**Info-RN**: a Newsletter for Nurses  
September 2005  

*Meeting the Information Needs of Winnipeg's Nurses*

**From the Editor**

Welcome back to *Info-RN*! Thank you to everyone who took the time to give us feedback on the inaugural issue of *Info-RN* published in May 2005. We received many positive comments from you and incorporated many of your ideas into this issue. Please continue to let us know what you think about *Info-RN* and tell us what you would like to see in future issues. If you have not visited *Info-RN* before, please take some time to see how our newsletter can help you in your studies, teaching, practice and research.

Picture: Graduate Nurses Victoria Hospital Winnipeg 1927

**News**

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In Part II we will discuss some of the more advanced features of PubMed so it will be easier for you to conduct an effective search.

**RefWorks – Your Online Personal Bibliography Manager p.5**

The RefWorks online tutorial says it all: "It’s midnight. You’ve just started writing your paper and it’s due at 9:00 a.m. tomorrow. What about your bibliography?"

**My NCBI for Nurses p.5**

Find out how to use My NCBI to link to PubMed articles directly from your email account.
The Library Comes to You! House Calls Service for Nurses p.8

The Health Sciences libraries offer a “House Calls” service to help you become aware of and access library resources.

What Can Elizabeth Dafoe Library Do for Nurses? p.9

Elizabeth Dafoe Library serves the needs of Nursing faculty, researchers and students on the Fort Garry campus.

Training Opportunity

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Attend this seminar to find out how to get the most out of your library’s resources.

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Publication Information

Info-RN is an electronic newsletter of the University of Manitoba Libraries dedicated to informing nurses in Winnipeg of services or resources that will help them access quality health information. Info-RN is published three times a year. Comments, questions, or letters to the editor should be addressed to: njm_ref@umanitoba.ca
PubMed for Nurses: Part II

In PubMed for Nurses: Part I, we looked at some easy ways to produce effective results in PubMed by using phrase searching and setting limits. In Part II we will discuss some of the more advanced features of PubMed so it will be easier for you to conduct an effective search.

Consider this:
If you are looking for a few articles on "cats", a keyword search would only retrieve articles where "cats" appears in one of the record fields (author, title, abstract). Relevant articles that didn’t use the word cats, but discussed Tabbies or Persians would not be found. If you search using the subject term "cats", articles would be retrieved that discuss all types of cats, because a librarian has read the article and decided that it is about cats, even though the word cat does not appear in the title or abstract.

Also when searching using subjects, false hits are eliminated. In a keyword search, articles written by the author "Cats" would be retrieved even though they have nothing do with "cats", but if you use a subject search these articles are not retrieved.

So what does all this mean? Subject searching is a more effective method of searching than keyword searching. To conduct a subject search in PubMed you use the MeSH database; in other databases, for example Cinahl, subject searching is done using the thesaurus.

Searching PubMed
Choose PubMed from the A-Z list of databases or use the hot link from any of the University of Manitoba Health Libraries homepages.

MeSH Database
Searching using MeSH, the Medical Subject Headings applied to each article in PubMed, can be a more effective searching method than a keyword search. The MeSH database is a listing of the subject headings used by the National Library of Medicine when an article is indexed. By searching using MeSH terms, you do not have to worry about different spellings or account for a related term.

Search Strategy:
It is not very effective to search PubMed for a topic as large as Cancer. The results are too numerous, even with limits applied. So think about what you really want. If you use Breast Cancer instead of Cancer, it is better, but still to large. What do you want to know about breast cancer? You’re interested in nursing people with breast cancer. Okay now we can go to the MeSH database.

1. From the Left hand menu choose MeSH Database.
2. In the search box type Breast Cancer.

![MeSH Database Image]

1: Breast Neoplasms
Tumors or cancer of the human BREAST.

2: Breast Neoplasms, Male
Any neoplasms of the male breast. These occur infrequently developed countries, the incidence being about 1% of that in Year introduced: 1995
3. Click on the hyperlinked “Breast Neoplasm” to expose the subheadings.

Adding a subheading
Each MeSH heading can be used with a subheading to focus your search even more. For example, by using nursing as a MeSH subheading, you focus your search to those articles that discuss issues relevant to nursing. The nursing subheading is “used with diseases for nursing care and techniques in their management. It includes the nursing role in diagnostic, therapeutic, and preventive procedures.”

4. Place a check mark in the box beside “nursing”.

Restrict Search to Major Topic headings
When an article is indexed it is assigned several subject headings, some are considered major topics of the article while others are minor topics.

