.; 1/2 in. (VHS)
"Discusses the medications used in acute coronary syndromes and the medications used to manage specific cardiac dysrhythmias. The lecture focuses on the mechanism of action, indications, and precautions for each medication as it pertains to ACLS. Medications discussed include oxygen, nitroglycerin, morphine, naloxone, nalmejene, aspirin, adenosine, fibrinolytic agents, heparin, ACE inhibitors, epinephrine, atropine, beta-blockers, lidocaine, procainamide, amiodarone, calcium channel blockers, magnesium sulfate, and glycoprotein IIb/IIIa inhibitors"—Container.
Grace General Hospital Library: QV 150 C267ep2 2003 AV
Medication challenges in the elderly. Concept Media: Irvine, Calif., 2004
2 videocassettes (42 min.) : sd., col. ; 1/2 in.
Concordia Hospital Library: WT 166 M489mc 2004 AV pt.1; WT 166 M489mc 2004 AV pt.2

Nonparenteral medications. Mosby: St. Louis, 2003
Mosby's nursing skills video series: 1 videocassette (27 min 26 s) : sd., col. ; 1/2 in (VHS)
"This video presents topical medications, including application of estrogen patch and nitroglycerin paste; eye medications including eye drops and ointment; eardrops; use of metered-dose inhaler; insertion of rectal suppository."--Conteneur.
Deer Lodge Centre Library; Grace General Hospital Library; Victoria General Hospital Library: WY 100 N814n 2003 AV

3 videodiscs (ca. 6 hours) : sd., col. ; 4 3/4 in.
Discusses the most common classes of drugs currently used in medicine and nursing. Mechanisms of action, clinical indications, and adverse effects are also presented.

Pharmacology and the elderly. Part 1, Drug actions. PRIMEDIA Workplace Learning : Toronto : Medical Audio Visual Communications: Carrollton, TX, 2004
1 DVD (30 min.) : sd., col. ; 4 3/4 in.
Concordia Hospital Library; Deer Lodge Centre Library: WT 166 P536p Pt.1 2004 AV

Pharmacology and the elderly. Part 2, Central nervous system. PRIMEDIA Workplace Learning : Trinity Healthforce Learning : Toronto: Carrollton, TX, 2004
1 videodisc (30 min.) : sd., col. ; 4 3/4 in. + 1 manual.
(Producer) CNS active drugs are frequently used in older adults who have neuropsychiatric illnesses and in those with behavioral disturbances. Focuses on the treatment and management of behavioral and psychological symptoms associated with dementia, or BPSD.
Concordia Hospital Library; Deer Lodge Centre Library: WT 166 P536p 2004 AV; WT 166 P536p 2004 AV manual

1 videodisc (30 min.) : sd., col. ; 4 3/4 in. + 1 manual.
(Producer) Discusses prescribed medications to treat COPD and asthma and their mechanisms, side effects, and adverse drug reactions. Differentiates between delivery systems, and shows how to determine which system is most appropriate for the older adult with COPD or asthma.
Concordia Hospital Library; Deer Lodge Centre Library: WF 600 P536p 2004 AV Pt.5; WF 600 P536p 2004 AV Pt.5 manual

Pharmacology and the elderly. Part 6, Antibiotics. PRIMEDIA Workplace Learning : Trinity Healthforce Learning : Toronto: Carrollton, TX, 2004
1 videodisc (30 min.) : sd., col. ; 4 3/4 in. + 1 manual.
(Producer) Recognizes commonly prescribed antibiotics and their uses, and discusses side effects and adverse effects. Discusses the consequences of adverse drug interactions and antibiotics specific to the elderly.
Concordia Hospital Library; Deer Lodge Centre Library: QV 350 P536p 2004 AV; QV 350 P536p 2004 AV manual
Safe medication administration. Mosby: St. Louis, 2003
*Mosby's nursing skills video series.* : 1 videocassette (24 min 21 s) : sd., col. ; 1/2 in. (VHS)
"This video presents the 5 rights of medication administration, including common errors; oral medication administration, including preparation of liquid medications, pills, and tablets and using the unit-dose system; documenting medications, including elements of documentation, what to do if patient refuses medication, and what to do when patient asks for medication at time when medication cannot be given."--Conteneur.
Deer Lodge Centre Library; Victoria General Hospital Library: WY 100 S128s 2003 AV

Substance abuse in the elderly. Distributed by Films for the Humanities and Sciences: Princeton, NJ, 2000
1 videodisc (29 min.) : sd., col. ; 4 3/4 in.
*Profiles older Americans dealing with alcohol and prescription drug misuse. Many have multiple prescriptions for medications that when combined with alcohol can cause problems. Shows some innovative programs created specifically for the elderly. Includes interviews of James Campbell and Carol Colleran Egan.*
Deer Lodge Centre Library: WM 270 S941sd 2000 AV

**DRUGS**

Medication issues in mental health. J. Coyle, San Luis Video Productions. and Atascadero State Hospital, Distributed by Concept Media,: Irvine, CA, 2005
2 videodiscs (49 min.) : sd., col. ; 4 3/4 in. + 1 instructor's guide on CD-ROM + 1 self-grading tests on CD-ROM, (4 discs total). videogerecording
*DISC 1. Addresses the tragic and costly phenomenon of adverse drug reactions in the field of mental health treatment. Explores the various disorders that can arise from the use of psychotropic medications including neuroleptic malignant syndrome, lithium toxicity, atropinic overload, and extrapyramidal side effects. Discusses ways to identify and prevent adverse reactions through awareness, communication, assessment, and early intervention. DISC 2. Describes the various involuntary movement disorders that can occur with patients who take psychotropic medications. Explores how healthcare providers can become desensitized or commonly misinterpret movement disorders as psychiatric symptoms.*
Seven Oaks General Hospital Library: QV 77.2 M489m 2005 AV

**EATING DISORDERS**

1 videodisc (29 min.) : sd., col. with b&w sequences ; 4 3/4 in.
*Explains how to recognize eating disorders, how friends and loved ones should communicate their fears and concerns, and how those who suffer from these often fatal illnesses can find professional help. Special emphasis is placed on identifying anorexia, bulimia, and binge eating as actual diseases, not as misguided lifestyle choices -- a realization necessary for effective treatment.*
Seven Oaks General Hospital Library: WM 175 B336b 2006 AV
Feeding challenges. Primedia Healthcare : Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2001
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
Deer Lodge Centre Library: WT 115 F295f 2001 AV

Meal time matters : a training program that builds nursing assistants' skills related to dining, swallowing disorders, and safe feeding assistance. Ideas Institute: Kirtland, Ohio, 2008
1 CD-ROM : sd., col. ; 12 cm. + 1 videodisc (DVD) (8 min.) (sd., col. ; 12 cm.)
This training program includes a CD with a one hour PowerPoint presentation, trainer's speaking text for each slide, four interactive exercises lasting 10-20 minutes each, an 8-minute DVD -- Solutions to Common Meal Time Challenges, participant handouts, mealtime assistance checklist, and learning assessment (pre and post-test). The material can be taught as one 2 hour session or three shorter sessions.
Deer Lodge Centre Library: WT 115 B912m 2008 AV

1 videodisc (103 min.) : sd., col. ; 4 3/4 in.
Living at the Renfrew Center, Coconut Creek, FL, a residential facility for the treatment of women with eating disorders for six months, Greenfield and director of photography Amanda Micheli earned the patients' trust, receiving unprecedented access to the meetings, therapy sessions and meals that make up daily life for those undergoing treatment. Through interviews, still photographs and behind-the-scenes footage, the film tells the stories of four women between ages 15 and 30 whose pasts may be different, but are now joined by a common illness.
Seven Oaks General Hospital Library: WM 175 T443t 2006 AV

ELDER ABUSE

1 videocassette (18 min.) : sd., col. ; 1/2 in.
(Producer) Residents report what they feel is abuse and their list of concerns may surprise you. From their perspective, negative attitudes, lack of respect, waiting for care, and even staff not wearing nametags are unacceptable.
Concordia Hospital Library: WT 30 A167ab 2001 AV

Abuse and the dementia patient. M. F. Bellantoni, Video Press, University of Maryland, School of Medicine ; Terra Nova Films [distributor].: Baltimore, Md. chicago, 2001
1 videocassette (21 min., 55 sec.) : sd., col. ; 1/2 in. videorecording
(Producer) Due to difficult behaviors exhibited by dementia patients, care of this special and vulnerable population presents a significant challenge to nursing staff. Nursing staff look at ways to manage difficult and potentially abusive situations.
Misericordia Health Centre Library: WY 152 B436a 2001 AV

2 videocassettes (45 min.) : sd., col. ; 1/2 in. (VHS)
pt. 1. Fostering a supportive and respectful environment in long term care (24 min.) -- pt. 2. Intervention & prevention (21 min.),
Deer Lodge Centre Library; Misericordia Health Centre Library; Seven Oaks General Hospital Library; Victoria General Hospital Library: WT 30 A167a 1996 AV; WT 30 A167a 1996 AV pt.1; WT 30 A167a 1996 AV pt.2
Elder abuse. Concept Media: Irvine, CA, 2002
1 videocassette (27 min.) : sd., col. ; 1/2 in. (VHS)
Discusses the growing problem of elder abuse. Describes the various types of abuse and details characteristics of abusers. Presents barriers to getting help. Covers preventing abuse, and assessing and treating elders who have been mistreated. Discusses various government agencies and services designed to help elders and their family caregivers prevent abuse before it occurs.
Concordia Hospital Library: WT 30 E37ea 2002 AV

Elder abuse & neglect: show you care. Coastal Training Technologies: Virginia Beach, VA, 1999
1 videocassette (20 min.) : sd., col. ; 1/2 in.
(Producer) Helps healthcare workers recognize signs of abuse and neglect of the elders in their care, and explains how they can document and report suspicious activities.
Concordia Hospital Library: AV WT 30 E37ea 1999

Elder abuse: a community concern. Seniors Resource Centre: St. John's, NF, 1997
1 videocassette (18 min.) : sd., col. ; 1/2 in. (VHS)
In this video, the personal examples and insights of seniors themselves, as well as the comments from professionals, show how the community as a whole is affected by the problem of elder abuse. This overview shows elder abuse to be a real concern in our communities.
Deer Lodge Centre Library: WT 30 E37ef 1997 AV

1 videocassette (20 min., 10 sec.) : sd., col. ; 1/2 in. (VHS) + I guide (6 p.)
Provides an overview of elder abuse issues as they affect long-term care institutions. Covers patient rights, neglect, psychological abuse, financial abuse, elder law, and facility policy.
Deer Lodge Centre Library: WT 30 E37e 1996 AV; WT 30 E37e 1996 AV guide

Elder mistreatment assessment. Terra Nova Films: Chicago, IL, 2008
How to try this ; 28. : 1 videodisc (DVD) (39 min.) : sd., col. ; 12 cm.
Assessing for elder mistreatment: protecting a vulnerable population -- Abuse, neglect, exploitation, and abandonment: defining elder mistreatment. Helps caregivers identify possible abuse, neglect, exploitation, and abandonment indicators of the elderly through the use of the Elder Assessment Instrument (EAI).
Deer Lodge Centre Library: WT 30 E37er 2008 AV

2 videocassettes (52 min.) : sd., col. ; 1/2 in.
[v.1]. Caregiver stress triggers (24 min.) -- [v.2]. Preventing and reducing negative and abusive responses (28 min.). Caregiver stress triggers looks at two sources of stress for those who care for the elderly--managing multiple demands on time and the behavior of an elderly person who is combative, depressed, uncooperative or confused. Suggests positive ways to deal with these difficulties.
Deer Lodge Centre Library: WT 100 E42e 1997 AV v.1; WT 100 E42e 1997 AV v.2

Help me! Magic Lantern Group distributor: Oakville, Ont., 2003
1 videocassette (25 min.) : sd., col. ; 1/2 in.
Deer Lodge Centre Library: WT 30 H483h 2003 AV

Institutional abuse: everyone's responsibility. Baycrest Centre for Geriatric Care: North York, Ontario,
1996
1 videocassette (16 min.) : sd., col. ; 1/2 in. (VHS) + 1 facilitator's guide
This video discusses and demonstrates abuse problems in institutions including sexual, physical, verbal, and psychological abuse.
Deer Lodge Centre Library: WT 30 I59ia 1996 AV; WT 30 I59ia 1996 fac. guide AV

**Keeping nursing facility residents safe : a training program for the prevention of abuse, mistreatment and neglect.** AHCA Publications: Merrifield, VA, 1997
1 videocassette, (9 min.) : sd., col. ; 1.2 in. (VHS) + 1 manual (33 p.)
The training curriculum contained in this video and manual provides a methodology for the prevention of abuse, mistreatment, and neglect in the long term care setting. It is designed to be used by staff development or inservice coordinators for the orientation and continuing education of all staff.
Deer Lodge Centre Library: WT 86 A512k 1997 AV; WT 86 A512k 1997 AV manual

**Preventing abuse by providing appropriate care : the role of the GNA.** Video Press: Baltimore, Md., 2006
3 videodiscs (68 min.) : sd., col. ; 4 3/4 in.
Pressure sores (23 min.) -- Safety measures to protect residents (24 min.) -- The importance of hydration / nutrition (21 min.). (Producer) In this series, and interdisciplinary team reviews actual cases in which improper care has led to devastating consequences including preventable health deterioration and injuries from preventable accidents.
Deer Lodge Centre Library: WY 152 P944pc 2006 AV

**Recognizing elder abuse : working together to keep residents safe.** Medcom ; Toronto: Cypress, CA, 2002
1 videocassette (20 min.) : sd., col. ; 1/2 in.
This program describes the importance of recognizing elder abuse, both to assist in the patient's continuing care and to avoid legal implications.
Concordia Hospital Library: WT 30 R43r 2002 AV

**Speaking out on abuse : the resident's perspective.** Video Press: Baltimore, Md., 2006
1 videodisc (22 min.) : sd., col. ; 4 3/4 in. (DVD)
(Producer) Having food you can eat, having a drink when you're thirsty, having pain medication when you hurt - these are basic necessities throughout life. Yet, it's startling to hear from residents about situations in long term care in which basic needs are not met.
Deer Lodge Centre Library: WY 152 S741s 2006 AV

3 videodiscs (56 min.) : sd., col. ; 4 3/4 in. (DVD)
Concordia Hospital Library; Deer Lodge Centre Library: WT 30 U55ua 2006 AV

**ELECTROCARDIOGRAPHY**

**Mastering 12-Lead ECGs.** Springhouse Corporation: Springhouse, PA, 2001
1 videocassette (35 min.) sd., col. 1/2 in. 1 quick reference (16 p. : ill. ; 19 cm.) + 1 post-test (8 p. ; 19 cm.)
Seven Oaks General Hospital Library: WG 140 M423m 2001 AV

**Sinus, atrial and junctional dysrhythmias.** Distributed by ConceptMedia: Irvin, CA, 2001
Describes using the 7-step method of EKG analysis, common sinus dysrhythmias--sinus arrhythmia, sinus bradycardia, sinus tachycardia, and sinus block; common atrial dysrhythmias--premature atrial contractions, paroxysmal atrial tachycardia, atrial fibrillation, and atrial flutter; and common junctional dysrhythmias--junctional premature beats, junctional rhythm, and junctional tachycardia. Discusses the causes, effects, and treatments for each of these dysrhythmias.

Concordia Hospital Library; NJM Health Sciences Library: WG 140 S618s 2001 AV

EMERGENCY SERVICES

ACLS case clips. MosbyJems: St. Louis, Mo., 2003
1 videocassette (29 min., 29 sec.) : sd., col. ; 1/2 in.
A collection of brief clips of actual patients in emergency situations, designed to illustrate advanced cardiac life support instruction.
Grace General Hospital Library: WG 205 A184ac2 2003 AV

CEN Review. Education Enterprises: Staten Island, N.Y., 1999
3 videocassettes (257 min.) : sd., col. ; 1/2 in. VHS + 1 guide (38 p.)
Designed to prepare nurses for the CEN examination. Both the exam's content areas and the style of the CEN examination are reviewed. Topics covered: fluid, electrolyte, and acid-base alteration; cardiovascular, respiratory, neurological, and endocrine emergencies; facial trauma; multiple trauma; and gastrointestinal and general emergencies.

EMPLOYEES

1 videodisc (20 min.) : sd., col. ; 4 3/4 in. + 1 guide (12 p.)
Negativity can get a stranglehold on a workplace. It spreads as quickly through an office as a computer virus. Fortunately, the flip side is true, too. A positive attitude is also contagious. In this video, you'll see that it is possible for a workplace to transform itself. And it can begin with just one person—from container.
Grace General Hospital Library: HD 58.7 B422b 2004 AV

Break the chain: your role in preventing the spread of infection. IlluminAge Communications Partners; Toronto: Kineticvideo distributor: Seattle, WA, 2008
1 videodisc (DVD) (48 min.) : sd., col. ; 12 cm. + 1 presenter's guide (15 p. ; 28 cm.)
Covers how infections spread; important factors about HIV, HBV, HCV, TB, MRSA, and scabies; bloodborne pathogens; how and when to use protective equipment; hand hygiene; employee vaccination for flu and HBV; five ways every employee can be part of the solution; and preventing infection in home care.
Deer Lodge Centre Library; NJM Health Sciences Library; Seven Oaks General Hospital Library: WX 167 B828b 2008 AV; WX 167 B828b 2008 AV Guide

1 videodisc (DVD) (19 min.) : sd. col. ; 12 cm.
Deer Lodge Centre Library: WX 158.5 S518s 2008 AV

ENTERAL NUTRITION
**Enteral nutrition.** Mosby: St. Louis, Mo., 2002
*Mosby's nursing skills video series.*: 1 videocassette (23 min., 23 sec.) : sd., col. ; 1/2 in. VHS
Concordia Hospital Library; Grace General Hospital Library; Seven Oaks General Hospital Library;
Victoria General Hospital Library: WY 150 E61e 2002 AV

**ENVIRONMENT**

1 videodisc (96 min.) : sd., col. ; 4 3/4 in.
Seven Oaks General Hospital Library: QC 981.8 G56 G666i 2006 AV

**ENVIRONMENT DESIGN**

**Adapting homes to successfully age in place : important information to know at home.** Aquarius
Health Care Videos ; Toronto: Medfield, MA, 2003
1 videodisc (DVD) (27 min.) : sd., col. ; 12 cm.
*Retairement is no longer a brief interlude between work and death. Older adults often live in older homes in need of significant repair and/or modification. Many homes lack the functional design needed to accommodate for the losses frequently experienced by older adults. Since most older persons wish to remain in their own home it is important to know how to adapt the home environment to successfully age in place.*
Deer Lodge Centre Library: WA 795 A221a 2003 AV

**Creating a home in nursing homes : perspectives from the inside.** Institute for Family-Centered Care: Bethesda, MD, 2002
1 videocassette (21 min.) : sd., col. ; 1/2 in. VHS
*A 21-minute videotape summarizing the findings of focus group discussions with older people, families, and staff in nursing homes. This study was conducted by the Picker Institute, with support from the Rothschild Foundation in Chicago, Illinois. Nineteen focus groups were held with 143 individuals. These sessions resulted in the identification of six domains which related to users and the built environment: connection with the outside world, familiar and meaningful activities, personal choice and control, ease of accomplishing daily tasks, separation by cognitive ability, and pleasant aesthetics and aroma. Each of these domains, in turn, was developed into a number of important sub-topics. All user groups commented on various aspects of the built environment that were important to their sense of well-being.*
Deer Lodge Centre Library: WX 27.1 C912c 2002 AV

**Enhancing self and sense of home : environmental sensitivity training video.** Distributed by Health Professions Press: Baltimore, Md., 1998
1 videocassette (33 min.) : sd., col. ; 1/2 in.
*(Producer) What makes a place feel like home? How necessary is this feeling to the smooth operation of a facility for people who are experiencing dementia? Viewers will learn the ways in which personal needs are fulfilled within homelike settings and how a facility can improve resident functioning by making simple adaptations in the physical and caregiving environments. Through individual resident profiles, this video illustrates facility staff using a step-by-step process to identify problem areas, recognize underlying needs that aren't being met, and then create more supportive, homelike solutions.*
Deer Lodge Centre Library: WT 155 E54e 1998 AV

**Learning to speak Alzheimer's : an introduction to the habilitation approach to care.** Terra Nova
Films; Woodstock: Chicago, IL, 2008
1 videodisc (DVD) (32 min.) : sd., col. ; 12 cm.
"Applying the basic concept of habilitation ... the video shows how to create a suitable environment in which the person can lead a quality life through proactive adjustments. The practical information in this video will enhance the physical, psycho-social, and sensory world of the person with alzheimer's."
Deer Lodge Centre Library: WT 155 C839Lb 2008 AV

ESOPHAGUS

1 videocassette (14 min.) : sd., col. ; 1/2 in.
Victoria General Hospital Library: AV WI 250 A799L 1998

ETHICS

1 videodisc (53 min.) : sd., col. ; 4 3/4 in. + 1 program guide (19 leaves ; 28 cm.)
"Discusses ethical issues, family issues and the challenges of behavioral management in the resident with Alzheimer's."--Program guide.
Deer Lodge Centre Library: WT 155 A478ar 2004 AV; WT 155 A478ar 2004 AV guide

Father knows best : a case study about advance directives. Midwest Bioethics Center: Kansas City, Mo., 2000
1 videocassette (11 min 52 sec.) : sd., col. ; /2 in. (VHS) + 1 study guide
The fictionalized narrator speaks about the problems he has faced as his father has gone into a coma following brain surgery for cancer. The patient's sons and doctor disagree on interpretation of his advance directive for treatment. This case study shows the importance of clear communication of a patient's wishes.
Deer Lodge Centre Library: W 85.5 F252f 1994 AV

Making choices together. 1999
1 videocassette (50 min.) : col., sd., 1/2 in. VHS
Deer Lodge Centre Library: W 50 K96m 1999 AV

Professional ethics for nurses and social workers. PRIMEDIA Workplace Learning: Carrollton, TX, 2001
In focus (Carrollton, Tex.): 1 videocassette (30 min.) : sd., col. ; 1/2 in. (VHS)
(Producer) This program identifies the current issues and trends in healthcare ethics as well as the role of nurses and social workers as part of the healthcare team. The professional ethics of both social workers and nurses are highlighted.
Grace General Hospital Library: WY 85 P964p 2001 AV

EXERCISE

Ageless yoga. Ageless Yoga: Cambridge, Mass., 2005
Vol. 1. Chair & standing routines -- Vol. 2. Floor & standing routines.,
Deer Lodge Centre Library: QT 255 A265a 2005 AV v.1
1 videocassette (33 min.) : sd., col. ; 1/2 in. + 1 instructional booklet (13 p. : ill. ; 14 x 21 cm.) + 1 stretch band exerciser (red, 92 x 14 cm.)
Deer Lodge Centre Library Consumer Health: WE 250 H699b 1999 AV

**Bone smart.** Osteoporosis Society of Canada: Toronto, 2001
1 videodisc (38 min.) : sd., col. ; 4 3/4 in.
"Features exercises to maintain bone strength, improve posture and balance, strengthen muscles and increase flexibility."--Container.
Seven Oaks General Hospital Library: WE 250 B712b 2001a AV

**Break through, exercise for life.** Osteoporosis Society of Canada: Toronto, 2001
1 videodisc (10 min.) : sd., col. ; 4 3/4 in.
Seven Oaks General Hospital Library: WB 541 B828b 2001 AV

**Celebrate active living : gentle exercises for people with arthritis.** Arthritis Society: Toronto, 2001
1 videocassette (15 min, 50 s) : sd., col. ; 13 mm. (VHS)
Just because you have arthritis doesn't mean you can't enjoy a more active lifestyle. Regular gentle exercise can mean big gains in flexibility, mobility and pain control. In the 15-minute video, they demonstrate stretching and aerobic exercises for the neck, shoulders, elbows, back, hands, knees and feet which help improve range of motion, making it easier to get out of a car or bathtub or reach for items on a shelf.
Deer Lodge Centre Library Consumer Health: WE 344 C392c 2001 AV

**Chair tai chi : traditional 5 style tai chi.** Capital District Tai Chi and Kung Fu Association of New York: Albany, NY, 2000
1 videocassette (120 min.) : sd., col. ; 1/2 in. VHS
This series showcases the traditional 5 tai chi chuan family styles. Shifu Jiang Jiany reserached the 5 styles and created 5 short forms -- one for each family -- using the sit down postures in each.
Deer Lodge Centre Library Consumer Health: QT 255 C434c 2000 AV

**Exercise for pulmonary patients.** Milner-Fenwick: Timonium, Md., 1997
1 videocassette (10 min., 20 sec.) : sd., col. ; 1/2 in. (VHS)
Discusses the benefits of exercise for pulmonary patients. Shows patients how to safely exercise and monitor their activity by using several techniques.
Deer Lodge Centre Library Consumer Health: WF 145 E96e 1997 AV

**Fighting heart disease and stroke.** MarkeTech Associates Inc.: Dallas, TX., 1999
1 videocassette (25 min.) : sd., col. ; 1/2 in.
Concordia Hospital Library Consumer Health: AV WL 355 F471p 1999

**Gentle exercise.** Baycrest Centre: Toronto, 1999
1 videocassette (25 min.) : sd., col. ; 1/2 in. (VHS)
Deer Lodge Centre Library: QT 255 G337g 1999 AV

**Health bytes.** MTN News: Winnipeg, Man., 1998
1 videocassette (3 min.) sd., col. ; 1/2 in. (VHS)
Discusses research in exercise therapy being conducted at the Deer Lodge Centre.
1 videocassette (51 min.) : sd., col. ; 1/2 in. (VHS)
In this video a series of 20 exercises are demonstrated by a fitness instructor and physiotherapist to improve balance, posture, strength and flexibility. First developed for people with osteoporosis they may also be useful for other back pain problems.

The home support exercise program (HSEP). Canadian Centre for Activity and Aging: London, Ont., 1997
1 videocassette (16 min., 30 sec.) : sd., col. ; 1/2 in. VHS + 1 facilitator's guide (48, 36 p.), 1 resource manual (38 p.); 1 picture pkg. (10 p.)
The video demonstrates the ten simple, yet progressive exercises, designed to enhance and maintain functional fitness, mobility and independence in seniors.

Introducing Steady as you go #2 : a falls prevention program for seniors with limitations to energy and mobility. Public Health Division: Edmonton, 2004
1 videocassette (24 min.) : sd., col. ; 1/2 in. VHS + 1 manual (156 p.), 1 workbook (73 p.), 2 guides (152 p.; 2004 draft), 75 p.; c2001
This video introduced Steady As You Go #2 (SAYGO #2), a falls prevention program for seniors with reduced energy and mobility. About half of these community dwelling seniors have at least one fall a year. Falls are the main reason seniors lose their independent living status and are admitted to care facilities.

Motivating moves for people with Parkinson's : a seated exercise program. Parkinson's Disease Foundation: Lawrence, Kan., 2004
1 videocassette (85 min.) : sd., col. ; 1/2 in. (VHS)
Section 1: How to do motivating moves -- Section 2: The exercise class -- Section 3: Practical tips for daily living., Program of 24 short, stimulating exercises especially for people with Parkinson's, and good for anyone interested in exercising while seated on a chair or in a wheelchair. Exercises designed to improve breathing, flexibility, sense of balance, and vocal range. Includes strategies to improve ability to perform everyday movements.

1 videodisc (24 min.) : sd., col. ; 4 3/4 in.
(Producer) This program demonstrates: Assisting with ambulation, assisting a falling patient, range of motion exercises: head and neck, upper extremities, lower extremities.

Oh dear, what can the matter be. University of Stirling: Stirling, Scotland, 2004
1 videocassette (18 min.) : col., sd., 1/2 in. VHS
This programme is about encouraging people with dementia to stay active. It explains how to help them to
stand up and looks at rehabilitation.
Deer Lodge Centre Library: WM 220 O36oa 2004 AV

Pulmonary rehabilitation. Milner-Fenwick: Timonium, Md., 1996
1 videocassette (13 min., 54 sec.) : sd., col. ; 1/2 in.
*(Producer)* This video reviews the lung diseases that often require pulmonary rehabilitation, including CORP, Asthma, Cystic Fibrosis, or Lung Transplantation. Explains that pulmonary rehabilitation usually consists of assessment, exercise, education, and emotional or psychological support. Specific tests mentioned include spirometry and the timed walking test. Covers the goals of rehabilitation, new ways to breathe, quitting smoking, panic attacks during shortness of breath, medications, good nutrition, and new ways of doing things that require less energy.
Deer Lodge Centre Library Consumer Health: WF 600 P983p 1996 AV

Restorative care: the best you can be. Canadian Centre for Activity and Aging: London, ON, 2001
1 videocassette (20 min.) : sd., col. ; 1/2 in. VHS
This video presents the overall philosophy of restorative care in an educational and compassionate setting. The topics of learned helplessness, assessment, mobility, positioning, exercise and feeding and the psychosocial implications they have on the elderly are discussed from the viewpoints of both the caregiver and the patient. The video helps staff, families and other caregivers understand the importance of maintaining and enhancing abilities throughout the life span.
Deer Lodge Centre Library: WY 152 R436ra 2001 AV

Steady as you go. 1996
1 videocassette (VHS) (33 min., 17 sec.) : sd., col. ; 1/2 in. (VHS) + 1 booklet (52 p.) + 1 manual
For seniors who are still living independently in the community, not for frail seniors. The exercise routine is designed to increase leg strength and improve balance. It also focuses on agility and flexibility so seniors can catch themselves in the event of having a fall. The exercises take about 20 minutes.

1 videocassette (83 min.,) : sd., col. ; 1/2 in. (VHS) + 1 theraband + 1 instruction sheet
A complete stretching program, all of which may be done sitting, designed for fibromyalgia patients to increase flexibility and decrease pain and the risk of injury. Followed by a relaxation session plus an educational section by Dr. Robert Bennett where he demonstrates myofascial trigger points and improving range of motion.
Deer Lodge Centre Library Consumer Health: WE 544 S914s 2002 AV

1 videocassette (ca. 30 min.) : sd., col. ; 1/2 in. (VHS)
A workout designed for anyone over 50.
Deer Lodge Centre Library Consumer Health: WE 103 S914s 1997 AV

Vivetics: motion for life. Paulus Productions: Brodie Health Solutions: Canada, 2005
1 videodisc (120 min.) : sd., col. ; 4 3/4 in. + 1 workbook (iv, 62 p. : ill. ; 18 cm.)
This 6-8 week therapeutic exercise program addresses chronic pain management, treatment and prevention. Helps you establish good daily habits to increase your strength, flexibility and range of motion and may even reduce the need for medication.
FAMILY
94 years and 1 nursing home later. Distributed by Terra Nova Films: Chicago, Ill., 1999
1 videocassette (35 min.) : sd., col. ; 1/2 in.
(Producer) Disturbed by her grandmother's placement in a nursing home, filmmaker Laurel Greenberg
delves into the relationships and changing roles within her family as parents age. She shows that
even in a loving close family, miscommunication can and does occur.

Deer Lodge Centre Library: HQ 1061 N714n 1999

Assessing family preferences for participation in care in hospitalized older adults. Terra Nova Films:
Chicago, IL, 2009
Videos on aging and elderhood. : 1 videodisc (DVD) (37 min) : sd. col. ; 12 cm.
Identifying family preferences -- Minimizing the stress of hospitalization., The involvement of family
members in the care of the hospitalized older patient can provide tremendous benefits and boost
recovery outcomes; not only do family members share vital care information, but they offer
emotional and spiritual support to the older adult. The Family Preferences Index will enable
caregivers to determine how much family members want to help, or the extent to which they are
capable of helping. This collaborative effort can improve overall communication, and establish a
more effective care plan. Suitable for hospital, skilled nursing, rehabilitative, and home health
settings.

Deer Lodge Centre Library: WX 162 A846a 2009 AV

Attainment's Eleanor at 80. Attainment Company: Verona, WI, 2006
1 videodisc (DVD) (55 min.) : sd., col. ; 12 cm. + 1 facilitator's guide (52 p. : ill. ; 28 cm.)
A training program that focuses on mediating complex family issues in eldercare.

Deer Lodge Centre Library: WT 120 A883a 2006 AV; WT 120 A883a 2006 AV guide

Calgary family assessment model : how to apply in clinical practice. Medical Audio Visual
Communications distributor: Niagara Falls, NY, 2001
1 videodisc (26 min., 47 sec.) : sd., col. ; 4 3/4 in. (DVD)
(Producer) The Calgary Family Assessment Model (CFAM) is a comprehensive, three-pronged, structural,
developmental and functional family assessment framework. Nurses will see in action examples of
specific questions the nurse can ask the family, how to talk about the genogram and ecomap with
families, and how to construct circular pattern diagrams in a clinical setting.

Deer Lodge Centre Library; NJM Health Sciences Library: WY 100 C151c 2001 AV

Family centered care : understanding family expectations. 2007.2007
1 videocassette (72 min.) : sd., col. ; 1/2 in. VHS
The session discusses staff working with families and communication: causes of staff/family conflict, family
perspective, challenges for staff, barriers to developing staff/family relationships - perceptual
differences, cultural factors, communication.

Deer Lodge Centre Library: WY 152 C435f 2007 AV

Family centered care understanding family expectations. D. Chaitram and Deer Lodge Centre
(Winnipeg Man.), Deer Lodge Centre.; [Winnipeg ;, 2007
1 videocassette (72 min.) : sd., col. ; 1/2 in. VHS videorecording :
The session discusses staff working with families and communication: causes of staff/family conflict, family
perspective, challenges for staff, barriers to developing staff/family relationships - perceptual
differences, cultural factors, communication.

