Faculty of Arts student named U of M’s 97th Rhodes scholar

BY SEAN MOORE

Thomas Toles, a University of Manitoba student in the Faculty of Arts, has been announced as the recipient of a Rhodes Scholarship for 2013. The U of M is one of the leading institutions in Canada for Rhodes Scholars, and continues to be the alma mater for more Rhodes Scholars than any other university in western Canada.

Toles, in the fourth year of a double honours BA in English and psychology, is the 97th University of Manitoba student to be awarded a Rhodes Scholarship, the eleventh U of M Rhodes Scholar in as many years. The U of M continues to attract and nurture students who are among the world’s best and brightest. Rhodes Scholarships are the most prestigious awards of their kind in Canada.

Three Rhodes Scholarships were awarded this year in the Prairies, two to Alberta residents. Toles is the only Manitoba recipient.

“I am delighted to hear of Thomas’ outstanding achievement,” says president and vice-chancellor David Barnard. “Through his scholarships and work on stage and in media, he displays the creative and challenging nature of a true visionary, indicative of the academic and personal excellence that are fostered and encouraged at the University of Manitoba.”

Toles has an outstanding record of academic excellence, having won a number of scholarships such as Isbister Scholarships in both Arts and University 1, the Aikins Scholarship in English Language and Literature and the Victor S. Cowie Memorial Scholarship in the Performing Arts. He has been a President’s Scholar since 2009, maintaining a minimum GPA greater than 4.0 with a minimum 80 per cent course load.

This last point is most significant, because apart from his remarkable academic record, Toles has found time to establish himself as an actor, musician and director. He has had roles in numerous plays at the Black Hole Theatre, from Departures and Arrivals (2009) to The House of Blue Leaves (2012). He directed The Bald Soprano at the Black Hole Theatre, and his play Orphans was picked by CBC Manitoba as the favourite local production at the 2012 Winnipeg Fringe Festival. He will be appearing in the Black Hole Theatre production The Cripple of Inishmaan in January 2013.

In film, Toles has been in Guy Maddin’s Hauntings (2012) and worked on Keyhole (2010). He also formed the improv comedy group Double Mermaid and created the independent theatre company The 28th Minute.

In addition to those accomplishments, Toles has been a children’s group leader in Mini-University, assisted with studies on memory in the department of psychology and has helped raise money for prostate cancer research. His parents are on staff at the University of Manitoba. He was valedictorian for his Grade 12 graduating class at Grant Park High School in Winnipeg in 2009, receiving high accolades for his wit and eloquence.

“We are absolutely thrilled in the Faculty of Arts that Thomas has been awarded a Rhodes Scholarship,” said Jeffery Taylor, dean, Faculty of Arts. “He combines academic achievement with creative cultural activity in a way that represents the best features of an Arts education. And I am sure that his wry prairie sense of humour will serve him well at Oxford.”

The Rhodes Scholarships are postgraduate awards supporting outstanding all-round students at the University of Oxford, providing transformative opportunities for exceptional individuals. Toles expects to study both English and film aesthetics at Oxford.
When I was much younger, I was always disappointed to read the last book by a favourite author. I thought that there would be no replacement for the experience of joy that such a favourite writer’s books can bring. I eventually learned, though, that as real as that disappointment might be, there are always new authors to enjoy. In the past year, I’ve reread some and also found some new ones.

The release of the movie Tinker, Tailor, Soldier, Spy prompted me to read (in some cases reread) several of the books written by John le Carré, especially the early ones. I wanted to have the sequence of them in mind, and to have the story from which the movie was drawn firmly in mind in its original form before seeing the movie. My wife Gursh and I watch many movies but almost always at home (or on airplanes) rather than when they are newly in theatres, so I had plenty of time for this little project before the movie was available to us at home. Since those stories were so realistically embedded in the times in which they were written, the older ones, when read decades later, are like a bit of time travel. But they are still intriguing, especially for the layering and interconnecting of parts of the story line.

In the spring the poet Jan Ziwicky came to UM for a visit; together we presented an evening with the title “The President and the Poet.” I find her poetry to be beautifully lyrical and evocative, and her philosophical writings to be stimuli for careful reflection. In preparation for her visit I reread much of her work, and afterwards read the most recent volume of poems, Forge.