5. Place a check mark in the box beside “Restrict Search to Major Topic headings”.

PubMed will retrieve only those articles where your subject was considered a major topic.

6. From the “Send to” drop down menu choose “Search Box with And”.

You have now placed the major topic heading Breast Neoplasms with a nursing subheading into your search box.

7. Click on the “Search PubMed” button

You now have a list of about 438 articles. Too much! But don’t forget those limits from the last issue.
8. In the "Limits" tab choose "English" language, set a "Publication Date" of 2000 to 2005, and Humans.

9. Click "Go" to produce a list of 122 articles. Not too bad, but if you click on the Review Tab you will have 35 articles to get you started.

Remember if you're having problems searching don't suffer; come into one of the University of Manitoba Libraries and ask for help.

Stay tuned for another episode of PubMed for Nurses. In Part III we will try a more complicated search and find out just how you get your hands on those great articles you’ve found.

For more information on searching PubMed take a look these recent Info-RX articles, handouts or sign up for a PubMed session available at the Neil John Maclean Health Sciences Library.

PubMed for Nurses Part I. Info-RN. 2005 May


Finding PubMed’s most recent citations. Info-RX 2005 Feb, 1(5)


Christine Shaw-Daigle
Victoria General Hospital Library
RefWorks – Your Online Personal Bibliography Manager

The RefWorks online tutorial says it all: "It’s midnight. You’ve just started writing your paper and it’s due at 9:00 a.m. tomorrow. What about your bibliography?"

Now the frustrating and time-consuming process of formatting references and creating a bibliography is made easier thanks to RefWorks, the web-based bibliography and database manager. The University of Manitoba Libraries has purchased a site license for RefWorks, which is accessible directly from the Libraries web site. A quick registration process, and your Library ID and PIN, is all it takes to create your own personal research database for use from your home or office computer.

RefWorks allows you to directly export citations from many online databases, such as EBSCOhost and ProQuest, so that you can create your database of references while you do your research. Citations from other databases, such as PubMed or CINAHL, can be downloaded into RefWorks using the University of Manitoba Libraries UM Links. You can also save your citations from a database search to a text file and import them into RefWorks later. RefWorks also enables searching of the University of Manitoba Libraries catalogue and the PubMed database directly from within RefWorks itself.

Once your citations have been entered into RefWorks, the software can format your references and bibliography in the style of your choice, including APA, MLA, Chicago, etc., in a matter of seconds. The Write-N-Cite feature is a downloadable plug-in to Microsoft Word that allows you to write a paper and import references that have been stored in RefWorks. The references can then be automatically formatted to the bibliographic style of your choice within your document.

RefWorks can provide bibliographic support to many levels of researchers – from students in the R.N. program to practitioners doing research in the clinical setting. The online tutorial will help you get started and the program’s online help provides clear, step-by-step instructions for all of RefWorks’ functions and features. The Health Sciences Libraries also offer hands-on training sessions. The next RefWorks training seminar takes place October 18, 10:30 a.m. – 12:00 p.m. in the Neil John Maclean Health Sciences Library. Register now via our online registration form.

Lisa Demczuk
Grace Hospital Library

My NCBI for Nurses

My NCBI is...
- a free alerting service that is available through the PubMed database.
- a useful tool if you want to stay current in your particular field

Use My NCBI to...
- **SAVE SUBJECT SEARCHES**
  - **EXAMPLE:** You want to receive all new articles on the topic of “diabetic foot ulcers”.
  - Your search strategy would be: (*Foot Ulcer*[MeSH] OR *Diabetic Foot*[MeSH]) OR "diabetic foot" OR "foot ulcer".
  - **NOTE:** A good search may require the use of keywords, thesaurus terms or both. If you are unsure about setting up a search strategy, please contact a librarian at any of the health sciences libraries for assistance.
- When you run the search in PubMed, the words **“SAVE SEARCH”** will appear to the right of the search box.
Click “SAVE SEARCH” and the My NCBI login registration box appears. If you haven’t set up an account, you will be prompted to “register for an account”. You must provide a USER NAME and PASSWORD.

- Click the radio button next to YES to indicate that you wish to receive email updates.
- Enter your email address.
- Indicate how often you would like to receive the search results via email.
- Change the “Format” to “Abstract”.
- Increase the “Maximum number of items to send” to a reasonably high number so that you will receive all the relevant items.
- Click on OK and your search will be stored in your “My NCBI” profile.