Deer Lodge Centre Library: WY 152 C435f 2007 AV

Rage against the darkness. Episode 1, Living dangerously. McNabb Connolly: Mississauga, ON, 2004
1 videocassette (52 min.) : sd. col. ; 1/2 in. (VHS)
Two stubborn seniors battle families who want to put them in institutions. Despite major health problems, they are prepared to risk their lives living alone at home. Terrified relatives struggle to change their minds before a tragedy occurs.
Deer Lodge Centre Library Consumer Health: WT 27.1 R141r 2004 v.1 AV

Rage against the darkness. Episode 2, Bunny and Leona. McNabb Connolly: Mississauga, ON, 2004
1 videocassette (90 min.) : sd., col. ; 1/2 in. (VHS)
The lives of two unforgettable sisters are torn apart when after sharing an apartment for 30 years, both must abruptly move to different senior’s homes. Their lifelong rivalry continues unabated through the wrenching transition to the institutions, and the shock of life apart.
Deer Lodge Centre Library Consumer Health: WT 27.1 R141r 2004 v.2 AV

When a loved one stops eating or drinking. Center for Healthcare Ethics: Orange, Calif., 1996
1 videocassette (10 min.) : sd., col. ; 1/2 in. (VHS)
Carol Bayley helps the son of an Alzheimer's patient understand the important elements involved in deciding about artificial nutrition/hydration.
Deer Lodge Centre Library: WT 155 W567w 1996 AV

Working with families of hospitalized older adults who have dementia. Terra Nova Films: Chicago, IL, 2009
Videos on aging and elderhood.: 1 videodisc (DVD) (32 min.) : sd. col. ; 12 cm.
Involving and informing families to improve care and outcomes -- How hospitalization can affect patients who have dementia., The benefits of improving care of hospitalized older adults who have dementia, by tapping into the wealth of information family members can provide, is shown in this pre-admission screening. The DVD shows the importance of identifying normal behavior patterns, individual preferences, and ADL capabilities, with the ultimate goal of preventing avoidable problems, and improving outcomes. How hospitalization can affect patients is also discussed, along with delirium prevention and fall prevention protocols.
Deer Lodge Centre Library: WM 220 W926w 2009 AV

FASCIITIS, NECROTIZING

1 videocassette (40 min.) : sd. col. ; 1/2 in (VHS)
Deer Lodge Centre Library: WR 220 P413f 1996 AV

FECAL INCONTINENCE

Caregiver personal support worker. Techniques in toileting and incontinent care. Medcom Trainex ; Toronto: Cypress, CA, 2003
1 videodisc (18 min., 4 sec.) : sd., col. ; 4 3/4 in.
Program demonstrates assisting with using the toilet, offering a bedpan or urinal, using a portable bedside commode, changing briefs, bowel and bladder training.
Deer Lodge Centre Library: WY 100 C37c 2003 AV

Restorative care : bowel management and retraining. Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2005
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
Deer Lodge Centre Library: WI 600 R436r 2005 AV
Solving the incontinence puzzle. Paper Pak: La Verne, CA, 2001
1 videocassette (9 min.) : sd., col. ; 1/2 in. VHS
Produced by the manufacturer of Attends products, this video highlights product selection, sizing, application and checking and changing briefs.
Deer Lodge Centre Library: WJ 146 S691s 2001 AV

FIBROMYALGIA

Fibromyalgia : myth or reality? Deer Lodge Centre: Winnipeg, MB, 1996
1 videocassette : sd., col. ; 1/2 in. (VHS)
Deer Lodge Centre Library: WE 544 F443f 1996 AV

1 videocassette (83 min.) : sd., col. ; 1/2 in. (VHS) + 1 theraband + 1 instruction sheet
A complete stretching program, all of which may be done sitting, designed for fibromyalgia patients to increase flexibility and decrease pain and the risk of injury. Followed by a relaxation session plus an educational section by Dr. Robert Bennett where he demonstrates myofascial trigger points and improving range of motion.
Deer Lodge Centre Library Consumer Health: WE 544 S914s 2002 AV

FIRES

Fire safety. Workwell Training Videos: Keswick, ON, 2000
1 videocassette (21 min.) : sd., col. ; 1/2 in. VHS + 1 guide (11 p.)
Deer Lodge Centre Library: WX 185 F523f 2000 AV; WX 185 F523f 2000 AV manual

Fire safety: are you ready? Medical Audio Visual Communications: Carrollton, TX, 2004
1 videocassette (30 min.) : sd., col. ; 1/2 in.
Describes proper use of fire extinguishers, and methods of evacuating patients in the event of a fire.
Concordia Hospital Library: WX 185 F523f 2004 AV

Fire safety: mission possible. Coastal Video Communications ; Belleville: Virginia Beach, VA, 1996
1 videocassette (20 min.) : sd., col. ; 1/2 in. + 1 guide (16 p.)
Deer Lodge Centre Library: WX 185 F523m 1996 AV booklet; WX 185 F523m 1996 AV video

1 videodisc (16 min.) : sd., col. ; 4 3/4 in. + 1 booklet.
Concordia Hospital Library: WX 185 F523f 2006 AV; WX 185 F523f 2006 AV guide

Fire safety in long term care facilities. AHCA Publications: Merrifield, VA, 2002
2 videocassettes (8 min., 12 min.) : sd., col. ; 1/2 in. (VHS) + 1 instructor's manual (rev. ed., 2002
Deer Lodge Centre Library: WX 185 W177f 2000 v.1 AV; WX 185 W177f 2000 v.2 AV; WX 185 W177f 2000 v.3 guide AV

FLUIDS
1 videocassette (30 min) : sd., col.; 1/2 in. (VHS) + 5 symptom cards
How to elicit Chvostek's and Trousseau's signs, two clear indicators of hypocalcemic tetany; how to prevent voluntary muscle movement when assissing deep tendon reflexes through patient distraction; which electrocardiographic changes suggest which electrolyte imbalances; how hyperkalemia disrupts nerve and myocardial cell conduction, causing specific neurologic and cardiac signs and symptoms; how syndrome of inappropriate antidiuretic hormone secretion can produce signs and symptoms of dilutional hyponatremia and hypervolemia; why hypervolemia changes the pulses' amplitude and contour...
Seven Oaks General Hospital Library: WD 220 S578s 2004 AV

FOOT

"This video includes information about using the monofilament testing to detect neuropathy. The video gives patients practical suggestions for maintaining healthy skin and feet, checking for problems, shoe selections, and more. It stresses the importance of good blood glucose control to prevent or delay the onset of the long-term complications of diabetes that can lead to foot problems."--Container.
Concordia Hospital Library NJM Health Sciences Library Consumer Health: WK 835 D536dg3 2001 AV

1 videocassette (20 min.) : sd., col. ; 1/2 in. (VHS) + 1 program guide (11 leaves ; 28 cm.)
"This program describes changes due to aging and common problems of the hands and feet. Techniques for nail care, pertinent observations and hand and foot massage are demonstrated."--Program guide.
Deer Lodge Centre Library: WY 100 H236h 2002 AV

Hemodialysis foot health program. St. Boniface Hospital: Winnipeg, 1997
3 videocassettes : sd., col. ; 1/2 in. VHS
Deer Lodge Centre Library: WK 835 H489h 1997 AV Pt.1; WK 835 H489h 1997 AV Pt.2; WK 835 H489h 1997 AV Pt.3

FUNDOPPLICATION

1 videocassette (14 min.) : sd., col. ; 1/2 in.
(Producer) Outlines the surgical steps of laparoscopic Nissen fundoplication. Emphasizes good exposure, and technical aids to avoid complications.
Victoria General Hospital Library: AV WI 380 T255t 1996
GAIT

1 videocassette (13 min.) : sd., col. ; 1.2 in. VHS
The program examines gait disorder in detail. Subjects included are patient evaluation, differential diagnosis, normal changes due to the aging process, subclinical problems, and patient management. The impact on the quality of life for the patient is also explored through patient interviews and physician commentary.
Deer Lodge Centre Library: WE 103 G144g 1997 AV

GASTROINTESTINAL SYSTEM

Journey through the GI Tract. CPP Associates: Chicago, Illinois, 2007
3 videodiscs (DVD) (ca. 298 min.) in 1 container : sd., col. ; 12 cm.
This seminar covers the anatomy, physiology and pathophysiology of the 33 foot gastrointestinal tract from top to bottom. Beginning with the mouth and oropharynx, this lecture discusses the teeth, the tongue, the mouth, the gums, the esophagus, the stomach, and the small and large bowel. Specific clinical entities include the relationship between periodontal disease and cardiovascular disease, tonsillitis and adenoiditis and growth disturbances, esophageal varices, and the many causes of cirrhosis of the liver, GERD and Barrett's esophagus, NSAID gastropathy, peptic ulcer disease and H. pylori, Celiac disease, Crohn's disease, ulcerative colitis, colon cancer and rectal foreign objects.
Deer Lodge Centre Library: WI 100 B213j 2007 AV

GASTROSTOMY

1 videocassette (13 min.) : sd., col. ; 1/2 in.
Victoria General Hospital Library: AV WI 810 L299L 1998

GERIATRIC ASSESSMENT

Assessing family preferences for participation in care in hospitalized older adults. Terra Nova Films: Chicago, IL, 2009
Videos on aging and elderhood.: 1 videodisc (DVD) (37 min) : sd. col. ; 12 cm.
Identifying family preferences -- Minimizing the stress of hospitalization., The involvement of family members in the care of the hospitalized older patient can provide tremendous benefits and boost recovery outcomes; not only do family members share vital care information, but they offer emotional and spiritual support to the older adult. The Family Preferences Index will enable caregivers to determine how much family members want to help, or the extent to which they are capable of helping. This collaborative effort can improve overall communication, and establish a more effective care plan. Suitable for hospital, skilled nursing, rehabilitative, and home health settings.
Deer Lodge Centre Library: WX 162 A846a 2009 AV

3 videodiscs (74 min.) : sd., col. ; 4 3/4 in. + Instructor's guide and Self-grading tests on 2 CD-ROMs.
relates to nursing practice and daily care routines. It prepares the viewer to perform a complete initial assessment on a stable patient as well as to recognize changes in physical status requiring immediate attention.

Grace General Hospital Library: WY 100.4 A846ac 2007 AV

Assessment of the older adult. Williams & Wilkins: Baltimore, MD, 1996
2 videocassettes (45 min., 44 sec.) : sd., col. ; 1/2 in. + 1 resource manual (iv, 76 p.)
tape 1. An overview (22 min., 33 sec.) -- tape 2. Physical exam (23 min., 11 sec.). (Producer) A distinguished author, consultant and educator guides nurses through the comprehensive assessment of the aging adult, with careful consideration of multiple conditions and problems that can affect one another. A comprehensive resource manual accompanies the series. The two videotapes offer learners a basic understanding of issues, concerns, and procedures applicable to geriatric older adults.
Deer Lodge Centre Library: WY 100.4 A846ao 1996 Manual AV; WY 100.4 A846ao 1996 pt.1 AV; WY 100.4 A846ao 1996 pt.2 AV

Atypical Presentation of Illness in older people. B. Tallman, J. Moats and Winnipeg Regional Health Authority, Winnipeg Regional Health Authority,: [Winnipeg], 2008
Care of older adults lecture series: 1 CD-ROM (46 min.) : sd., col. (12 mm.) videorecording.
Deer Lodge Centre Library; Misericordia Health Centre Library: WT 141 T149a 2008 AV

Brief evaluation of executive dysfunction : an essential refinement in the assessment of cognitive impairment. Terra Nova Films: Chicago, IL, 2008
How to try this ; 29.: 1 videodisc (DVD) (37 min.) : sd., col. ; 12 cm.
Predicting patient safety -- Executive function, "Covers the components of executive function: concept formation, flexibility, and self-monitoring, and discusses specific reasons to screen for executive dysfunction"--Container.
Deer Lodge Centre Library: WT 150 B853b 2008 AV

Communication difficulties : assessment and interventions in hospitalized older adults with dementia. Terra Nova Films: Chicago, IL, 2009
Videos on aging and elderhood.: 1 videodisc (DVD) (41 min.) : sd. col. ; 12 cm.
The assessment process: testing expressive and receptive capabilities -- How dementia affects communication abilities -- Measuring capacity to deliver and interpret messages -- Strategies and resources to enhance communication and safety,. Although dementia may reduce expressive and receptive abilities, persons with cognitive loss are still able to communicate long after language abilities and understanding diminish. This DVD discusses ways to assess the expressive and receptive skills of older adults with dementia or other medical conditions. It offers a number of interventions caregivers can apply, including the use of a 9-question assessment and intervention tool that promotes better overall communication and patient safety.
Deer Lodge Centre Library: WT 155 C734ce 2009 AV

1 videodisc (34 min.): sd., col. ; 4 3/4 in. + 1 post-test
This program provides a comprehensive overview of how to perform a thorough assessment of the geriatric patient. It includes step-by-step guidance on taking a health history, performing a functional assessment, conducting a physical examination, assessing mental status, and taking a medication inventory.
Concordia Hospital Library; Deer Lodge Centre Library: WY 152 C7372c 2006 AV; WY 152 C7372c 2006 post-test AV
**Elder mistreatment assessment.** Terra Nova Films: Chicago, IL, 2008

_The Elder mistreatment assessment._ How to try this : 28:: 1 videodisc (DVD) (39 min.) : sd., col. ; 12 cm.
Assessing for elder mistreatment: protecting a vulnerable population -- Abuse, neglect, exploitation, and abandonment: defining elder mistreatment., Helps caregivers identify possible abuse, neglect, exploitation, and abandonment indicators of the elderly through the use of the Elder Assessment Instrument (EAI).

Deer Lodge Centre Library: WT 30 E37er 2008 AV

**Fall risk assessment for older adults : the Hendrich II Fall Risk Model.** Terra Nova Films: Chicago, IL, 2007

_The Fall risk assessment for older adults : the Hendrich II Fall Risk Model._ How to try this : 4.: 1 videodisc (DVD) (34 min.) : sd., col. ; 12 cm.
Assessing for fall risk: using the Hendrich II fall risk model -- Fall risk: assessment and prevention -- Interpreting the Hendrich II assessment: rating the risk for falls -- Striving for excellence: shaping care and discharge planning around fall risk., "Demonstrates how to assess patients for strength and mobility, extrinsic and intrinsic fall risk factors, and cognition"--Cover.

Deer Lodge Centre Library: WT 30 F973f 2007 AV

**Fulmer SPICES : an overall assessment tool for older adults.** Terra Nova Films: Chicago, IL, 2007

_The Fulmer SPICES : an overall assessment tool for older adults._ How to try this : 1.: 1 videodisc (DVD) (20 min.) : sd., col. ; 12 cm.
"Fulmer SPICES is an efficient tool designed to guide critical thinking and overall assessment in the approach to care for older adults"--Container.

Deer Lodge Centre Library: WT 30 F973f 2007 AV

**The Geriatric Depression Scale (GDS) short form.** Terra Nova Films: Chicago, IL, 2007

_The Geriatric Depression Scale (GDS) short form._ How to try this : 2.: 1 videodisc (DVD) (28 min.) : sd., col. ; 12 cm.
Demonstrating the GDS-SFscreening -- Recognizing geriatric depression -- The interpretation of the assessment -- The communication and utilization of findings., "Demonstrates the importance of improving quality of life by assessing and treating depression in older adults"--Container.

Deer Lodge Centre Library: WM 171 G369g 2007 AV

**Head to toe assessment, HCP25 : assessing the upper body.** National Educational Video: Naples, FL, 1999

_Head to toe assessment, HCP25 : assessing the upper body._ 1 videocassette (55 min.) : sd., col. ; 1/2 in. + 1 guide (25 leaves ; 30 cm.)
1. Upper body -- 2. Abdomen and lower body., Takes the professional through a comprehensive physical assessment, discusses the necessary information to document the findings correctly, includes information about the aging client/resident. Focus is to develop a baseline for future assessment, formulate a comprehensive history to include mental status, nutritional status, fall risk & current medications, and identify techniques, procedures and tests.

Deer Lodge Centre Library: WY 100.4 H432h 1999 AV

**How illnesses present in the elderly.** Primedia Healthcare ; Toronto: Carrollton, Tex., 2005

_How illnesses present in the elderly._ 1 videocassette (30 min.) : sd., col. ; 1/2 in.
Explains how to spot dangerous signs and symptoms.
Concordia Hospital Library: WY 152 H69h 2005 AV

**The impact of event scale--revised : an assessment of post-traumatic stress in older adults.** Terra Nova Films: Chicago, IL, 2009

_The impact of event scale--revised : an assessment of post-traumatic stress in older adults._ Videos on aging and elderhood.: 1 videodisc (DVD) (40 min.) : sd. col. ; 12 cm.
Measuring the effects of stress after a traumatic event -- Understanding and treating the impact of stress after a traumatic event -- The impact of event scale--revised, Post-traumatic stress Disorder
(PTSD) can affect an older adult's coping ability and sense of well-being; it is often difficult to discern, and may surface as a physical complaint with no immediately identifiable medical cause. The DVD shows how to apply the revised Horowitz Impact of Events Scale to measure response to trauma so underlying issues can be addressed. The DVD also documents how to identify risk factors, and establish appropriate treatments, including cognitive behavioral, exposure, and solution-focused therapies.

Deer Lodge Centre Library: WM 170 I34i 2009 AV

**Katz index of independence in activities of daily living (ADL).** Terra Nova Films: Chicago, IL, 2008

_Videos on aging and elderhood._: 1 videodisc (DVD) (28 min.) : sd., col. ; 12 cm.

Measuring functional status and preventing decline -- Functional status in older adults., "The Katz Index is a direct-observation assessment tool that measures a person's ability to independently perform six basic activities of daily living in the following areas: bathing, dressing, toileting, transferring, continence, and feeding"--Container.

Deer Lodge Centre Library: WT 120 K19k 2008 AV

**The Lawton Instrumental Activities of Daily Living scale (IADL).** Terra Nova Films: Chicago, IL, 2008

_How to try this : 13.: 1 videodisc (DVD) (40 min. ) : sd., col. ; 12 cm.

Assessing the ability to live and function independently -- Beyond the basics : functional skills for living independently., Uses the principles of IADL to assess an older person's ability to manage more complex tasks of daily living that require cognitive skill and planning. Tasks assessed are telephone use, shopping food preparation, housekeeping, laundry, transportation, medication management, and financial management.

Deer Lodge Centre Library: WT 30 L425L 2008 AV

**The Pittsburgh sleep quality index (PSQI).** Terra Nova Films: Chicago, IL, 2009

_Videos on aging and elderhood._: 1 videodisc (DVD) (32 min.) : sd. col. ; 12 cm.

Measuring the quality and quantity of sleep -- Exploring the many factors affecting sleep as we age., The lack of adequate sleep can have adverse effects on an older person's health and overall sense of well-being. The Pittsburgh Sleep Quality Index (PSQI) is a valuable aid to investigate areas that can affect the quality and quantity of sleep. It includes a careful measurement of bedtime, time to get to sleep, wake-up time, hours of sleep, barriers to getting or staying asleep, and the use of sleep medications. The results gathered from the assessment can help care providers to start a dialogue that leads to an effective care plan with appropriate, individualized interventions. This assessment test can be self-administered or completed through an interview process.

Deer Lodge Centre Library: WM 188 P692p 2009 AV

**Recognition of dementia in hospitalized older adults.** Terra Nova Films: Chicago, IL, 2008

_How to try this : 5.: 1 videodisc (DVD) (30 min. ) : sd., col. ; 12 cm.

Screening for dementia: using the recognition of dementia tool -- Recognizing dementia: implications for patients, clinicians and care -- Debriefing: identifying memory loss and areas of concern -- Care planning to improve outcomes and minimize risks., Illustrates the use of Recognition of Dementia In Hospitalized Older Adults screening tool to identify signs of dementia.

Deer Lodge Centre Library: WM 220 R311ra 2008 AV

**The Short Michigan Alcoholism Screening Test : geriatric version (SMAST-G).** Terra Nova Films: Chicago, IL, 2009

_How to try this : 18.: 1 videodisc (DVD) (41 min.) : sd., col. ; 12 cm.

How to assess for problem alcohol use in older adults -- Aging and the use of alcohol., "The Short Michigan Alcoholism Screening Test is a practical tool to help care providers recognize early warning signs
GERIATRIC NURSING

Caring for the aging: meeting the challenge in long-term care. Glaxo Wellcome: Research Triangle Park, NC, 1997
1 videocassette (40 min.) : sd., col. ; 1/2 in. + 1 Presenter's handbook + 12 case sheets.
Deer Lodge Centre Library: WT 30 C277cc 1997 AV

The caring profession: gerontological nursing. Faculty of Nursing: Winnipeg, 1998
1 videocassette (11 min) : sd., col. ; 13 mm.
Deer Lodge Centre Library: WY 152 C277ce 1998 AV

The geriatric nursing assistant: the most important team player: the most important eyes. Video Press: Baltimore, Md., 2000
1 videocassette (20 min.) : sd., col. ; 1/2 in. (Producer) Nursing assistants explain what they look for when they come into a resident's room. Discussion considers physical, emotional and cognitive changes. Physical changes include a consideration of skin breakdown and the beginning of pressure sore, changes in vital signs, appetite, sleep patterns and activity level. Emotional and cognitive changes include sudden onset of confusion; changes in mood, motivation, cognitive ability; ability to follow instructions, and ability to participate in activities of daily living.
Concordia Hospital Library; Deer Lodge Centre Library: WY 152 G369g 2000 AV

1 videocassette (60 min) : sd., col. ; 1/2 in. VHS
Deer Lodge Centre Library: WY 152 L972k 1996 AV

Lippincott's video series for nursing assistants. Lippincott Williams & Wilkins: Philadelphia, 2006
15 videocassettes (ca. 462 min.) : sd., col. ; 1/2 in.

2 videocassettes (ca. 13 hrs. 10 min.) : sd., col. ; 1/2 in. VHS
National Best Practices in Long Term Care Conference held in Montreal April 24-25, 2001. Sessions include 1.) Guest speaker - Dr. Bernard Groulx. 2.) VAC's Dementia Care Initiative. 3.) Pain Management Panel. 4.) Circles of Care. 5.) Reducing Falls in a High Risk Veteran Population. 6.) Establishing an Electronic "Best Practices Forum" - Linking Veterans Facilities via the Internet. 7.)
Best Practices for Prevention and Treatment of Pressure Ulcers. 8.) Chronic Wound and Skin Health Team. 9.) Resident Breakfast Program. 10.) Dysphagia Program. 11.) Guest Speaker - Dr. Bernard LaPoint. 12.) Quality Improvement Panel. 13.) Restraint Reduction. 14.) Clinical Challenges in Long Term Care Identifying : Behavioural Issues, the Challenges of a New Dementia Unit. 15.) A Walking Program : Implementation of Extended Care. 16.) The Dorothy Macham Home, Behavioural Care Unit.,

Deer Lodge Centre Library: WT 30 N477n 2001 AV pt.1; WT 30 N477n 2001 AV pt.2

**Restorative care : the best you can be.** Canadian Centre for Activity and Aging: London, ON, 2001
1 videocassette (20 min.) : sd., col. ; 1/2 in. VHS
*This video presents the overall philosophy of restorative care in an educational and compassionate setting. The topics of learned helplessness, assessment, mobility, positioning, exercise and feeding and the psychosocial implications they have on the elderly are discussed from the viewpoints of both the caregiver and the patient. The video helps staff, families and other caregivers understand the importance of maintaining and enhancing abilities throughout the life span.*

Deer Lodge Centre Library: WY 152 R436ra 2001 AV

**Spiritual care in gerontological nursing.** School of Nursing: St. John's, NF, 2003
1 videocassette (18 min.) : sd., col. ; 1/2 in + 1 facilitator's guide (12 p. ; 17 cm.)
*This video focuses on the spiritual dimension of nursing older adults as they wrestle with and resolve spiritual issues.*

Seven Oaks General Hospital Library: WM 61 S759sc 2003 AV

**GERIATRIC PSYCHIATRY**

**Mental health issues and elders.** Primedia Workplace Learning: Carrollton, TX, 2005
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
*"Designed to explore some of the common mental health issues and conditions seen in elders in a healthcare setting. Depression, anxiety disorder, and schizophrenia are just some of the conditions discussed." --Container.*

Concordia Hospital Library: WT 150 M549m 2005 AV

**Mental health problems of older adults.** Mental Health Outreach Network: Duluth, Minn., 1997
1 videocassette (20 min., 15 sec.) : sd., col. ; 1/2 in. + 1 guide (28 p.).
*(Producer) Discusses the most common mental health problems experienced by older adults: delirium, dementia, depression, and anxiety. Personality disorders are also highlighted.*

Deer Lodge Centre Library Consumer Health: WT 150 M549md 1997 AV

**GERIATRICS**

**The challenge to come : the care of older adults.** Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2005
1 videodisc (60 min.) : sd., col. ; 4 3/4 in.

Deer Lodge Centre Library: WT 100 C437c 2005 AV

**Living old : the modern realities of aging in America.** PBS Home Video: Alexandria, Va., 2006
1 videodisc (60 min.) : sd., col. ; 4 3/4 in.
*For the first time in American history, "the old old" -- those over 85 -- are now the fastest growing segment of the U.S. population. Medical advances have enabled an unprecedented number of Americans to live longer, healthier lives. But for millions of elderly, living longer can also mean a debilitating
physical decline that often requires an immense amount of care. And just as more care is needed, fewer caregivers are available to provide it. In "Living Old," FRONTLINE investigates this national crisis and explores the new realities of aging in America.

Deer Lodge Centre Library: WT 31 L785La 2006 AV

GRIEF

At death's door: facing the terminal illness of a loved one. Paraclete Video Productions; Sherborn: Orleans, MA, 1999
1 videocassette (35 min.): sd., col.; 1/2 in. (VHS) + 1 guide (15 p.)
At death's door will help you acknowledge your emotions about the terminal illness of someone you love and will guide you in living fully with your loved one through the last months, weeks, or days of your time together.

Deer Lodge Centre Library Consumer Health: BF 575.G7 A861a 1999 AV

Beyond death's door: help for the grieving process after someone you love has died. Paraclete Video Productions: Orleans, MA, 1999
1 videocassette (35 min.): sd., col.; 1/2 in. (VHS) + 1 guide (15 p.)
(Producer) This video provides help for the grief journey after a loved one has died. Interviews with expert grief counselors and personal testimonies by people who have experienced the death of someone close to them, help the grieving person understand the processes of grief and mourning.

Deer Lodge Centre Library Consumer Health: BF 575.G7 B573b 1999 AV

Caring for the dying patient. San Luis Video; Irvine: San Luis Obispo, Calif., 1996
3 videocassettes (68 min.): sd., col.; 1/2 in. VHS
Pt. 1. Physical care (24 min.) -- Pt. 2. Team approach to comprehensive care (22 min.) -- Pt. 3. Bereavement issues (22 min.). Part 1. Addresses important physical needs including the transition from curative to symptomatic care. Topics include effective pain management strategies and addiction fallacies; and common symptoms, side effects, ramifications of disease progression, physical symptoms of dying. Also discusses common home health issues including family assessment, treatment plan compliance, equipment and procedure training.

Concordia Hospital Library: WB 310 C277c 1996 Pt.1 AV; WB 310 C277c 1996 Pt.2 AV; WB 310 C277c 1996 Pt.3 AV

Living with grief after sudden loss. Service Corporation International: Houston, Tex., 1996
1 videocassette (20 min.): sd., col.; 1/2 in. (VHS)
Discusses the grieving process and how it is complicated by sudden loss.

Deer Lodge Centre Library Consumer Health: BF 575 G7 L785Lb 1996 AV

Surviving death: stories of grief. National Film Board of Canada: Montreal, 1998
1 videocassette (47 min.): sd., col.; 13 mm. (VHS)
Surviving Death: Stories of grief is about people negotiating a new relationship with life after losing a loved one. Recognizing that there is no single or easy path to recovery, this video is a useful resource for those in grief and for those lending support to people who are grieving.

Deer Lodge Centre Library Consumer Health; Seven Oaks General Hospital Library: BF 789 D4 S963s 1998 AV
When a loved one dies: working with families. Primedia Workplace Learning: Carrollton, TX, 2001
1 videocassette (57 min.) : sd., col. ; 1/2 in.
(Producer) Chaplains, social workers and nursing staff encounter families of patients who are dying or who have just died. The nature of the encounter varies with the situation. This program helps healthcare professionals better assist the family that is left behind.
Grace General Hospital Library: BF 575 G7 W567w 2001 AV

HAND

1 videocassette (20 min.) : sd., col. ; 1/2 in. (VHS) + 1 program guide (11 leaves ; 28 cm.)
"This program describes changes due to aging and common problems of the hands and feet. Techniques for nail care, pertinent observations and hand and foot massage are demonstrated."--Program guide.
Deer Lodge Centre Library: WY 100 H236h 2002 AV

HANDWASHING

All hands on deck: [health care professionals]. Brevis Corporation: Salt Lake City, 1997
1 videocassette (9 min.) : sd., col. ; 1/2 in. (VHS)
"This video promotes handwashing in a uniquely serious and comic fashion in which Hand Solo, a real-life hand, talks it all over with Xzzyxyz1391, a loudmouth germ."--Video slip case.
Deer Lodge Centre Library: WX 167 A416a 1997 AV

Hand washing: get the picture? Medcom Trainex; Toronto: Cypress, CA, 2002
1 videodisc (11 min.) : sd., col. ; 4 3/4 in.
This program illustrates common ways in which infectious pathogens may be spread in a hospital setting; demonstrates proper hand washing procedures; and recommends the type of soap needed in specific situations.
Deer Lodge Centre Library: WX 165 H236h 2002 AV

3 videocassettes (70 min.) : sd., col. ; 1/2 in.
Pt. 1. Breaking the chain of infection (25 min.) -- Pt. 2. Hand hygiene and gloving (23 min.) -- Pt. 3. Basic sterile technique (22 min.),
Concordia Hospital Library; Deer Lodge Centre Library; Victoria General Hospital Library: WC 195 I54i 2002 AV Pt.1; WC 195 I54i 2002 AV Pt.2; WC 195 I54i 2002 AV Pt.3

HARASSMENT

Harassment: keeping it out of the workplace. Workwell Training Videos: Keswick, Ont., 1998
1 videocassette (18 min.) : sd., col. ; 1/2 in. + 1 leader's guide (computer disk).
This video was produced to provide the viewer with a better understanding of workplace harassment. The program defines and discusses the most common forms of this behaviour and suggests methods and actions that can be taken to help eliminate its occurrence.
Deer Lodge Centre Library: HF 5549.5 S45 H254h 1998 AV; HF 5549.5 S45 H254h 1998 AV Guide

Harassment is--: healthcare version. Coastal Training Technologies Corp.: Virginia Beach, VA, 2007
1 videodisc (DVD) (ca. 18 min.) : sd. col. ; 12 cm. + 1 program guide (16 p. : ill. ; 21 cm.)
Deer Lodge Centre Library: HF 5549.5 H27 H37h 2007 AV; HF 5549.5 H27 H37h 2007 AV Guide
Respect in the workplace. 1996.1996
1 videocassette (27 min., 30 sec.) : sd., col. ; 1/2 in. VHS + facilitator's guide (151 p.)

Host Naomi Levine, College Harassment Officer takes the viewer through a series of vignettes that demonstrate harassment in the workplace and how to deal with it. Explains the rights of employees & responsibilities of employers.

Seven Oaks General Hospital Library: AV HD 4903.5 DC2 1M2 R434r 1996 pt.1; AV HD 4903.5 DC2 1M2 R434r 1996 pt.2:fac

HAZARDOUS SUBSTANCES

Implementing a WHMIS program. Ontario Safety Association for Community & Healthcare: Toronto, 2006
1 videodisc (27 min.) : sd., col. ; 4 3/4 in.
Grace General Hospital Library: WX 185 I34i 2006 AV

HEAD

1 videocassette (2 hrs., 39 min.) : sd., col. ; 1/2 in.
Grace General Hospital Library: AV QS 17 V652 Pt.4:1999

The head and neck. Part 2. Lippincott Williams & Wilkins: Baltimore, MD, 2000
1 videocassette (161 min.) : sd., col. ; 1/2 in. VHS
This tape consists of six sections: the facial muscles and the scalp, the brain and its surroundings, the nerves of the head and neck, the blood vessels of the head and neck, the eye and its surroundings, and the ear.
Grace General Hospital Library: QS 17 V652 AV pt.5:2000

HEALTH PROMOTION

1 videodisc (51 min.) : sd., col. ; 4 3/4 in.
"In this program, experts including the Mayo Clinic's Ron Peterson; James Gordon, author of Manifesto for a New Medicine; a behavioral therapist; an exercise physiologist; and a sexuality counselor discuss the structure and function of the brain while offering insights into how to keep the mind in shape as the body ages. Case studies of Michael and Mary Anne, two middle-aged Americans, offer these healthcare professionals opportunities to describe the therapeutic benefits of exercise, "brain foods," biofeedback, guided imagery, mind-body medicine, watsu, tai chi, qigong, drumming, laughter, clapping, and sexuality."--Container.
Deer Lodge Centre Library: WL 300 M663m 2003 AV

HEARING

Caring for individuals with cognitive and sensory challenges. Distributed by ConceptMedia: Irvine, CA, 2003
3 videocassettes (61 min.) : sd., col. ; 1/2 in.
Discusses ways in which the impaired patient can be made more comfortable while in a healthcare setting.
Concordia Hospital Library: WY 87 C277c 2003 AV video 1; WY 87 C277c 2003 AV video 2; WY 87 C277c 2003 AV video 3
HEART

1 videocassette (ca. 65 min.) : sd., col. ; 1/2 in.
This video features the "new Canadian standards in CPR. Techniques such as rescue breathing, cardiopulmonary resuscitation (CPR) and clearing an airway obstruction for choking situations are demonstrated and described on adults (8 years and older), children (1-8 years) and infants (under 1 year). There are also segments on heart attack and strokes recognition and treatment. This video is designed to provide both the beginner and the intermediate rescuer with the knowledge and skill required to deal with life-threatening emergencies."--container.
Concordia Hospital Library: WG 205 A134a 2002 AV

After your heart attack: how are you doing? Winnipeg Regional Health Authority?: Winnipeg, 2004
1 videocassette : col., sd. 1/2 in. VHS
Dr. Ducas discusses the signs of having a heart attack, what to do if you think you may be having a heart attack, and how to prevent a heart attack.
Seven Oaks General Hospital Library; Victoria General Hospital Library: WG 300 A258a 2004 AV video

Cardiovascular pharmacology. I. MosbyJems: St. Louis, Mo.?, 2003
1 videocassette (54 min., 52 sec.) : sd., col. ; 1/2 in. (VHS)
"Discusses the medications used in acute coronary syndromes and the medications used to manage specific cardiac dysrhythmias. The lecture focuses on the mechanism of action, indications, and precautions for each medication as it pertains to ACLS. Medications discussed include oxygen, nitroglycerin, morphine, naloxone, nalmefene, aspirin, adenosine, fibrinolytic agents, heparin, ACE inhibitors, epinephrine, atropine, beta-blockers, lidocaine, procainamide, amiodarone, calcium channel blockers, magnesium sulfate, and glycoprotein IIb/IIIa inhibitors"--Container.
Grace General Hospital Library: QV 150 C267cp2 2003 AV

Cardiovascular pharmacology. II. MosbyJems: St. Louis, Mo.?, 2003
1 videocassette (24 min., 47 sec.) : sd., col. ; 1/2 in.
"Focuses on the medications used to improve cardiac output and blood pressure, alkalinizing agents, and diuretics. The lecture focuses on the mechanism of action and indications and precautions for each medication as it pertains to ACLS. Medications discussed include norepinephrine, dopamine, dobutamine, vasopressin, calcium chloride, sodium nitroprusside, sodium bicarbonate, and furosemide"--Container.
Grace General Hospital Library: QV 150 C267cq2 2003 AV

1 videocassette (25 min.) : sd., col. ; 1/2 in. VHS + 1 guide
Designed to teach the nurse how to recognize the signs and symptoms of heart failure, to understand how heart failure is diagnosed, to assess patient's nursing care needs in all stages of diagnosis, treatment and recovery, and to understand the psychosocial and teaching needs of the patient and his or her family.
Grace General Hospital Library: WY 152.5 C271ca 1997 AV

Coronary angiography and angioplasty. Milner-Fenwick: Timonium, MD, 2007
1 videodisc (DVD) (15 min., 53 sec.) : sd., col. ; 4 3/4 in.
Takes patients through the angiography, angioplasty, and stenting procedures. Shows how the heart works,
Coronary angioplasty. Milner-Fenwick: Timonium, MD, 1996
1 videocassette (9 min.) : sd., col. ; 1/2 in. (VHS)
This video is revised to include the latest information on stents. It covers the preparations, tests, and medications that may be given before angioplasty is performed. Live images and animation provide step-by-step explanations of this procedure. Possible risks and complications are also covered. Assures patients that this is an effective treatment that has been used for many years.
Seven Oaks General Hospital Library: WG 300 C822cf2 2007 AV

ECG interpretation. Junctional rhythms and AV blocks. PRIMEDIA Healthcare ; Toronto: Carrollton, Tex., 2003
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
Provides essential information for interpretation, identification, and treatment in abnormal and life-threatening rhythms of junctional origin, and the conduction disturbances of AV blocks.
Grace General Hospital Library: WG 140 E282e 2003 AV

ECG interpretation. Part 1, Ventricular rhythms. Primedia Healthcare ; Toronto: Carrollton, TX, 2003
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
Producer) The skill of recognizing life-threatening dysrhythmias is mastered by learning the differentiating criteria for each rhythm and correctly applying this information during strip analysis. This program explores up-to-date, essential information for interpreting normal and abnormal rhythms originating in the ventricles.
Grace General Hospital Library: WG 140 E28e 2003 AV

1 videodisc (25 min.) : sd., col. ; 4 3/4 in.
Provides essential information for interpreting abnormal and life-threatening rhythms of atrial origin.
Grace General Hospital Library: WG 140 E17em 2003 AV

ECG interpretation. Part 4, Mechanisms of sinus rhythms. PRIMEDIA Healthcare ; Toronto: Carrollton, TX, 2003
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
Provides essential information for interpreting abnormal and life-threatening rhythms of atrial origin.
Grace General Hospital Library: WG 202 E17e 2003 AV

ECG interpretation. part 5, Foundation. Primedia Healthcare ; Toronto: Carrollton, TX, 2003
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
Producer) This program provides a foundation for electrocardiogram (ECG) interpretation, including information on electrode lead placement. Experts explain the physiology of the heart's conduction system and how to correlate that information to the waveforms captured on the ECG.
Grace General Hospital Library: WG 140 E285e 2003 AV

EKG interpretation. Distributed by ConceptMedia: Irvin, CA, 2001
1 videocassette (29 min.) : sd., col. ; 1/2 in. (VHS)
Presents an overview of the heart's electrical conduction system and resulting mechanical responses. Discusses the basics of an EKG and how to recognize normal cardiac rhythms. Measurements of
each normal EKG waveform are presented and three methods of calculating heart rate from a rhythm strip are explained. The 7-step method of EKG analysis is presented along with descriptions of normal sinus rhythms

Concordia Hospital Library; NJM Health Sciences Library: WF 140 E36e 2001 AV

The epidemiology of myocardial infarction in the elderly. PRIMEDIA Workplace Learning ; Toronto: Carrollton, TX, 2005
1 videodisc (52 min.) : sd., col. ; 4 3/4 in.
(Producer) Discusses the epidemiology of cardiovascular disease and myocardial infarction in relation to the elderly. Identifies seven risk factors, specific clinical features, and special treatment problems in the elderly.
Deer Lodge Centre Library: WG 300 E64e 2005 AV

Fighting heart disease and stroke. MarkeTech Associates Inc.: Dallas, TX., 1999
1 videocassette (25 min.) : sd., col. ; 1/2 in.
Concordia Hospital Library Consumer Health: AV WL 355 F471p 1999

Heart block, and ventricular dysrhythmias. Distributed by ConceptMedia: Irvin, CA, 2001
1 videocassette (24 min.) : sd., col. ; 1/2 in (VHS)
Continuing the use of the 7-step method of EKG analysis, this program describes first, second, and third degree heart block, premature ventricular contractions, ventricular tachycardia, ventricular fibrillation and ventricular asystole. Discusses the causes, effects, and treatments for each of these dysrhythmias. Briefly explains the phenomenon of pulseless electrical activity. Describes in some depth the nursing responsibilities in caring for patients with dysrhythmias
NJM Health Sciences Library: WG 140 H436h 2001 AV

It's about time : acting fast for heart attack survival. Heart Attack React: Minneapolis, Minn., 1996
1 videocassette (16 min.) : sd., col. ; 1/2 in. VHS + 1 booklet (15 p.)
This video gives you all the information you need to act quickly and calmly in case of a heart attack emergency.
Grace General Hospital Library: AV WG 300 I89i 1996

It's time for a heart to heart. Alliance for Aging Research: Washington, DC, 1996
1 videocassette (15 min.) : sd., col. ; 1/2 in. (VHS) + 1 coordinator's guide + 1 poster + 30 brochures.
Provides information about the symptoms and treatment of congestive heart failure.
Deer Lodge Centre Library: WG 370 I88i 1996 AV

Performing cardiac assessment. Springhouse Corporation: Springhouse, PA, 2000
Expert nurse video series: 1 videocassette (30 min.) : sd., col. ; 1/2 in. VHS + booklet + test and answer form.
Gives sight-and-sound approach to mastering cardiac auscultation skills. Includes techniques for auscultating for and identifying normal and abnormal heart sounds, including tricuspid, mitral, pulmonic, and aortic regurgitation and stenosis ; electronically generated sounds to help you identify and understand normal and abnormal heart sounds ; graphics that show you cardiac landmarks, proper auscultation sites, and blood flow through the heart ; tips on documenting location, intensity, duration, pitch, timing, and quality of heart sounds.
Deer Lodge Centre Library; Grace General Hospital Library; NJM Health Sciences Library: WY 152.5 P438p 2000 AV

Pharmacology and the elderly. Part 4, Cardiovascular drugs. PRIMEDIA Workplace Learning :
Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2004
List the different drug classes of cardiovascular medications, and describes the mechanisms of action and side effects of the medications commonly used to treat hypertension and heart failure in older adults.