Just a few weeks ago I read The Emperor of All Maladies: A Biography of Cancer by Siddhartha Mukherjee. I had been aware of it, and when Gursh and I saw it in an airport bookstore earlier in the year we bought a copy but I let it sit for quite a while untouched. Cancer has touched most of our lives in one way or another. I have had several colleagues and friends who have suffered from it, some recovering and some not. My mother died from it. The book describes the suffering that is possible, but also the pursuit of knowledge about the disease and the development of treatments for it. It is difficult to read in parts and it is difficult to set aside because of the reality and prevalence of the disease in our lives.
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Master space planning to begin

As part of an ongoing effort to provide students, faculty, researchers and staff with an optimal learning and working environment, the office of the vice-president (administration) at U of M is undertaking the creation of a space master plan for the Fort Garry Campus. The foundation for this plan will be an assessment of existing spaces, with a focus on collaboration and the enhancement of research and educational opportunities.

To assist the year-long process, the university has hired Educational Consulting Services (ECS), who are experts in innovative building and campus planning solutions. ECS will work closely with a team of nine interdisciplinary experts who have been selected for the project.

In the end, a new space master plan will provide the university with a roadmap that will guide how it uses and develops current spaces. It will also be an integral tool for the winner of the Visionary (re)Generation Open International Design Competition, inform the planning and design work in the development of a new Fort Garry campus plan.

Community lights

The ninth annual Lighting Up The Avenue community celebration is an event supported each year by the several faculties and programs at the U of M. This year, Joannie Halas, a professor in Faculty of Kinesiology and Recreation Management, will again bring her class members to join in the annual event, which takes place December 6 and includes an entertainment, followed by a delicious community feast and the street lighting ceremony. This year will also see the unveiling of the renewed and refreshed Aboriginal Vision for the North End. Other U of M partners include the Inner City Social Work Program (Faculty of Social Work) and Community Health Sciences of the U of M. Debra DiIuliano, a student advisor/counselor and full-time research coordinator with the U of M City Social Work Program, and Karen Cook, a project manager with U of M’s Community Health Science are also helping to coordinate the event.

Innovative partnership launched

Left: Afonso Cardoso, Brazilian Consul General to Canada (Toronto) with Dvigir Jayas, VP (research and international), at the November 21 event. Above: Brazilian U of M students who attended the event.

Afonso Cardoso, Brazilian Consul General to Canada (Toronto), visited Winnipeg on November 21 to participate in the launch of an innovative partnership that will see this province become a destination of choice for Brazilian graduate students as part of that country’s Science without Borders (SwB) initiative.

“Science without Borders is a bold and exciting initiative designed to provide Brazilian students unprecedented international education opportunities,” said Jay Doering, vice-provost (graduate education) and dean of the Faculty of Graduate Studies. “The University of Manitoba is well positioned to assist the Brazilian government in meeting this objective while providing an opportunity to build on the strengths of this already-diverse community of learning and discovery and engagement.”

SwB is a scholarship program launched in 2011 by the Government of Brazil, which by 2015, aims to send more than 100,000 Brazilian students to study science, technology, engineering and mathematics at institutions across the globe. In April, Brazil’s President Dilma Rousseff announced that 12,000 of the SwB scholars would be destined for Canada. Brazil sees international learning as a means to rapidly and effectively expand its capacity in science, technology and innovation. In the first year, 91 undergraduate students were placed in Manitoba. The SwB graduate program will allow students to develop long-term master’s and doctoral programs.

>> See: umanitoba.ca/sciencewithoutborders/grad or umanitoba.ca/sciencewithoutborders/undergrad

Performance-enhancing initiatives in physical plant, research services

By Sandy Klowak, The Bulletin

There are a number of exciting initiatives taking off through the ROSE program’s nine streams, making a positive impact across the university. Both physical plant and the office of research services in particular are in the midst of several projects aimed at improving efficiency and transparency.

Physical plant

Through ROSE, physical plant is working on two projects aimed at improving customer service and efficiency.

The first is physical plant’s project management initiative, which is designed to improve the tracking of potential projects and standardization of project management practices.

As part of this initiative, physical plant will be launching a standard communication protocol, including email graphics, which will make customers aware of the status of their project at every stage of the process. The system is expected to roll out next month for all new projects, says Claire Cameron, the project manager for ROSE initiatives in both physical plant and the research services.

Cameron expects these email graphics to improve customer satisfaction, as well as transparency in physical plant’s work. “Every customer likes to know where their project stands and this is an easy way to let them know,” she says. “Customer satisfaction is essential to physical plant.”

As part of the project management improvement initiative, two in-house designers were hired this past fall. Having designers working on campus, within physical plant, will not only allow physical plant to tailor to specific projects, but it will significantly improve project delivery timelines and productivity, says Cameron.

