Current Perspectives in the Literature on Falls in Long-Term Care from the J.W. Crane Memorial Library

Current Perspectives consists of selected articles from the current journal literature, focusing on systematic reviews, best practice models, and innovative approaches. Also featured are new resources added to the J.W. Crane Memorial Library, as well as selected Internet resources. Updated when new material is available.

If you are able to access University of Manitoba Library electronic resources, you may retrieve articles in this list by using the RefShare link below, and then clicking on:

http://refworks.scholarsportal.info/refshare?site=010541105332000000/191-95-RWWEB2484235/Falls%20ARCHIVES

Further instructions on using RefShare are available at:

Journal Articles...


Albert SM. Behavioral interventions to reduce risk of falls in nursing home residents. *Journal of the American Medical Directors Association* 2009;10(9):593-594.


Yu J. Implications for exercise to prevent or reduce falls in the elderly population. *Annals of Long Term Care* 2009;17(11):30.

**Clinical Practice Guidelines...**


http://guidance.nice.org.uk/CG21

http://www.rnao.org/bestpractices/PDF/BPG_Falls_rev05.pdf

Winnipeg Regional Health Authority. *Falls Prevention and Management: Regional Clinical Practice Guidelines*. May, 2011.  
This document incorporates falls management best practice strategies for acute care, long term care, personal care homes and community services.

**Books and Videos...**


Bristol Primary Care Trust. *Integrated care pathway for older people who have fallen*. Bristol, UK: Bristol NHS Primary Care Trust; 2007.
http://tiny.cc/pFH3p


Lee V. *Deer Lodge Centre Day Hospital educational sessions: Falls in the older adult* [DVD, 10 min.]. Winnipeg, MB: Deer Lodge Centre; 2010.

Markle-Reid MF. *From isolation to integration: The effects and costs of a multifactoral and interdisciplinary team approach to falls prevention for frail older home care clients: Final research report* [ebook]. Edmonton, AB: CPSI; 2008.

Policy guidance on hip protectors in long-term care. Ottawa, ON: Canadian Agency for Drugs and Technologies in Health; 2010.


On the Web...


This site is aimed at the prevention of senior's falls. Includes fact sheets, graphs and brochures about falls and fall prevention for older adults. Current technical information about falls and fall related injuries is also available.
Centre for Hip Health and Mobility
http://www.hiphealth.ca/

The Centre for Hip Health and Mobility (CHHM) is a University of British Columbia Senate-approved organization, affiliated with the Vancouver Coastal Health Authority. The research centre improves the lives of Canadians by decreasing the burden of arthritis and fall-related fractures. Our research focus on prevention, detection, and improved treatment of bone and joint diseases so that Canadians can enjoy the freedom that comes with mobility.

CIHR-funded (Technology for Injury Prevention) TIPS program

TIPS comprises an interdisciplinary group of researchers based at SFU and UBC to examine the causes of falls in long-term care and to develop. This issue of the Gerontology Research Centre News, from Simon Fraser University, features this program.

Fall Prevention Center for Excellence
http://www.stopfalls.org/

This is the official website of the Fall Prevention Center of Excellence. Their mission is to identify best practices in fall prevention and to help communities offer fall prevention programs to older people who are at risk of falling.

Fall risk assessment for older adults: The Henrich II Model

Try this: best practices in nursing care to older adults from the Hartford Institute for Geriatric Nursing. Issue No. 8, Revised. 2007.

Video: http://www.nursingcenter.com/prodev/ce_article.asp?tid=751384

Manitoba Health. Falls prevention resources and program inventory

National Center for Patient Safety. (US) Falls toolkit
http://www.patientsafety.gov/SafetyTopics/fallstoolkit/index.html

The VA National Center for Patient Safety (NCPS) worked with the Patient Safety Center of Inquiry in Tampa, Florida, and others to develop the NCPS Falls Toolkit. The toolkit is designed to aid facilities in developing a comprehensive falls prevention program.

NHS. Patient Safety First

PHI and the National Council on Aging. Fall prevention awareness: Enhanced training for home health aides.
http://phinational.org/training/resources/phi-curricula/fall-prevention-awareness/

Practicing Physicians Education in Geriatrics. Falls toolkit.
http://www.gericareonline.net/tools/eng/falls/index.html
Queensland Health. **Queensland stay on your feet: Preventing falls in older Queenslanders**

Registered Nurses Association of Ontario. **Best practices toolkit: Fall prevention and management**
http://ltctoolkit.rnao.ca/resources/falls

Social Care Institute for Excellence. **SCIE research briefing 1: Preventing falls in care homes**
http://www.scie.org.uk/publications/briefings/briefing01/index.asp

University of Iowa. Iowa Geriatric Education Center. **Adaptive equipment to prevent falls in older adults**
Each month, E-NEWS from the University of Iowa Geriatric Education Center delivers abstracts from current multidisciplinary healthcare journal articles related to a specific geriatric topic. The July, 2011 issues looks at adaptive equipment.

University of Victoria. Continuing Studies. **Canadian falls prevention curriculum e-learning course**
http://www.uvcs.uvic.ca/aspnet/Course/Detail/?code=hpcf215
Those working with older adults in long-term care, acute care, and home care will acquire the knowledge and skills needed to apply an evidence-based approach to the prevention of falls and fall-related injuries. Learn how to design, implement and evaluate a falls prevention program. Facilitated instruction leads you through a process to develop strategies and interventions; to apply current programs; and to understand the reliability and validity of existing resources and tools for screening and assessing fall risk.

To inquire about resources on this bibliography, or for further information on the J.W.Crane Memorial Library, contact us at (204) 831-2152, 1-855-220-1522, fax (204) 888-1805, e-mail dlclibrary@umanitoba.ca.
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