Concordia Hospital Library; Deer Lodge Centre Library: QV 150 P536p 2004 AV; QV 150 P536p 2004 AV manual

**Time to talk about heart attack survival.** REACT Study: Minneapolis, MN, 1996

1 videocassette (16 min.) : sd., col. ; 1/2 in. VHS

*Discusses the ways to talk to patients about heart attack warning signs.*

Grace General Hospital Library: AV WG 300 T583t 1996

**What you really need to know about ... angina.** Videos for Patients ; Mississauga : Medical Audio Visual Communications Inc. distributor: London, 1996

1 videocassette (46 min.) : sd., col. ; 1/2 in. VHS

*This video will help you learn about how the pain of angina is caused when your heart doesn't get enough oxygen, that angina doesn't mean that you are about to have a heart attack, how angina is caused, how you can tell the difference between angina and chest pain, various treatment options, things you can do to control angina, and the warning signs.*

Deer Lodge Centre Library Consumer Health: WG 298 W555w 1996 AV

**HEPATITIS**

**Hepatitis : the alphabet.** Community and Hospital Infection Control Association: Winnipeg, MB, 1999

1 videocassette (50 min.) : sd., col. ; 1/2 in. (VHS)

Deer Lodge Centre Library: WC 536 K13h 1999 AV

**HERNIA**


1 videocassette (8 min.) : sd., col. ; 1/2 in.

Victoria General Hospital Library: AV WI 250 L299La 1998

**HIP**

**Pre & post op care of the orthopedic patient.** Classroom Productions: United States, 1996

3 videocassettes (71 min.) : sd., col. ; 1/2 in.


Concordia Hospital Library; Seven Oaks General Hospital Library; Victoria General Hospital Library: WY 157.6 P74p 1996 AV pt.1; WY 157.6 P74p 1996 AV pt.2; WY 157.6 P74p 1996 AV pt.3

**Selective exposures in orthopaedic surgery : the hip.** American Academy of Orthopaedic Surgeons: Rosemont, Ill., 2006

1 DVD-ROM (99 min.) : sd., col. ; 4 3/4 in. + 1 guide + 1 CME evaluation card.

Direct lateral approach in the OR -- Trochanteric osteotomy. Conventional trochanteric osteotomy -- Trochanteric osteotomy in the OR. Extended trochanteric osteotomy in the OR -- Anterior trochanteric slide in the OR -- Extended trochanteric slide in the OR., Enables the participant to recognize the architecture of the hip; to evaluate how to safely expose the hip structure using various approaches; to locate, visualize, isolate, tag, retract, and protect the neurovascular structures encountered; to understand the indications for each surgical exposure; to apply techniques for placement of retractors, clamps and surgical implants; and to comprehend the details of hip wound closure.

Concordia Hospital Library: WE 860 S464s 2006 AV

HOLOCAUST

Medical legacy of those who introduced racial hygiene. Grace Hospital: Winnipeg, 2005
1 videocassette (ca. 60 min.) : sd., col. ; 1/2 in. VHS
Grace General Hospital Library: W 50 H685m 2005 AV

HOME CARE SERVICES

From rules to caring practices. Park Ridge Center for the Study of Health: Park Ridge, IL, 2001
1 videocassette (15 min., 30 sec.) : sd., col. ; 1/2 in. + 3 guides + 2 workbooks in container (31 x 25 cm.)
Program is designed to train those who provide care for the elderly at home and addresses the ethical as well as the practical aspects of caregiving. Includes material on home care and adult day services. Video contains four vignettes to be viewed and discussed using material in books.
Deer Lodge Centre Library: WY 115 F931f 2001 AV

Infection control in home healthcare : winning the battle. Coastal Training Technologies: Virginia Beach, VA, 1998
1 videocassette (19 min.) : sd., col. ; 1/2 in. + 1 guide (16 p.)
Deer Lodge Centre Library: WY 115 I54i 1998 AV gd.; WY 115 I54i 1998 AV

HOMES FOR THE AGED

Adapting homes to successfully age in place : important information to know at home. Aquarius Health Care Videos ; Toronto: Medfield, MA, 2003
1 videodisc (DVD) (27 min.) : sd., col. ; 12 cm.
Retirement is no longer a brief interlude between work and death. Older adults often live in older homes in need of significant repair and/or modification. Many homes lack the functional design needed to accommodate for the losses frequently experienced by older adults. Since most older persons wish to remain in their own home it is important to know how to adapt the home environment to successfully age in place.
Deer Lodge Centre Library: WA 795 A221a 2003 AV

Rage against the darkness. Episode 2, Bunny and Leona. McNabb Connolly: Mississauga, ON, 2004
1 videocassette (90 min.) : sd., col. ; 1/2 in. (VHS)
The lives of two unforgettable sisters are torn apart when after sharing an apartment for 30 years, both must abruptly move to different senior's homes. Their lifelong rivalry continues unabated through the wrenching transition to the institutions, and the shock of life apart.
Deer Lodge Centre Library Consumer Health: WT 27.1 R141r 2004 v.2 AV

HOSPITALS
1 videocassette (ca. 12 min) : sd., col. ; 13 mm + 2 booklet.
Deer Lodge Centre Library: WX 15 G721ga 1996 AV

The hospitalized older adult an overview. C. Johnson and Winnipeg Regional Health Authority, Winnipeg Regional Health Authority,: [Winnipeg], 2008
Care of older adults lecture series: 1 CD-ROM (46 min.) : sd., col. (12 mm.) videorecording.
Deer Lodge Centre Library: WT 30 J66h 2008 AV

Wandering in hospitalized older adults with dementia. Terra Nova Films: Chicago, IL, 2009
Videos on aging and elderhood.: 1 videodisc (DVD) (42 min.) : sd. col. ; 12 cm.
Identifying risk and reducing triggers for elopement -- Understanding, preventing, and managing wandering and elopement in patients with dementia., This DVD shows caregiver staff how to integrate best practices in the prevention of wandering and elopement (wandering away), specifically in older adults with dementia. Potential triggers for these behaviours are outlined, along with proper screening of patients for risk factors. Emphasis is placed on preventive aids to reduce wandering, and the importance of understanding why patients tend to wander. The DVD provides an informative discussion on staff awareness of relevant security and HIPAA policies, if an elopement should occur.
Deer Lodge Centre Library: WM 220 W245w 2009 AV

HUMAN IMMUNODEFICIENCY VIRUS

1 videocassette (20 min.) : sd., col. ; 1/2 in. (VHS)
Seven Oaks General Hospital Library: AV WC 503.5 S798s 1996

IMMUNE SYSTEM

Behavioral changes in the elderly related to integumentary & immune impairment. PRIMEDIA Workplace Learning : Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2005
1 videodisc : sd., col. ; 4 3/4 in.
(Producer) This presentation focuses on the identification of integumentary and immune impairments, behavioral manifestations that are common to these impairments, and therapeutic responses. The participant learns to identify coping skills and differentiate between positive and negative reactions. Professional assessments and therapies to address behavioral responses are explored via a multimedia approach.
Deer Lodge Centre Library: WR 140 B44b 2005 AV

INDIANS OF NORTH AMERICA

Our nation's elders speak : unwanted isolation experienced by elders in first nations, inuit and ethnocultural minority communities, a resource manual. National Indian & Inuit Community Health Representatives Organization: Kahnawake, Quebec, 1997
1 v. (various pagings), 1 videocassette
A 28-minute video produced by NIICHRO celebrating the lives of elders from First Nations, Inuit and ethnocultural minority communities.
Deer Lodge Centre Library; NJM Health Sciences Library Aboriginal Health Collection: WT 104 O93o 1997 AV; WT 104 O93o 1997 AV manual; WT 104 O93o 1997 AV pt.1:manual; WT 104 O93o
1997 AV pt.2: videocassette

**Voices of our elders: diabetes.** National Indian & Inuit Community Health Representatives Organization: Kahnawake, Quebec, 1998
1 videocassette (28.52 min.) : col., sd. 1/2 in.
*Elders in the aboriginal communitues share their experience and feelings about diabetes by reflecting on thier past and present lifestyle. The wisdom of the Elders is applied to the serious growing health problems of diabetes.*
Deer Lodge Centre Library; NJM Health Sciences Library Aboriginal Health Collection: WK 810 V889v 1998 AV

**INFANT**

**Nutrition of the infant.** Concept Media: Irvine, CA, 2003
4 videocassettes (101 min.) : sd., col. ; 1/2 in.
Victoria General Hospital Library: WS 120 N976nb 2003 Pt.1 AV; WS 120 N976nb 2003 Pt.2 AV; WS 120 N976nb 2003 Pt.3 AV; WS 120 N976nb 2003 Pt.4 AV

1 videocassette (29 min.) : sd., col. ; 1/2 in. VHS
*This video provides information on choosing and using infant car seats.*
Grace General Hospital Library: AV HE 5620 S34 P967p 1997

**INFECTION**

**Antibiotic-resistant organisms in long term care facilities.** Winnipeg Regional Health Authority: Winnipeg, MB, 2004
1 videocassette (44 min.) : sd., col. ; 1/2 in. VHS
Deer Lodge Centre Library: WC 200 A629a 2004 AV

**AROs : across the spectrum of care.** CHICA-Canada: Toronto, Ont.?, 2004
1 videocassette (15 min.) : sd., col. ; 1/2 in.
Seven Oaks General Hospital Library: WC 195 A769a 2004 AV

**Break the chain: your role in preventing the spread of infection.** IlluminAge Communications Partners ; Toronto : Kineticvideo distributor: Seattle, WA, 2008
1 videodisc (DVD) (48 min.) : sd., col. ; 12 cm. + 1 presenter's guide (15 p. ; 28 cm.)
*Covers how infections spread; important factors about HIV, HBV, HCV, TB, MRSA, and scabies; bloodborne pathogens; how and when to use protective equipment; hand hygiene; employee vaccination for flu and HBV; five ways every employee can be part of the solution; and preventing infection in home care.*
Deer Lodge Centre Library; NJM Health Sciences Library; Seven Oaks General Hospital Library: WX 167 B828b 2008 AV; WX 167 B828b 2008 AV Guide

**Creutzfeldt-Jacob disease.** Community and Hospital Infection Control Association: Winnipeg, 1999
1 videocassette (50 min.) : sd., col. ; 1/2 in. VHS
Deer Lodge Centre Library: WL 300 C925c 1999 AV
Dirty doctors. CBC Educational Sales: Toronto, 2007
1 videodisc (26 min.) : sd., col. ; 4 3/4 in.
Deer Lodge Centre Library: WX 167 D599d 2007 AV

How to follow transmission-based precautions. 1998.1998
1 videocassette (19 min.) : sd., col. ; 1/2 in. VHS
The centers for Disease Control and Prevention (CDC) dramatically revised their "Guidelines for Isolation Precautions in Hospitals" in 1996, and introduced Standard Precautions and Transmission-Based Precautions. Program demonstrates work practices that help prevent the spread of contagious diseases through air, by droplets and contact.
Grace General Hospital Library: WX 167 H847h 1998 AV

1 videocassette (39 min.) : sd., col. ; 1/2 in. (VHS)
(Producer) This program presents the human body as a complex ecosystem of bacteria, then examines each portion of the body, which bacteria live there, and why. The three major bacterial groups--sphere-shaped cocci, rods, and helical spirochetes and spirilla--are examined. Their behavior when interacting with the body is explored. A discussion of factors that encourage bacterial growth leads to specific information on which bacteria cause certain conditions, and how infection can be avoided.
Deer Lodge Centre Library: QW 50 H918h 1997 AV

Infection control and construction in hospitals. Biomedical Communications: Winnipeg, 2002
1 videocassette (17 min. : sd., col. ; c 1/2 in.
Victoria General Hospital Library: AV WX 165 I43i 2002

Infection control and standard precautions : new guidelines for professionals. Medcom ; Toronto: Cypress, CA, 1997
1 videocassette (22 min.) : sd., col. ; 1/2 in. VHS
(Producer) Complete overview of infection control procedures for all healthcare professionals. This video covers the importance of preventing nosocomial infection, the chain of infection, and the means of preventing infection including regular handwashing, cleaning, disinfection, and sterilization. The latest CDC guidelines on standard precautions are integrated throughout, plus procedures for transmission-based precautions for airborne, droplet, and contact.
Grace General Hospital Library: WX 167 I43ib 1997 AV

Infection control in home healthcare : winning the battle. Coastal Training Technologies: Virginia Beach, VA, 1998
1 videocassette (19 min.) : sd., col. ; 1/2 in. + 1 guide (16 p.)
Deer Lodge Centre Library: WY 115 I54i 1998 AV gd.; WY 115 I54i 1998 AV

2 videocassettes (36 min.) : sd., col. ; 1/2 in.
pt. 1. Risk factors (18 min.) -- pt. 2. Prevention and assessment (18 min.). (Producer) Discusses importance of infection in mortality and morbidity of elderly persons, and presents lifestyle factors and changes in body defenses that contribute to infection in this population. Covers measures to reduce the incidence of infection including assessment for risk factors and immunizations. Discusses detecting infection in the elderly, and the subtle, atypical signs and symptoms that are sometimes present.
Concordia Hospital Library; Deer Lodge Centre Library: WC 195 I43ie 2003 pt.1 AV; WC 195 I43ie 2003
pt.2 AV

3 videocassettes (70 min.) : sd., col. ; 1/2 in.
Pt. 1. Breaking the chain of infection (25 min.) -- Pt. 2. Hand hygiene and gloving (23 min.) -- Pt. 3. Basic sterile technique (22 min.),
Concordia Hospital Library; Deer Lodge Centre Library; Victoria General Hospital Library: WC 195 I54i 2002 AV Pt.1; WC 195 I54i 2002 AV Pt.2; WC 195 I54i 2002 AV Pt.3

Infection prevention : environmental sanitation. Medcom ; Toronto : distributed by Medical Audio Visual Communications: Cypress, CA, 2002
1 videocassette (22 min.) sd., col. ; 1/2 in. VHS
This program identifies environmental sanitation procedures designed to provide a safe environment for patients and healthcare workers. The practices illustrated are consistent with the current Occupational Safety and Health Administration (OSHA) and Centers for Disease Control (CDC) recommendations. It helps healthcare workers understand their role in ensuring a safe environment for their patients, colleagues, and themselves and comply with the latest measures.
Grace General Hospital Library: WX 167 I43ic 2002 AV

Infection prevention and control : protect your patients, protect yourself, protect your family. Capital Health: Edmonton, Alta., 2003
1 videocassette (28 min.) : sd., col. ; 1/2 in.
Concordia Hospital Library: WC 195 I43ia 2003 AV

Infections in the elderly. M. Liarakos and Deer Lodge Centre (Winnipeg Man.), Deer Lodge Centre:; [Winnipeg], 2007
Elder friendly series: 1 CD-ROM : sd., col. ; (12 mm.) videorecording.
Deer Lodge Centre Library: WC 195 L693i 2007 AV

Limiting exposure to blood borne pathogens in long-term care. Geriatric Video Productions :
ElderCare Communications: Indianapolis, Ind., 2007
1 videodisc (DVD) (24 mins.) : sd., col. ; 12 cm.
"This program directly guides you on how to use proven techniques to limit exposure to blood borne pathogens, employ a comprehensive prevention program which includes hand washing, barrier protection, sharps precautions, and handling regulated waste. It also gives action steps to take if exposure occurs"--Case-slip.
Deer Lodge Centre Library: WT 27.1 L734L 2007 AV

Personal protection against infection. Health Care Health & Safety Association of Ontario: Toronto, 2006
1 videodisc (11 min) : sd., col. ; 4 3/4 in.
"Learn the basics of infection control for health care support staff, from the modes of transmission to hand washing to proper donning and doffing of personal protective equipment."--Container.
Grace General Hospital Library: WC 195 P467p 2006 AV

Preventing disease transmission in the perioperative setting. Cine-Med ; Denver: Woodbury, CT., 2000
1 videocassette (27 min.) : sd., col. ; 1/2 in. (VHS) + 1 guide (i, 31 p.)
This video, directed toward perioperative nurses, describes the measures used for preventing transmission of communicable diseases, and include hand-washing, "pre-employment medical evaluations, inservice education, immunization programs, standard and transmission-based isolation
precautions, management of job-related illnesses and exposures, ...."

Victoria General Hospital Library: AV WY 161 P944p 2000

**Why don't we do it in our sleeves?** OtoRhinoLounsburgology Productions: Lewiston, ME, 2005
1 videodisc (5 min.) : sd., col. ; (12 cm.)
Demonstrates recommended techniques for coughing and sneezing to reduce disease transmission.
Deer Lodge Centre Library; Victoria General Hospital Library: QT 180 W629w 2005 AV

**INFLuenza**

**Important information about the influenza vaccine = Renseignements importants au sujet du vaccin antigrippal.** Biomedical Communications: Winnipeg, MB, 2006
1 videodisc (7 min.) : sd., col. ; 4 3/4 in.
Concordia Hospital Library; Deer Lodge Centre Library Consumer Health: WC 515 I34i 2006 AV

**Pandemic influenza : the role of healthcare workers.** Medcom Trainex: Cypress, CA, 2006
3 videocassettes (34, 54 sec.) : sd., col. with b&w sequences ; 4 3/4 in. (VHS)
Pt. 1 -- History and virology of pandemic influenza (11 min.) -- pt. 2. -- Recognizing influenza, treatments, and patient education (13 min, 24 sec.) -- pt. 3. Infection control and public health measures (10 min., 30 sec). Describes the difference between seasonal flu and a flu pandemic, as well as how new flu viruses develop and how they are spread. Explains the treatment and care of patients with flu and the role of vaccines and antiviral medications; also discusses infection control measures that should be taught to patients and their families. Describes infection control practices for clinical settings and public health measures in the event of a pandemic flu.
Concordia Hospital Library: WC 515 P189p 2006 pt. 2 AV

**INFORMED CONSENT**

**Achieving informed consent : the role of physicians, nurses, and other caregivers.** Primedia Workplace Learning : Toronto: Carrollton, TX, 2004
1 DVD (50 min.) : sd., col. ; 4 3/4 in. + 1 guide book.
Shows how to properly execute an informed consent and design an effective procedure for ensuring that consents meet the prevailing legal requirements and JCAHO standards.

**INFUSIONS**

**Administering intravenous fluid therapy videorecording.** Mosby: St. Louis, 2003
Mosby's nursing skills video series: 1 videocassette (24 min 03 s) : sd., col. ; 1/2 in. VHS
"This video presents initiating a peripheral IV, including identifying infusion site, promoting venous distention, venipuncture, initiating infusion, and dressing infusion site; troubleshooting intravenous infusions, including assessment for potential complications, regular assessments, and use of Infiltration and Phlebitis Scales; discontinuing IV therapy, including removal of dressing, stabilizing catheter while site is cleansed, removal of catheter, and dressing venipuncture site."--Conteneur.
Deer Lodge Centre Library; Grace General Hospital Library; Victoria General Hospital Library: WY 100 A238a 2003 AV

**IMED Gemini PC-1 & PC-2 : inservice presentation.** s.n.: S.l., 1996
1 videocassette (ca 10 min.) : sd., col. ; 1/2 in. VHS
Describes the use of the PC-1 and PC-2 infusion pumps.
Intravenous medications. Mosby: St. Louis, 2003
Mosby's nursing skills video series: 1 videocassette (23 min 04 s) : sd., col. ; 1/2 in VHS
"This video presents adding medications to IV fluid containers, including use of needleless systems, mixing medication with IV fluid, and use of an IV flow strip; administering IV piggyback medications, including establishing piggyback set-up and re-establishing primary infusion; administering IV medications by mini-infusion pump, including filling syringe and securing in pump and re-establishing primary infusion; administering medications by IV bolus, including preparing injection lock, rates and techniques for injecting medication, and flushing the injection lock post-injection."--Container.

Managing intravenous fluid therapy. Mosby: St. Louis, MO, 2002
1 videocassette (20 min.) : sd., col. ; 1/2 in. VHS
This video presents: regulating IV infusions, including calculating drip rate, using the roller-clamp method and infusion pumps; changing IV tubing and fluids; changing IV dressings, including assessment of the infusion site.

Injections. Mosby: St. Louis, 2003
Mosby's nursing skills video series: 1 videocassette (25 min 23 s) : sd., col. ; 1/2 in. (VHS)
"This video presents preparing injections from an ampule and vial, including how to break ampule/open vial, use of syringe and needle to withdraw medication, and changing needle for injection; preparing insulin, including types of insulin and drawing up more than one type; intradermal injections, including site identification and marking skin for allergy/TB testing; subcutaneous injections, including site identification and needle length; intramuscular injections, including site identification and Z-track method."--Container.

Intradermal injections. Distributed by Concept Media: Irvine, CA, 2002
1 videocassette (10 min.) : sd., col. ; 1/2 in. (VHS)
Program describes important nursing consideration when administering intradermal injections. Illustrates sites used and demonstrates techniques for administering these injections.

Intramuscular injections. Distributed by Concept Media: Irvine, CA, 2002
1 videocassette (17 min.) : sd., col. ; 1/2 ) (VHS)
Program describes important nursing consideration when administering intramuscular injections. Illustrates sites used and demonstrates techniques for administering these injections.

Intravenous medications. Mosby: St. Louis, 2003
Mosby's nursing skills video series: 1 videocassette (23 min 04 s) : sd., col. ; 1/2 in VHS
"This video presents adding medications to IV fluid containers, including use of needleless systems, mixing
medication with IV fluid, and use of an IV flow strip; administering IV piggyback medications, including establishing piggyback set-up and re-establishing primary infusion; administering IV medications by mini-infusion pump, including filling syringe and securing in pump and re-establishing primary infusion; administering medications by IV bolus, including preparing injection lock, rates and techniques for injecting medication, and flushing the injection lock post-injection."--Conteneur.

Deer Lodge Centre Library; Grace General Hospital Library; Victoria General Hospital Library: WY 100 I6i 2003 AV

**Subcutaneous injections.** Distributed by Concept Media: Irvine, CA, 2002
1 videocassette (11 min.) : sd., col. ; 1/2 in. (VHS)
Program describes important nursing consideration when administering subcutaneous injections. Illustrates sites used and demonstrates techniques for administering these injections
Seven Oaks General Hospital Library: WB 354 S941s 2002 AV

**Vascular access.** Mosby: Saint Louis, 2003
*Mosby's nursing skills video series*: 1 videocassette (17 min 26 s) : sd., col. ; 1/2 in. (VHS)
"This video presents dressing care, including types of dressings, assessment of the insertion site, maintaining asepsis, and documentation; blood draws and fluid administration, including scheduling considerations, flushing to check for patency, re-capping catheter, or connecting to IV fluid; troubleshooting, including checking the integrity of vascular access and signs of potential problems."--Conteneur.
Deer Lodge Centre Library; Grace General Hospital Library; Victoria General Hospital Library: WY 100 V331v 2003 AV

**INSULIN**

**Injecting insulin.** Milner-Fenwick: Timonium, MD, 2003
*Patient education video series in diabetes.*: 1 videocassette (20 min., 20 sec.) : sd., col. ; 1/2 in. (VHS)
(Producer) Takes the viewer step by step through preparation of both a single and mixed dose of insulin using a needle and syringe. Also discusses the insulin pen and pump. Explains injection sites, and has updated sharps disposal information. Shows safe storage of insulin and what it should look like before use.
Seven Oaks General Hospital Library: WK 850 I56i 2003 AV

**Meeting the diabetes challenge in long-term care.** Medcom ; Toronto: Cypress, CA, 1997
1 videocassette (28 min.) : sd., col. ; 1/2 in. (VHS)
Describes how diabetes affects elderly patients in long-term care settings and explains treatment methods for managing it. Includes pathology, long-term complications, and the various types of therapy.
Deer Lodge Centre Library: WK 810 M495m 1997 AV

**INTERGENERATIONAL RELATIONS**

**Open doors, open hearts : bringing long-term care residents and young people together.** Temple University Center for Intergenerational Learning: Philadelphia, PA, 2002
1 videocassette (15 min.) : sd., col. ; 1/2 in. + 1 manual.
"Open doors, open hearts is a practical guide designed to help long-term care facilities and schools and youth organizations form partnerships and create intergenerational programs."--P. 2 of manual.
Deer Lodge Centre Library: HQ 784 A34 O61o 2002 AV
Ribbons of life. Voice of the Fraser Productions: Burnaby, B.C., 2000
1 videocassette (30 min.) : sd., col. ; 1/2in. (VHS) + 1 guide.
*The Ribbons of Life project grew from a dream of Sarah Dobb's, Burnaby's Curator of Visual Arts, to help residents of Burnaby Hospital's Cascade Residence learn how art can help them express their lives and memories. Working with Burnaby students, tutored by professional artists, the residents created an art exhibit featuring pieces created by individual seniors, by senior and students working together, or by students interpreting the seniors' life stories.*
Deer Lodge Centre Library: WM 450.5 A8 R483r 2000 guide; WM 450.5 A8 R483r 2000 video

Seniors are cool! Manitoba Seniors Directorate: Winnipeg, Man., 1999
1 videocassette (11 min.) : sd., col. ; 1/2 in. + 1 resource guide (7 p. : ill. ; 28 cm.) + 1 teacher resource card.
Seven Oaks General Hospital Library: HQ 1064 DC2 1M2 S477s 1999 AV; HQ 1064 DC2 1M2 S477s 1999 AV booklet

INTERPERSONAL RELATIONS

Elbow room National Film Board of Canada., National Film Board of Canada,: [Montreal], 2007
1 videodisc (DVD) (8 min.) : sd., col. ; 12 mm. videorecording = 
*This animated film is designed as a flexible tool to explore conflict resolution. A simple dispute between a pair of office workers is played out four different ways, each of them reflecting a common life approach to conflict: retreat, denial, aggression and negotiation.*
Deer Lodge Centre Library: HM 1126 E37e 2007 AV

INTUBATION

Advances in tube management. Primedia Workplace Learning: Carrollton, TX, 2003
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
*(Producer) Reviews indications for gastrostomy and jejunostomy, placement procedures, basic nursing management of tubes and complications, and key points for patient/caregiver teaching.*
Deer Lodge Centre Library: WY 156.5 A38a 2003 AV

Chest tubes and closed chest drainage systems. C. P. Seeber-Combs, Mosby/Elsevier,: United States, 2007
1 DVD-ROM (21 min., 13 sec.) : sd., col. ; 4 3/4 in. + 1 booklet (8 p.). videorecording
*Explains the reasons a chest tube and drainage system may be needed, as well as patient care procedures for both chest tube insertion and removal.*
Concordia Hospital Library; Grace General Hospital Library: WY 163 C525c 2007 AV

KIDNEYS

Dialysis. Learning Resources Unit Production ; Irvine: Spokane, WA, 1999
3 videocassettes (62 min.) : sd., col. ; 1/2 in.
*[Pt.1] Peritoneal dialysis -- [Pt. 2] Hemodialysis -- [[Pt. 3] Continuous renal replacement therapy, Part 1. This program explains the pathophysiology of renal failure, compares the different dialysis schedules, illustrates the dialysis exchange process, and discusses the nursing responsibilities. Part 2. This program explains the components and process of hemodialysis, reviews common and/or serious complications, and discusses nursing responsibilities associated with caring for patients on hemodialysis. Part 3. Acute renal failure is often associated with critically ill patients. This program reviews the basic principles of dialysis and explains the indications for Continuous Renal Replacement Therapy (CRRT) and discusses the nursing responsibilities needed to care for*
patients receiving it.


**To pee or not to pee: renal update.** CPP Associates: Chicago, Illinois, 2007
3 videodiscs (DVD) (ca. 5 hours) in 1 container: sd., col.; 12 cm.
*CORRELATES THE ANATOMY OF THE KIDNEY WITH VARIOUS TYPES OF KIDNEY DISEASE. DISCUSSES LABORATORY TESTS, KIDNEY FUNCTION AND FAILURE, AND THE NUMEROUS DRUGS USED TO TREAT KIDNEY DISEASE.*
Seven Oaks General Hospital Library: WY 164 B213t 2007 AV

**KNEE**

**Osteoarthritis of the knee: assessment and management.** Medical Audio Visual Communications: Toronto, Ont., 2004
1 videocassette (58 min.): sd., col.; 1/2 in. + 1 guide
Grace General Hospital Library: WE 870 O88o 2004 AV; WE 870 O88o 2004 AV guide

**LAPAROSCOPY**

**Laparoscopic colectomy.** Cine-Med: Woodbury, CT, 1996
1 videocassette (21 min.): sd., col.; 1/2 in.
*(Producer)* *This video describes the technique for laparoscopic sigmoid colectomy. External and laparoscopic views are combined to provide maximum educational clarity regarding instrumentation and maneuvers.*
Victoria General Hospital Library: AV WI 520 L299L 1996

**Laparoscopic cystgastrostomy.** Cine-Med: Woodbury, Conn., 1998
1 videocassette (13 min.): sd., col.; 1/2 in.
Victoria General Hospital Library: AV WI 810 L299L 1998

**Laparoscopic distal pancreatectomy.** produced & distributed by Cine-Med for the American College of Surgeons: Chicago, Ill., 1996
*American College of Surgeons Educational Library; CC-1825:* 1 videocassette (19 min.): sd., col.; 1/2 in.
*(Producer)* *This video demonstrates how the pancreas is approachable using laparoscopic techniques. Pancreatic resections are technically demanding but feasible, while still offering the advantages of minimally invasive surgery to the patient.*
Victoria General Hospital Library: AV WI 830 L317L 1996

**Laparoscopic esophagomyotomy.** Cine-Med: Woodbury, Conn., 1998
1 videocassette (14 min.): sd., col.; 1/2 in.
Victoria General Hospital Library: AV WI 250 A799L 1998

**Laparoscopic highly selective vagotomy.** Cine-Med: Woodbury, CT, 1996
1 videocassette (10 min.): sd., col.; 1/2 in.
*(Producer)* *Presents a laparoscopic highly selective vagotomy in a 71-year-old female, H. pylori negative, with recurrent peptic ulcers despite H2 blockers and omeprazole administration. Use of the harmonic scalpel for division of the vagal branches along the lesser curvature of the stomach decreases operative time and prevents conduction injury to adjacent structures especially the vagus nerves while providing excellent hemostasis.*
Victoria General Hospital Library: AV WI 350 L299L 1996
1 videocassette (8 min.) : sd., col. ; 1/2 in.
Victoria General Hospital Library: AV WI 250 L299La 1998

1 videocassette (30 min.) : sd., col. ; 1/2 in. + 1 guide (29 p.)
(Producer) Discusses current trends in minimally invasive surgery, laparoscopic procedures, and the role of the perioperative nurse in MIS.
Seven Oaks General Hospital Library: WY 161 M665m 2002 AV

1 videocassette (14 min.) : sd., col. ; 1/2 in.
(Producer) Outlines the surgical steps of laparoscopic Nissen fundoplication. Emphasizes good exposure, and technical aids to avoid complications.
Victoria General Hospital Library: AV WI 380 T255t 1996

LATEX

Latex allergy : stop the reaction. Coastal Video Communications Corp.: Virginia Beach, VA, 1997
1 videocassette (22 min.) : sd., col. with b&w ; 1/2 in. VHS + 1 guide (16 p.)
(Producer) Allergic reactions to natural rubber latex products are being recognized with increasing frequency among healthcare workers who use products containing latex. This program contains guidelines for minimizing latex-related health problems while maximizing protection.

LEADERSHIP

Learning a la carte: 1 videocassette (15 min.) : sd., col. ; 1/2 in. (VHS)
Peter Querry interviews Esther Orioli of Q-Metrics. Orioli explains that EQ is more important than IQ in success. She claims that EQ can be mapped to be measured and can be a useful indicator for leadership.
Deer Lodge Centre Library: BF 531 E54e 1999 AV

Mentoring : the experience of a lifetime. National Student Nurses' Association: Brooklyn, N.Y., 2005
1 videodisc (DVD) (25 min.) : sd., col. ; 4 3/4 in.
(Producer) Mentoring is a simple, yet powerful, relationship that is often deep and long lasting. The aim of mentoring is to empower and nurture another by investing wisdom, skills and time to expand the protoge's knowledge, and help them grow personally and professionally.
Seven Oaks General Hospital Library: WY 18 M549me 2005 AV; WY 18 M549me 2005 AV jml
The spirit of nursing leadership / Bright Productions. Distributed by ConceptMedia: Irvine, CA, 1999
3 videocassettes (84 min.) : sd., col. ; 1/2 in.
Eileen McDargh sets the stage for defining "spirit" in the workplace. You're asked to participate in
exercises that will challenge the way you communicate and interact in your environment. Examples
and exercises teach you interaction skills. She also introduces the three "Ss"s of spirited
leadership, Staying power, Stamina, and Soufulness is covered.
Victoria General Hospital Library: WY 16 S759s 1999 pt.1 AV; WY 16 S759s 1999 pt2 AV; WY 16 S759s
1999 pt3 AV

LIABILITY, LEGAL

3 videocassettes (ca. 300 min.) : sd., col. ; 1/2 in. VHS
Presentation sponsored by the Grace General Hospital, given on May 13, 1998.
Grace General Hospital Library: AV W 44 DC2 G761L 1998 pt.1; AV W 44 DC2 G761L 1998 pt.2; AV W
44 DC2 G761L 1998 pt.3

LIBRARIES

Following the clues : a visit to the doctor and the library. McGoogan Library of Medicine: Omaha,
Neb., 2005
1 DVD : sd., col. ; 4 3/4 in.
Follow Alana, as she and her grandmother, Mrs. Williams, make a doctor's appointment, prepare for the
doctor's appointment, see the doctor, and find health information at the library. Watch how Alana,
her grandmother, the nurse, the doctor, and the librarian gather and follow clues towards an
effective treatment and preventive care for Alana's rash.
Misericordia Health Centre Library Consumer Health: W 62 F668f 2005 AV

LIFE HISTORY REVIEW

1 videodisc (DVD) (25 min.) : sd., col. ; 12 cm.
"An outstanding film that looks at the art of growing older with grace, health, and wisdom. A new
generation of maturing adults has a chance to learn from poor health practices of the past,
including obesity, lack of exercise and mental stagnation. Now, new research promises more
effective strategies for aging well. Physician experts explore the role of physical activity,
maintaining strong bones and engaging in social and intellectual interactions in healthy aging.
Inspiring view of aging"--Container.
Deer Lodge Centre Library: WT 104 A784a 2007 AV

Therapeutic reminiscence. Mental Health Outreach Network: Duluth, Minn., 1997
1 videocassette (19 min., 15 sec.) : sd., col. ; 1/2 in. + 1 guide (24 p.).
(Producer) Allows the user to: learn the definition of reminiscence; learn the definition of life review;
observe and understand the value of a reminiscence match; observe and learn how to access and
utilize therapeutic resource states; and find ways to use this material daily.
Deer Lodge Centre Library Consumer Health: WT 145 T398t 1997 AV
LIFTING

**Child's play: kids do it...naturally.** Black and Yellow Pty Ltd.: s.l., 2004
1 videocassette (5 min. 13 sec.) : sd., col. ; 1/2 in. (VHS)
*Bad lifting and carrying techniques cause workplace injuries. Examines how children naturally lift correctly and compares this with adult lifting techniques.*
Deer Lodge Centre Library: WE 720 C537c 2004 AV

**Get me out of here!** Terra Nova Films: Chicago, IL, 2006
*Videos on aging and elderhood.*: 1 videodisc (DVD) (17 min.) : sd. col. ; 12 cm.
*This video demonstrates ergonomically safe methods, developed by physical therapists, to move people when minimal equipment is available.*
Deer Lodge Centre Library: WE 720 C537c 2004 AV

**Patient lifting: safe strategies.** Coastal Training Technologies: Virginia Beach, Va., 2008
1 videodisc (DVD) (ca. 17 min.) : sd., col. ; 12 cm. + 1 program guide (15 p. : ill. ; 21 cm.).
*This NIOSH-approved program provides evidence-based standards for safe patient movement, and prevention of musculoskeletal injuries through step-by-step techniques.*
Deer Lodge Centre Library: WE 720 C537c 2004 AV

**Restorative care: safety considerations for the caregiver.** Trinity Healthforce Learning; Toronto: Carrollton, TX, 2005
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
*Producer* Since much of the caregiver's work involves lifting, bending, moving, and transferring residents and equipment from one location to another, they are at risk for back injury. Shows how you can protect spine and muscles from injury while providing care to residents.
Deer Lodge Centre Library: WA 485 R47r 2005 AV

**Safe transfers.** Trinity Healthforce Learning: Carrollton, TX, 2007
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
*Nursing assistants learn how to prevent injuries related to lifting and transferring patients.*
Grace General Hospital Library: WX 158 S128s 2007 AV

**William Neenan's physical therapy essentials.** Geriatric Video Productions: Shavertown, Pa., 1996
4 videocassettes (178 min) : sd., col. ; 1/2 in. (VHS) + lecture notes.
Tape 1. Bed mobility and transfers -- Tape 2. Exercise -- Tape 3. Hydraulic lift and ambulation -- Tape 4. Bathroom and wheelchair., *Through lecture and demonstration, William Neenan instructs on proper physical therapy techniques. When properly applied, these techniques will restore strength, motion, and function of the limbs and trunk and result in greater independence for the patient.*
Deer Lodge Centre Library: WB 460 N379w 1996 AV notes; WB 460 N379w 1996 pt. 3 AV

LONG TERM CARE

**Braden Scale for predicting pressure sore risk.** Terra Nova Films: Chicago, IL, 2009
*Videos on aging and elderhood.*: 1 videodisc (DVD) (39 min.) : sd. col. ; 12 cm.
*Assessing for pressure ulcer risk: using the Braden Scale -- Pressure ulcers: causes and risk assessments -- Interpreting and scoring the Braden Scale -- Care planning to maintain skin integrity., This DVD shows how to administer and interpret the Braden Scale for predicting pressure sore risks in home, hospital, and long-term care environments. Encouraging a visual-and-touch skin assessment in conjunction with the Braden scale, it specifies what to look for, how to prevent pressure ulcers, and*
how to assist patients with maintaining skin integrity after discharge. Covers the 6 dimensions of the Braden Scale: sensory perception, moisture, activity, mobility, nutrition, and friction and shear.