Use My NCBI to ...

- RECEIVE TABLES OF CONTENTS ALERTS
  EXAMPLE: You want to receive all new articles in the journal “Nursing Standard”.
  - Your search strategy would be: “Nurs Stand”[Journal:__jrid6031].
  - NOTE: If you are unsure of how to set up a search strategy for a particular journal title, contact a librarian at any of the health sciences libraries for assistance.
  - Store the search in My NCBI (see “save subject search” instructions).
  - Each time a new issue of the journal appears, you will receive a list of current articles via email.

Use My NCBI to ...

- LINK TO FULL-TEXT ARTICLES
  - Sign into “My NCBI” from the top right of the PubMed search screen using your USERNAME and PASSWORD.
  - After you have signed in, Click on “My NCBI”.
  - Choose “Outside Tool” from the left sidebar.
  - Scroll through the list of libraries to find “U. Manitoba Health Sciences Libraries – UM Links”.
  - Click on the radio button to the left.
  - Resume searching.
Use MY NCBI to …

- RECEIVE RESULTS via EMAIL
  - The results will be sent to you via email as often as you indicated in your registration profile.
  - Click on the UM Links button to link to the full-text of the article.
  - If the full text is not available electronically, an electronic form will prompt you to request the article from the library through document delivery.

From: Sent by NCBI
Date: August 31, 2005 9:30 AM
To: ccooke@cc.umanitoba.ca
Subject: pubmed Search Results

Diabetic foot complications: diagnosis and management.

Girardini JM, Lyons TE

Division of Podiatry, Beth Israel Deaconess Medical Center, Joslin Diabetes Center, Harvard Medical School, Boston, MA 02215, USA.

Foot complications in patients with diabetes mellitus are a challenge to the health care industry. A great deal of expenditure is due to the management of diabetic foot complications...

Need more information on MY NCBI?
- Contact a librarian at any of the hospital libraries or the Neil John Maclean Health Sciences Library.

Anlyn Cohen Baker
Seven Oaks General Hospital Library

The Library Comes to You! House Calls Service for Nurses

Do you prefer to learn in your own environment? Would you like to learn trouble-shooting tips right at your own computer? The Health Sciences libraries offer a “House Calls” service to help you become aware of and access library resources.

A librarian will come to your office, unit or departmental meeting to deliver a training session or consultation tailored to your needs. The time and length of sessions is flexible and can be arranged at your convenience. House call topics could include:

- Using BISON, the library catalogue to search for and request books
- Effective search techniques for health databases and the internet
- Retrieving and requesting documents
- Setting up Table of Contents alerts and other current awareness services
- Managing citations and bibliographies with RefWorks

We offer individuals hands-on one-on-one training at their own computers. We will make presentations to departments or units. We accommodate small groups with hands-on training in the library or at your facility’s computer lab.

Individuals receiving training through a house call service will receive a participation certificate which can be used to document personal continuing education.

Contact your Hospital Librarian or Nursing Librarian (Fort Garry campus) to set up your personal session.

HSC  Lori Giles-Smith  789-3344
Concordia  Melissa Raynard  661-7440
Grace  Lisa Demczuk  837-0127
SBGH  Mark Rabnett  237-2808
SOGH  Analyn Cohen Baker  632-3107
VGH  Christine Shaw-Daigle  477-3284
Ft Garry  Jan Johnson  474-6710

Lisa Demczuk
Grace Hospital Library
What Can Elizabeth Dafoe Library Do for Nurses?

Elizabeth Dafoe Library serves the needs of Nursing faculty, researchers and students on the Fort Garry campus. The Faculty of Nursing is one of the few academic disciplines served by Dafoe Library with a librarian dedicated full-time to their subject area.

Besides offering Reference services to clients who phone or come in to the library, at the Fort Garry campus we focus on helping individuals learn how to find information. To this end we offer in-depth instruction, whether to individuals or to groups in classrooms.

Learning to identify, retrieve, evaluate and synthesize information resources is all part of the skill set needed by students of any discipline in order to succeed in their academic endeavours. These skills will serve them well, in university and wherever their careers take them.

How can you tap into library learning opportunities? Call your Nursing Librarian, Jan Johnson, to arrange an appointment for yourself or a group of colleagues, whether in your office, a computer lab or in the library. Or call to arrange classroom instruction for your students or research assistants. Just phone or e-mail to work out the details.