Physical plant is also working on its integrated work place management system initiative (IWMS), which involves examining internal work processes and identifying opportunities for improvement in order to optimize the university’s space.

Cameron explains that physical plant is currently in the process of looking into options for IWMS software that can benefit both the department and the university at large. The software will facilitate communication between physical plant and its clients by providing a quick and easy way for them to make new requests and follow up on previous requests, based on an interactive floor plan of the university. As well, the data and functionality of the system may be shared by multiple departments, including campus planning office, EHSQ, IST, and other stakeholders.

“This software will be a benefit far beyond physical plant,” Cameron explains. “It’s going to have a big impact.”

Research services

The development of research proposals, and the accompanying funding needs, brings an increase in administrative work for staff, researchers and committee members. Two research initiatives aim to streamline specific administrative processes, allowing staff and researchers to instead focus on the core work that they do.

The first initiative aims to improve efficiency in finalizing research contract agreements. Contract templates have been created and are now available online allowing research sponsors to see upfront what terms and conditions are important to the university. These templates can also provide a starting point for a document that can then be tailored as needed. Barbara Crutchley, director of research services, explains that use of the templates will simplify and significantly shorten the approval process, reducing the turnaround from one to two months to a matter of days.

This will allow researchers to begin their research without significant delays.

“The goal is for researchers to be able to start their research program when they’ve originally planned, so that, for instance, students are available as planned,” explains Crutchley.

In addition, a new My Research Tools (MRT) web application has been set up to allow researchers to track the progress of their research agreements online. This will provide accountability and transparency in terms of what stage a research agreement is at, allowing the researcher to be included in that process.

The second ROSE initiative within the research stream is the compliance systems implementation initiative, which has introduced InfoEd software that efficiently manages human and animal ethics protocol data.

The InfoEd software system will improve transparency and provide everyone involved, including researchers, a simple and efficient way to keep track of information related to their ethics protocol reviews, including its approval status.

Performance-enhancing initiatives in physical plant, research services

Left: Claire Cameron, office of continuous improvement, ROSE project manager for physical plant and research; Right: Kiran Bagha, research software specialist (front), Barbara Crutchley, director of research services (upper left), Terry Hutliuk, research information systems manager (right).

PHYSICAL PLANT: CRUNCHING THE NUMBERS

- 600 — Yearly average of projects physical plant manages
- 20,000 — Yearly average of work orders physical plant creates
- 300+ — Number of buildings on Fort Garry and Bannatyne Campuses
- 6,400,000 — Square footage of building area
Live well now and later: National conference at Faculty of Education aims to teach sustainable well-being

By Andrea Di Ubaldo
For The Bulletin

What do you think it means to live well? Being able to buy the latest gadget, eating healthy, going to the gym, traveling, reading a good book? How do you live well? Can you sustain it?

On November 24, the education for sustainable well-being research group (ESWBRG) hosted a national interdisciplinary conference titled: “Educating for Sustainable Well-Being: Concepts, Issues, Perspectives, and Practices” at the Faculty of Education, where researchers discussed the role education plays in living well in each aspect of our life and how we can sustain that well-being for future generations.

“This conference gave us the chance to think about well-being as a holistic concept,” says event organizer Thomas Falkenberg, professor and researcher in the Faculty of Education. “Different disciplines and practices all have something to contribute to the notion of well-being, and those disciplines need to interact with each other in order to do justice to the holistic notion.”

The 40 delegates from across Canada from various disciplines such as social work, education, and human ecology were able to think about and engage in a dialogue focusing on such themes as:

• theorizing and practicing sustainable well-being;
• social justice and peace;
• ecological literacy;
• food and nutrition;
• health;
• consumerism; and
• educational practices to support sustainable well-being.

The conference’s keynote address by Michael Hart, Faculty of Social Work and Canada Research Chair in Indigenous Knowledges and Social Work, was titled, “The Mino-Pimatisiwin Approach and Sustainable Well-Being: From Inward Journeys to Social Justice.” The Aboriginal approach of Mino-Pimatisiwin means the “good life” and is the ever-present goal of growth and healing used to guide practice by individuals, families, and groups in several contexts including sustainable well-being.

“Indigenous knowledge can support an individual to live consistently within, and the concepts can also support an individual to live in a sustainable manner that is socially just,” explains Hart. “We hope these discussions will lead to a deeper understanding of the idea of sustainable well-being and the role that education can and should play in enhancing well-being locally and globally and with future generations in mind,” says Falkenberg.