Deer Lodge Centre Library: WR 598 B798b 2009 AV

[Deer Lodge starburst ads]. Deer Lodge Centre Foundation: Winnipeg, Mb, 1997
1 videocassette (2 min.) : sd., col.; 1/2 in. (VHS)
This is a promotional video to promote the fundraising program of the Deer Lodge Foundation, Deer Lodge Centre situated in Winnipeg. Send a wish upon a star program benefits the patients and residents of Deer Lodge Centre.
Deer Lodge Centre Library: WX 160 D312d 1997 AV

Dementia in long term care: how dementia affects care planning. ElderCare Communications Inc.; Indianapolis: S.l., 2008
1 videodisc (DVD) (29 min.) : sd. col.; 12 cm.
Deer Lodge Centre Library: WY 152 D376d 2008 AV

2 videocassettes (ca. 13 hrs. 10 min.) : sd., col.; 1/2 in. VHS
National Best Practices in Long Term Care conference held in Montreal April 24-25, 2001. Sessions include 1.) Guest speaker - Dr. Bernard Groulx. 2.) VAC's Dementia Care Initiative. 3.) Pain Management Panel. 4.) Circles of Care. 5.) Reducing Falls in a High Risk Veteran Population. 6.) Establishing an Electronic "Best Practices Forum" - Linking Veterans Facilities via the Internet. 7.) Best Practices for Prevention and Treatment of Pressure Ulcers. 8.) Chronic Wound and Skin Health Team. 9.) Resident Breakfast Program. 10.) Dysphagia Program. 11.) Guest Speaker - Dr. Bernard LaPoint. 12.) Quality Improvement Panel. 13.) Restraint Reduction. 14.) Clinical Challenges in Long Term Care Identifying : Behavioural Issues, the Challenges of a New Dementia Unit. 15.) A Walking Program : Implementation of Extended Care. 16.) The Dorothy Macham Home, Behavioural Care Unit.,
Deer Lodge Centre Library: WT 30 N477n 2001 AV pt.1; WT 30 N477n 2001 AV pt.2

National long term care meeting: caring, sharing, learning, November 18-20, 2002 Victoria, British Columbia. Veteran Affairs Canada: Victoria, B.C., 2002
3 videocassettes (ca. 12 hrs.) : sd., col.; 1/2 in. VHS + 1 outline manual

1 videodisc (DVD) (19 min.) : sd. col.; 12 cm.
Deer Lodge Centre Library: WX 158.5 S518sa 2008 AV

1 videodisc (DVD) (19 min.) : sd. col.; 12 cm.
Deer Lodge Centre Library: WX 158.5 S518s 2008 AV

LUNG

1 videocassette (9 min., 33 sec.) : sd., col.; 1/2 in. (VHS)
(Producer) This video explains the breathing process including the physiology of the lungs, gas exchanges,
and muscle support. It shows what happens in both restrictive and obstructive lung disease, and how breathing retraining can slow lung deterioration and help patients make the most of lung capacity. It demonstrates pursed lip and diaphragmatic breathing, and shows how to incorporate proper breathing techniques into daily activities.

Deer Lodge Centre Library: WF 600 B828b 1997 AV

**Care of the patient with COPD.** Lippincott-Raven: Philadelphia, PA, 1997
1 videocassette (27 min.) : sd., col. ; 1/2 in. VHS + 1 guide (7 p.).
This video will describe the basic pathophysiologic changes of COPD, recognize common signs and symptoms of COPD, anticipate your patient's nursing care and needs during early diagnosis and treatment, disease progression, acute stage, and continuing care stage, help be aware of appropriate nursing intervention.

Grace General Hospital Library: WY 163 C271c 1997 AV

**Chronic obstructive pulmonary disease.** Milner-Fenwick: Timonium, MD, 1997
1 videocassette (14 min., 3 sec.) : sd., col. ; 1/2 in.
Explains the primary components of COPD: chronic bronchitis, emphysema, and asthma. Treatment options covered include smoking cessation, medication, exercise, secretions management, and oxygen therapy. Demonstrates proper use of metered dose inhalers. Viewers are assured that they can often maintain and improve their ability to carry out daily activities.

Deer Lodge Centre Library: WF 600 C553c 1997 AV

**COPD : care of the geriatric patient.** Geriatric Video Productions: Shavertown, PA, 1996
1 videocassette (30 min.) : sd., col. ; 1/2 in. + 1 guide (22 p.)
(Producer) Chronic obstructive pulmonary disease (COPD) is the fourth leading cause of death in geriatric patients. Through the use of a case discussion, this program encourages treatment of this disease and shows that even in patients with severe disease, treatment is not futile. Providing nursing and medical care can improve case outcomes, as evidenced by an increase in the patients' quality of life, sense of psychological well being, functional status, and a decrease in illness and acute hospital stays. It provides a multidisciplinary approach to assessment (including audio of actual lung sounds), diagnosis, and treatment. Drug therapy, smoking cessation, immunizations, practical pulmonary rehabilitation techniques, nutrition, ethical issues in geriatrics, and terminal care are all discussed.

Deer Lodge Centre Library: WF 600 C781cc 1996 AV; WF 600 C781cc 1996 AV guide

**COPD : what you can do to help.** Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2005
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
Deer Lodge Centre Library: WF 600 C781ch 2005 AV

**Exercise for pulmonary patients.** Milner-Fenwick: Timonium, Md., 1997
1 videocassette (10 min., 20 sec.) : sd., col. ; 1/2 in. (VHS)
Discusses the benefits of exercise for pulmonary patients. Shows patients how to safely exercise and monitor their activity by using several techniques.

Deer Lodge Centre Library Consumer Health: WF 145 E96e 1997 AV

**Living well with COPD : chronic obstructive pulmonary disease, a learning video for patients.** Boehringer Ingelheim: Burlington, Ont., 1998
1 videocassette (25 min.) : sd., col. ; 1/2 in. + 1 booklet
Deer Lodge Centre Library Consumer Health; Grace General Hospital Library: WF 600 L785L 1998 AV; WF 600 L785L 1998 AV booklet
1 videocassette (12 min., 45 sec.) : sd., col. ; 1/2 in. (VHS)
"This video is designed to get patients on their way to a better quality of everyday life after they leave rehabilitation. Subjects covered: signs and symptoms of lung infection, nutrition, smoking cessation, intimacy, advanced directives and community support."--Container
Deer Lodge Centre Library Consumer Health: WF 600 L785La 1997 AV

Performing respiratory assessment. Springhouse Corporation: Springhouse, PA, 2000
Expert nurse video series: 1 videocassette (30 min.) : sd., col. ; 1/2 in. + booklet + test and answer form.
Offers sight-and-sound approach to mastering respiratory auscultation skills. Includes: how to identify normal and abnormal breath sounds; how to properly auscultate a patient's lungs to detect even subtle changes in breath sounds; how to accurately locate respiratory landmarks; how to document assessment findings.
Deer Lodge Centre Library; NJM Health Sciences Library: WY 163 P438p 2000 AV

Pulmonary medications and hygiene. Milner-Fenwick: Timonium, Md., 1997
1 videocassette (14 min., 46 sec.) : sd., col. ; 1/2 in.
(Producer) Current techniques patients can use to keep airways clear are explained in this video. It covers the dosage, frequency, methods of administering, and benefits of bronchodilators, steroids, antibiotics, and oxygen. Ways to properly use an inhaler are demonstrated with emphasis on the closed mouth technique using the spacer. The video shows patients how to get mucus ready to move and how to expel mucus through controlled coughing, postural drainage, percussion, and other devices for secretion clearance.
Deer Lodge Centre Library: WF 600 P982p 1997 AV

Pulmonary rehabilitation. Milner-Fenwick: Timonium, Md., 1996
1 videocassette (13 min., 54 sec.) : sd., col. ; 1/2 in.
(Producer) This video reviews the lung diseases that often require pulmonary rehabilitation, including CORP, Asthma, Cystic Fibrosis, or Lung Transplantation. Explains that pulmonary rehabilitation usually consists of assessment, exercise, education, and emotional or psychological support. Specific tests mentioned include spirometry and the timed walking test. Covers the goals of rehabilitation, new ways to breathe, quitting smoking, panic attacks during shortness of breath, medications, good nutrition, and new ways of doing things that require less energy.
Deer Lodge Centre Library Consumer Health: WF 600 P983p 1996 AV

1 videocassette (13 min.) : sd., col. ; 1.2 in (VHS)
Deer Lodge Centre Library: WF 145 S783s 1997 AV

MALIGNANT HYPERThERMIA.

1 videocassette (20 min.) : sd., col. with b&w sequences ; 1/2 in. + study guide (35 p.).
The etiology, clinical signs, and treatment for malignant hyperthermia are discussed, along with strategies for preventing and detecting malignant hyperthermia.
Seven Oaks General Hospital Library: WY 161 M251m 1999 AV
Malignant hyperthermia: understanding and managing the risk. Malignant Hyperthermia Association of the United States: Sherburne, NY, 2006
1 videocassette (25 min.) : sd., col. ; 1/2 in. VHS
"The program uses the basic format of a live Mock MH code in an actual operating room and includes historical information on the recognition and diagnosis of MH, touches on the use of webcasting, features suggestions for the mixing of dantrolene, and shares insight into the area of patient safety and risk management via discussion with an expert."--Booklet.
Seven Oaks General Hospital Library: WO 245 M251ma 2006 AV

1 videocassette (17 min.) : sd., col. 1/2 in. VHS + 1 manual
Concordia Hospital Library: WB 152 M251m 1999 AV

MEDICAL ERRORS

Advancing quality in the name of patient safety. Winnipeg Regional Health Authority: Winnipeg, 2004
3 videocassettes (233 min.) : sd., col. ; 1/2 in. VHS
Tape 1. Intro; Keynote: Linda Kenney, Dr. Frederick Van Pelt. -- Tape 2. Keynote: Roxanne Goeltz; Breakouts. -- Tape 3. Afternoon Intro; Keynote: Dr. Paul Thomas., Tape 1. (84 min.). The patient and anesthesist recount the events, experiences and emotional trauma of a medically induced trauma. They discuss the lack of patient and physician support, and the support service they have set up. -- Tape 2. (72 min.) The speaker discusses her brother's death due to medical error. She speaks of the need for open conversation with patients and medical staff, for the need of consumers to become more educated and involved in their healthcare. -- Tape 3. (77 min.) Intro: Partnering with patients/clients for safety. Developing a go-forward strategy. Keynote speaker discusses patient safety & reduction of adverse events. The Manitoba Institute for Patient Safety is also discussed.
Seven Oaks General Hospital Library: WB 100 A244a 2004 AV Tape 1; WB 100 A244a 2004 AV Tape 2; WB 100 A244a 2004 AV Tape 3

Beyond blame. Bridge Medical: Solana Beach, Calif., 1997
2 videocassettes (69 min.) : sd., col. ; 1/2 in. VHS
[v.1] Documentary (9 min.). -- [v.2] Panel discussion with keynote speech by c. Everett Koop (60 min.), The documentary portion of the presentation is a compilation of interviews on the subject of medication errors with health care professionals across the U.S., recorded in the fall of 1997. The panel discussion on medication errors was recorded on Dec. 9, 1997 at the Fox Theatre in Atlanta before an audience of invited pharmacists.
Deer Lodge Centre Library; Victoria General Hospital Library: WX 179 B573b 1997 AV v.1; WX 179 B573b 1997 AV

Information and orientation session. Manitoba Institute for Patient Safety: Winnipeg, Man., 2005
1 videocassette (approx. 33 min.) : sd., col. ; 1/2 in.
Concordia Hospital Library; Deer Lodge Centre Library; Grace General Hospital Library; NJM Health Sciences Library; St. Boniface General Hospital Library; Seven Oaks General Hospital Library; Victoria General Hospital Library: WB 100 I43i 2005 AV; WB 100 I43i 2005 AV booklet; WB 100 I43i 2005 AV video

Killed with care: making medicine safe. CBC Non-Broadcast Sales: Toronto, 2004
1 videocassette (47 min.) : sd., col. ; 1/2 in.
Resident safety: your first concern. Medcom; Toronto: Medical Audio Visual Communications
distributor: Cyprus, Calif., 2005
1 videodisc (27 min.) : sd., col., 4 3/4 in.
This program describes the 2006 Long Term Care National Patient Safety Goals from the Joint
Commission on the Accreditation of Healthcare Organizations (JCAHO). The program also
describes a sample model of a resident safety plan that the Commission has suggested for every
institution. -- container
Deer Lodge Centre Library: WY 152 R433r 2005 AV

Universal protocol for preventing wrong site, wrong procedure, wrong person surgery. PRIMEDIA
Healthcare; Toronto: Carrollton, TX, 2004
1 DVD (30 min.) : sd., col. ; 1/2 in. + 1 guide book.
(Producer) Wrong site, wrong procedure and wrong person surgeries continue to occur despite numerous
efforts on the part of the medical community to implement safeguards for its prevention. This
program provides an overview of JCAHO’s Universal Protocol as well as discusses methods for
implementation in the practice setting.

MEDICAL RECORDS

1 videocassette (20 min.) : sd., col. ; 1/2 in. VHS
Educator Kim Warner speaks on the Personal Health Information Act
Deer Lodge Centre Library: WX 173 C748c 2001 AV

MEDICATION ERRORS

BEERS criteria for potentially inappropriate medication use in older adults. Terra Nova Films:
Chicago, IL, 2009
Videos on aging and elderhood: 1 videodisc (DVD) (40 min.) : sd. col. ; 12 cm.
Using the Beers criteria to evaluate medications in older adult patients -- Understanding age-related
medication issues. Recently published studies confirm that inappropriate medication use remains
a serious problem for older adults. This DVD provides a case study, using the BEERS criteria, for
assessing and monitoring the multiple medications in an older adult patient. The DVD will help to
train staff to be aware of the various safety and wellness issues involved when multiple medications
are prescribed for older adults.
Deer Lodge Centre Library: WT 166 B415b 2009 AV

MENTAL HEALTH

1 videodisc (DVD) (ca. 40 min.) : sd., col. ; 12 cm.
Deer Lodge Centre Library: BF 724.85 C64 A883a 2006 AV

Disorders of personality: another layer in caring for those living with dementia. Deer Lodge Centre:
Winnipeg, 2009
Elder friendly series: 1 DVD ; sd., col. ; 12 mm.
Deer Lodge Centre Library: WM 190 S852d 2009 AV

**Medication issues in mental health.** J. Coyle, San Luis Video Productions. and Atascadero State Hospital., Distributed by Concept Media,: Irvine, CA, 2005
2 videodiscs (49 min.) : sd., col. ; 4 3/4 in. + 1 instructor's guide on CD -ROM + 1 self-grading tests on CD-ROM, (4 discs total). videorecording

*DISC 1.* Addresses the tragic and costly phenomenon of adverse drug reactions in the field of mental health treatment. Explores the various disorders that can arise from the use of psychotropic medications including neuroleptic malignant syndrome, lithium toxicity, atropinic overload, and extrapyramidal side effects. Discusses ways to identify and prevent adverse reactions through awareness, communication, assessment, and early intervention. *DISC 2.* Describes the various involuntary movement disorders that can occur with patients who take psychotropic medications. Explores how healthcare providers can become desensitized or commonly misinterpret movement disorders as psychiatric symptoms.

Seven Oaks General Hospital Library: QV 77.2 M489m 2005 AV

**Pain : psychiatric and mental health issues.** Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2005
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.

(*Producer*) Assessing a patient for pain requires a thorough approach that can be challenged by the presence of mental health issues. Emotional distress can often present as physical distress. Cognitive functioning may be impaired and pain cues may present differently. Provides insight on how to recognize and manage pain in the psychiatric patient.

Deer Lodge Centre Library: WL 704 P35p 2005 AV

**Recovery stories : a training video on co-occurring mental health and substance use recovery.** NAMI Maine ; Portland: Augusta, Me., 2002
1 videocassette (30 min.) : sd., col. ; 13 mm.

Seven Oaks General Hospital Library: WM 270 R311r 2002 AV

**Spirituality in mental health care.** School of Nursing: St. John's, NF, 2003
1 videocassette (24 min.) : sd., col. ; 1/2 in + 1 facilitator's guide (14 p. ; 17 cm.)

*Focuses on the role of the nurse in providing spiritual care to those struggling with a mental illness.*

Grace General Hospital Library: WM 61 S759sa 2003 AV

**The Vulnerable Persons Living with a Mental Disability Act : the New Law.** Manitoba Family Services: Winnipeg, 1998
1 videocassette (12 min.) : sd., col. ; 1/2 in. (VHS)

Deer Lodge Centre Library: WM 32 DC2 1M2 M278v 1998 AV

**Well into your future.** Films for the Humanities and Sciences: Princeton, N.J., 2003
3 videocassettes (171 min.) : sd., col. ; 1/2 in.

1. Maintaining mental health -- 2. Alzheimer's and dementia : caring for the caregiver -- 3. Depression : not a normal part of aging. (*Producer*) Created to meet the needs of a steadily growing American senior population, this series addresses important issues that affect the quality of life of older men and women, as well as their spouses, family, and friends. Through scenes of daily living, interviews, and expert commentary, these programs provide valuable insights and advice on mental wellness, the key to successful aging.

Grace General Hospital Library: WT 145 W447w PT.3 AV
MIND-BODY RELATIONS (METAPHYSICS)

This one moment: skills for everyday mindfulness. Behavioral Tech: Seattle, WA, 2003
From chaos to freedom; 4: 1 videocassette (55 min.) : sd., col. ; 1/2 in.
"Guides you step-by-step through six fundamental mindfulness skills that prepare the foundation for a
"Wise Mind" and living fully awake and free in daily life."--container.
Grace General Hospital Library: BF 697.5 S43 T45t 2003 AV

MOBILITY

Maximizing movement in daily care: a guide for care providers. Community Therapy Services:
Winnipeg, 1996
1 videocassette (12 min.) : col., sd. ; 1/2 in.
Deer Lodge Centre Library; NJM Health Sciences Library: WE 103 M464m 1996 AV
Memorable movements: exercise program. Functional Fitness: Houston, TX, 2000
1 videorecording (32 min.) : sd., col. ; 1/2 in. VHS + 1 manual (20 p.)
Video focuses on working with individuals who have memory loss or behavioural disturbances. The goal is
to help the individual decrease behavioural disturbances and maintain quality of life.
Deer Lodge Centre Library Consumer Health: WM 220 B857m 2000 AV; WM 220 B857m 2000 AV
manual

More than movement: creative activities for older adults. Distributed by Health Professions Press:
Baltimore, 1997
1 videocassette (30 min.) : sd., col. ; 1.2 in. (VHS)
In this inspiring video, see firsthand the difference a little movement can make in an older adult's day.
Includes a full range of techniques for introducing older people to creative movement activities.
Deer Lodge Centre Library: GV 482.6 F535ma 1997 AV

Oh dear, what can the matter be. University of Stirling: Stirling, Scotland, 2004
1 videocassette (18 min.) : col., sd., 1/2 in. VHS
This programme is about encouraging people with dementia to stay active. It explains how to help them to
stand up and looks at rehabilitation.
Deer Lodge Centre Library: WM 220 O36oa 2004 AV

Restorative care: the best you can be. Canadian Centre for Activity and Aging: London, ON, 2001
1 videocassette (20 min.) : sd., col. ; 1/2 in. VHS
This video presents the overall philosophy of restorative care in an educational and compassionate setting.
The topics of learned helplessness, assessment, mobility, positioning, exercise and feeding and the
psychosocial implications they have on the elderly are discussed from the viewpoints of both the
caregiver and the patient. The video helps staff, families and other caregivers understand the
importance of maintaining and enhancing abilities throughout the life span.
Deer Lodge Centre Library: WY 152 R436ra 2001 AV

MULTIPLE SCLEROSIS

About MS: general presentation. Deer Lodge Centre: Winnipeg, 2007
1 videocassette (ca. 71 min.) : col., sd. ; 1/2 in. VHS
Ellen Karr, of the Multiple Sclerosis Society of Canada, Manitoba Division, talks about multiple sclerosis,
what it is, possible causes, and how to help those with the disease.
Deer Lodge Centre Library: WL 360 K18m 2007 AV
MUSIC

1 videocassette (30 min.) : sd., col. ; 1.2 in. (VHS)
*In this inspiring video, see firsthand the difference a little movement can make in an older adult's day.* Includes a full range of techniques for introducing older people to creative movement activities.
Deer Lodge Centre Library: GV 482.6 F535ma 1997 AV

1 videocassette (ca. 41 min.) : sd., col. ; 1/2 in. (VHS)
Sentimental journey -- Five foot two -- Darktown Strutter's Ball -- Heart of my heart -- If you knew Susie -- Have you ever been lonely -- Cuddle up a little closer -- If you were the only girl in the world -- Shine on harvest moon -- Bill Bailey -- Let the rest of the world go by -- When you're smiling -- For me and my gal -- Side by side -- 'Til we meet again -- Show me the way to go home -- Goodnight ladies -- Baby your mother... a special tribute to Irene Valleau Sinclair.,
Deer Lodge Centre Library: WB 550 M987m 1997 AV

MUSLIMS

*A new life in a new land.* University of Saskatchewan: Milo Productions: Saskatoon, SK, 2004
1 videodisc (150 min.) : sd., col. ; 4 3/4 in. (DVD)
The mosaic -- In faith & practice -- A warm welcome., *A three part documentary television series that examines the cultural and religious lives of Muslim Canadians and their many contributions to our communities.* Episode 1, The mosaic: follows the arrival of the first Muslims over 150 years ago to the present day. Episode 2, In faith and practice: introduces the Muslim faith, Islam, and highlights its basic beliefs and teachings. Episode 3, A warm welcome: captures the lives of five Muslims and their families, and portrays the vital role they play in their field and the significant contributions they have made to their country.
Deer Lodge Centre Library Consumer Health: FC 106 M9 N532 2004 AV

NATURAL DISASTERS

1 videocassette (20 min.) sd., col. ; 1/2 in. (VHS)
Deer Lodge Centre Library; Seven Oaks General Hospital Library: WA 295 R312pb 1998 AV

1 videocassette (21 min.) : sd., col. ; 1/2 in. (VHS)
Deer Lodge Centre Library; NJM Health Sciences Library; Seven Oaks General Hospital Library: WA 295 R312pa 1998 AV

*People and disaster: moving on: relationships and disaster.* Shaw Mobile Production: Winnipeg, 1998
1 videocassette (30 min.) : sd., col. ; 1/2 in. (VHS)
Deer Lodge Centre Library; Seven Oaks General Hospital Library: WA 295 R312p 1998 AV

1 videocassette (20 min.) : sd., col. ; 1/2 in. (VHS)
Deer Lodge Centre Library; NJM Health Sciences Library; Seven Oaks General Hospital Library: WA 295 R312pc 1998 AV
NECK

1 videocassette (2 hrs., 39 min.) : sd., col. ; 1/2 in.
Grace General Hospital Library: QS 17 V652 AV pt.4:1999

The head and neck. Part 2. Lippincott Williams & Wilkins: Baltimore, MD, 2000
1 videocassette (161 min.) : sd., col. ; 1/2 in. VHS
This tape consists of six sections: the facial muscles and the scalp, the brain and its surroundings, the nerves of the head and neck, the blood vessels of the head and neck, the eye and its surroundings, and the ear.
Grace General Hospital Library: QS 17 V652 AV pt.5:2000

NURSE-PATIENT RELATIONS

Great nursing assistants: the resident's perspective. Video Press; Woodstock: Baltimore, MD, 2005
1 videodisc (17 min.) : sd., col. ; 12 cm.
(Producer) Find out from the residents themselves what makes a great nursing assistant. They'll tell you how it feels knowing that a call bell will be answered quickly, how much they appreciate food containers opened on a food tray, how good it is to know that they're in pain they'll be taken seriously, and not surprisingly, how good it feels when someone takes the time to know them.
Deer Lodge Centre Library: WY 87 G786g 2005 AV

NURSES’ AIDES

3 videodiscs (60 min.) : sd., col. ; 4 3/4 in. (DVD)
Comfort care for residents receiving life prolonging therapies (19 min.) -- Comfort care for residents receiving hospice in LTC (21 min.) -- Withholding artificial nutrition and hydration (20 min.).
(Producer) Dr. Wertheimer leads a discussion with nursing assistants identifying the important role of the nursing assistant in reporting symptoms; pain management; and other comfort care measures.
Deer Lodge Centre Library: WY 152 C732c 2006 AV

The geriatric nursing assistant: the most important team player: the most important eyes. Video Press: Baltimore, Md., 2000
1 videocassette (20 min.) : sd., col. ; 1/2 in.
(Producer) Nursing assistants explain what they look for when they come into a resident's room. Discussion considers physical, emotional and cognitive changes. Physical changes include a consideration of skin breakdown and the beginning of pressure sore, changes in vital signs, appetite, sleep patterns and activity level. Emotional and cognitive changes include sudden onset of confusion; changes in mood, motivation, cognitive ability; ability to follow instructions, and ability to participate in activities of daily living.
Concordia Hospital Library; Deer Lodge Centre Library: WY 152 G369g 2000 AV

Great nursing assistants: the resident's perspective. Video Press; Woodstock: Baltimore, MD, 2005
1 videodisc (17 min.) : sd., col. ; 12 cm.
(Producer) Find out from the residents themselves what makes a great nursing assistant. They'll tell you how it feels knowing that a call bell will be answered quickly, how much they appreciate food
containers opened on a food tray, how good it is to know that when they're in pain they'll be taken seriously, and not surprisingly, how good it feels when someone takes the time to know them.

Deer Lodge Centre Library: WY 87 G786g 2005 AV

1 videocassette (78 min.) : sd., col. ; 1/2 in. VHS
Deer Lodge Centre Library: WY 193 C338h3 2003 AV

**Lippincott's video series for nursing assistants.** Lippincott Williams & Wilkins: Philadelphia, 2006
15 videocassettes (ca. 462 min.) : sd., col. : 1/2 in.

**Meal time matters: a training program that builds nursing assistants' skills related to dining, swallowing disorders, and safe feeding assistance.** Ideas Institute: Kirtland, Ohio, 2008
1 CD-ROM : sd., col. ; 12 cm. + 1 videodisc (DVD) (8 min.) (sd., col. ; 12 cm.)
This training program includes a CD with a one hour PowerPoint presentation, trainer's speaking text for each slide, four interactive exercises lasting 10-20 minutes each, an 8-minute DVD -- Solutions to Common Meal Time Challenges, participant handouts, mealtime assistance checklist, and learning assessment (pre and post-test). The material can be taught as one 2 hour session or three shorter sessions.
Deer Lodge Centre Library: WT 115 B912m 2008 AV

**The new feeding assistant.** Medcom ; Toronto: Cypress, CA, 2003
1 videodisc (12 min.) : sd., col. ; 4 3/4 in.
Presents techniques for serving a meal and feeding dependent patients.
Deer Lodge Centre Library: WB 410 N49n 2003 AV

**Nursing home heroes.** Video Press: Baltimore, Md., 2008
1 videodisc (DVD) (20 min.) : sd., col. ; 12 cm.
Share with your staff or students the rewards of this profession through the eyes of both the most experienced and those new to this caring profession.
Deer Lodge Centre Library: WY 152 N974nk 2008 AV

**Nutrition and fluids.** Mosby: St. Louis, Mo., 2002
1 videocassette (12 min., 51 sec.) : sd., col. ; 1/2 in.
Grace General Hospital Library: WY 193 N88n 2002 AV

**Special considerations for the young nursing home resident.** Video Press: Baltimore, Md., 2006
NURSING ASSESSMENT

3 videodiscs (74 min.) : sd., col.; 4 3/4 in. + Instructor's guide and Self-grading tests on 2 CD-ROMs.
1. Introduction to nursing assessment (DVD) -- 2. Assessment of the adult: the head-to-toe assessment (DVD) -- 3. Assessment of the adult: the systems based assessment (DVD) -- 4. Instructor's guides (CD-ROM) -- 5. Self-grading tests (CD-ROM), Defines nursing assessment and shows how it relates to nursing practice and daily care routines. It prepares the viewer to perform a complete initial assessment on a stable patient as well as to recognize changes in physical status requiring immediate attention.

Assessment of the older adult. Williams & Wilkins: Baltimore, MD, 1996
2 videocassettes (45 min., 44 sec.) : sd., col.; 1/2 in. + 1 resource manual (iv, 76 p.)
tape 1. An overview (22 min., 33 sec.) -- tape 2. Physical exam (23 min., 11 sec.). (Producer) A distinguished author, consultant and educator guides nurses through the comprehensive assessment of the aging adult, with careful consideration of multiple conditions and problems that can affect one another. A comprehensive resource manual accompanies the series. The two videotapes offer learners a basic understanding of issues, concerns, and procedures applicable to geriatric older adults.

Delmar's basic nursing skills DVD-ROM. Thomson/Delmar Learning: Clifton Park, NY, 2004
1 DVD-ROM : sd., col.; 12 cm.
"Containing approximately 150 minutes of step-by-step video ... focusing on physical assessment, vital signs, bed making, personal care, restraints, infection/hygiene, bathing, ambulation/activity"--Container.

Head to toe assessment, HCP25 : assessing the upper body. National Educational Video: Naples, FL, 1999
1 videocassette (55 min.) : sd., col.; 1/2 in. + 1 guide (25 leaves ; 30 cm.)
1. Upper body -- 2. Abdomen and lower body, Takes the professional through a comprehensive physical assessment, discusses the necessary information to document the findings correctly, includes information about the aging client/resident. Focus is to develop a baseline for future assessment, formulate a comprehensive history to include mental status, nutritional status, fall risk & current medications, and identify techniques, procedures and tests.

1 videocassette (19 min.) : sd., col. ; 1/2 in. 

(Producer) Find out from nursing assistants why looking in the door just doesn't provide enough information. Staff relate specific guidelines for appropriate "checking." They emphasize the need to check vital signs and look for change, and also point out the need to recognize individual differences of residents.

Deer Lodge Centre Library: WY 100 I73i 2001 AV

**Observing & reporting changes in condition.** Assisted Living University: Fairfax, Va., 2001
1 videocassette (8 min., 47 sec.) : sd., col. ; 1.2 in. (VHS)

"Knowing what changes to look for and how to report changes are some of the key topics reviewed to better equip caregivers. Specific guidance on common signs and symptoms of illness and emergency are requirements is included." --Container.

Deer Lodge Centre Library: WB 141 O14o 2001 AV

*Performing head-to-toe assessment.* Springhouse: Springhouse, Penn., 2000
1 videocassette (60 min.) : sd., col. ; 1/2 in. (VHS) + booklet + test and answer form

Gives sight-and-sound approach to mastering head-to-toe assessment skills. Includes detailed instructions on how to skillfully and systematically assess the head, neck, thorax, breasts, abdomen, arms, legs, genitalia, and palpation, percussion, and auscultation techniques; clear explanations of how's and why's of head-to-toe assessment; tips on how to interpret and document assessment findings.

Deer Lodge Centre Library; Victoria General Hospital Library: WY 100.4 P438p 2000 AV

*Performing respiratory assessment.* Springhouse Corporation: Springhouse, PA, 2000

Expert nurse video series: 1 videocassette (30 min.) : sd., col. ; 1/2 in. + booklet + test and answer form. Offers sight-and-sound approach to mastering respiratory auscultation skills. Includes: how to identify normal and abnormal breath sounds; how to properly auscultate a patient's lungs to detect even subtle changes in breath sounds; how to accurately locate respiratory landmarks; how to document assessment findings.

Deer Lodge Centre Library; NJM Health Sciences Library: WY 163 P438p 2000 AV

**Perioperative patient assessment : helping patients achieve their goals.** AORN ; Woodbury: Denver, Colo., 2005

AORN perioperative nursing library ; 1933: 1 videodisc (27 min.) : sd., col. 4 3/4 in. + 1 CD-ROM.

Covers the perioperative assessment of patients to help them achieve the desired surgical outcome. Includes identifying health problems that would negatively affect the outcome, identifying possible complications, and collecting data through the entire perioperative period.

Grace General Hospital Library: WY 100.4 P445p 2005 AV

**Physical examination & health assessment.** Mosby: St. Louis, 2007
1 videodisc : col. ill. ; 4 3/4 in.

Concordia Hospital Library; Grace General Hospital Library; NJM Health Sciences Library; Seven Oaks General Hospital Library: WB 205 C182p 2007 AV

**Rapid physical assessment.** Medcom Trainex ; Toronto: Cypress, CA, 2005
1 videodisc (25 min., 3 sec.) : sd., col. ; 4 3/4 in. + 1 guide (22 p.)

Reviews the steps required to perform a rapid physical assessment (RPA). Includes pre-assessment information gathering, general observations, and performance of a physical exam of all major body regions.

Deer Lodge Centre Library: WY 100.4 R218ra 2005 AV; WY 100.4 R218ra 2005 AV guide
The ten minute assessment of the adult. Concept Media: Irvine, CA, 2005
4 videocassettes (91 min.) : sd., col. ; 1/2 in.
[v. 1]. Outpatient assessment (23 min.) -- [v. 2]. Pre-procedure assessment (24 min.) -- [v. 3]. Inpatient assessment (23 min.) -- [v. 4]. Emergency assessment (21 min.). Describes patient assessment in different clinical settings using a case study format. These realistic scenarios provide a wealth of information and real time demonstrations of patient evaluations.
Concordia Hospital Library; Grace General Hospital Library; WY 100.4 T289t 2005 AV video 1; WY 100.4 T289t 2005 AV video 2; WY 100.4 T289t 2005 AV video 3; WY 100.4 T289t 2005 AV video 4

NURSING CARE

Critical thinking and intuition in nursing practice. Foundation for Critical Thinking: Dillion Beach, CA, 1999
1 DVD (1 hr., 54 min.) : sd., col. ; 12 mm.
Seven Oaks General Hospital Library: WY 18.2 H436c 1999 AV

Delmar's basic nursing skills DVD-ROM. Thomson/Delmar Learning: Clifton Park, NY, 2004
1 DVD-ROM : sd., col. ; 12 cm.
"Containing approximately 150 minutes of step-by-step video focusing on physical assessment, vital signs, bed making, personal care, restraints, infection/hygiene, bathing, ambulation/activity"--Container.
Deer Lodge Centre Library; NJM Health Sciences Library: WY 100 A468da 2004 AV

1 videocassette (25 min.) : sd., col. ; 1/2 in. + 1 guide (7 p. ; 22 cm.)
Demonstrates ways that nurses can contain costs, improve quality and promote positive patient outcomes.
Seven Oaks General Hospital Library: WY 16 F652f 2001 AV

Nurses & spiritual care. Centre for Academic and Media Services: St. John's, NF, 1999
1 videocassette (23 min.) : sd., col. ; 1/2 in + 1 guide (18 p.)
Focuses on the role of nurses in the provision of spiritual care.
Victoria General Hospital Library: WY 101 N974n 1999 AV

Mosby's nursing skills video series: 1 videocassette (17 min 26 s) : sd., col. ; 1/2 in. (VHS)
"This video presents dressing care, including types of dressings, assessment of the insertion site, maintaining asepsis, and documentation; blood draws and fluid administration, including scheduling considerations, flushing to check for patency, re-capping catheter, or connecting to IV fluid; troubleshooting, including checking the integrity of vascular access and signs of potential problems."--Container.
Deer Lodge Centre Library; Grace General Hospital Library; Victoria General Hospital Library: WY 100 V331v 2003 AV

NURSING HOMES

94 years and 1 nursing home later. Distributed by Terra Nova Films: Chicago, Ill., 1999
1 videocassette (35 min.) : sd., col. ; 1/2 in.
(Producer) Disturbed by her grandmother's placement in a nursing home, filmmaker Laurel Greenberg delves into the relationships and changing roles within her family as parents age. She shows that
even in a loving close family, miscommunication can and does occur.