Jan Johnson  
Nursing Librarian  
Elizabeth Dafoe Library

Training Opportunity

Attention BN Nursing Students

Attend this seminar to find out how to get the most out of your library's resources.

Are you returning to university this fall to complete your BN?  
Are you interested in learning how to access the libraries' many resources?  
Are you confused about how and where to find reliable health information?

“BN BACK TO SCHOOL”  
is  
what you need  
to  
succeed!

Date: Tuesday, October 11, 2005  
Time: 9:30 am – 11:00 am  
Where: Seven Oaks General Hospital Library, 2300 McPhillips Street

Register by calling: (204) 632-3124 or (204) 632-3107

Registration is limited to 6 participants.

Helen Glass "Drop-In" Library Sessions

Several workshops are being offered in the Helen Glass computer lab throughout September and October. These are scheduled as "drop-in" sessions for groups or individuals, so please spread the word in your classes, particularly for students who may be having difficulty sorting through library resources.

Drop-in times:  
Mondays 1:30 pm and Thursdays 9:30 am beginning September 26th and ending October 31st excluding the week of October 10th

Jan Johnson  
Nursing Librarian  
204-474-6710  jan_johnson@umanitoba.ca
CINAHL
An introduction to accessing information resources for the Nursing / Allied Health practitioner. Topics covered include: searching the CINAHL database and using the UM Links feature to obtain documents.

Current awareness using RSS
An introduction to RSS (Really Simple Syndication), the fastest growing method for distributing information through the Internet. Find out about software for reading and creating RSS feeds.

E-Journals
This hands-on session shows you the quickest way to access over 3000 online journals from anywhere!

EndNote: Introduction
This session assists those who are interested in this citation management software or are new users of this software. Topics covered include: setting up a database, importing and exporting records, and “Cite While You Write”.

EndNote: Advanced
Designed primarily as a follow-up to the Introduction session, this is your chance to ask questions and further your knowledge of the software! Topics covered include: direct searching of library databases, modifying output styles.
<table>
<thead>
<tr>
<th>History of Medicine Library Skills Seminar</th>
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<tr>
<td>This seminar was designed to assist students and faculty in locating authoritative history of medicine information. It covers how to search the BISON - Library catalogue, IndexCat, PubMed, CINAHL and the Internet for history of medicine information.</td>
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<th>Nursing &amp; Allied Health Resources</th>
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<tr>
<td>An introduction to accessing information resources for the Nursing and Allied Health practitioner. Topics covered include: searching the CINAHL database and using the UM Links feature to obtain articles.</td>
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<tr>
<th>Psychosocial Resources</th>
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<tr>
<td>Primarily for those who work or research in this area, the major resources include: CINAHL &amp; PsychINFO databases, as well as other related library and Internet sources.</td>
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<th>PubMed: Basics</th>
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<td>Learn the basic mechanics of PubMed, the free Internet version of MEDLINE. Topics covered include: strategy building, Journals database, MeSH database, and ordering documents using Loansome Doc.</td>
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<th>PubMed: Advanced</th>
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<tr>
<td>Building from the Basics session, a graduated level of search techniques are presented. Topics covered include: advanced use of MeSH, efficient free text searching, My NCBI.</td>
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<th>RefWorks</th>
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<tr>
<td>RefWorks is a web based citation management program, similar in function to Reference Manager or EndNote, but free for all students and staff. This session will introduce basic features including importing search results.</td>
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</table>
General seminar information

The NJMHS Library offers a wide variety of seminars to help you locate the information you require quickly and efficiently.

If you can't fit one of the Library's seminars into your schedule, need one-on-one assistance, or have a small group of colleagues that would like to schedule some training time, take advantage of our House Calls Service. With House Calls a professional librarian will visit your office, lab or departmental meeting to deliver a library training program designed to meet your specific needs.

Each seminar is limited from a minimum of 4 to a maximum of 15 participants. Seminars are open to University of Manitoba faculty, staff, and students, and affiliated clients and allied hospital staff free of charge.

Seminars are held in the computer labs of the Neil John Maclean Health Sciences Library (map).

For more information or to register:

- Phone: 204-789-3464
- Online registration form
- E-mail: njm_ref@umanitoba.ca

Online help

Some online handouts are available to assist your immediate needs.