Almost home. B. Lichtenstein and L. D. Gildehaus, Independent Television Service; Distributed by the University of Wisconsin-Milwaukee's Center on Age and Community; [San Francisco, CA]
[Milwaukee, Wis.], 2005
1 DVD (1 hr., 23 min.) : sd., col. ; (12 mm.) videorecording.
Deer Lodge Centre Library Consumer Health: WX 27.1 A452a 2005 AV

Alzheimer's disease: designing a special care unit. Primedia Healthcare; Toronto: Carrollton, TX, 2003
1 videodisc (45 min.) : sd., col. ; 4 3/4 in.
Deer Lodge Centre Library: WT 155 A478ad 2003 AV

1 videocassette (23 min.) : sd., col. ; 1/2 in. + 1 instruction sheet
Based on the study by Counsel and Care, Appetite for life: a study of good practice around food and mealtimes in homes for older people.
Deer Lodge Centre Library: QU 145 A646a 1997 AV

Appreciating us: the resident's perspective. University of Maryland School of Medicine: Baltimore, MD, 2006
1 videodisc (20 min.) : sd., col. ; 4 3/4 in. (DVD)
(Producer) Residents focus your attention on the fact that despite diminished physical strength their basic core as a person remains the same. They share their love of relationships, their social and recreational interests, their desire for independence, and their need for social interactions.
Deer Lodge Centre Library: W 85 A652a 2006 AV

Assisting the resident with meals. NEVCO; Toronto: Naples, FL, 2004
1 videodisc (23 min.) : sd., col. ; 4 3/4 in. + 1 program guide.
"Mealtime can be the most important part of the day for residents in a LTC facility. Learn new ways to assist the resident. Can be used towards the new federal requirement for training of paid feeding assistants (2 contact hours)."--Container.
Deer Lodge Centre Library: WT 115 A848a 2004 AV; WT 115 A848a 2004 AV guide

Caring for the aging: meeting the challenge in long-term care. Glaxo Wellcome: Research Triangle Park, NC, 1997
1 videocassette (40 min.) : sd., col. ; 1/2 in. + 1 Presenter's handbook + 12 case sheets.
Deer Lodge Centre Library: WT 30 C277cc 1997 AV

Creating a home in nursing homes: perspectives from the inside. Institute for Family-Centered Care: Bethesda, MD, 2002
1 videocassette (21 min.) : sd., col. ; 1/2 in. VHS
A 21-minute videotape summarizing the findings of focus group discussions with older people, families, and staff in nursing homes. This study was conducted by the Picker Institute, with support from the Rothschild Foundation in Chicago, Illinois. Nineteen focus groups were held with 143 individuals. These sessions resulted in the identification of six domains which related to users and the built environment: connection with the outside world, familiar and meaningful activities, personal choice and control, ease of accomplishing daily tasks, separation by cognitive ability, and pleasant aesthetics and aroma. Each of these domains, in turn, was developed into a number of important
sub-topics. All user groups commented on various aspects of the built environment that were important to their sense of well-being.

Deer Lodge Centre Library: WX 27.1 C912c 2002 AV

**A good day in long-term care: the resident's perspective.** Video Press: Baltimore, MD, 2005
1 videocassette (15 min.) : sd., col. ; 1/2 in.
*Residents in a long-term care facility describe fulfilling activities and explain what family, friends, and facility staff can do to help give them a positive experience.*

Deer Lodge Centre Library: WT 31 G646g 2005 AV

**Great nursing assistants: the resident's perspective.** Video Press; Woodstock: Baltimore, MD, 2005
1 videodisc (17 min.) : sd., col. ; 12 cm.
*(Producer)* Find out from the residents themselves what makes a great nursing assistant. They'll tell you how it feels knowing that a call bell will be answered quickly, how much they appreciate food containers opened on a food tray, how good it is to know that when they're in pain they'll be taken seriously, and not surprisingly, how good it feels when someone takes the time to know them.

Deer Lodge Centre Library: WY 87 G786g 2005 AV

**Is it time to move?: a family decision.** Assisted Living University: Fairfax, Va., 1999
1 videocassette (20 min.) : sd., col. ; 1/2 in. (VHS)
*Visiting the home -- Respite stay -- Getting the doctor involved -- Getting to know the staff, What to know about nursing homes.*

Deer Lodge Centre Library Consumer Health: WT 27.1 I88i 1999 AV

1 videocassette (30 min.) : sd., col. ; 1/2 in.
*Explores components of The Eden Alternative, a new approach developed by Dr. William H. Thomas, which addresses the problem of improving resident quality of life in long term care facilities. This film tours several Eden homes and explores the impact the project has on residents, staff and families.*

Deer Lodge Centre Library: WT 27.1 L722L 1997 AV

**Living in long term care: the resident's perspective.** School of Medicine: Baltimore, Md., 2003
1 videocassette (19 min.) : sd., col. ; 1/2 in. (VHS)
*(Producer)* What's it like to leave your home, your belongings and your world, and enter a nursing home? Suddenly a stranger is your roommate, you don't decide what and when you'll eat, someone in the hall is always calling out. And then you discover your quality of life depends nearly totally on your nursing assistants.

Deer Lodge Centre Library Consumer Health: WT 31 L785L 2003 AV

**Maximizing functional abilities: environmental sensitivity training video.** Distributed by Health Professions Press: Baltimore, Md., 1998
1 videocassette (40 min.) : sd., col. ; 1/2 in.
*(Producer)* Viewers will learn to appreciate the challenges presented by typical residential facilities when residents have to navigate daily activities with age-related cognitive and sensory deficits. With simple changes to the environment, facility staff can maximize functional independence and minimize excess disabilities. Here is a step-by-step process for identifying barriers and finding respectful, supportive solutions. Through individual profiles of residents, viewers learn to apply this problem-solving method to some of the common challenges presented by toileting, dressing,
Mediating conflicts in long-term care. Terra Nova Films: Chicago, IL, 2005
Videos on aging and elderhood: 1 videodisc (DVD) (21 min.) : sd., col. ; 12 cm.
"This video documents the benefits of having a mediation plan in place that provides a "listening"
platform where resident grievances can be addressed and resolved ..."--Container.
Deer Lodge Centre Library: HM 1126 M489m 2005 AV

1 videodisc (DVD) (20 min.) : sd., col. ; 12 cm.
Share with your staff or students the rewards of this profession through the eyes of both the most
experienced and those new to this caring profession.
Deer Lodge Centre Library: WY 152 N974nk 2008 AV

Preserving residents' dignity vol. VIII. ElderCare Communications: Cincinnati, Ohio, 1997
1 videocassette (11 min.) : sd., col. ; 1/2 in. (VHS) +1 guide (7 p.).
This video helps staff members at long-term care facilities to treat residents with respect, to protect privacy
and encourage independence and freedom of choice.
Deer Lodge Centre Library: WT 27.1 P933p 1997 AV

Rage against the darkness, Episode 3, Gert's secret. McNabb Connolly: Mississauga, ON, 2004
1 videocassette (88 min.) : sd., col. ; 1/2 in (VHS)
While other residents of a nursing home struggle to survive, feisty 102 year old Gert Stevenson has learned
the art of living well. What is her secret?
Deer Lodge Centre Library Consumer Health: WT 27.1 R141r 2004 v.3 AV

Resident safety : your first concern. Medcom ; Toronto : Medical Audio Visual Communications
distributor: Cyprus, Calif., 2005
1 videodisc (27 min.) : sd., col. ; 4 3/4 in.
This program describes the 2006 Long Term Care National Patient Safety Goals from the Joint
Commission on the Accreditation of Healthcare Organizations (JCAHO). The program also
describes a sample model of a resident safety plan that the Commission has suggested for every
institution. -- container
Deer Lodge Centre Library: WY 152 R433r 2005 AV

Residents have the answers : improving the quality of life in long-term care. Nursing Home Coalition
of New York State and the Coalition of Aged and Disabled: New York, 2001
1 videocassette (33 min.) : sd., col. ; 1/2 in. (VHS) + 1 guide + 1 disk.
Relates to problem identification and information gathering stages of a typical quality assurance
investigation as applying to nursing home residents.
Deer Lodge Centre Library: WT 27.1 R433r 2001 AV

1 videodisc (22 min.) : sd., col. ; 4 3/4 in. (DVD)
(Producer) Having food you can eat, having a drink when you're thirsty, having pain medication when you
hurt - these are basic necessities throughout life. Yet, it's startling to hear from residents about
situations in long term care in which basic needs are not met.
Deer Lodge Centre Library: WY 152 S741s 2006 AV
Special considerations for the young nursing home resident. Video Press: Baltimore, Md., 2006
3 videodiscs (58 min.) : sd., col. ; 4 3/4 in.
[DVD 1] Understanding me : the younger resident's perspective (18 min.) -- [DVD 2] Caring for the younger resident (17 min.) -- [DVD 3] Discovering appropriate activities for the young resident (23 min.). (Producer) In a group discussion with nursing assistants, it is quickly apparent that caring for the younger resident presents very different challenges for the care providers. Nursing assistants present specific strategies for developing a different kind of caregiving relationship with these residents.
Deer Lodge Centre Library: WY 152 S741sa 2006 AV

1 videodisc (DVD) (66 min.) : sd., col. ; 12 cm. + 1 workbook (39 p. : col. ill. ; 22 x 28 cm.)
Tours four fictional nursing homes, each at a different stage in changing their institutional culture to one offering more privacy, choice and purpose in the daily lives of residents.
Deer Lodge Centre Library: WT 27.1 T143t 2006 AV; WT 27.1 T143t 2006 AV workbook

Teaching and learning to care: training for caregivers in long term care. Delaware Valley Geriatric Education Center: Philadelphia, PA, 2002
1 videocassette, 1 manual, 128 transparencies ; in binder (29 cm.), (41 min) (VHS)
Deer Lodge Centre Library: WT 31 T253t 2002 AV

A time of transition: moving your loved one into a nursing home. Ohio Health Care Association: Rolf & Goffman: Ohio, 2005
1 videodisc (13 min.) : sd., col. ; 4 3/4 in.
Intended to facilitate communication among family members about nursing home placement for a loved one. Strives to portray nursing home life in a realistic and positive manner.
Deer Lodge Centre Library: WX 27.1 T583t 2005 AV

Understanding the confused resident. Fcs: Port Perry, ON, 1997
1 videocassette (20 min.) : sd., col. ; 1/2 in. VHS + 1 workbook (20 p.)
This series of videos deals with assisting families with the challenges of admitting a loved one to a long term care facility. This video is to help the family become comfortable with residents who are confused.

NUTRITION

In focus (Carrollton, Tex.): 1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
(Producer) Patients with Alzheimer's Disease often have nutritional challenges. This program provides strategies for reducing mealtime obstacles and confusion. Suggestions for arranging food on the plate, using memory aids, serving several small meals and supplementing with healthy snacks are addressed.
Deer Lodge Centre Library: WT 155 A49an 2003 AV

1 videocassette (23 min.) : sd., col. ; 1/2 in. + 1 instruction sheet
Based on the study by Counsel and Care, Appetite for life: a study of good practice around food and
mealtimes in homes for older people.
Deer Lodge Centre Library: QU 145 A646a 1997 AV

Assessing nutrition in older adults. Terra Nova Films: Chicago, IL, 2009
*Videos on aging and elderhood.*: 1 videodisc (DVD) (34 min.) : sd., col. ; 12 cm.
Using the mini-nutritional assessment to determine nutritional status -- Nutritional status: age-appropriate assessment is critical -- Interpretation: understanding the factors affecting nutrition -- Interventions: nutrition planning that addresses realities of aging., *Due to any number of physical, social, medical or environmental factors, older adults are often at risk for poor nutrition. Developed to assess nutritional status in older adults, the two-part Mini-Nutritional Assessment (MNA) is a valuable resource to identify older adults that are at risk for malnutrition. This DVD demonstrates the assessment process, as well as, how to measure arm and leg circumferences, and compute body mass index. The DVD also documents specific risk factors for older adults, and offers an accurate, age-appropriate assessment that care providers can use to develop an effective nutritional plan for the patient.*
Deer Lodge Centre Library: WT 115 A846a 2009 AV

Assisting the resident with meals. NEVCO ; Toronto: Naples, FL, 2004
1 videodisc (23 min.) : sd., col. ; 4 3/4 in. + 1 program guide.
"Mealtime can be the most important part of the day for residents in a LTC facility. Learn new ways to assist the resident. Can be used towards the new federal requirement for training of paid feeding assistants (2 contact hours)."--Container.
Deer Lodge Centre Library: WT 115 A848a 2004 AV; WT 115 A848a 2004 AV guide

1 videocassette (42 min.) : sd., col. ; 1/2 in. VHS + 1 manual (39 p.)
Deer Lodge Centre Library: WB 410 B697b 2001 AV; WB 410 B697b 2001 AV manual

Diagnosing malnutrition in cancer patients : patient-generated subjective global assessment.
American Dietetic Association: Chicago, Ill., 2000
1 videocassette (80 min.) : sd., col. ; 1/2 in. VHS + 1 guide
Aggressive identification and treatment of nutrition-related symptoms can stabilize or reverse weight loss in 50 to 88 percent of cancer cases. The subjective global assessment of nutritional status is a valid assessment tool, appropriate for use in both traditional and alternative health care settings. *This video presents step-by-step instructions for implementing the patient generated subjective global assessment, followed by four interactive case studies*.
Grace General Hospital Library: QU 146 D536d 2000 pt.1 AV; QU 146 D536d 2000 pt.2 AV manual

Eating assistance : encouraging participation. Baycrest Centre for Geriatric Care: Toronto, 1996
1 DVD (18 min.) : sd., col. ; 4 3/4 in. + 1 manual (16 p.)
This video is designed to increase caregivers' understanding and skills in the following key areas: recognizing eating assistance as a learned skill: promoting nutrition and well-being; reinforcing the social aspects and pleasures of eating; using a wide variety of assistance strategies; encouraging active participation during meals.
Deer Lodge Centre Library: QU 145 E14e 1996 AV; QU 145 E14e 1996 AV guide

Eating assistance to ensure nutrition. PRIMEDIA Workplace Learning : Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2005
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
Several tools have been developed to help the elderly to attain adequate nutrient status. These include observing the signs of poor nutritional status, and providing food of the type, texture, and amount that is best tolerated by individuals with certain medical conditions.

Deer Lodge Centre Library: WT 115 E14e 2005 AV

**The Edinburgh feeding & dementia scale.** Terra Nova Films: Chicago, IL, 2009

*Videos on aging and elderhood.*: 1 videodisc (DVD) (38 min.) : sd. col.; 12 cm.

Observing eating behaviors, and targeting interventions -- Understanding how dementia affects one's ability to eat., Older adults with dementia often have an added risk of poor nutrition and hydration, due to cognitive loss. The Edinburgh Feeding and Dementia Scale equips caregivers to observe the older adult for eating or feeding difficulties, and target specific interventions that increase nutritional intake. Includes suggestions on when and how often to do an assessment to ensure accuracy. Caregivers will also find helpful insights on how and older adult's ability to eat is affected by late-stage Alzheimer's.

Deer Lodge Centre Library: WM 220 E23e 2009 AV

**Elder issues. Nutrition for independent elders.** Concept Media: Irvine, CA, 2002

1 videocassette (25 min.) : sd., col.; 1/2 in. (VHS)

Focuses on community-based seniors who are relatively healthy. Highlights diseases that have an underlying nutritional origin, and the physiologic changes of aging that can negatively affect nutrition. Discusses the nutrients and fiber needed by aged, along with a description of the food guide pyramid and the Tufts' 70+ pyramid.

Concordia Hospital Library: WT 115 E37e 2002 AV

**Elder issues. Nutritional risks & challenges.** Concept Media: Irvine, CA, 2002

1 videocassette (24 min.) : sd., col.; 1/2 in (VHS)

Focuses on nutritional challenges for elders, particularly those at risk for malnutrition or who are ill. Presents factors that contribute to malnutrition, and discusses assessment including screening tools and laboratory data. Illustrates interventions for those who are ill and at home or in healthcare facilities. Discusses also the role of the interdisciplinary team.

Concordia Hospital Library: WT 115 E37ec 2002 AV

**Feeding challenges.** Primedia Healthcare : Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2001

1 videodisc (30 min.) : sd., col.; 4 3/4 in.

Deer Lodge Centre Library: WT 115 F295f 2001 AV

**Healthcare food services : choosing a multi-site management approach.** Orbis Broadcast Group: Chicago, IL, 1997

*AHA video teleconference.*: 1 videocassette (39 min., 43 sec.) : sd., col.; 1/2 in. (VHS)

*(Producer)* In this program, food service managers will see how other managers have taken the leap into multi-site management by standardizing processes, and working with administrators, clinical providers, and food service staff. The case study sites in this program present their approach to coping with multi-site management using two different types of operation: cook/chill and the more traditional cook/serve.

Deer Lodge Centre Library: WX 168 H434h 1997 AV

**HeartSmart cooking class.** Bonnie Stern Cooking Schools Ltd.: Toronto, Ont., 1997

1 videocassette (ca. 40 min.) : sd., col.; 1/2 in. (VHS)

Bonnie Stern shows how to reduce the fat in many well-known dishes while preparing over 20 new recipes. These recipes provide lower-fat suggestions for snacks, family meals and entertaining.
Interactions with dementia patients. AXIS Kommunikation GmbH: Hamburg, Germany, 2000
1 videocassette (38 min.) : sd., col. ; 1/2 in. VHS
Video shows scenarios of everyday meal interactions between dementia patients and nurses.
Recommendations for perceptual and behavioral training are given.
Deer Lodge Centre Library: WM 220 I61ia 2000 AV

May I help you? : skills you'll need as a feeding assistant. 2004.2004
1 videodisc (52 min.) : sd., col. ; 4 3/4 in.
program 1. Getting started -- program 2. Proper feeding techniques -- program 3. Problem behavior &
emergencies.
Deer Lodge Centre Library: WB 400 M466m 2004 AV

Meal time matters : a training program that builds nursing assistants' skills related to dining,
swallowing disorders, and safe feeding assistance. Ideas Institute: Kirtland, Ohio, 2008
1 CD-ROM : sd., col. ; 12 cm. + 1 videodisc (DVD) (8 min.) (sd., col. ; 12 cm.)
This training program includes a CD with a one hour PowerPoint presentation, trainer's speaking text for
each slide, four interactive exercises lasting 10-20 minutes each, an 8-minute DVD -- Solutions to
Common Meal Time Challenges, participant handouts, mealtime assistance checklist, and learning
assessment (pre and post-test). The material can be taught as one 2 hour session or three shorter
sessions.
Deer Lodge Centre Library: WT 115 B912m 2008 AV

Menu for safe feeding : a video teaching safe feeding practices. Riverdale Hospital ; Bridgeport Health
distributor: Toronto, 2002
1 videocassette (57 min.) : sd., col. ; 1/2 in. VHS + 1 manual (22, 18 p.)
Developed by an interdisciplinary team to help family, volunteer and professional caregivers understand
the basic principles of safe feeding. Presents a series of common scenarios that illustrate the
fundamental principles of safe feeding: positioning and set-up, verbal cueing, hand-over-hand
techniques and danger signs.
Deer Lodge Centre Library: WB 410 M549m 2002 AV; WB 410 M549m 2002 AV guide

The new feeding assistant. Medcom ; Toronto: Cypress, CA, 2003
1 videodisc (12 min.) : sd., col. ; 4 3/4 in.
Presents techniques for serving a meal and feeding dependent patients.
Deer Lodge Centre Library: WB 410 N49n 2003 AV

The new feeding assistant. Medcom ; Toronto: Cypress, CA, 2004
1 videodisc (12 min.) : sd., col. ; 4 3/4 in.
Presents techniques for serving a meal and helping to feed a person who may or may not need special
assistance. Includes good nutrition, special diets, hand sanitation procedures and infection
control.
Deer Lodge Centre Library: WB 410 N49na 2004 AV

Nutrition & hydration at the end of life. S. Brown, J. Helps and Deer Lodge Centre (Winnipeg Man.),
Deer Lodge Centre, Winnipeg, 2008
1 DVD (45 min.) ; (12 mm.) videorecording.
Deer Lodge Centre Library: WT 115 B879n 2008 AV
**Nutrition and fluids.** Mosby: St. Louis, Mo., 2002
1 videocassette (12 min., 51 sec.) : sd., col. ; 1/2 in.
Grace General Hospital Library: WY 193 N88n 2002 AV

**Nutrition of the infant.** Concept Media: Irvine, CA, 2003
4 videocassettes (101 min.) : sd., col. ; 1/2 in.
Victoria General Hospital Library: WS 120 N976nb 2003 Pt.1 AV; WS 120 N976nb 2003 Pt.2 AV; WS 120 N976nb 2003 Pt.3 AV; WS 120 N976nb 2003 Pt.4 AV

**Oh good, lunch is coming: a programme to help staff encourage people with dementia to eat and drink well.** University of Stirling: Stirling, Scotland, 2002
1 videocassette (20 min.) : col., sd., 1/2 in. VHS
*This programme is about encouraging people with dementia to eat and drink well. It covers lunch clubs, menu choices, Vitamin D deficiency, swallowing problems, and ideas to stimulate appetite.*
Deer Lodge Centre Library: WM 220 O36o 2002 AV

**Parenteral nutrition for adults.** PRIMEDIA Workplace Learning : Toronto: Carrollton, TX, 2004
1 DVD (30 min.) : sd., col. ; 4 3/4 in. + 1 guide book.
*This program discusses assessment and management components pertinent to parenteral nutrition. Patient assessment and selection, nutritional screening, requirements, and sources are all discussed. Special consideration for parenteral nutrition in the elderly is provided.---back of container.*
Seven Oaks General Hospital Library: WB 410 P228pb 2004 AV; WB 410 P228pb 2004 gd.blk.

**OBSESSIVE-COMPULSIVE DISORDER**

**Packrat.** Fanlight Productions: Boston, Mass., 2004
1 videodisc (ca. 80 min.) : sd., col. ; 4 3/4 in.
*Compulsive hoarding may be linked to obsessive compulsive disorder, or to Alzheimer's and other dementias. This engaging personal documentary-profiles the families of the filmmaker and her cinematographer, whose lives have been shaped by the "packrat" behavior of a family member.*
Seven Oaks General Hospital Library: WM 176 P119p 2004 AV

**OCCUPATIONAL HEALTH**

1 videodisc (ca. 21 min.) : sd., col. ; 4 3/4 in. + 1 guide.
*On-the-job stress has two basic causes: other people and you. This DVD presents techniques to cut the stress and ease the strain.*
Grace General Hospital Library: WM 172 A774a 2003 AV

**Dental rescue.** P. L. King, C. King, K. Taylor, M. Waughburton, J. Brown, H. Wilson, G. Overmyer and Bongo Brain Productions., Specialdental,: [Newcastle, N.S.W.], 2006
1 videodisc (23 min.) : sd., col. ; 1 DVD (12 cm.) videorecording
*The key learning goals of this DVD are: "develop skills in dental hygiene and denture care ; identify how to prevent dental problems occuring ; manage challenging behaviours ; appreciate how oral health affects wellbeing ; address occupational health and safety issues." - cover sleeve.*
Deer Lodge Centre Library: WU 490 K54d 2006 AV
The fundamentals of workplace safety and health. Level one. Winnipeg Regional Health Authority: Winnipeg, Man., 2005
1 videocassette (32 min.) : sd., col. ; 1/2 in. + 1 manual (91 p. : ill.)
Deer Lodge Centre Library: WA 400 F981f 2000 AV; WA 400 F981f 2000 AV manual

Latex allergy : stop the reaction. Coastal Video Communications Corp.: Virginia Beach, VA, 1997
1 videocassette (22 min.) : sd., col. with b&w ; 1/2 in. VHS + 1 guide (16 p.)
(Producer) Allergic reactions to natural rubber latex products are being recognized with increasing frequency among healthcare workers who use products containing latex. This program contains guidelines for minimizing latex-related health problems while maximizing protection.

Lockout/tagout. Coastal : Belleville: Virginia Beach, VA, 2001
1 videocassette (9 min.) : sd., col. ; 1/2 in. VHS + 1 guide (16 p.)
Deer Lodge Centre Library: WA 400 L816L 2001 AV; WA 400 L816L 2001 AV guide

Office health & safety. Workwell Training Videos: Keswick ON, 1999
1 videocassette (10 min.) : sd., col. ; 1/2 in. (VHS) + 1 computer disk (4 1/2 in.)
Deer Lodge Centre Library: WA 485 O32o 1999 AV

1 videocassette (27 min.) : sd., col. ; 1/2 in. + 1 guidebook
Shows how ergonomics, work practices and exercises can reduce the risk of cumulative trauma disorder.
Concordia Hospital Library: AV WE 175 P944p 2001 pt.1; AV WE 175 P944p 2001 pt.2:guidebook

Restorative care : safety considerations for the caregiver. Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2005
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
(Producer) Since much of the caregiver's work involves lifting, bending, moving, and transferring residents and equipment from one location to another, they are at risk for back injury. Shows how you can protect spine and muscles from injury while providing care to residents.
Deer Lodge Centre Library: WA 485 R47r 2005 AV

Too close for comfort : near miss reporting and investigation. Workwell Training Videos: Keswick, Ont., 2001
1 videocassette (13 min.) : sd., col. ; 1/2 in.
Concordia Hospital Library: T 55 T66 2001 AV

ORAL HEALTH

1 videocassette (20 min.) : sd., col. ; 1/2 in. (VHS)
(Producer) The mouth must be thoroughly cleaned at least once a day to prevent cavities and infection. To clean a mouth, you don't need to be a dentist or a dental hygienist. In fact, this tape has been developed for caregivers, nursing assistants, home health aides and family members.
Demonstrations show "how to brush another person's teeth," and "how to clean dentures."
Suggestions are given for cleaning the mouth of someone who is unable to follow directions and for those with behavior disorders.
Deer Lodge Centre Library: WU 113 Y43b 1997 AV

1 videodisc (23 min.) : sd., col. ; 1 DVD (12 cm.) videorecording
The key learning goals of this DVD are: "develop skills in dental hygiene and denture care ; identify how to prevent dental problems occurring ; manage challenging behaviours ; appreciate how oral health affects wellbeing ; address occupational health and safety issues." - cover sleeve.
Deer Lodge Centre Library: WU 490 K54d 2006 AV

Elder loving care : oral hygiene caregiver training. The University of Texas Health Science Center: Houston, Tex., 2007
1 videodisc (DVD) (14 min., 20 sec.) : sd., col. ; 12 cm.
Program demonstrates the need for proper oral hygiene in the elderly. Reasons for oral care, proper skills, signs of good and poor oral care, adjustments to care, and denture cleaning are discussed.
Deer Lodge Centre Library: WU 490 E37ea 2007 AV

Oral care for residents with dementia. Registered Nurses' Association of Ontario and Halton Regional Health Dept. (Ont.), Registered Nurses Association of Ontario.; [Toronto, ON], 2007
1 DVD (16 min.) : sd., col. ; (12 mm.) videorecording.
Deer Lodge Centre Library: WU 113 O63o 2007 AV

Providing oral care. Medcom: Cypress, CA, 2000
1 videocassette (12 min., 40 sec.) : sd., col. ; 1/2 in.
Deer Lodge Centre Library: WY 100 P969p 2000 AV

ORGANIZATIONAL INNOVATION

1 videodisc (DVD) (66 min.) : sd., col. ; 12 cm. + 1 workbook (39 p. : col. ill. ; 22 x 28 cm.)
Tours four fictional nursing homes, each at a different stage in changing their institutional culture to one offering more privacy, choice and purpose in the daily lives of residents.
Deer Lodge Centre Library: WT 27.1 T143t 2006 AV; WT 27.1 T143t 2006 AV workbook

OSTEOARTHRITIS

1 videocassette (ca. 30 min.) : sd., col. ; 1/2 in. VHS + 1 guide (7 p.)
This video will help understand the basic pathophysiology and clinical manifestations of osteoarthritis, and become aware of the management and nursing care of the patient with osteoarthritis during assessment and diagnosis, initial treatment, disease progression, and continuing care stages.
Grace General Hospital Library: WE 348 C271c 1996 AV

1 videocassette (58 min.) : sd., col. ; 1/2 in. + 1 guide
Grace General Hospital Library: WE 870 O88o 2004 AV; WE 870 O88o 2004 AV guide

OSTEOPOROSIS
1 videocassette (33 min.) : sd., col. ; 1/2 in. + 1 instructional booklet (13 p. : ill. ; 14 x 21 cm.) + 1 stretch band exerciser (red, 92 x 14 cm.)
Deer Lodge Centre Library Consumer Health: WE 250 H699b 1999 AV

Bone smart. Osteoporosis Society of Canada: Toronto, 2001
1 videodisc (38 min.) : sd., col. ; 4 3/4 in.
"Features exercises to maintain bone strength, improve posture and balance, strengthen muscles and increase flexibility."--Container.
Seven Oaks General Hospital Library: WE 250 B712b 2001a AV

Break through, exercise for life. Osteoporosis Society of Canada: Toronto, 2001
1 videodisc (10 min.) : sd., col. ; 4 3/4 in.
Seven Oaks General Hospital Library: WB 541 B828b 2001 AV

1 videocassette (51 min.) : sd., col. ; 1/2 in. (VHS)
"In this video a series of 20 exercises are demonstrated by a fitness instructor and physiotherapist to improve balance, posture, strength and flexibility. First developed for people with osteoporosis they may also be useful for other back pain problems."
Deer Lodge Centre Library Consumer Health: WE 720 H434h 1996 AV

Keeping osteoporosis under control: a patient information video. Merck Frosst Canada: Kirkland, Quebec, 2000
1 videocassette (11 min.) : sd., col. ; 1/2 in.
Deer Lodge Centre Library Consumer Health; NJM Health Sciences Library: WE 250 K26k 2000 AV

Meeting the challenge of osteoporosis and fracture prevention. Ontario Osteoporosis Strategy for Long-Term Care: Hamilton, Ont., 2009
1 videodisc (DVD) (12 min.) : sd. col. ; 12 cm.
Deer Lodge Centre Library: WE 250 M495m 2009 AV

1 videocassette (30 min.) : sd., col. ; 1/2 in. + 1 workbook (21 p.).
Deer Lodge Centre Library Consumer Health: WE 250 O85ov 1996 AV

OSTOMY

Ostomy care. Mosby: St. Louis, Mo., 2002
"Mosby's nursing skills video series." : 1 videocassette (27 min., 29 sec.) : sd., col. ; 1/2 in.
Grace General Hospital Library; Seven Oaks General Hospital Library; Victoria General Hospital Library: WY 161 O85o 2002 AV

Ostomy, urinary drainage and catheter care. Medcom Trainex ; Toronto: Cypress, CA, 2005
1 videodisc (16 min.) : sd., col. ; 4 3/4 in.
"Demonstrates changing an ostomy bag, emptying a urinary drainage bag, providing daily catheter care, and a review of perineal care."
Grace General Hospital Library: WY 164 O85o 2005 AV
OUTCOME ASSESSMENT (HEALTH CARE)

**Goal attainment scaling.** Deer Lodge Centre: Winnipeg, Man., 1997
1 videocassette (60 min.) : sd., col. ; 1/2 in. VHS
Deer Lodge Centre Library: W 84 DC2 1M2 H889g 1997 AV

**OXYGEN**

**Oxygenation.** Mosby: St. Louis, Mo., 2002
Mosby's nursing skills video series.: 1 videocassette (19 min., 41 sec.) : sd., col. ; 1/2 in. (VHS)
"This video presents oxygen safety; flow rates by nasal cannula and face mask; application of cannula and mask; airway maintenance, including suctioning; tracheostomy care."--from container.
Grace General Hospital Library; Seven Oaks General Hospital Library; Victoria General Hospital Library: WY 163 O98o 2002 AV

**PAIN**

1 CD-ROM : sd., col. ; (12 mm) videorecording :
"This program has been adapted from a 2007 live meeting at the National Conference of the American Society for Pain Management Nursing in Dallas, Texas."
Deer Lodge Centre Library: WL 704 A846ab 2007 AV

**Care of the patient with pain.** Lippincott-Raven: Philadelphia, PA, 1997
1 videocassette : sd., col. ; 1/2 in. VHS + 1 guide (7 p.).
This video will describe basic pain mechanisms and transmission, identify patient teaching goals, MDNM, identify assessment techniques, anticipate nursing care and needs during the acute stage and the continuing care stage, help be aware of appropriate nursing interventions for the patient with acute pain.
Grace General Hospital Library: WY 160.5 C271c 1997 AV

**Chronic pain in geriatrics : assessment.** Geriatric Video Productions: Shavertown, PA, 1998
1 videocassette (25 min.) : sd., col ; 1/2 in. + 1 guide (18 p.)
(Producer) Discusses the false beliefs concerning chronic pain held by both elderly patients and healthcare workers. Directly guides you in the assessment process. Discusses assessing influence of pain on functional status, and the use of pain rating scales. Instructs lay and professional caregivers on assessment techniques, and covers specific issues and techniques regarding assessment of the cognitively impaired.
Deer Lodge Centre Library: WL 704 C557c 1998 AV; WL 704 C557c 1998 AV guide

**Chronic pain in geriatrics : management.** Geriatric Video Productions: Shavertown, PA, 1998
1 videocassette (25 min.) : sd., col ; 1/2 in. + 1 guide (23 p.)
(Producer) Directly guides you in developing a pain management program for the elderly with chronic pain in any care setting. An approach to specific drug therapy, including opiates, is discussed, with emphasis on fears of staff, patients, and family caregivers regarding addiction, tolerance, and respiratory depression with opiate use. Discusses the use of specific non-drug therapies to
minimize medication use. Focuses on improving quality of life by providing an individualized care plan that addresses the physical and psychosocial symptoms, areas of decline in ADL's, family distress, and many other areas which contribute to suffering.

Deer Lodge Centre Library: WL 704 C557cc 1998 AV; WL 704 C557cc 1998 AV guide

**Controlling your pain : relief by PCA pump.** Grace General Hospital: Winnipeg, 2001
1 videocassette (7 min.) : sd., col. ; 1/2 in. VHS
*Describes for the patient the use of the PCA pump.*
Grace General Hospital Library: AV WO 200 C764ca 2001

1 videocassette (50 min.) : sd., col. ; 1/2 in. + 1 program guide (21 leaves ; 28 cm.)
*In part one of this program, acute and chronic pain will be defined, as well as the pain pathways. The participants will also learn how to recognize the different types of pain and normal responses to pain. In part two of this program the key principles of pain management will be described, as well as the types of non-pharmacological interventions. The final segment of the program will deal with the various types of medications and their role in pain management."--Program guide.*
Concordia Hospital Library; Deer Lodge Centre Library: WL 704 C976c 2000 AV; WL 704 C976c 2000 AV guide

3 videocassettes (57 min.) : sd., col. ; 1/2 in.
[v.1]. Recognizing pain (17 min.). -- [v.2.] Communicating with the Alzheimer patient (20 min.). -- [v.3]. Maintaining independence and involving the Alzheimer patient., *Rabins talks to caregivers about various methods for communicating with Alzheimer patients.*
Deer Lodge Centre Library: WT 155 G946g 2003 AV v.1; WT 155 G946g 2003 AV v.2; WT 155 G946g 2003 AV v.3

**National best practices in long term care.** Veterans Affairs: Ottawa, 2001
2 videocassettes (ca. 13 hrs. 10 min.) : sd., col. ; 1/2 in. VHS
National Best Practices in Long Term Care conference held in Montreal April 24-25, 2001. Sessions include 1.) Guest speaker - Dr. Bernard Groulx. 2.) VAC's Dementia Care Initiative. 3.) Pain Management Panel. 4.) Circles of Care. 5.) Reducing Falls in a High Risk Veteran Population. 6.) Establishing an Electronic "Best Practices Forum" - Linking Veterans Facilities via the Internet. 7.) Best Practices for Prevention and Treatment of Pressure Ulcers. 8.) Chronic Wound and Skin Health Team. 9.) Resident Breakfast Program. 10.) Dysphagia Program. 11.) Guest Speaker - Dr. Bernard LaPoint. 12.) Quality Improvement Panel. 13.) Restraint Reduction. 14.) Clinical Challenges in Long Term Care Identifying : Behavioural Issues, the Challenges of a New Dementia Unit. 15.) A Walking Program : Implementation of Extended Care. 16.) The Dorothy Macham Home, Behavioural Care Unit.,
Deer Lodge Centre Library: WT 30 N477n 2001 AV pt.1; WT 30 N477n 2001 AV pt.2

**Pain : psychiatric and mental health issues.** Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2005
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
*(Producer) Assessing a patient for pain requires a thorough approach that can be challenged by the presence of mental health issues. Emotional distress can often present as physical distress. Cognitive functioning may be impaired and pain cues may present differently. Provides insight on how to recognize and manage pain in the psychiatric patient.*
Deer Lodge Centre Library: WL 704 P35p 2005 AV
1 videocassette (17 min.) : sd., col. ; 1/2 in. (VHS)
(Producer) Staff may quantify pain on numerical scales, but residents have much more to say about pain
than just a number. "Sometimes its so bad, I hear myself shouting out," says one resident. Another
adds, "Tears just keep rolling down my face, I never thought I would cry from pain." The intensity,
the emotion, and the honesty of these residents? comments need to be heard by all caregivers of the
elderly.
Deer Lodge Centre Library: WL 704 P144pj 2003 AV

Pain assessment in older adults. Terra Nova Films: Chicago, IL, 2009
Videos on aging and elderhood.: 1 videodisc (DVD) (64 min.) : sd. col. ; 12 cm.
Pain assessment: three tools for quantifying the presence and level of pain -- Using the pain-AD: how to
assess pain in older adults with limited verbal capacity -- Pain in older adults: prevalence, myths,
and the need for ongoing assessment., Chronic pain is often a concern for older adults. Using a
variety of assessment tools, this DVD will help caregivers to evaluate the presence and severity of
pain, whether the patient is able to verbalize it or not. This DVD demonstrates how to assess for
pain in older adults, using these four tools: the Faces Pain Scale, the Verbal Descriptor Scale, the
Numeric Rating Scale, and the Pain Assessment in Advanced Dementia Scale. The DVD goes
further to document how to assess and re-evaluate the effectiveness of the applied interventions, as
needed.
Deer Lodge Centre Library: WL 704 P144pr 2009 AV

Pain management. Distributed by Concept Media: Irvine, CA, 2002
4 videocassettes (91 min.) : sd., col. ; 1/2 in.
Pt. 1. Pathophysiology, assessment, and the pain management program (25 min.) -- Pt. 2. Pharmacological
treatment strategies (22 min.) -- Pt. 3. Physical and cognitive-behavioral approaches to pain
management (22 min.) -- Pt. 4. Pain management programs for special patient populations (22
min.).
2002 Pt.3 AV; WL 704 P36p 2002 Pt.4 AV

Successful aging: 1 videodisc (DVD) (30 min.) : sd., col. ; 12 cm.
Eighty-six million American suffer from chronic pain. Learn how to deal with and treat it.
Deer Lodge Centre Library: WL 704 P144pt 2003 AV

Palliative care: the definition of a compassionate society. Hospice & Palliative Care Manitoba:
Winnipeg, Man., 2004
1 videocassette (53 min.) : sd., col. ; 1/2 in.
Seven Oaks General Hospital Library: WB 310 L676p 2004 AV

Patient controlled analgesia: strategies for patient safety. Institute for Safe Medication Practices:
Huntington Valley, PA, 2005
1 videocassette (15 min.) : sd., col. ; 1/2 in.
Concordia Hospital Library: WO 200 P298p 2005 AV

Pharmacology and the elderly. Part 3, Pain management. PRIMEDIA Workplace Learning ; Toronto:
Carrollton, TX, 2004
1 videocassette (30 min.) : sd., col. ; 1/2 in.
(Producer) Discusses non-opioid and opioid medications safe for elders suffering from pain. Concordia Hospital Library; Deer Lodge Centre Library: WL 704 P48p 2004 AV

**Vivetics : motion for life.** Paulus Productions: Brodie Health Solutions: Canada, 2005
1 videotdisc (120 min.) : sd., col. ; 4 3/4 in. + 1 workbook (iv, 62 p. : ill. ; 18 cm.)
*This 6-8 week therapeutic exercise program addresses chronic pain management, treatment and prevention. Helps you establish good daily habits to increase your strength, flexibility and range of motion and may even reduce the need for medication.*

**What you should know about managing your pain : a helpful guide for patients taking controlled-release opioid analgesics.** Purdue: Pickering, Ont., 2005
1 videocassette (14 min.) : sd., col. ; 1/2 in.
Grace General Hospital Library: WL 704 W555w 2005 AV

**PALLIATIVE CARE**

**Final days.** Deer Lodge Centre: Winnipeg, 2007
1 videocassette (44 min.) : sd., col. ; 1/2 in. VHS
*Kris Springer, of the WRHA Palliative Care, discusses signs of a patient's final days, and how to keep them comfortable.*
Deer Lodge Centre Library: WB 310 S769f 2007 AV

**A healing journey.** Hospice & Palliative Care Manitoba: Winnipeg, 1999
1 videocassette (62 min.) : sd., col. ; 1/2 in. VHS
Deer Lodge Centre Library: WB 310 M888h 1999 AV

**Making choices together.** 1999
1 videocassette (50 min.) : col., sd., 1/2 in. VHS
Deer Lodge Centre Library: W 50 K96m 1999 AV

**Nutrition & hydration at the end of life.** S. Brown, J. Helps and Deer Lodge Centre (Winnipeg Man.), Deer Lodge Centre; Winnipeg, 2008
1 DVD (45 min.) : (12 mm.) videorecording.
Deer Lodge Centre Library: WT 115 B879n 2008 AV

**Palliative care : care for terminally ill patients.** Aquarius Health Care Videos ; Toronto: Sherborn, MA, 2003
*Successful aging :* 1 videodisc (DVD) (25 min.) : sd., col. ; 12 cm.
*Covers Palliative care, a program that seeks to give terminally ill patients and their families physical, emotional, spiritual and social comfort.*
Deer Lodge Centre Library: WB 310 P167pq 2003 AV

**Spirituality in palliative care.** 2003.2003
1 videocassette (21 min.) : sd., col. ; 1/2 in. VHS + guide (15 p.)
*This video examines aspects of death and dying which may have implications for spiritual care. It also focuses on the role of the nurse in attending to spiritual care in the palliative care context.*
Concordia Hospital Library: WY 152 S759s 2003 AV

**Walking your path with power.** Hospice & Palliative Care Manitoba: Winnipeg, 1999
1 videocassette (67 min.) : sd., col. ; 1/2 in. VHS
Deer Lodge Centre Library: WB 310 M888w 1999 AV

**PANCREAS**

**Laparoscopic distal pancreatectomy.** produced & distributed by Cine-Med for the American College of Surgeons: Chicago, Ill., 1996

*American College of Surgeons Educational Library ; CC-1825: 1 videocassette (19 min.) : sd., col. ; 1/2 in.*

*(Producer)* This video demonstrates how the pancreas is approachable using laparoscopic techniques. Pancreatic resections are technically demanding but feasible, while still offering the advantages of minimally invasive surgery to the patient.

Victoria General Hospital Library: AV WI 830 L317L 1996

**PARKINSON DISEASE**

**Motivating moves for people with Parkinson's : a seated exercise program.** Parkinson's Disease Foundation: Lawrence, Kan., 2004

1 videocassette (85 min.) : sd., col. ; 1/2 in. (VHS)

Section 1: How to do motivating moves -- Section 2: The exercise class -- Section 3: Practical tips for daily living., *Program of 24 short, stimulating exercises especially for people with Parkinson's, and good for anyone interested in exercising while seated on a chair or in a wheelchair. Exercises designed to improve breathing, flexibility, sense of balance, and vocal range. Includes strategies to improve ability to perform everyday movements.*

Deer Lodge Centre Library Consumer Health: WL 359 M918m 2004 AV

**Parkinson's disease.** Aquarius Health Care Videos ; Woodstock: Sherborn, MA, 2000

1 videocassette (28 min.) : sd., col. with b&w sequences ; 1/2 in.

*This degenerative brain disease afflicts one out of every hundred Americans over the age of 60. Although research is making rapid strides, there is still no definitive understanding of what causes the condition and even less consensus on what the cure will be.*

Concordia Hospital Library: WL 359 P247p 2000 AV

**Parkinson's disease : current therapeutic approach.** Primedia ; Toronto: Carrollton, TX, 2003

1 videodisc (57 min.) : sd., col. ; 4 3/4 in.

Deer Lodge Centre Library: WL 359 P248pj 2003 AV


1 videodisc (47 min.) : sd., col. ; 4 3/4 in.

"Using the illness of Michael J. Fox as a springboard, this program theorizes that most Parkinson's cases are the result not of heredity but of viral attacks and environmental toxins that severely damage the substantia negra, the "gearbox of the brain." Fox, Oliver Sacks, neurologists from The Parkinson's Institute and The University of British Columbia, and others share insights drawn from their knowledge of Parkinson's, encephalitis lethargica, Guam disease, and MPTP poisoning that, taken together, make a compelling argument for linking Parkinson's to neuronal trauma. Therapies involving neuronal grafting from fetal tissue, retinal pigmented epithelial cell implantation, and transplantation of adult stem cells are discussed as well."--Container.

Deer Lodge Centre Library: WL 359 P247pe 2002 AV

**PATIENT TRANSFER**
Basic techniques for transferring patients safely. Medcom; Toronto: Cypress, CA, 1997
1 videocassette (28 min., 30 sec.) : sd., col. ; 1/2 in.
Deer Lodge Centre Library; NJM Health Sciences Library: WY 100 B311b 1997 AV

Ergonomics: safe patient transfer. Coastal Training Technologies Corp.; Virginia Beach, VA, 2001
1 videocassette (16 min.) : sd., col. ; 1/2 in. + 1 guide (16 p.)
Deer Lodge Centre Library: WE 720 E67e 2001 AV; WE 720 E67e 2001 guide AV

1 videodisc (15 min.) : sd., col. ; 4 3/4 in.
The basic steps -- The supine position -- The semi-supine position -- The semi-prone position -- The prone position.,
Deer Lodge Centre Library: WY 100 N49np 2003 AV

1 videodisc (24 min.) : sd., col. ; 4 3/4 in.
(Producer) This program demonstrates: Assisting with ambulation, assisting a falling patient, range of motion exercises: head and neck, upper extremities, lower extremities.
Deer Lodge Centre Library: WY 100 N49n 2003 AV

Restorative care: safety considerations for the caregiver. Trinity Healthforce Learning; Toronto: Carrolton, TX, 2005
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
(Producer) Since much of the caregiver's work involves lifting, bending, moving, and transferring residents and equipment from one location to another, they are at risk for back injury. Shows how you can protect spine and muscles from injury while providing care to residents.
Deer Lodge Centre Library: WA 485 R47r 2005 AV

Safe transfers. Trinity Healthforce Learning: Carrolton, TX, 2007
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
Nursing assistants learn how to prevent injuries related to lifting and transferring patients.
Grace General Hospital Library: WX 158 S128s 2007 AV

1 videocassette (ca. 24 min) : sd., col. ; 13 mm.
Deer Lodge Centre Library: WE 720 Y81g 1996 AV

PATIENT-CENTERED CARE

Appreciating us: the resident's perspective. University of Maryland School of Medicine: Baltimore, MD, 2006
1 videodisc (20 min.) : sd., col. ; 4 3/4 in. (DVD)
(Producer) Residents focus your attention on the fact that despite diminished physical strength their basic core as a person remains the same. They share their love of relationships, their social and recreational interests, their desire for independence, and their need for social interactions.
Deer Lodge Centre Library: W 85 A652a 2006 AV

Attitudes, values and respectful care. Deer Lodge Centre: Winnipeg, 2009
Elder friendly series: 1 DVD (40min) : sd., col. ; 12 mm
Deer Lodge Centre Library: WT 30 D994a 2009 AV
Breaking the silence: giving voice to persons living with dementia. University of Waterloo: Waterloo, ON, 2004
1 DVD (38 min.) : sd., col. ; (12 cm.)
This video offers persons with dementia and their families a chance to speak for themselves by sharing their "lived" experiences - describing their issues, concerns and experiences from their personal perspectives. "Breaking the Silence" progresses through three key themes: a) The Faces of and Realities of Dementia; b) Social-Psychological Aspects of Dementia and the Work of MAREP; and concludes with c) Listening to the voice of Persons with Dementia. This video provides powerful insight as to what can be gained when we listen to and respect the perceptions of persons living with dementia.
Deer Lodge Centre Library: WM 220 B828b 2004d AV

Coping with Maggie: caring for Margaret: communicating through behaviour: a person-centred approach to caring for people with dementia. Homefirst Community Trust: Ballymena, Ireland, 2002
1 videocassette (55 min.) : sd., col. ; 1/2 in. VHS + 1 manual (207 leaves in binder)
This video offers insight into the subjective world of people with dementia. The video follows Margaret as she strives to maintain her dignity and composure as the world she knows disintegrates. Also portrayed is the care delivered to her, often with good intentions, but at times insensitively.
Deer Lodge Centre Library: WM 220 C783c 2002 AV; WM 220 C783c 2002 AV manual

Finding the way videorecording: a video guide to patient focused care. Sunnybrook Health Science Centre: Toronto, 1998
1 videocassette (31 min.) : sd., col. ; 1/2 in. VHS + 1 booklet (24 p.)
This video and learning guide comprise an educational package for healthcare professionals who wish to change in order to create a new culture of patient focused care.
Deer Lodge Centre Library: W 84.1 M681f 1998 AV; W 84.1 M681f 1998 AV guide

Hello in there: understanding the success of person-centered care. Canadian Learning Co.: Woodstock, ON, 1997
1 videocassette (18 min., 46 sec.) : sd., col. ; 1/2 in. + 1 guide (28 p.)
(Producer) Working with patients whose personalities are clouded by illness or by the aging process can be extremely challenging. This video captures the essence of "person-centered care"--nursing practice that emphasizes the challenges and rewards of relating to patients as whole people, with histories and values that go beyond their current medical needs.
Deer Lodge Centre Library: WY 152 H477h 1997 AV; WY 152 H477h 1997 AV guide

1 videocassette (30 min.) : sd., col. ; 1/2 in.
Explores components of The Eden Alternative, a new approach developed by Dr. William H. Thomas, which addresses the problem of improving resident quality of life in long term care facilities. This film tours several Eden homes and explores the impact the project has on residents, staff and families.
Deer Lodge Centre Library: WT 27.1 L722L 1997 AV

1 videocassette (20 min.) : sd., col. ; 1/2 in. + 1 guide.
Staff members become sensitized to the residents' need for a high quality of life, and begin the process of identifying staff behaviors which add to quality of life.

Deer Lodge Centre Library: WT 31 Q1qa 1996 AV

PERIOPERATIVE CARE

1 videocassette (30 min.) : sd., col. ; 1/2 in. + 1 guide (29 p.)
(Producer) Discusses current trends in minimally invasive surgery, laparoscopic procedures, and the role of the perioperative nurse in MIS.
Seven Oaks General Hospital Library: WY 161 M665m 2002 AV

Perioperative patient assessment: helping patients achieve their goals. AORN; Woodbury: Denver, Colo., 2005
AORN perioperative nursing library ; 1933: 1 videodisc (27 min.) : sd., col. 4 3/4 in. + 1 CD-ROM.
Covers the perioperative assessment of patients to help them achieve the desired surgical outcome. Includes identifying health problems that would negatively affect the outcome, identifying possible complications, and collecting data through the entire perioperative period.
Grace General Hospital Library: WY 100.4 P445p 2005 AV

Positive patient outcomes mean education. AORN; Woodburg: Denver, CO, 1997
1 videocassette (19 min.) : sd., col. ; 1/2 in. (VHS) + 1 guide (52 p.).
(Producer) ... a review of the principles of patient education, with specific reference to the role of the perioperative nurse in this process. The many benefits of patient education are listed, including benefits that accrue to patients in general, patients undergoing invasive procedures specifically, and the health care facility as a whole. Factors that influence patient education are discussed, including the role of the educator, characteristics of the learner, the medium through which the message is delivered, the time frame in which the education is provided, and the message that is communicated. The integration of patient education into the nursing process is examined and implications for nurse managers are mentioned.
Victoria General Hospital Library: AV WY 161 P855p 1997

Preventing disease transmission in the perioperative setting. Cine-Med; Denver: Woodbury, CT., 2000
1 videocassette (27 min.) : sd., col. ; 1/2 in. (VHS) + 1 guide (31 p.)
This video, directed toward perioperative nurses, describes the measures used for preventing transmission of communicable diseases, and include hand-washing, "pre-employment medical evaluations, inservice education, immunization programs, standard and transmission-based isolation precautions, management of job-related illnesses and exposures, ...."
Victoria General Hospital Library: AV WY 161 P944p 2000

PERSONNEL MANAGEMENT

1 videocassette (120 min.) : sd., col. ; 1/2 in. (VHS)
Facility Systems Educator Charmaine Gibson demonstrates the scheduling software.
Deer Lodge Centre Library: QA 76.76 A65 G448e 2001 AV

Performance matters: the importance of praise. Owen-Stewart Performance Resources (Distributor):
(London, England; Video Arts; Port Perry, ON, 2000

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1 videocassette (19 min.) + 1 leader's guide, 1 workbook, 1 overhead.

**Performance matters : the need for constructive criticism.** Video Arts ; Port Perry: London, England, 2000
1 videocassette (20 min.) : sd., col. ; 1/2 in. VHS + 1 leader's guide, 1 workbook, 1 overhead book
*Illustrates how effective methods of constructive criticism can actually strengthen relations between employees and managers.*

**Supervisory techniques for charge nurses in long term care facilities.** Linn-Benton Community College: Albany, Or., 2002
1 videocassette (20 min.) : sd., col. ; 1/2 in. + 1 manual.
*(Producer)* The key points covered help nursing supervisors reduce conflict among CNAs, gain more respect, and organize their time more effectively.
Deer Lodge Centre Library: WY 105 S959s 2002 AV; WY 105 S959s 2002 AV manual

**PHYSICAL EXAMINATION**

**Assessment of the adult.** Concept Media: Irvine, CA, 2007
3 videodiscs (74 min.) : sd., col. ; 4 3/4 in. + Instructor's guide and Self-grading tests on 2 CD-ROMs.
1. Introduction to nursing assessment (DVD) -- 2. Assessment of the adult: the head-to-toe assessment (DVD) -- 3. Assessment of the adult: the systems based assessment (DVD) -- 4. Instructor's guides (CD-ROM) -- 5. Self-grading tests (CD-ROM), *Defines nursing assessment and shows how it relates to nursing practice and daily care routines. It prepares the viewer to perform a complete initial assessment on a stable patient as well as to recognize changes in physical status requiring immediate attention.*
Grace General Hospital Library: WY 100.4 A846ac 2007 AV

**Assessment of the older adult.** Williams & Wilkins: Baltimore, MD, 1996
2 videocassettes (45 min., 44 sec.) : sd., col. ; 1/2 in. + 1 resource manual (iv, 76 p.)
tape 1. An overview (22 min., 33 sec.) -- tape 2. Physical exam (23 min., 11 sec.). *(Producer)* A distinguished author, consultant and educator guides nurses through the comprehensive assessment of the aging adult, with careful consideration of multiple conditions and problems that can affect one another. A comprehensive resource manual accompanies the series. The two videotapes offer learners a basic understanding of issues, concerns, and procedures applicable to geriatric older adults.
Deer Lodge Centre Library: WY 100.4 A846ao 1996 Manual AV; WY 100.4 A846ao 1996 pt.1 AV; WY 100.4 A846ao 1996 pt.2 AV

1 videocassette (19 min.) : sd., col. ; 1/2 in.
*(Producer)* Find out from nursing assistants why looking in the door just doesn't provide enough information. Staff relate specific guidelines for appropriate "checking." They emphasize the need to check vital signs and look for change, and also point out the need to recognize individual differences of residents.
Deer Lodge Centre Library: WY 100 I73i 2001 AV

**Life signs : clinical vital signs monitor training.** Welch Allyn: S.l., 1996
1 videocassette (17 min.) : sd., col. ; 1/2 in. (VHS)
This video is intended to be used with its operator's manual. The video is a guide to understanding the basics of operating the new Welch Allyn's clinical monitor. The video does not include installation, troubleshooting, service and clean which is covered in the operator's manual.
Concordia Hospital Library: WB 200 L722L 1996 AV

1 videodisc : col. ill. ; 4 3/4 in.
Concordia Hospital Library; Grace General Hospital Library; NJM Health Sciences Library; Seven Oaks General Hospital Library: WB 205 C182p 2007 AV

PHYSICAL FITNESS

Break through, exercise for life. Osteoporosis Society of Canada: Toronto, 2001
1 videodisc (10 min.) : sd., col. ; 4 3/4 in.
Seven Oaks General Hospital Library: WB 541 B828b 2001 AV

Fighting heart disease and stroke. MarkeTech Associates Inc.: Dallas, TX., 1999
1 videocassette (25 min.) : sd., col. ; 1/2 in.
Concordia Hospital Library Consumer Health: AV WL 355 F471p 1999

1 videocassette (30 min.) : sd., col. ; 1.2 in. (VHS)
In this inspiring video, see firsthand the difference a little movement can make in an older adult's day.
Includes a full range of techniques for introducing older people to creative movement activities.
Deer Lodge Centre Library: GV 482.6 F535ma 1997 AV

PHYSICAL THERAPY

1 videocassette (ca. 11 min, 30 s) : sd., col. ; 1/2 in. (VHS)
This tape demonstrates a client performing active range of movement with her unaffected side. Passive range of movement is demonstrated on her affected side. It also features some examples of how to encourage auto-assisted movement and passive movement during activities of daily living.
Deer Lodge Centre Library: WB 460 R196r 1997 AV

William Neenan's physical therapy essentials. Geriatric Video Productions: Shavertown, Pa., 1996
4 videocassettes (178 min) : sd., col. ; 1/2 in. (VHS) + lecture notes.
Tape1. Bed mobility and transfers -- Tape 2. Exercise -- Tape3. Hydraulic lift and ambulation -- Tape 4. Bathroom and wheelchair., Through lecture and demonstration, William Neenan instructs on proper physical therapy techniques. When properly applied, these techniques will restore strength, motion, and function of the limbs and trunk and result in greater independence for the patient.
Deer Lodge Centre Library: WB 460 N379w 1996 AV notes; WB 460 N379w 1996 pt. 3 AV

PHYSICIAN-PATIENT RELATIONS

Communication skills in clinical practice : a video guide. Distributed by Medical Audio Visual Communications: Toronto, Canada, 1999
5 videocassettes (357 min., 13 sec.) : sd., col. ; 1/2 in.
tape #1. The basics (74 min.) -- tape #2. Dealing with feelings (55 min., 30 sec.) -- tape #3. Hidden agendas and special situations (79 min., 43 sec.) -- tape #4. How to break bad news (79 min.) -- tape #5. Genetic testing, pediatrics, end-of-life (69 min.). (Producer) Includes over twenty scenarios with simulated patients illustrating various clinical situations, communication problems, and approaches to dealing with them.

Seven Oaks General Hospital Library: W 62 C734c 1999 AV tape 2; W 62 C734c 1999 AV tape 4

1 videocassette (16 min. 15 sec.) : sd., col. ; 1/2 in. (VHS)
The current medical environment is not particularly friendly or receptive to older consumers. Typical medical care of the elderly results in inadequate time with patients (consumers) and neglects input from caregivers and allied health care workers. This video illustrates major flaws in the American system. Includes a discussion of how physicians can work more effectively with consumers, caregivers and other health professionals.

Deer Lodge Centre Library: WM 220 D279da 2001 AV

End of life, care and management of pain. PRIMEDIA Workplace Learning: Carrollton, TX, 2004
2 DVD (30 min. each) : sd., col. ; 4 3/4 in.
Discusses the importance of communication between physicians, patients, and families. Shows ways physicians should share bad news about their illness with patient and family members.

Deer Lodge Centre Library; Misericordia Health Centre Library: WB 310 E56e 2004 AV Pt.1; WB 310 E56e 2005 AV Pt.2

How to deal with anger & other emotions in adverse event & error disclosure. Cinemedic Distributors Inc.: Toronto, 2004
2 videodiscs : sd, col. ; 4 3/4 in. + 1 booklet.
"A set of 2 DVD's with accompanying workbook providing illustrations of strategies for handling difficult interviews about adverse event and error disclosure."--CineMedic Website.

Concordia Hospital Library: W 62 H847h 2004 AV

PHYSIOLOGY

Anatomy. Distributed by Concept Media: Irvine, CA, 2006
10 videodiscs (DVD) (164 min., 14 sec.) : sd., col. ; 4 3/4 in. + 2 CD-ROMs (4 3/4 in.)

Victoria General Hospital Library: QS 18.2 A535a 2006 AV

Anatomy & physiology video tutor. Blausen Medical Communications: Houston, Tex., 1998
1 videocassette (132 min.) : sd., col. ; 1/2 in. (VHS)
Discusses the anatomy and physiology of the human body using detailed 3-D animation.

Deer Lodge Centre Library: QS 17 A535a 1998 AV

POSTOPERATIVE CARE

Managing intravenous fluid therapy. Mosby: St. Louis, MO, 2002
1 videocassette (20 min.) : sd., col. ; 1/2 in. VHS
This video presents: regulating IV infusions, including calculating drip rate, using the roller-clamp method
and infusion pumps; changing IV tubing and fluids; changing IV dressings, including assessment of the infusion site.

Grace General Hospital Library; Seven Oaks General Hospital Library; Victoria General Hospital Library: WY 100 M266ma 2002 AV

Postoperative nursing care. Mosby: St. Louis, MO, 2002
1 videocassette (22 min.) : sd., col. ; 1/2 in. VHS
This video presents: post-anesthesia recovery room transfer; pain management, including the use of PCA, promoting postoperative recovery, including breathing and coughing exercises, splinting, pneumatic compression stockings, wound care, and NG tube management.
Concordia Hospital Library; Grace General Hospital Library; Seven Oaks General Hospital Library; Victoria General Hospital Library: WY 161 P858p 2002 AV

POSTURE

Principles for positioning immobilized patients. Medcom ; Toronto: Cypress, CA, 1997
1 videocassette (28 min., 30 sec.) : sd., col. ; 1/2 in.
Deer Lodge Centre Library; NJM Health Sciences Library: WY 100 P957p 1997 AV

1 videocassette (21 min.) : sd., col. ; 1/2 in. + 1 guide (24 p.)
(Producer) Learn to identify the potential patient injuries associated with improper positioning of the surgical patient, describe the four most commonly employed surgical positions, and discuss considerations of anatomy and physiology related to positioning.
Victoria General Hospital Library: WY 162 S128s 2003 AV

POVERTY

1 videocassette [11 min.] : sd., col. ; 1/2 in. + 1 pamphlet folder
This video examines the link between poverty and poor health in children and youth. It is intended to stimulate discussion among hospital Board members with respect to the issue of child poverty, and the evidence that children and youth who live in poverty have poorer health, and require the services of our various medical institutions in disproportionate numbers.

PREOPERATIVE CARE

Preoperative nursing care. Mosby: St. Louis, MO, 2002
1 videocassette (24 min.) : sd., col. ; 1/2 in. VHS
This video presents preoperative assessment, including nursing history, informed consent, risk factors, physical assessment parameters, and review of laboratory and diagnostic test results; family support and participation, including assessment of post-discharge needs; postoperative exercises and pain management, including diaphragmatic breathing, incentive spirometry, controlled coughing, PCA, and nonpharmacologic methods of pain relief; surgical preparation, including preoperative checklist and surgical consent.
Concordia Hospital Library; Grace General Hospital Library; Seven Oaks General Hospital Library; Victoria General Hospital Library: WY 161 P927p 2002 AV
PRESSURE ULCER

Braden Scale for predicting pressure sore risk. Terra Nova Films: Chicago, IL, 2009
Video on aging and elderhood.: 1 videodisc (DVD) (39 min.) : sd. col. ; 12 cm.
Assessing for pressure ulcer risk: using the Braden Scale -- Pressure ulcers: causes and risk assessments -- Interpreting and scoring the Braden Scale -- Care planning to maintain skin integrity, This DVD shows how to administer and interpret the Braden Scale for predicting pressure sore risks in home, hospital, and long-term care environments. Encouraging a visual-and-touch skin assessment in conjunction with the Braden scale, it specifies what to look for, how to prevent pressure ulcers, and how to assist patients with maintaining skin integrity after discharge. Covers the 6 dimensions of the Braden Scale: sensory perception, moisture, activity, mobility, nutrition, and friction and shear.

Deer Lodge Centre Library: WR 598 B798b 2009 AV

2 videocassettes (ca. 13 hrs. 10 min.) : sd., col. ; 1/2 in. VHS
National Best Practices in Long Term Care conference held in Montreal April 24-25, 2001. Sessions include 1.) Guest speaker - Dr. Bernard Groulx. 2.) VAC's Dementia Care Initiative. 3.) Pain Management Panel. 4.) Circles of Care. 5.) Reducing Falls in a High Risk Veteran Population. 6.) Establishing an Electronic "Best Practices Forum" - Linking Veterans Facilities via the Internet. 7.) Best Practices for Prevention and Treatment of Pressure Ulcers. 8.) Chronic Wound and Skin Health Team. 9.) Resident Breakfast Program. 10.) Dysphagia Program. 11.) Guest Speaker - Dr. Bernard LaPoint. 12.) Quality Improvement Panel. 13.) Restraint Reduction. 14.) Clinical Challenges in Long Term Care Identifying : Behavioural Issues, the Challenges of a New Dementia Unit. 15.) A Walking Program : Implementation of Extended Care. 16.) The Dorothy Macham Home, Behavioural Care Unit.,

Deer Lodge Centre Library: WT 30 N477n 2001 AV pt.1; WT 30 N477n 2001 AV pt.2

Pressure ulcers and support surfaces. Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2005
1 videodisc (25 min.) : sd., col. ; 4 3/4 in.
(Producer) Most pressure ulcers are preventable with appropriate patient assessment, identification of risk factors, and implementation of protective measures. Selection of an appropriate support surface is one such protective measure. Static versus dynamic mattresses and overlays, the advantages and disadvantages of foam mattresses, low air-loss therapy, and air-fluidized therapy are all discussed.

Deer Lodge Centre Library: WR 598 P74p 2005 AV

Pressure ulcers and support surfaces. Primedia Workplace Learning ; Toronto: Carrollton, TX, 2003
Nurse's station.: 1 videocassette (30 min.) : sd., col. ; 1/2 in.
(Producer) Most pressure ulcers are preventable with appropriate patient assessment, identification of risk factors, and implementation of protective measures. Selection of an appropriate support surface is one such protective measure. Static versus dynamic mattresses and overlays, the advantages and disadvantages of foam mattresses, low air-loss therapy, and air-fluidized therapy are all discussed.

Victoria General Hospital Library: WR 598 P935pu 2003 AV

A step ahead : prevention of pressure ulcers in acute, long term and community care settings.
Manitoba Association of Registered Nurses: Winnipeg, 1997
1 videocassette (18 min.) : sd., col. ; 1/2 in. VHS
Deer Lodge Centre Library; Misericordia Health Centre Library; Victoria General Hospital Library: WR 598 S827s 1997 AV
Wound management: staging pressure areas. Magic Lantern Communications distributor: Oakville, ON., 2000
1 videocassette (47 min.) : sd., col. ; 1/2 in. (VHS) + 1 program guide (27 p.)
pt. 1. The definition of a pressure area -- Causes of pressure area development -- Common areas for pressure areas to form -- Staging pressure areas with a description of the different stages -- The importance of labs, dietary support and medications needed to support wound healing. This two part program on wound management prepares the practitioner to better understand the principles of good skin care and management of pressure areas.
Deer Lodge Centre Library: WR 598 W938wa 2000 AV

PROFESSIONALISM

1 videodisc (23 min.) : sd., col. ; 4 3/4 in.
Professional image -- Professional roles -- Institutional, professional and legal standards. This DVD for nursing and allied health professionals examines elements of professional behaviors. It covers communication with other health professionals, conflict management, discusses the value of presenting a professional appearance, the shared roles of all healthcare providers, and the importance of understanding one's professional role.
Grace General Hospital Library; NJM Health Sciences Library: WY 87 P964p 2007 AV

PUBLIC TRUSTEES

The Office of the Public Trustee. Grace General Hospital: Winnipeg, 2001
1 videocassette ( min.) : sd., col. ; 1/2 in. VHS
Presentation given for staff at the Grace General Hospital by a member of the Office of the Public Trustee of Manitoba.
Grace General Hospital Library: AV KEM 238 O32o 2001 v.1; AV KEM 238 O32o 2001 v.2

QUADRIPLEGIA

Respiratory management of the patient with quadriplegia. Rehabilitation Institute of Chicago: Chicago, Ill., 2005
1 videodisc (47 min.) : sd., col. ; 4 3/4 in.
(Producer) Provides the clinician a detailed look at therapeutic exercise techniques aimed at improving the pulmonary function of a patient who sustained a spinal cord injury. Explains why such patients, whether quadriplegic or with high-level paraplegia, are at greater risk for pulmonary complications. Demonstrates multiple hands-on techniques for assisting the patient's cough and for optimizing breathing patterns.
Seven Oaks General Hospital Library: WL 346 R434r 2005 AV

QUALITY ASSURANCE, HEALTH CARE

Residents have the answers: improving the quality of life in long-term care. Nursing Home Coalition of New York State and the Coalition of Aged and Disabled: New York, 2001
1 videocassette (33 min.) : sd., col. ; 1/2 in. (VHS) + 1 guide + 1 disk.
Relates to problem identification and information gathering stages of a typical quality assurance investigation as applying to nursing home residents.
QUALITY INDICATORS, HEALTH CARE

**Balanced scorecard in healthcare.** PRIMEDIA Workplace Learning : Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2005
1 videodisc (30 min.) : sd., col. ; 4 3/4 in. (DVD)
*Producer* A balanced scorecard provides a set of measures that displays the interdependency between patients, employees, and strategy. Explains the scorecard approach and how using such an approach can help lead a facility to superior results through focused activities.

Deer Lodge Centre Library; NJM Health Sciences Library: WX 153 B171b 2005 AV

RECREATION

**Attainment's Mental fitness : activities for older adults.** Attainment Company: Verona, WI, 2006
1 videodisc (DVD) (ca. 40 min.) : sd., col. ; 12 cm.
Deer Lodge Centre Library: BF 724.85 C64 A883a 2006 AV

**Dementia : diversional activity recommendations.** Trinity Healthforce ; Toronto : Medical Audio Visual Communications: Carrollton, TX, 2005
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
"People with dementia sometimes seem to behave in an aggressive or agitated manner. This behavior is usually not intentional. Residents with dementia often act out of boredom. Activity professionals who recognize when residents are exhibiting negative behaviors and are able to redirect residents into stimulating activities often can head-off negative behavior before it interferes with other residents."