Guides to finding:

- Articles
- Books
- Databases
- E-journals
- E-books
- Journals
- More online handouts

We also recommend the following Internet tutorial web sites.
New Books

Title: Heart Sounds Made Incredibly Easy
Published: Philadelphia : Lippincott Williams & Wilkins, c2005

Readers will find the familiar animated format of the popular Made Incredibly Easy book series helpful when applied to heart sounds. Early chapters cover the basic anatomy and physiology of the heart, taking a physical assessment, the stethoscope, and traditional and alternative auscultative techniques. Other chapters feature particular heart sounds including first and second heart sounds, third and fourth, ejection sounds, diastolic and systolic, murmurs and prosthetic heart valve sounds. Cardiovascular conditions and their related heart sounds are discussed. The accompanying CD gives readers the opportunity to hear real heart sounds and practice their skills. Additional learning features are quickly identified with snappy graphics and include mnemonics for improved memory retention, tips for enhanced auscultation, and hints for best stethoscope placement.

If you wish to see this book [click here](#) to request a copy and have it sent to the University of Manitoba library of your choice.

The book is available at the Concordia Hospital Library, Grace Hospital Library or the Victoria General Hospital Library

Title: Nursing leadership and management in Canada / Judith M. Hibberd, Donna Lynn Smith.
Published: Toronto : Elsevier Mosby, c2006.

Written for nursing students, faculty, practising nurse managers and leaders this book presents a uniquely Canadian focus to nursing leadership and management. The text is divided into five sections. The first section details the health system environment in Canada with chapters on health economics, population health, primary health, continuity of care and the nursing workforce in Canada. Section II deals with the structure of the health system and health organizations. Chapters include regional governance, structure and organization of work and strategic management. Section III presents standards and accountability, addressing the legal framework for health agencies in the Canadian health system. Section IV provides a discussion on leadership. Leadership profiles from the Canadian nursing profession give real-life examples of nurse leaders. Chapters about collaboration, managing change, intraorganizational politics, working with unions, and conflict resolution continue the discussion on leadership in Section V’s Leadership and Management Skills. The purpose of this final section is to provide nurses with the knowledge and skills needed to be leaders and managers in their work environment. Each chapter in the book presents learning objectives at the beginning and “applying the knowledge exercises” at the end. Case studies are used throughout the text to provide real-life situations for increased learning.

If you wish to see this book [click here](#) to request a copy and have it sent to the University of Manitoba library of your choice.

The book is available at the Concordia Hospital Library, Elizabeth Dafoe Library, Grace Hospital Library or the Victoria General Hospital Library

Title: How to survive and maybe even love nursing school! : a guide for students by students / by Kelli S. Dunham.

From the admission application to the first job, this book is designed to help nursing students cope with the demands of school life. Whether you are a new nursing student or upgrading after years of service, this book will help you get the most from your nursing school experience. Topics include choosing the best program for you, juggling responsibilities, information overload, test taking strategies, clinical rotations, improved study habits and coping with stress. Anecdotes from over 300 students provide snippets of insight and encouragement.

If you wish to see this book [click here](#) to request a copy and have it sent to the University of Manitoba library of your choice.

The book is available at the Victoria General Hospital Library

Christine Shaw-Daigle
Victoria General Hospital Library
The American Association of Diabetes Educators: Patient Education Video Series

Produced in cooperation with the American Association of Diabetes Educators and Milner-Fenwick, Inc.
Primary Consultant Cheryl Hunt.

The following three DVDs from the American Association of Diabetes Educators are a great resource for nurses with diabetic patients. Nurses can borrow these DVDs or suggest them to patients as a useful resource in patient education.

Diabetic Foot and Skin Care: in Step, 3rd ed., 2001 (12 minutes)
Foot and skin care are important considerations for diabetics. This DVD reviews the steps you can take to ensure the health of your skin and feet.

Monitoring your Blood Glucose: Key Concepts, 2004 (19 minutes)
This DVD provides helpful information on monitoring your blood glucose levels at home. It includes explanations of equipment, disposal of testing materials, target levels, keeping a log book, and proper storage of strips. It also talks about the symptoms of high and low blood pressure.

Preventing Long-Term Complications of Diabetes, 2nd ed., 2000 (15 minutes)
Stressing the importance of good blood sugar levels in reducing complications, this DVD discusses the damage that can occur as a result of high blood sugar such as heart attack, loss of vision, kidney disease, and amputation.

All three DVDs are available for loan at the Neil John Maclean Health Sciences Library in the Consumer Health Collection and the Concordia Hospital Library. Contact your nearest University of Manitoba Library if you wish to borrow this video.