Deer Lodge Centre Library; Misericordia Health Centre Library: WM 220 D376dd 2005 AV

**Favourite Canadian memories.** Innovative Caregiving Resources ; Chicago: Salt Lake City, Utah, 1996
1 videocassette (32 min.) : sd., col. ; 1/2 in. (VHS)
*Join Dawn, her baby, and others in sharing some 'Favorite Canadian Memories'.*

Deer Lodge Centre Library Consumer Health: WT 155 F275fa 1996 AV

**Movement, music and memories.** Innovative Caregiving Resources: Salt Lake City, Utah, 1996
1 videocassette (38 min.) : sd., col. ; 1/2 in. VHS
*Sharing stories and songs from childhood, Cathy encourages viewers to move along with favourite songs from the past. She then progresses to pretend walks and marches, and encourages gentle stretching.*

Deer Lodge Centre Library Consumer Health: WT 155 M935m 1996 AV

**A musical journey : first journey.** Unlimited Dream Enterprises: Calgary, 1997
1 videocassette (ca. 41 min.) : sd., col. ; 1/2 in. (VHS)
*Sentimental journey -- Five foot two -- Darktown Strutter's Ball -- Heart of my heart -- If you knew Susie -- Have you ever been lonely -- Cuddle up a little closer -- If you were the only girl in the world -- Shine on harvest moon -- Bill Bailey -- Let the rest of the world go by -- When you're smiling -- For me and my gal -- Side by side -- 'Til we meet again -- Show me the way to go home -- Goodnight ladies -- Baby your mother... a special tribute to Irene Valleau Sinclair.*

Deer Lodge Centre Library: WB 550 M987m 1997 AV

**Simple comforts : life enrichment activities for people with dementia.** Alzheimer Education ;
Indianapolis: New Ryde, NSW, 2003
1 videocassette (83 min.) : sd., col. ; 1/2 in. + 1 study guide.
Deer Lodge Centre Library: WT 155 S612s 2003 AV; WT 155 S612s 2003 AV guide

**Things to do, places to go.** Creative Retirement Manitoba: Winnipeg, Man., 1998
1 videocassette (28 min. each) : sd., col. ; 1/2 in. (VHS)
Deer Lodge Centre Library: GV 184 T443t 1998 AV

**Those good ole school days.** Innovative Caregiving Resources: Salt Lake City, 1998
1 videocassette (50 min.) : sd., col., ; 1/2 in. (VHS) + 1 booklet
Narrator by Susie who helps viewers fondly relive, and even laugh at, some of "Those Good Ole School Days: on a trip down Memory Lane."
Deer Lodge Centre Library Consumer Health: WT 31 T523t 1998 AV

**Time slips : creative storytelling with people with dementia.** Terra Nova Films: Chicago, IL, 1998
1 videocassette (10 min.) : sd., col. ; 1/2 in.
(Producer) Teaches staff and volunteers how to engage people with dementia in creative storytelling.
Documents how caregivers can work (play!) with those who have dementia to create new and imaginative stories through the use of intriguing photographs.
Deer Lodge Centre Library: WT 155 T583t 1998 AV; WT 155 T583t 1998 AV guide

**REHABILITATION**

**Living with pulmonary disease.** Milner-Fenwick: Timonium, Md., 1997
1 videocassette (12 min., 45 sec.) : sd., col. ; 1/2 in. (VHS)
"This video is designed to get patients on their way to a better quality of everyday life after they leave rehabilitation. Subjects covered: signs and symptoms of lung infection, nutrition, smoking cessation, intimacy, advanced directives and community support."--Container
Deer Lodge Centre Library Consumer Health: WF 600 L785La 1997 AV

**RELAXATION**

**Magnificent birds.** Lake Solitute Media: Casper, Wyo., 1998
1 videocassette (30 min.) : sd., col. ; 1/2 in. (VHS)
"Travel with us around the United States as we visit some of the most awe-inspiring habitats of the North American birds. See the grace and beauty of birds as they soar, fly in formation, swim and dance. A vast array of swans, cranes, ducks, geese, hawks, eagles, and hummingbirds display their beautiful plumage and intricate behavior. Set to the music of Debussy, Chopin, Beethoven and other relaxing music without narration."--Container
Deer Lodge Centre Library: WB 545 M197m 1998 AV

**Stress and relaxation techniques for pulmonary patients.** Milner-Fenwick: Timonium, Md., 1997
1 videocassette (13 min.) : sd., col. ; 1.2 in (VHS)
Deer Lodge Centre Library: WF 145 S783s 1997 AV

**RESPIRATION**

**Airway and vascular access.** MosbyJems: St. Louis, Mo.?, 2003
1 videocassette (38 min.) : sd., col. ; 1/2 in.
"Discusses airway anatomy, oxygen delivery systems, alternatives for airway management, including..."
indications and contraindications (airway adjuncts, endotracheal intubation, alternatives),
suctioning, ventilation techniques, and methods and alternatives for vascular access (intravascular
access, intraosseous access).

Grace General Hospital Library: WF 145 A298a2 2003 AV

**Breathing retraining and pulmonary disease.** Milner-Fenwick: Timonium, Md., 1997
1 videocassette (9 min., 33 sec.) : sd., col. ; 1/2 in. (VHS)
(PProducer) This video explains the breathing process including the physiology of the lungs, gas exchanges,
and muscle support. It shows what happens in both restrictive and obstructive lung disease, and
how breathing retraining can slow lung deterioration and help patients make the most of lung
capacity. It demonstrates pursed lip and diaphragmatic breathing, and shows how to incorporate
proper breathing techniques into daily activities.
Deer Lodge Centre Library: WF 600 B828b 1997 AV

**Pharmacology and the elderly. Part 5, Respiratory disorders in the elderly.** Primedia Healthcare :
Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2004
1 videodisc (30 min.) : sd., col. ; 4 3/4 in. + 1 manual.
(PProducer) Discusses prescribed medications to treat COPD and asthma and their mechanisms, side
effects, and adverse drug reactions. Differentiates between delivery systems, and shows how to
determine which system is most appropriate for the older adult with COPD or asthma.
Concordia Hospital Library; Deer Lodge Centre Library: WF 600 P536p 2004 AV Pt.5; WF 600 P536p 2004 AV Pt.5 manual

**Qualitative fit testing for Kimberly-Clark Tecnol PFR95 particulate filter respirators and surgical
masks.** Kimberly-Clark: Roswell, GA, 1999
1 videocassette (18 min.) : sd., col. ; 1/2 in. VHS
Seven Oaks General Hospital Library: WF 26 Q1q 1999 AV

**Respiratory management of the patient with quadriplegia.** Rehabilitation Institute of Chicago:
Chicago, Ill., 2005
1 videodisc (47 min.) : sd., col. ; 4 3/4 in.
(PProducer) Provides the clinician a detailed look at therapeutic exercise techniques aimed at improving the
pulmonary function of a patient who sustained a spinal cord injury. Explains why such patients,
whether quadriplegic or with high-level paraplegia, are at greater risk for pulmonary
complications. Demonstrates multiple hands-on techniques for assisting the patient's cough and
for optimizing breathing patterns.
Seven Oaks General Hospital Library: WL 346 R434r 2005 AV

**Suctioning.** Mosby: St. Louis, Mo., 2002
1 videocassette (23 min.) : sd., col. ; 1/2 in. VHS
This video presents: pre- and post-procedure assessments; oropharyngeal suctioning; nasotracheal
suctioning; suctioning an artificial airway.
Concordia Hospital Library; Grace General Hospital Library; Seven Oaks General Hospital Library;
Victoria General Hospital Library: WY 100 S942s 2002 AV

**RESTRAINTS

Avoiding restraints in older adults with dementia.** Terra Nova Films: Chicago, IL, 2009
*Videos on aging and elderhood.:* 1 videodisc (DVD) (ca. 41 min.) : sd. col. ; 12 cm.
Assessing the patient and intervening to eliminate restraint use -- Best practices in preventing restraint use
in older adults with dementia -- Working forward: coordinating care and resources to maximize health status. Explores interventions healthcare providers can use to avoid chemical and physical restraints in older adults with dementia. The DVD covers the consequences of using restraints, as well as practical alternatives to restraints, including furniture design, bed and chair alarms, protective belts, and arm sleeves. It also discusses cognitive impairment and the use of restraints, and how to proceed when restraints are deemed necessary.

Deer Lodge Centre Library: WM 35 A961a 2009 AV

Death by side rail. Deer Lodge Centre: Winnipeg, 2008
1 DVD (44 min., 30 sec.) ; col., sd. (12 mm.)
Deer Lodge Centre Library: W 84 DC2 1M2 W579d 2008 AV

2 videocassettes (ca. 13 hrs. 10 min.) : sd., col. ; 1/2 in. VHS
National Best Practices in Long Term Care conference held in Montreal April 24-25, 2001. Sessions include 1.) Guest speaker - Dr. Bernard Groulx. 2.) VAC's Dementia Care Initiative. 3.) Pain Management Panel. 4.) Circles of Care. 5.) Reducing Falls in a High Risk Veteran Population. 6.) Establishing an Electronic "Best Practices Forum" - Linking Veterans Facilities via the Internet. 7.) Best Practices for Prevention and Treatment of Pressure Ulcers. 8.) Chronic Wound and Skin Health Team. 9.) Resident Breakfast Program. 10.) Dysphagia Program. 11.) Guest Speaker - Dr. Bernard LaPoint. 12.) Quality Improvement Panel. 13.) Restraint Reduction. 14.) Clinical Challenges in Long Term Care Identifying : Behavioural Issues, the Challenges of a New Dementia Unit. 15.) A Walking Program : Implementation of Extended Care. 16.) The Dorothy Macham Home, Behavioural Care Unit.,
Deer Lodge Centre Library: WT 30 N477n 2001 AV pt.1; WT 30 N477n 2001 AV pt.2

2 videocassettes (ca. 18 min. each) : sd., col. ; 1/2 in. VHS + 2 guides (8, 9 p.)
v.1. Calming the agitated resident. -- v.2. Safely managing the combative resident., Describes techniques for handling patients in long-term care settings who show agitated or aggressive behavior.
Seven Oaks General Hospital Library: WM 401 N814n 2000 AV

Untie the elderly. Kendal: Kennett Square, Pa., 1996
1 videocassette : sd., col. ; 1/2 in. (VHS) + 1 bibliography (45 p.) + 3 charts.
Part I. Philosophy of restraint free care -- Part 2. The change process -- Part 3. Environmental and programmatic alternatives to care., Describes the Kendal Corporation's philosophy of restraint-free long-term care of the elderly and explores the process to restraint-free care.
Deer Lodge Centre Library: WM 35 U61u 1996 AV

RETIREMENT

1 videocassette (28 min. each) : sd., col. ; 1/2 in. (VHS)
Deer Lodge Centre Library: WA 108 T136t 1998 AV

Time on earth. National Film Board of Canada: Montreal, 1997
1 videocassette (ca. 50 min, 50 sec.) : sd., col., 1/2 in. (VHS)
Three retired seniors hit the highways in their motor homes in an adventure that is part vacation, part quest, and part opportunity to remember the past.
**RISK MANAGEMENT**

**Fall risk assessment for older adults: the Hendrich II Fall Risk Model.** Terra Nova Films: Chicago, IL, 2007

*How to try this: 4.* 1 videodisc (DVD) (34 min.) : sd., col. ; 12 cm.
Assessing for fall risk: using the Hendrich II fall risk model -- Fall risk: assessment and prevention -- Interpreting the Hendrich II assessment: rating the risk for falls -- Striving for excellence: shaping care and discharge planning around fall risk., "Demonstrates how to assess patients for strength and mobility, extrinsic and intrinsic fall risk factors, and cognition"—Cover.

Deer Lodge Centre Library: WA 288 F194fe 2007 AV

**Preventing aspiration in older adults with dysphagia.** Terra Nova Films: Chicago, IL, 2009

*Videos on aging and elderhood: 1 videodisc (DVD) (47 min.) : sd., col. ; 12 cm.
Prevention of aspiration during hand feeding -- Prevention of aspiration during tube feeding -- Reducing the risk of aspiration: assessment and prevention -- Risk reduction strategies: compensating for impaired swallowing., Dysphagia, or difficulty swallowing, can occur as a consequence of aging, or due to physical or cognitive changes. This DVD explains the 4 stages of swallowing, the warning signs of aspiration, and offers care techniques that can be used to reduce the risk of aspiration while hand feeding or tube feeding. The DVD also stresses the importance of good dental hygiene and denture care, body positioning when feeding, and how to select an appropriate risk-reduction intervention.

Deer Lodge Centre Library: WI 250 P944p 2009 AV

**RURAL HEALTH**

**Miss Nora's store.** MedSchool Maryland Productions : distributed by Video Press: Baltimore, Md., 2009

1 videodisc (DVD) (ca. 29 min) : sd. col. ; 12 cm.
*Presents life experiences of individuals 65-97 years old and reveals the barriers which may prevent their access to necessary health and social services. Provides health professionals with an understanding of the special needs of elderly rural residents.*

Deer Lodge Centre Library: WT 100 M678m 2009 AV

**SCHIZOPHRENIA**

**Clinical issues in Schizophrenia.** AstraPharmaceuticals LP: Wilmington, DE, 1999

2 videocassettes (18 min.) : sd., col. ; 1/2 in. (VHS)

v. 1. Parkinsonism -- v. 2. Tardive dyskinesia.,
Seven Oaks General Hospital Library: AV WM 203 C641c 1999 v.1; AV WM 203 C641c 1999 v.2

**Living with schizophrenia.** Guilford Publications: New York, NY, 2003

1 videocassette (39 min.) : sd., col. ; 1/2 in.
*Three people with schizophrenia and one person with schizo-affective disorder discuss how they manage their mental illness. Consultant psychiatrist Dr. Andy Campbell looks at the roles medication, counseling, lifestyle and peer and family support may play in the wellbeing of individuals.*

Deer Lodge Centre Library; Grace General Hospital Library: WM 203 L784L 2003 AV

**Voices of resiliency: hearing, sharing, learning with each other.** Manitoba Schizophrenia Society: Winnipeg, MB, 2007
1 videodisc (40 min.) : sd., col. ; 4 3/4 in. + discussion notes.
"A new day has arrived in how we view mental illness and the recovery process. This DVD, compiled from the 2006 Voices of Resiliency Conference hosted by the Manitoba Schizophrenia Society, features thought-provoking discussions that capture the stories of recovery of individuals living with schizophrenia and depression. A cross-section of people are profiled: six consumers, three family members and two service providers, all of whom offer a deeper insight into what it's like to live with mental illness. They speak candidly about the recovery process, how resiliency is maintained and the important role of family. Throughout the DVD, the viewer will gain a stronger appreciation of some of the elements that make the recovery process possible, as well as those that hinder it."--Container.
Deer Lodge Centre Library; Grace General Hospital Library: WM 203 V889v 2007 AV

SELF-HELP GROUPS

Alzheimer's and dementia : support groups for families and friends. Trinity Healthforce Learning ;
Toronto: Carrolton, TX, 2005
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
"Family and friends go through many emotions when a loved one is diagnosed with Alzheimer's Disease or dementia. Often, family and friends do not know where to turn to learn more about the problems and have no one to talk to. Support groups are places where people can come together to discuss feelings, learn more about the disease, and exchange thoughts and ideas. This course focuses on support group structure, membership, and resources."--Container.
Deer Lodge Centre Library: WT 155 A478as 2005 AV

SEVERE ACUTE RESPIRATORY SYNDROME

1 videocassette (12 min.) : sd., col., ; 1/2 in. (VHS)
Discusses SARS and demonstrates isolation techniques for the hospital setting.
Seven Oaks General Hospital Library: WC 505 S248sg 2004 AV

SEXUALITY

As time goes by. Cbc: Toronto, 1999
1 videocassette (30 min.) : sd., col. ; 1/2 in. VHS
Segment of : The National (CBC). It is a misconception that our needs for intimacy fade as we age. The seniors profiled in this documentary openly share their experiences with love, romance and growing older.
Deer Lodge Centre Library: HQ 21 A797a 1999 AV

Backseat bingo : an animated documentary. Div. of Animation and Digital Arts: S.l, 2004
1 videocassette (5:25) : sd., col. ; 1/2 in.
What does sex mean to the elderly ... companionship, love, kindness, sparkle, friendship or something else? Explore the relationships between the senior citizens in this animated film.
Deer Lodge Centre Library: HQ 55 B126b 2004 AV

Dealing with sexually inappropriate behavior. Masturbation and sexually provocative behaviors.
1 videodisc (DVD) (ca. 19 min) : sd. col. ; 12 cm.
Program provides therapeutic management strategies for staff who deal with sexually inappropriate
behaviors displayed by elders in the nursing home.

Deer Lodge Centre Library: HQ 30 D279da 2009 AV

1 videodisc (DVD) (ca. 24 min) : sd. col. ; 12 cm.
Addresses sexuality among the elderly. Focuses on two very different types of sexual behavior-- benign and sexually aggressive behaviors. Also addresses the underlying causes and the approaches that are effective as well as what to avoid so that staff can provide a therapeutic environment in which to care for the patient as well as handle these behaviors.

Deer Lodge Centre Library: HQ 30 D279d 2009 AV

Dementia with dignity. Distributed by Concept Media: Irvine, CA, 2006
4 videodiscs : ill. ; 4 3/4 in. + instructor's guides and self-grading tests on 2 CD-ROMs.
DVD 1. Enhancing quality of life (203.1) -- DVD 2. Communicating effectively (203.2) -- DVD 3. Meeting the special challenges (203.3) -- DVD 4. Dementia and resident rights: freedom of sexual expression (203.4) -- CD-ROM 1. Instructor's guide in PDF format -- CD-ROM 2. Self-grading tests., "The first three programs in this series demonstrate not only how to greatly enhance the elder's quality of life but also the importance of creating a safe environment. In addition, they illustrate practical strategies for dealing with many of the effects of dementia, including combative or uninhibited behavior, sleeplessness, wandering, delusions, and anxiety. The fourth program, narrated by Anne Meara, deals with sexuality of elders living in residential facilities. It tastefully shows various sexual expressions, the effect of those expressions on others, and methods to allow freedom of sexual expression while maintaining a comfortable environment for other residents and staff."

Concordia Hospital Library: WM 220 D376dx 2006 AV

Freedom of sexual expression : dementia & resident rights in long-term care facilities. Hebrew Home for the Aged at Riverdale ; Chicago: Riverdale, N.Y., 2002
1 videocassette (16 min., 35 sec.) : sd., col. ; 1/2 in.+1 manual (16 p.)
(Producer) This video covers all of these questions as it highlights the critical need for long-term care facilities to maintain written policies and procedures regarding sexual expression and physical protection, particularly among residents with dementia. The program reinforces the fact that basic desires for love and touch transcend any perceived boundaries of age and dementia. The video tastefully explores various types of sexual expression, the effects of these expressions on the residents, and the resident's right to express these emotions in ways that are not harmful to themselves or others. The video also acknowledges that the continued pleasures of touch and intimacy can benefit the resident's emotional well-being by easing feelings of loneliness and depression.

Deer Lodge Centre Library: WT 155 F853f 2002 AV; WT 155 F853f 2002 AV manual

Successful aging.: 1 videodisc (DVD) (27 min.) : sd., col. ; 12 cm.
Love, intimacy, communication, and sexual expression are affirmations of our being human. Physical and emotional bonding with another human being is both natural and essential. It is a true confirmation of life and living and a vital part of our existence as we age. This program provides important information on issues related to intimacy, sexuality and aging.

Deer Lodge Centre Library: HQ 30 I61i 2002 AV

Washington, D.C., 1999
1 videocassette (15 min., 35 sec.) : sd., col. ; 1/2 in. (VHS) + 1 program facilitator's guide, 12 brochures, 1 press kit, 1 pad health risk assessment profile : in box (47 x 25 x 9 cm.)

"Love & Life is an educational program developed to increase awareness and understanding among older adults that healthy sexuality is a natural part of aging and that most age-related challenges to sexual function are actually very treatable." -- Guide

Deer Lodge Centre Library: HQ 30 L897L 1999 AV

**Older adult sexuality : a continuing human need.** Terra Nova Films: Chicago, IL, 2009
*Videos on aging and elderhood.* 1 videodisc (DVD) (37 min.) : sd. col. ; 12 cm.
Assessing the sexual desires and needs of older adults -- Understanding how aging affects sexuality. *This timely DVD provides an effective training tool caregivers can use to assess the sexual needs and issues that affect older adults. It offers sensitive ways to ask necessary questions, and help the older adult to overcome hesitations about expressing their needs or concerns. The DVD also discusses changes associated with aging for both men and women, and encourages an open, but non-assuming approach to communication that will enable care providers to establish supportive care plans that allow older adults to continue the healthy expression of sexual desires.*

Deer Lodge Centre Library: HQ 30 O434o 2009 AV

**Sex and sexuality in long term care : a training program for staff.** American Health Care Association: Boston, MA, 2000
4 videocassettes (75 min.) : sd., col. + 1 manual (all in 1 binder)

*Module 1: Need for sexuality and intimacy (18 min.). -- Module 2: Sexuality and dementia (16 min.). -- Module 3: Sexuality and aging (20 min.). -- Module 4: Family and personal issues (21 min.).*

Deer Lodge Centre Library: HQ 21 W177s 2000 AV

**Sexuality.** University of Manitoba ; J.W. Crane Memorial Library ; Winnipeg Regional Health Authority: Winnipeg, Man., 2007
2 videocassettes (32 min.) : sd. col. ; 1/2 in. (VHS) + 4 articles, 2 pamphlets, 1 bibliography ; in box, 31 x 8 cm.

*"This box contains resources suitable for educating personal home care staff on sexuality in long-term care. From the J.W. Crane Memorial Library, University of Manitoba Health Sciences Libraries in consultation with the Winnipeg Regional Health Authority, Personal Care Program."* -- Label

Deer Lodge Centre Library: HQ 30 S518sd 2007 AV

**Sexuality in long-term care. Intimacy : resident to resident.** Video Press: Baltimore, Md., 2008
1 videodisc (DVD) (19 min.) : sd. col. ; 12 cm.
Deer Lodge Centre Library: WX 158.5 S518sa 2008 AV

**Sexuality in long-term care. Sexual advances toward staff.** Video Press: Baltimore, Md., 2008
1 videodisc (DVD) (19 min.) : sd. col. ; 12 cm.
Deer Lodge Centre Library: WX 158.5 S518s 2008 AV

**SKIN**

**Behavioral changes in the elderly related to integumentary & immune impairment.** PRIMEDIA Workplace Learning : Trinity Healthforce Learning ; Toronto: Carrollton, TX, 2005
1 videodisc : sd., col. ; 4 3/4 in.
*(Producer) This presentation focuses on the identification of integumentary and immune impairments, behavioral manifestations that are common to these impairments, and therapeutic responses. The*
participant learns to identify coping skills and differentiate between positive and negative reactions. Professional assessments and therapies to address behavioral responses are explored via a multimedia approach.

Deer Lodge Centre Library: WR 140 B44b 2005 AV

**Diabetes foot and skin care: in step.** Milner-Fenwick: Timonium, MD, 2001
*Patient education video series in diabetes:* 1 videodisc (12 min., 40 sec.) : sd., col. ; 4 3/4 in. 
"This video includes information about using the monofilament testing to detect neuropathy. The video gives patients practical suggestions for maintaining healthy skin and feet, checking for problems, shoe selections, and more. It stresses the importance of good blood glucose control to prevent or delay the onset of the long-term complications of diabetes that can lead to foot problems."--Container.

Concordia Hospital Library; NJM Health Sciences Library Consumer Health: WK 835 D536dg3 2001 AV

**Spotting a killer: early detection of skin cancer by health care providers.** Sherlock Communications: Alberta, 1999
1 videocassette (12 min.) : sd., col. ; 1/2 in. (VHS)
*Join internationally-renowned skin cancer educator and researcher, dermatologist Dr. Jason Rivers, to find out who's at risk, what skin cancers look like, what action to take if you spot a suspicious lesion or mole on your patient, and how to counsel your patients to prevent skin cancer.*

NJM Health Sciences Library; Seven Oaks General Hospital Library; Victoria General Hospital Library: AV WR 500 S765s 1999

**SKIN CARE**

**Your role in resident skin care.** ElderCare Communications., ElderCare Communications: distributed by Geriatric Care Productions,: Cincinnati, Ohio, 2006
1 videocassette (20 min.) : sd., col. ; 1/2 in. + 1 guide videorecording: WR 100 Y81y 2006 AV VIDEO

**SLEEP**

**If only I could get a good night's sleep ...: sleep disturbance and disorders in older adults.** Deer Lodge Centre: Winnipeg, 2007
1 videocassette (81 min.) : sd., col. ; 1/2 in. VHS
*Deanna O'Rourke discusses the various stages and patterns of sleep. Sleep disturbances and sleep disorders are also discussed.*

Deer Lodge Centre Library: WL 108 O74i 2007 AV

**Obstructive sleep apnea.** PRIMEDIA Healthcare ; Toronto: Carrollton, TX, 2004
1 DVD (30 min.) : sd., col. ; 4 3/4 in. + 1 guide book. 
(Producer) Obstructive sleep apnea (OSA) affects approximately 6 percent of adults and nearly 20 percent of elderly adults. This program discusses cardiovascular risk factors in a person with untreated OSA and the latest trends in assessment and treatment.

Seven Oaks General Hospital Library: WF 143 O27o 2004 AV; WF 143 O27o 2004 AV gd.bk.

**The Pittsburgh sleep quality index (PSQI).** Terra Nova Films: Chicago, IL, 2009
*Videos on aging and elderhood:* 1 videodisc (DVD) (32 min.) : sd. col. ; 12 cm.
*Measuring the quality and quantity of sleep -- Exploring the many factors affecting sleep as we age, The lack of adequate sleep can have adverse effects on an older person's health and overall sense of well-being. The Pittsburgh Sleep Quality Index (PSQI) is a valuable aid to investigate areas that can affect the quality and quantity of sleep. It includes a careful measurement of bedtime, time to
get to sleep, wake-up time, hours of sleep, barriers to getting or staying asleep, and the use of sleep medications. The results gathered from the assessment can help care providers to start a dialogue that leads to an effective care plan with appropriate, individualized interventions. This assessment test can be self-administered or completed through an interview process.

Deer Lodge Centre Library: WM 188 P692p 2009 AV

1 videocassette (50 min.) : sd., col. ; 1/2 in. (VHS)
(Producer) Shot in part on the road with the often sleep-deprived White House press corp, this program illuminates the integral role proper rest plays in our everyday-and "every night"-lives. Experts discuss such topics as internal clocks, circadian rhythms, dreams, insomnia, and the effects of caffeine and sleeping pills. The program points out the alarming fact that in our 24-hour culture, where sleep has become the lowest priority, 62 percent of Americans have sleeping disorders.

Deer Lodge Centre Library Consumer Health: WL 108 U55u 2001 AV

**SMOKING**

**Chronic obstructive pulmonary disease.** Milner-Fenwick: Timonium, MD, 1997
1 videocassette (14 min., 3 sec.) : sd., col. ; 1/2 in.
Explains the primary components of COPD: chronic bronchitis, emphysema, and asthma. Treatment options covered include smoking cessation, medication, exercise, secretions management, and oxygen therapy. Demonstrates proper use of metered dose inhalers. Viewers are assured that they can often maintain and improve their ability to carry out daily activities.

Deer Lodge Centre Library: WF 600 C553c 1997 AV

**Freedom from smoking.** Fundy Communications: New Brunswick, 1997
5 videocassettes (ca. 58 min. each) : sd., col. ; 1/2 in. VHS
A series of videos to help participants stop smoking.

**SPECIMEN HANDLING**

**Specimen collection.** Mosby: St. Louis, 2002
Mosby's nursing skills video series: 1 videocassette (20 min 47 s) : sd., col. ; 1/2 in. (VHS)
"This video presents mid-stream urine specimen collection; fecal occult blood testing using the Hemoccult test; gastrocct and gastric pH testing from an HG tube; sputum specimen collection; wound culture specimen; blood glucose testing; labeling, storage, and transfer of specimens to the laboratory; evaluating results of bedside tests."--Conteneur.
Concordia Hospital Library; Grace General Hospital Library; Seven Oaks General Hospital Library; Victoria General Hospital Library: WY 150 S741s 2002 AV

**SPEECHES**

**The greatest speeches of all time. Volume 1.** Nostalgia Co.: Rolling Bay, WA, 2004
1 videodisc (ca. 68 min.) : sd., col. ; 4 3/4 in.
Franklin Delano Roosevelt, State of the Union address (January 6, 1942) -- Winston Churchill, Address to Joint Session of Congress -- General Douglas MacArthur, Address to Joint Session of Congress (April 20, 1951) -- Harry S. Truman, 1948 campaign -- John F. Kennedy, Inaugural speech (January 20, 1961); Berlin address (June 23, 1963) -- Martin Luther King, Lincoln Memorial
(August 1963); Memphis, Tennessee (April 3, 1968) -- Robert F. Kennedy, Indianapolis (Indiana, April 4, 1968) -- Malcolm X, Harlem, New York (March 29, 1964) -- Richard M. Nixon, the White House (August 8, 1974) -- Ronald Reagan, Inaugural speech (January 20, 1981); Farewell address (August 15, 1988). *Seen and heard in this original footage are the dramatic speeches from world leaders that changed the course of history and inspired millions worldwide.*

Victoria General Hospital Library: PN 6122 G75g 2004 AV

**SPINE**

**Spinal stenosis.** DynoMed.com ; Toronto: Indianapolis, IN, 2001
1 videocassette (17 min.) : sd., col. ; 1/2 in.

*Describes the anatomy of the spine and the symptoms and causes of spinal stenosis, a condition in which the spinal canal, which contains and protects the spinal cord and nerve roots, narrows and pinches the spinal cord and nerves. Presents information about conservative treatments for spinal stenosis, including pain medication, corticosteroid injections, and physical therapy. Also describes various surgical procedures, including laminectomy and spinal fusion.*

Grace General Hospital Library: WE 725 S757sb 2001 AV

**SPIRITUAL CARE**

1 videodisc (32 min.) : sd., col. ; 4 3/4 in.

*Part one: Enduring the darkness (12 min.) -- part two: Precious memories (10 min.) -- part three: How will I be remembered? (10 min.), Embracing Butterflies is about living as much as it is about dying. Particularly meaningful for individuals facing end-of-life, as well as loved ones who walk along side of them, it is by no means just for them. It speaks to all who search for life values and substance. Striking video images, music, story and drama intertwine in the three ten-minute segments to engage the viewer's individual spirituality. It seeks to evoke rather than impose, to enable contemplation, the expression of feelings and dialogue.*

Grace General Hospital Library: BF 789 D4 E43 2003 AV

**Listening to soul pain.** VON Canada: Edmonton, Alta., 2000
1 videocassette (24 min.) : sd., col. ; 1/2 in. (VHS) + 1 guide.

*Raises awareness of the effects of trauma on the human spirit and emphasizes that complete healing requires attention to the spiritual concerns that surface in the wake of the experience. While the spiritual struggle may begin almost immediately following the event, the most intense pain of the spiritual conflict is often encountered only many months, or even years, after.*

Deer Lodge Centre Library Consumer Health: WM 170 L773L 2000 AV; WM 170 L773L 2000 AV guide

**Nurses & spiritual care.** Centre for Academic and Media Services: St. John's, NF, 1999
1 videocassette (23 min.) : sd., col. ; 1/2 in + 1 guide (18 p.)

*Focuses on the role of nurses in the provision of spiritual care.*

Victoria General Hospital Library: WY 101 N974n 1999 AV

**Pastoral care and counseling persons of different beliefs.** PRIMEDIA Workplace Learning ; distributed by Medical Audio Visual Communications: Carrolton, TX}, 2001

*In focus: 1 videocassette (28 min.) : sd., col. ; 1/2 in. (VHS)*

*This program explains the need for a chaplain to be a person of faith. It discusses issues regarding religious values that chaplains must face, steps to follow when presented with a faith group with which a*
chaplain is unfamiliar. It also describes a plan to follow when there is no one to ask about the patient's faith.

Grace General Hospital Library: WM 61 P293pe 2001 AV

**Phyllis’ miracle: transformed by cancer.** Lorna Thomas Productions: Edmonton, AB, 2000
1 videocassette (24 min., 20 sec.) : sd., col. ; 1/2 in. VHS
*A documentary about a young mother who experiences a series of miracles while struggling with metastatic breast cancer*
Seven Oaks General Hospital Library: AV QZ 266 P578p 2000

**Spiritual assessment.** Medical Audio Visual Communications: Toronto, 2002
1 videocassette (30 min.) : sd., col. ; 1/2 in. (VHS)
*This video explains how health care professionals can assess the spiritual needs of patients. The video stresses the importance of proper assessment of the patient. The presentation discusses the components of spiritual assessment as well as spiritual distress, and provides an approach to interventions.*
Grace General Hospital Library: WY 100.4 S759s 2002 AV

**Spiritual care: a source of healing.** Catholic Health Association of Manitoba: Winnipeg, 1998
1 videocassette (18 min.) : sd., col. ; 1/2 in. VHS
*Chaplains in hospitals, prisons and schools discuss their work and its value to people both mentally and physically.*
Deer Lodge Centre Library; Grace General Hospital Library; NJM Health Sciences Library: WX 187 S759s 1998 AV

**Spiritual care and chronic health problems.** Distance Education and Learning Technologies: St. John's, NL, 2003
1 videocassette (18 min.) : sd., col. ; 13 cm. VHS + facilitator's guide (16 p. ; 17 cm.)
"Spirituality may be an invaluable resource for clients in dealing with chronic health problems. This video describes such needs and concerns. It also explores the nurse's role in providing spiritual care to persons experiencing chronic health problems."
Concordia Hospital Library: WV 152 S759s 2003 AV

**Spiritual care and life threatening illness.** School of Nursing: St. John's, NF, 2003
1 videocassette (21 min.) : sd., col. ; 1/2 in + 1 facilitator's guide (20 p. ; 17 cm.)
"This video examines aspects of life threatening illness that may have implications for spiritual care."
Seven Oaks General Hospital Library: WM 61 S759sb 2003 AV

**Spiritual care in gerontological nursing.** School of Nursing: St. John's, NF, 2003
1 videocassette (18 min.) : sd., col. ; 1/2 in + 1 facilitator's guide (12 p. ; 17 cm.)
*This video focuses on the spiritual dimension of nursing older adults as they wrestle with and resolve spiritual issues.*
Seven Oaks General Hospital Library: WM 61 S759sc 2003 AV

**Spirituality.** Memorial University of Newfoundland: St.John's. NFL, 1999
1 videocassette (22 min.) : sd., col. ; 1/2 in.
*This video will stimulate reflection on the concept of spirituality both in general sense and in a personal sense.*
Deer Lodge Centre Library; Seven Oaks General Hospital Library: WM 61 S759s 1999 AV
Spirituality in mental health care. School of Nursing: St. John's, NF, 2003
1 videocassette (24 min.) : sd., col. ; 1/2 in + 1 facilitator's guide (14 p. ; 17 cm.)
Focuses on the role of the nurse in providing spiritual care to those struggling with a mental illness.
Grace General Hospital Library: WM 61 S759sa 2003 AV

1 videocassette (21 min.) : sd., col. ; 1/2 in. VHS + guide (15 p.)
This video examines aspects of death and dying which may have implications for spiritual care. It also focuses on the role of the nurse in attending to spiritual care in the palliative care context.
Concordia Hospital Library: WY 152 S759s 2003 AV

STERILIZATION

1 videocassette (38 min.) : sd., col.; 1/2 in.
Demonstrates in close-up detail the aseptic techniques required to prepare sterile products and is part of a self-instructional training program for pharmacists and pharmacy technicians.
Grace General Hospital Library: AV QV 25 S838s 1996

1 videocassette (25 min.) : sd., col. ; 1/2 in. + 1 guide (22 p.)
Describes the process of preparing surgical equipment for sterilization, different methods, storage and transportation, and aspects of quality control.
Victoria General Hospital Library: WO 113 S838s 2003 AV

1 videocassette (23 min.) : sd., col. ; 1/2 in. + 1 manual.
Seven Oaks General Hospital Library: WO 113 S961s 2002 AV; WO 113 S961s 2002 AV manual

STRESS

1 videodisc (ca. 21 min.) : sd., col. ; 4 3/4 in. + 1 guide.
On-the-job stress has two basic causes: other people and you. This DVD presents techniques to cut the stress and ease the strain.
Grace General Hospital Library: WM 172 A774a 2003 AV

2 videocassettes (52 min.) : sd., col. ; 1/2 in.
[v.1]. Caregiver stress triggers (24 min.) -- [v.2]. Preventing and reducing negative and abusive responses (28 min.). Caregiver stress triggers looks at two sources of stress for those who care for the elderly--managing multiple demands on time and the behavior of an elderly person who is combative, depressed, uncooperative or confused. Suggests positive ways to deal with these difficulties.
Deer Lodge Centre Library: WT 100 E42e 1997 AV v.1; WT 100 E42e 1997 AV v.2

Videos on aging and elderhood.: 1 videodisc (DVD) (40 min.) : sd. col. ; 12 cm.
Measuring the effects of stress after a traumatic event -- Understanding and treating the impact of stress after a traumatic event -- The impact of event scale--revised, Post-traumatic stress Disorder (PTSD) can affect an older adult's coping ability and sense of well-being; it is often difficult to discern, and may surface with a physical complaint with no immediately identifiable medical cause. The DVD shows how to apply the revised Horowitz Impact of Events Scale to measure response to trauma so underlying issues can be addressed. The DVD also documents how to identify risk factors, and establish appropriate treatments, including cognitive behavioral, exposure, and solution-focused therapies.

Deer Lodge Centre Library: WM 170 I34i 2009 AV

Listening to soul pain. VON Canada: Edmonton, Alta., 2000
1 videocassette (24 min.) : sd., col. ; 1/2 in. (VHS) + 1 guide.
Raises awareness of the effects of trauma on the human spirit and emphasizes that complete healing requires attention to the spiritual concerns that surface in the wake of the experience. While the spiritual struggle may begin almost immediately following the event, the most intense pain of the spiritual conflict is often encountered only many months, or even years, after.
Deer Lodge Centre Library Consumer Health: WM 170 L773L 2000 AV; WM 170 L773L 2000 AV guide

1 videocassette (20 min.) sd., col. ; 1/2 in. (VHS)
Deer Lodge Centre Library; Seven Oaks General Hospital Library: WA 295 R312pb 1998 AV

1 videocassette (21 min.) : sd., col. ; 1/2 in. (VHS)
Deer Lodge Centre Library; NJM Health Sciences Library; Seven Oaks General Hospital Library: WA 295 R312pa 1998 AV

1 videocassette (30 min.) : sd., col. ; 1/2 in. (VHS)
Deer Lodge Centre Library; Seven Oaks General Hospital Library: WA 295 R312p 1998 AV

1 videocassette (20 min.) : sd., col. ; 1/2 in. (VHS)
Deer Lodge Centre Library; NJM Health Sciences Library; Seven Oaks General Hospital Library: WA 295 R312pc 1998 AV

1 DVD (ca. 48 min.) : sd., col. ; 12 mm.
Deer Lodge Centre Library: WM 170 L167p 2009 AV

Relax! WGBH Educational Foundation ; Toronto: Boston, Mass., 1999
1 videocassette (60 min.) : sd., col., 1/2 in. (VHS)
Humor therapist and stress expert Loretta LaRoche tells viewers how to relax and enjoy everyday life by finding humor in the most unlikely situations.
Deer Lodge Centre Library: WM 172 R382r 1999 AV

1 videocassette (30 min.) : sd., col ; 1/2 in. (VHS) + 1 personal workbook
"C. Everett Koop, MD, Medical Director, Time Life Medical, has assembled over 20 of the nations leading medical experts in stress and anxiety to develop the following educational program: 1. Understanding the diagnosis--2. What happens next?--Treatment & management--Issues &
answers. This program is hosted by award-winning journalist, Linda Ellerbee."--Container
Deer Lodge Centre Library Consumer Health: WM 172 S915sc 1996 AV

**Stress and relaxation techniques for pulmonary patients.** Milner-Fenwick: Timonium, Md., 1997
1 videocassette (13 min.) : sd., col. ; 1 2 in (VHS)
Deer Lodge Centre Library: WF 145 S783s 1997 AV

**Stress management for physicians.** Glaxo Wellcome Inc.: Research Triangle Park, NC, 1997
1 videocassette (19 min. 24 sec) : sd., col. ; 1/2 in. (VHS)
*Offers physicians a perspective on stress management - techniques and tools to help manage the demands from patients, colleagues, family, and the healthcare system. Shows how to recognize the signs of stress, build a support network, and take control of stressful situations.*
Deer Lodge Centre Library: WM 172 S914s 1997 AV

**STROKE**

**Acute coronary syndromes and stroke.** MosbyJems: St. Louis, Mo.?, 2003
1 videocassette (54 min., 46 sec.) : sd., col. ; 1/2 in. (VHS)
"Discusses the pathophysiology, signs and symptoms, and management of the patient experiencing acute coronary syndromes (ACS) or acute ischemic stroke. Includes essential information on myocardial ischemia, injury and infarction, the role of the 12-lead ECG in the assessment of ACS, atypical presentations of ACS, management techniques for ACS, causes of stroke, and the 7 D's of the stroke chain of survival and recovery."--Container.
Grace General Hospital Library: WG 300 A189as2 2003 AV

**Brain attack : the first 6 hours.** Greater Victoria Hospital Society: Victoria, 1996
1 videocassette (20 min.) : sd., col. ; 1/2 in. VHS
*Discusses the importance of receiving medical attention as quickly as possible after a brain attack (stroke). Includes questions and answers.*
Grace General Hospital Library: WL 355 B814b 1996

**Care of the patient with cerebrovascular accident.** Lippincott-Raven: Philadelphia, PA, 1996
1 videocassette (27 min.) : sd., col. ; 1/2 in. VHS + 1 guide (7 p.).
Grace General Hospital Library: WY 160.5 c271C 1996 AV

**Fighting heart disease and stroke.** MarkeTech Associates Inc.: Dallas, TX., 1999
1 videocassette (25 min.) : sd., col. ; 1/2 in.
Concordia Hospital Library Consumer Health: AV WL 355 F471p 1999

**Hemorrhagic stroke : treatment approaches.** Concept Media: Irvine, CA, 2000
1 videocassette (30 min.) : sd., col. ; 1/2 in. VHS
*Focuses on the pathophysiology, diagnosis, and treatment of patients with two types of hemorrhagic brain attack: subarachnoid and intracerebral. Illustrates the vital role of the nurse in caring for a young adult with a subarachnoid hemorrhage, including monitoring for signs of neurologic deterioration, and modifying increases in intracranial pressure. Describes interventions, such as aneurysmal rebleeding and cerebral vasospasm. Also describes care of a second patient with an intracerebral hemorrhage, focusing on nursing actions to help prevent complications.*
Seven Oaks General Hospital Library: WL 355 H488h 2000 AV

**Ischemic stroke : acute care and rehabilitation.** Concept Media: Irvine, CA, 2000
Focuses on a patient with an ischemic brain attack who experiences a completed stroke without early intervention. Outlines acute care nursing interventions designed to protect the patient from complications. Discusses eight nursing diagnoses and specific nursing actions appropriate in caring for stabilized patients with a completed brain attack: risk for altered tissue perfusion, risk for injury, risk for aspiration, impaired verbal communication, impaired mobility, self-care deficit, urinary incontinence, and altered thought processes. Highlights the nurse's role in implementing and evaluating interventions designed to prevent complications and restore optimal function.

Seven Oaks General Hospital Library: WL 355 I77ia 2000 AV

1 videocassette (25 min.) : sd., col. ; 1/2 in. VHS
Involves a patient with an ischemic brain attack whose early entry into the healthcare system allows him to benefit from the use of new intervention therapies. Cerebral anatomy is explained including descriptions of specific deficits that result from commonly occurring types of ischemic brain attack. The pathophysiology of neurological damage is described including the initial response of the brain to ischemia and the secondary trauma, both of which the new intervention treatments can help modify. Discusses in particular thrombolytic therapy, or tPA, including indications for its use, administration procedure, and post administration precautions. The role of the nurse in this therapy is highlighted using a case study approach.

Seven Oaks General Hospital Library: WL 355 I77ib 2000 AV

4 videocassettes (1 hr., 47 min.) : sd., col. ; 1/2 in. + 3 booklets, 1 guide + 1 diary.
pt. 1. Understanding a stroke (27 min.) -- pt. 2. Rehabilitation following a stroke (31 min.) -- pt. 3. Returning to the community (29 min.) -- pt. 4. Life after stroke for caregivers (20 min.). A series of 4 educational videos for people with a stroke, their families and caregivers. In each video we hear from a rage of health professionals, and people who had strokes and their caregivers. They give informations on this comples illness and share with us their experiences of the rehabilitation process.

Deer Lodge Centre Library Consumer Health: WL 355 L722L 1998 AV

Medical management of brain attack and stroke. Network for Continuing Medical Education: Secaucus, NJ, 2004
Network for Continuing Medical Education (Series) ; no. 841.: 1 videodisc (DVD) (60 min.) : sd., col. ; 12 cm.
pt. 1. Overview: brain attack and stroke -- pt. 2. Clinical presentation and emergency evaluation of the stroke patient -- pt. 3. Acute management -- pt. 4. Preventing stroke and improving outcome., Stroke or "brain attack" is the third leading cause of death in the United States. Brain attack is a term used to describe the urgency required in treating patients who have early symptoms of cerebral infarction during which there is potential to reverse its effects. A patient who sustains a brain attack needs to be brought to neurologic attention within the same time frame as a patient who has a heart attack. While the consequences of a brain attack or stroke can be devastating, evidence indicates that timely intervention with thrombolytic therapy can lead to improved patient outcomes. Dr. LaMonte reviews the professional guidelines for rapid clinical assessment and stabilization of a patient who has sustained an acute ischemic stroke, including appropriate use of imaging studies. She also discusses current treatment recommendations, focusing particularly on the roles of tissue plasminogen activator, antiplatelet agents, and anticoagulants, and describes measures to improve recovery and prevent complications. Dr. Lamonte concludes the program by
sharing helpful suggestions for reducing patients risk of a brain attack or stroke.

Deer Lodge Centre Library: WL 355 L234m 2004 AV

**Opening the door to life after stroke.** Stroke Recovery Association of Manitoba: Winnipeg, 2001
1 videorecording (VHS) (21 min.) : sd., col. ; 1/2 in.
*This video explains the signs and symptoms of stroke, and what happens after a stroke. Several individuals speak of their experiences after experiencing a stroke. The Stroke Recovery Association of Manitoba Inc. is also mentioned in this video and explains its services.*

Concordia Hospital Library: WL 355 O61o 2001 AV

**The other side.** Maple Lake Releasing: Winnipeg, 1999
1 videocassette (20 min.) : sd., col. ; 1/2 in. (VHS)
*Examines the issues that people face when someone close to them has had a stroke. Five different caregivers talk candidly about the issues and the emotional decisions they had to make, their struggles and their triumphs.*

Deer Lodge Centre Library Consumer Health; Seven Oaks General Hospital Library: WL 355 O87o 1999 AV

**Stroke.** Time Life Medical: New York, 1996
1 videocassette (30 min.) : sd., col. ; 1/2 in. (VHS) + 1 workbook (21 p.)
*Understanding the diagnosis -- What happens next? -- Treatment & management -- Issues & answers.*

Deer Lodge Centre Library Consumer Health: WL 355 S921su 1996 AV

**Stroke : touching the soul of your family : reducing stroke in African Americans.** National Stroke Association: Centennial, Colo., 2000
1 videocassette (15 min.) : sd., col. ; 1/2 in. (VHS)
*Describes the high risk of stroke in African Americans and what can be done to reduce the risk.*

Deer Lodge Centre Library Consumer Health: WL 355 S921sm 2000 AV

**Tips and tools for stroke caregivers.** Heart and Stroke Foundation of Ontario: Toronto, Ont., 2001
1 videocassette (13 min.) : sd., col. ; 1/2 in. + 1 guide + 1 newsletter.
Concordia Hospital Library; Grace General Hospital Library; St. Boniface General Hospital Library; Seven Oaks General Hospital Library; Victoria General Hospital Library: WL 355 T595t 2001 AV; WL 355 T595t 2001 AV gd.

**Yoga : renewal of life.** Rocky Mountain Stroke Association: Littleton, CO, 2002
1 videocassette (70 min.) : sd., col. ; 1/2 in. (VHS)
*This video was developed by the Rocky Mountain Stroke Association as a rehabilitation class for stroke survivors. Yoga is used to enhance physical and mental well-being.*

Deer Lodge Centre Library Consumer Health: QT 255 Y54y 2002 AV

**SUBSTANCE ABUSE**

**Alcoholism : at time of diagnosis.** Time Life Medical: New York, NY., 1996
1 videocassette (30 min.) : sd., col. ; 1/2 in. + 1 booklet.
*Understanding the diagnosis -- What happens next? -- Treatment and management -- Issues and answers,*
Concordia Hospital Library: WM 274 A354aj 1996 AV

**It can happen to anyone.** AARP ; Center City: Washington, D.C., 1996
2 videocassettes (52 min.) : sd., col. ; 1/2 in. (VHS)
1. It can happen to everyone: problems with alcohol and medications among older adults. -- 2. It can happen to everyone: early recovery issues among older adults - clinician's video., Takes a candid look at the role alcohol plays in the lives of some older adults. 

Deer Lodge Centre Library: WM 270 I88i 1996 AV pt.1; WM 270 I88i 1996 AV pt.2

1 videodisc (28 min.) : sd., col. ; 4 3/4 in. 
Presents the stories of four older individuals who made the decision to recover. Discover why they say it's never too late to change. 
Deer Lodge Centre Library: WM 270 O64o 2002 AV

Recovery stories: a training video on co-occurring mental health and substance use recovery. NAMI Maine; Portland: Augusta, Me., 2002
1 videocassette (30 min.) : sd., col. ; 13 mm. 
Seven Oaks General Hospital Library: WM 270 R311r 2002 AV

SUICIDE

Senate report on euthanasia and assisted suicide. Deer Lodge Centre: Winnipeg, Man., 1996
June Challoner Memorial Lecture; September 1996: 1 videocassette (53 min.) : sd., col. ; 1/2 in. VHS 
Deer Lodge Centre Library: WB 60 C321s 1996 AV

TAI JI

1 videocassette (120 min.) : sd., col. ; 1/2 in. VHS 
This series showcases the traditional 5 tai chi chuan family styles. Shifu Jiang Jiany researched the 5 styles and created 5 short forms -- one for each family -- using the sit down postures in each. 
Deer Lodge Centre Library Consumer Health: QT 255 C434c 2000 AV

TEAMS

1 videocassette (11. min.) : sd., col. ; 1/2 in. (VHS) 
Seven Oaks General Hospital Library: AV HD 66 T253t 1996

TERMINAL CARE

At death's door: facing the terminal illness of a loved one. Paraclete Video Productions; Sherborn: Orleans, MA, 1999
1 videocassette (35 min.) : sd., col. ; 1/2 in. (VHS) + 1 guide (15 p.) 
At death's door will help you acknowledge your emotions about the terminal illness of someone you love and will guide you in living fully with your loved one through the last months, weeks, or days of your time together. 
Deer Lodge Centre Library Consumer Health: BF 575.G7 A861a 1999 AV

Embracing butterflies: reflections on living and the end-of-life experience. Sunmark Productions: St.
Paul, MN, 2003
1 videodisc (32 min.) : sd., col. ; 4 3/4 in.
Part one: Enduring the darkness (12 min.) -- part two: Precious memories (10 min.) -- part three: How will I be remembered? (10 min.), Embracing Butterflies is about living as much as it is about dying. Particularly meaningful for individuals facing end-of-life, as well as loved ones who walk along side of them, it is by no means just for them. It speaks to all who search for life values and substance. Striking video images, music, story and drama intertwine in the three ten-minute segments to engage the viewer's individual spirituality. It seeks to evoke rather than impose, to enable contemplation, the expression of feelings and dialogue.

Grace General Hospital Library: BF 789 D4 E43 2003 AV

1 videodisc (20 min.) : sd., col. ; 4 3/4 in.
Deer Lodge Centre Library: WB 310 E56eL 2006

End of life, care and management of pain. PRIMEDIA Workplace Learning: Carrollton, TX, 2004
2 DVD (30 min. each) : sd., col. ; 4 3/4 in.
Discusses the importance of communication between physicians, patients, and families. Shows ways physicians should share bad news about their illness with patient and family members.
Deer Lodge Centre Library; Misericordia Health Centre Library: WB 310 E56e 2004 AV Pt.1; WB 310 E56e 2005 AV Pt.2

Facing death. Family Experiences Productions Ltd.: Austin, TX, 1997
4 videocassettes (78 min.) : sd., col. ; 1/2 in. + 4 guides.
Providing emotional, physical & spiritual comfort to loved ones (33 min.) -- Practical planning & legal issues (17 min.) -- Understanding end-of-life patient needs (15 min.) -- The gift of being there (13 min.). (Producer) In tape 1, patients, care givers, hospice professionals, physicians, and social workers share their thoughts, experiences, and specific suggestions to help terminally ill patients and their loved ones comfort each other. In tape 2, a nurse/attorney, hospice professionals, and physicians share their thoughts, experiences, and suggestions to help terminally ill patients "make it clear" so that "you have what you want at the end of life." In tape 3, end-of-life patients, caregivers, and hospice and medical professionals focus on a range of intense concerns and emotions, including: honesty, denial, anger, hope & miracles (including the small ones), making preparations, and seeking the important.
Deer Lodge Centre Library Consumer Health; NJM Health Sciences Library: WB 310 F141f 1997 v.2 AV; WB 310 F141f 1997 v.3 AV; WB 310 F141f 1997 v.4 AV; WB 310 F141f 1997 v.1 AV

I'm really going to miss me : coping with terminal illness. Films for the Humanities & Sciences: Princeton, N.J., 1999
1 videocassette (58 min.) : sd., col. ; 1/2 in. (VHS)
(Producer) How do people approach life when the end is near? Taking a personal rather than clinical approach, this sensitive documentary records the intimate thoughts and feelings of Bobbie Martin, diagnosed with leukemia; Jeff Swinerton, with lymphatic cancer; Paul Starr, with AIDS; and Chennelle Jaramillo, with Batten Disease, a degenerative neuromuscular disorder. Hopes, fears, regrets, the reactions of others, and preparations for the end are all candidly discussed, offering a penetrating look at what life is really like for those who don't have long to live.
Deer Lodge Centre Library: WB 310 I31i 199 AV

7 videocassettes (258 min.) : sd., col. ; 1/2 in. (VHS)


(Producer) Most people today die as a result of a chronic disease. Many will know the cause of their death for some time prior to dying, causing a great deal of stress and turmoil for both themselves and their families. This program offers the inspirational tales of three people who find new meaning in life and the courage to deal with the challenge of living fully after learning they have terminal illness. Featured in the program are the late Morrie Schwartz, a Brandeis University professor diagnosed with Lou Gehrig's disease (ALS); Shirley Waring, a mother of four adult children, who has leukemia; and William Meyer, who has lung cancer. Each has struggled in his or her own unique way to try to find personal control, to plan for the unknown, and to find a place for spirituality. As Morrie Schwartz notes, "Learning to die is also learning how to live."

Deer Lodge Centre Library Consumer Health: WB 310 L785L 1996 AV

Making hard decisions : insights for health care providers /Barry, and Karen Smith in conversation with Judy Maddren. ALS Society of Canada: Toronto ON, 2001 1 DVD (30 min.) : sd., col., ; (12 cm.)

This 30 minute video featuring Dr. Barry and Karen Smith in conversation with broadcast journalist Judy Maddren offers an opportunity to see how a couple faces the challenge of making hard decisions. They discuss in a frank and intimate way their feelings, expectations and fears in the context of a life-threatening illness. A video for people who are facing a life-threatening illness together with their families and caregivers.

Victoria General Hospital Library: BF 789 D4 S643m 2001d AV

Making hard decisions : insights for healthcare providers. ALS Society of Canada: Toronto ON, 2001 1 videocassette (30 min.) : sd., col., ; 1/2 in (VHS) + 1 guide (8 p.)

This 30 minute video featuring Dr. Barry and Karen Smith in conversation with broadcast journalist Judy Maddren offers an opportunity to see how a couple faces the challenge of making hard decisions. They discuss in a frank and intimate way their feelings, expectations and fears in the context of a life-threatening illness. A video for people who are facing a life-threatening illness together with their families and caregivers.

Deer Lodge Centre Library; Victoria General Hospital Library: BF 789 D4 S643m 2001 AV; BF 789 D4 S643m 2001 guide AV

Making hard decisions : the essence of being human. ALS Society of Canada: Toronto ON, 2001 1 videocassette (30 min.) : sd., col., ; 1/2 in (VHS) + 1 guide (8 p.)

This 30 minute video featuring Dr. Barry and Karen Smith in conversation with broadcast journalist Judy Maddren offers an opportunity to see how a couple faces the challenge of making hard decisions. They discuss in a frank and intimate way their feelings, expectations and fears in the context of a life-threatening illness. A video for people who are facing a life-threatening illness together with their families and caregivers.

Deer Lodge Centre Library; Victoria General Hospital Library: BF 789 D4 S643ma 2001 AV; BF 789 D4 S643ma 2001 AV guide
Nutrition & hydration at the end of life. S. Brown, J. Helps and Deer Lodge Centre (Winnipeg Man.), Deer Lodge Centre.; Winnipeg, 2008
1 DVD (45 min.) ; (12 mm.) videorecording.
Deer Lodge Centre Library: WT 115 B879n 2008 AV

On our own terms : Moyers on dying. 2000
4 videocassettes (90 min. ea.) : col., sd ; 1/2 in
[1] Living with dying -- [2] A Different kind of care -- [3] A Death of one's own -- [4] A Time to change, [1] Living with Dying : Describes the search for new ways of thinking and talking about dying. Forgoing the usual reluctance that most Americans show toward speaking about death, patients and medical professionals alike come forward to examine the end of life with honesty, courage, and even humor, demonstrating that dying can be an incredibly rich experience for both the terminally ill and their loved ones.
Deer Lodge Centre Library: WB 310 O58o 2000 guide AV; WB 310 O58o 2000 v.1 AV; WB 310 O58o 2000 v.2 AV; WB 310 O58o 2000 v.3 AV; WB 310 O58o 2000 v.4 AV

To choose no harm : ethical decision making at the end of life. Fanlight Productions: Boston, 1996
1 videocassette (46 min. 42 sec.) : sd., col. ; 1/2 in. (VHS)
Uses case studies of a young man with AIDS and a terminal cancer patient to discuss issues facing caregivers and patients at the end of life.
Deer Lodge Centre Library: W 50 T627t 1996 AV

THROMBOEMBOLISM

1 videocassette (13 min.) : sd., col. ; 1/2 in. VHS
Concordia Hospital Library: WG 610 H765h 1998 AV

TIME MANAGEMENT

Get organized -- and stay organized : the 7-day plan for putting your work life in order. Briefings Publishing Group: Alexandria, Va., 2002
1 videodisc (22 min.) : sd., col. ; 4 3/4 in. + 1 program guide (11 p. ; 18 cm.)
With the pressure to do more and more faster and faster, it's easy to fall into bad organization habits. This program will help you to develop a 7-day system for organizing your workspace and work habits.
Grace General Hospital Library: HD 69 T54 G48g 2002

How to manage multiple projects, meet deadlines & achieve objectives [sound recording]. Fred Pryor Seminars: Overland Park, Kans., 2005
6 sound discs : digital ; 4 3/4 in. + 1 booklet (32+ p.)
Establishing direction -- Capturing every task and idea -- Techniques for prioritizing -- Building a high-impact week -- Diagnosing improvement areas -- Streamlining and organizing paperwork -- Creative and effective delegation -- Controlling telephone and drop-in interruptions -- Conquering procrastination -- Creating effective meetings -- Minizing pressure and handling stress., Misericordia Health Centre Library: HD 69 T54 H847h 2005 AV

TOURNIQUETS

1 videocassette (11 min.) : sd., col. ; 1/2 in.

*Describes the Zimmer pneumatic tourniquet ATS 2000. Lists complications of tourniquets. Describes dashboard of apparatus, illustration, setting of each - pressure and time. Discusses alarm systems - pressure, time and battery.*

Seven Oaks General Hospital Library: WO 162 A882a 1996 AV

**TUBERCULOSIS**

*TB in the community.* Deer Lodge Centre: Winnipeg, MB, 2001
1 videocassette (60 min.) : sd., col. : 1/2 in. (VHS)

*Presentation at Deer Lodge Centre on January 18, 2001.*
Deer Lodge Centre Library: WF 215 M167t 2001 AV

**ULCER**

1 videocassette (10 min.) : sd., col. : 1/2 in.

*(Producer) Presents a laparoscopic highly selective vagotomy in a 71-year-old female, H. pylori negative, with recurrent peptic ulcers despite H2 blockers and omeprazole administration. Use of the harmonic scalpel for division of the vagal branches along the lesser curvature of the stomach decreases operative time and prevents conduction injury to adjacent structures especially the vagus nerves while providing excellent hemostasis.*

Victoria General Hospital Library: AV WI 350 L299L 1996

**URINARY CATHETERIZATION**

*Basic clinical skills. Urethral catheterization.* Medcom ; Mississauga: Garden Grove, CA., 2002
1 videdisc (DVD) (24 min.) : sd., col. ; 4 3/4 in.

*Explains urethral catheterization with patient's needs in mind. Intermittent and continuous catheterization are defined and the indications are presented. The retention and nonretention catheter are compared and supplies for insertion are reviewed. Removal is also discussed.*

Deer Lodge Centre Library: WJ 141 B311b 2002 AV

*Ostomy, urinary drainage and catheter care.* Medcom Trainex ; Toronto: Cypress, CA, 2005
1 videodisc (16 min.) : sd., col. ; 4 3/4 in.

*Demonstrates changing an ostomy bag, emptying a urinary drainage bag, providing daily catheter care, and a review of perineal care.*

Grace General Hospital Library: WY 164 O85o 2005 AV

**URINARY INCONTINENCE**

*Bladder leakage : don't suffer in silence : your guide for prevention, treatment and cure.* Hepworth International Inc.: Royal Palm Beach, Fla., 1996
1 videocassette (28 min.) : sd., col. ; 1/2 in. (VHS)

*Video aimed at consumers. Covers such topics as types and causes of bladder leakage, prevention, Kegel exercises, and treatment options.*

Deer Lodge Centre Library Consumer Health: WJ 146 B632b 1996 AV

*Caregiver personal support worker. Techniques in toileting and incontinent care.* Medcom Trainex ; Toronto: Cypress, CA, 2003
1 videodisc (18 min., 4 sec.) : sd., col. ; 4 3/4 in.
Program demonstrates assisting with using the toilet, offering a bedpan or urinal, using a portable bedside commode, changing briefs, bowel and bladder training.

Deer Lodge Centre Library: WY 100 C37c 2003 AV

Potty talk: solving the problem of urinary tract infections in the elderly. Deer Lodge Centre: Winnipeg, Man., 2009
Elder friendly series: 1 DVD (38 min.) : sd., col. ; 12 mm.
Deer Lodge Centre Library: WJ 151 L693p 2009 AV

Solving the incontinence puzzle. Paper Pak: La Verne, CA, 2001
1 videocassette (9 min.) : sd., col. ; 1/2 in. VHS
Produced by the manufacturer of Attends products, this video highlights product selection, sizing, application and checking and changing briefs.
Deer Lodge Centre Library: WJ 146 S691s 2001 AV

Transient urinary incontinence in older adults. Terra Nova Films: Chicago, IL, 2009
Videos on aging and elderhood.: 1 videodisc (DVD) (40 min.) : sd. col. ; 12 cm.
Assessing and treating transient urinary incontinence -- The importance of detecting and treating transient urinary incontinence., Failure to identify transient urinary incontinence may result in established urinary incontinence, a problem which affect over 17 million adults, and puts older adults at risk for further complications, such as, skin breakdown, falls, and placement in long-term care settings. Using an actual case study, this DVD demonstrates the best practices for assessing and treating transient urinary incontinence, a skill which all healthcare providers can develop and apply within their practice setting.
Deer Lodge Centre Library: WJ 146 T772t 2009 AV

UROGENITAL SYSTEM

To pee or not to pee: renal update. CPP Associates: Chicago, Illinois, 2007
3 videodiscs (DVD) (ca. 5 hours) in 1 container : sd., col.; 12 cm.
Correlates the anatomy of the kidney with various types of kidney disease. Discusses laboratory tests, kidney function and failure, and the numerous drugs used to treat kidney disease.
Seven Oaks General Hospital Library: WY 164 B213t 2007 AV

Urinary tract infection: cause, prevention and treatment. Trinity Healthforce Learning: Primedia Healthcare: ; Toronto: Carrollton, TX, 2005
1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
Deer Lodge Centre Library: WJ 151 U76ua 2005 AV

VIOLENCE

Violence: keeping it out of the workplace. Workwell Training Videos: Keswick, Ont., 2001
1 videocassette (12 min.) : sd., col. ; 1/2 in. + 1 leader's guide (10 p.). (VHS)
This program discusses the prevention of violence in the workplace. First, by recognizing that violence is a real problem, and one that is preventable. You will also learn to spot warning signs, develop conflict communication skills to defuse threatening situation, etc.
Concordia Hospital Library: WA 420 V795v 2001 AV

Violence in the healthcare environment. Primedia Workplace Learning; Toronto: Carrollton, TX, 2004
In focus (Carrollton, Tex.): 1 videodisc (30 min.) : sd., col. ; 4 3/4 in.
Discusses factors which might precipitate violence in the healthcare workplace, and methods of verbal de-escalation and behavior control that can prevent violence from erupting.

NJM Health Sciences Library; Seven Oaks General Hospital Library; Victoria General Hospital Library: WX 185 V56v 2004 AV

**Workplace violence: proactive strategies.** Medical Audio Visual Communications: Carrollton, TX, 2003

Task force (Carrollton, Tex.): 1 videocassette (30 min.) : sd., col. ; 1/2 in.

(Producer) The rising costs of workplace violence and expanding civil litigation should compel organizations to take responsibility for creating safe workplaces. Deborah Antai-Otong, MS, RN, CNS, NP, CS, FAAN, discusses the emotional side effects of workplace violence and focuses on proactive strategies to promote safer work environments.

Concordia Hospital Library; NJM Health Sciences Library: WX 185 W926w 2003 AV

**VISION**

**Caring for individuals with cognitive and sensory challenges.** Distributed by ConceptMedia: Irvine, CA, 2003

3 videocassettes (61 min.) : sd., col. ; 1/2 in.


Discusses ways in which the impaired patient can be made more comfortable while in a healthcare setting.

Concordia Hospital Library: WY 87 C277c 2003 AV video 1; WY 87 C277c 2003 AV video 2; WY 87 C277c 2003 AV video 3

**The vision examination for aviation medical examiners.** Civil Aviation Medicine Division: Ottawa, 1997

1 videocassette (36 min.) : sd., col. ; 1/2 in. VHS

Misericordia Health Centre Library: WW 145 V831v 1997 AV

**VISITORS TO PATIENTS**

**How to have a meaningful visit with your loved one at a nursing facility.** Healthcare Media Productions; Chicago: Beverly Hills, Calif., 1997

1 videocassette (38 min.) : sd., col. ; 1/2 in.

Addresses issues for family members visiting nursing homes: how, when and where to visit; how to make the visit more productive and meaningful; how to manage feelings of guilt and frustration; how to establish realistic goals and expectations; how to solve problems quickly and effectively using the care facility's grievance process; and ten key activities when visiting someone with severe dementia.

Deer Lodge Centre Library Consumer Health: WT 27.1 H847h 1997 AV

**VOLUNTARY WORKERS**

**Best friends.** Distributed by Health Professions Press: Baltimore, Md., 1997

1 videocassette (18 min.) : sd., col. ; 1/2 in. (VHS)

(Producer) Introduces the "best friends" approach to caring for older people with Alzheimer's disease and related dementias. In the Helping Hand Program, volunteers provide one-to-one attention to patients and thereby give respite for family caregivers.

Deer Lodge Centre Library: WT 155 B561ba 1997 AV
Seniors serving seniors: volunteers promoting healthy aging. University of Regina: Regina, 1996
1 videocassette (6 min. 30 sec.) : sd., col.; 1/2 in. VHS
This video is an overview of the Seniors Serving Seniors: Volunteers Promoting Health Aging project run by the Seniors' University Group and the Seniors' Education Centre at the University of Regina. The project objective is to utilize older adults in the health field to meet community needs and to provide fulfilling volunteer activities for older adult learners.
Deer Lodge Centre Library: HV 1475 DC2 1S2 S477 AV

WAR

The boys of Kelvin High: Canadians in Bomber Command. War Amps: Scarborough, Ont., 2005
2 videodiscs (120 min) : sd., col. with b&w sequences ; 4 3/4 in.
pt.1. The end of the beginning -- pt.2. Press on regardless. Tells the story of Canadians who were a part of Great Britain's Bomber Command during World War II, flying in bombers through enemy territory night after night. Against great adversity, they pressed on in a relentless drive to defeat Hitler's Nazi regime. Producer Cliff Chadderton, an infantry commander in the Second World War, made the shocking discovery that from his high school alone (Kelvin High in Winnipeg) more than 50 classmates were killed serving in Bomber Command.
Deer Lodge Centre Library Consumer Health: D 792 C2 B793b 2005 AV

WIT AND HUMOR AS TOPIC

Comic consciousness in the workplace. Deer Lodge Centre: Winnipeg, MB, 1996
1 videocassette (45 min.) : sd., col. ; 1/2 in .VHS
Deer Lodge Centre Grand Rounds, Feb. 18, 1996
Deer Lodge Centre Library: WZ 305 C733c 1996 AV

Humor works with Izzy Gesell. Whole Person Associates: Duluth, MN, 1998
1 videocassette (45 min.) : sd., col., ; 1/2 in (VHS) + 1 guide (12 p.)
Session 1: Lighten your life. Session 2: Learn to have fun. Session 3: Laugh away stress.
Deer Lodge Centre Library: WZ 305 G398h 1998 AV; WZ 305 G398h 1998 guide AV

Humor your stress: [jest for the fun of it]. WGBH Educational Foundation: South Burlington, Vt., 1996
1 videocassette (60 min.) : sd., col. : 1/2 in. (VHS)
Loretta LaRoche helps viewers in their continuing quest to get a handle on their stress.
Deer Lodge Centre Library; Grace General Hospital Library: WM 172 H925h 1996 AV

Laughter and healing. Deer Lodge Centre: Winnipeg, 1996
1 videocassette (50 min.) : sd., col. : 1/2 in. (VHS)
Dr. David Murray talks about the impact humour has on health.
Deer Lodge Centre Library: WZ 305 L374L 1996 AV

Relax! WGBH Educational Foundation; Toronto: Boston, Mass., 1999
1 videocassette (60 min.) : sd., col., 1/2 in. (VHS)
Humor therapist and stress expert Loretta LaRoche tells viewers how to relax and enjoy everyday life by finding humor in the most unlikely situations.
Deer Lodge Centre Library: WM 172 R382r 1999 AV

WOMEN
Standing still. National Film Board of Canada: Montreal, 1996
1 videocassette (20 min, 2 sec.) : sd., col. ; 1/2 in. (VHS)
After meeting with four elderly women, who lead very different lives, director Catherine Quinn learns the importance of standing still to savor the present. They taught her to confront her own fears of aging.
Deer Lodge Centre Library Consumer Health: WT 30 S857s 1996 AV

WORKPLACE

1 videodisc (20 min.) : sd., col. ; 4 3/4 in. + 1 guide (12 p.)
Negativity can get a stranglehold on a workplace. It spreads as quickly through an office as a computer virus. Fortunately, the flip side is true, too. A positive attitude is also contagious. In this video, you'll see that it is possible for a workplace to transform itself. And it can begin with just one person--from container.
Grace General Hospital Library: HD 58.7 B422b 2004 AV

Fish! : catch the energy, release the potential! ChartHouse International Learning Corporation ; Toronto: Burnsville, MN, 1998
1 DVD (18 min.) : sd., col. ; 1/2 in. + 1 facilitator's guide (2nd ed., 88 p.) + 1 playbook (28 p.)
Shows employees how to generate the energy needed for a high morale work environment. Highlights four main concepts: play, make their day, be there, choose your attitude. Also portrays the playful atmosphere necessary for creativity to flourish. Through humour and action, this video names and demonstrates the four principles that have earned Pike Place Fish Co. in Seattle the title "world famous". It shows a workplace where everyone chooses to bring energy, passion, and a positive attitude to work with them each day. It reframes the way work is viewed, and show a real world example of what it means to be creatively engaged in the work experience.

1 videotape (18 min.) : sd., col. ; 4 3/4 in. + 1 facilitator's guide (23 p.)
"At Missouri Baptist Medical Center, the staff deals with emotionally difficult situations, the challenges of providing exceptional health care and the everyday stresses we all feel. But when they introduced FISH! into the environment, they revitalized their work ... and their lives! Go behind the scenes at Missouri, where the staff learned to Be There for patients and for each other--no matter how difficult the situation. The inspirational stories ... are the best medicine for even the worst case of workplace blues."
Deer Lodge Centre Library Circulation Desk: HF 5549.5 M63 F532f 2003 AV guide; HF 5549.5 M63 F532f 2003 AV guide

Harassment : keeping it out of the workplace. Workwell Training Videos: Keswick, Ont., 1998
1 videotape (18 min.) : sd., col. ; 1/2 in. + 1 leader's guide (computer disk).
This video was produced to provide the viewer with a better understanding of workplace harassment. The program defines and discusses the most common forms of this behaviour and suggests methods and actions that can be taken to help eliminate its occurrence.
Deer Lodge Centre Library: HF 5549.5 S45 H254h 1998 AV; HF 5549.5 S45 H254h 1998 AV guide

Harassment is-- : healthcare version. Coastal Training Technologies Corp.: Virginia Beach, VA, 2007

Illustrates how to tame your emotions when dealing with your boss, co-workers and customers.
Grace General Hospital Library: HF 5415.5 I89i 2005 AV


Task force (Carrollton, Tex.): 1 videocassette (30 min.) : sd., col. ; 1/2 in.
(Producer) The rising costs of workplace violence and expanding civil litigation should compel organizations to take responsibility for creating safe workplaces. Deborah Antai-Otong, MS, RN, CNS, NP, CS, FAAN, discusses the emotional side effects of workplace violence and focuses on proactive strategies to promote safer work environments.
Concordia Hospital Library; NJM Health Sciences Library: WX 185 W926w 2003 AV

WOUNDS

Wound care. Mosby: St. Louis, Mo., 2002
Mosby's nursing skills video series.: 1 videocassette (18 min., 45 sec.) : sd., col. ; 1/2 in. VHS
Grace General Hospital Library; Seven Oaks General Hospital Library; Victoria General Hospital Library: WY 161 W938w 2002 AV

WRITING

1 videocassette (26 min., 50 sec.) : col., sd. ; 1/2 in.
Part A: Process, with Prof. Marie Edwards -- Part B: APA format, with Prof. Christine Ateah.,
Grace General Hospital Library; Misericordia Health Centre Library: WZ 345 S368s 1996 AV

YOGA

Ageless yoga. Ageless Yoga: Cambridge, Mass., 2005
Vol. 1. Chair & standing routines -- Vol. 2. Floor & standing routines.,
Deer Lodge Centre Library: QT 255 A265a 2005 AV v.1

Liz Franklin's yoga in chairs: you can do this! Mark'n'Liz: Prairie Village, KS, 2005
3 videodiscs (180 min.) : sd., col. ; 4 3/4 in.

1 videocassette (70 min.) : sd., col., 1/2 in. (VHS)
This video was developed by the Rocky Mountain Stroke Association as a rehabilitation class for stroke survivors. Yoga is used to enhance physical and mental well-being.
Deer Lodge Centre Library Consumer Health: QT 255 Y54y 2002 AV