Lori Giles-Smith
Health Sciences Centre Librarian
Neil John Mclean Health Sciences Library

E-Resources

Nursing E-Books from NetLibrary

NetLibrary is an online collection of over 1700 full-text electronic books, many of which are related to the health sciences. This resource is easy to search and the results include an image of the books front cover. Browsing through an e-book is simple with the constant presence of the table of contents in a left hand menu.

There are three ways you can access NetLibrary:

- from the NETDOC menu – you can access NetLibrary from the alphabetical listing of the NETDOC menu
- from BISON, the Libraries’ online catalogue – add the term “netlibrary” to your search to retrieve e-books from the NetLibrary collection (e.g. A search for “nursing” and “netlibrary” will bring back nursing titles available in NetLibrary.)
- from the NetLibrary web site (www.netlibrary.com) – if you sign up with NetLibrary for a free account, you can access the e-collection from any location; no library ID and PIN required!!

You can view any title in NetLibrary for 15 minutes, as long as you are active in the e-content (e.g. turning pages). However a title can not be accessed by more than one user at a time. After your 15 minutes are up, the e-book is “returned” and made available for another user. To access a title more than your allotted viewing time, you’ll need to sign up for a free NetLibrary account.

To sign up for a free NetLibrary account, you will need to do so from a computer connected to the University of Manitoba network. Once you have your account, you can access the library’s e-book collection from any computer connected to the internet; create a list of titles; make notes in individual e-books; customize your preferences; and under a books eContent Details you have the option to “checkout” the book for your exclusive use. Once your checkout time is up, the book is automatically “returned” to the e-collection for use.
Here are some nursing titles available from NetLibrary:

- *Essential Psychology for Nurses and Other Health Professionals* by Graham Russell (2002)
- *Research for Nurses: Methods and Interpretation* by Angela Gillis (2002)
- *The Changing Shape of Nursing Practice: The Role of Nurses in the Hospital Division of Labour* by Davina Allen (2001)
- *Nursing Theories and Nursing Practice* edited by Marilyn E. Parker (2001)
- *Nursing the Image: Media, Culture and Professional Identity* by Julia Hallam (2000)

Melissa Raynard  
Concordia Hospital Library

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**For your Patient**

**ProCURE Alliance: A Website for Information on Prostate Cancer**

ProCURE Alliance is a Canadian not-for-profit organisation created by the McGill Prostate Cancer Fund Board of Directors, whose main goal is to provide a means to help prevent and cure prostate cancer. Their website is “dedicated to all people seeking information on the prevention, diagnosis, treatment and eventual cure for prostate cancer.”

The ProCURE Alliance website is an excellent source of information on prostate cancer. The information is easy to access and understand and it is available in either French or English. A wonderful feature of this site is that most sections are accompanied by colour images and diagrams (e.g. progression of abnormal cell, ultrasound images of normal and abnormal tissue, a bone scan showing hot spots, images of the different stages of prostate cancer). This site also offers printer friendly versions of their pages.

Click on the **Understanding Prostate Cancer** heading and you will find six sub-headings:

- **The Prostate** – describes the structure, function and diseases of the prostate
- **Prevention** – provides information on what cancer is, risk factors and nutrition
- **Diagnosis** – supplies information on diagnostic tests such as PSA test, Biopsy, Ultrasound, CT Scan and Bone Scan; clinical staging of prostate cancer; Gleason grade; Partin tables
- **Treatment** – describes different treatment options such as sugary, external beam radiation, brachytherapy, hormonal therapy, and palliative therapy; pros and cons are discussed
- **Side effects** – provides information on incontinence and erectile dysfunction
- **Alternative therapies** – supplies information on biology-based therapies (e.g. diet, vitamins, herbs), manipulative body methods (e.g. acupuncture, chiropractic, bioenergetics therapy) and psychological complementary and alternative therapy (e.g. humour therapy, hypnosis, music therapy)

Under the **Living with Cancer** heading you will find information on what to do when you are newly diagnosed, coping with your feelings, understanding your options, locating people who can help you and how to deal with your remission or recurrence. This section also provides a list of questions you may want to ask your doctor regarding your condition and his/her experience.

Another section of interest to your patient is **Clinical Trials**. This section describes the process of clinical trials and provides questions a patient should ask before joining a trial. You can also download and print for free research papers provided by this site.

[www.procure.ca](http://www.procure.ca)

Melissa Raynard  
Concordia Hospital Library