The ESWBRG was created in 2011 and is an interdisciplinary research group of the University of Manitoba, housed in the Faculty of Education.

To learn more about ESWBRG, see eswbrg.org

Michael Hart, Faculty of Social Work, and Canada Research Chair in Indigenous Knowledges and Social Work.

UNIVERSITY I HONOUR ROLL

Director of U1 Bonnie Hallman (centre), with two mathematics professors who were recognized for their excellence in teaching U1 courses: William Korytowski (left) and Rob Borgersen (right), both of mathematics, Faculty of Science.

The annual Excellence in Teaching & Learning Reception celebrates the successes of honour roll students, academic all-Canadians and teaching award winners. This year’s event took place on November 5. This year’s honour roll included 1,043 University 1 students, all of whom achieved a minimum 3.5 GPA on at least 12 credit hours of study in one term. Students receive a letter of recognition and are invited to attend a reception in their honour.

There were also 18 academic all-Canadians, U of M student-athletes who achieve a minimum 3.5 GPA on at least 18 credit hours from September 1 to August 31. The athlete must be a member of a Bison varsity team(s) and have used a year of eligibility for that sport. Student-athletes receive a letter of recognition and are invited to attend a reception in their honour.

Each year University 1 also recognizes teaching excellence among teachers of U1 (first year) courses. A U1 course is defined as any course listed in the Startbook in the year in which the award is presented. Teaching award winners are nominated by U1 and can include any instructor who taught a U1 course in the regular session and who:

• was instrumental in helping them make a successful academic and personal transition to the University of Manitoba; and or
• stimulated their interest in the subject area he/she taught; and/or
• was enthusiastic, organized, and facilitated effective learning.

2011-2012 Excellence in Teaching Awards:
Robert Smith
English, film and theatre, Faculty of Arts

Lance Roberts
sociology, Faculty of Arts

Robert Borgersen
mathematics, Faculty of Science

2011-2012 Ongoing Outstanding Teaching Award:
William Korytowski
mathematics, Faculty of Science

>> For more see the U1 website: umanitoba.ca/student/u1/110.html
BY MARIANNE MARS WEBE

The Bulletin

For a long time now, Bonnie Hallman has been interested in the question of what makes people feel connected to particular places or environments. This professor of human geography in the Faculty of Environment, Earth, and Resources — whose research interests include the social aspects of how people relate to zoos and the use families make of public space for their educational or family care needs — has just been made director of University 1.

U1’s unique offerings

University 1 is a distinct feature of U of M; no other university in Canada provides students this approach to first-year studies. U1 is the “faculty of entry” for all except direct-entry undergraduate students in their first year of university, before they enrol in a particular faculty or school. Therefore, it’s also the fundamental point of entry for forging this connection.

Because her university experience was transformative to her own life, Hallman’s vision as director for U1 is deep-rooted. As the first one in her family to attend university, she understands both the potential for new students to feel overwhelmed by their university experience, and the excitement of the myriad possibilities university offers.

U1’s unique offerings

• A system of support services, including first-year-focused academic advisors who are experts in guiding students through the earliest and often most challenging stage of their degree.

• A first-year planning method that can include the required courses for one or more target special programs to support students.

• A genuine enthusiasm for learning is apparent from the way she speaks about teaching first-year students. “I know that in addition to teaching disciplinary content, it was as much about sharing my enthusiasm for new places and new experiences; [those things] that opened up my mind to all sorts of opportunities,” she says.

Hallman has been a geography professor for 15 years, but she didn’t take the proverbial “direct path” to her passion. Her love of being outdoors initially led her to consider veterinary college; less than enthusiastic about some of the required courses, however, she re-evaluated and looked into landscape architecture. It was only when she discovered geography, however — and human geography, in particular — that her true interest was piqued. She remembers it vividly: “This is the kind of thing I used to do with my dad; we’d go on ‘expeditions,’” she says. “And I remember thinking, ‘people can do this for a living?’ It was an ‘aha’ moment.”

The diverse field of human geography is, broadly speaking, the study of human activity, including the cultural and social conditions, demographics, consumption, sustainability, land use, settlement patterns and economics, in relation to place.

And as a geographer, she also sees the university as a community of its own, with its own culture, its own norms, even, in some ways, its own language, “when you think of all the acronyms, for instance,” she playfully points out.

“You need a map because you have to find your way, physically, through the space, and as giving students the right tools, the correct information and knowledge, and helping them to find their path. “The light goes on when they find something they can be passionate about,” she says.

In addition to advising, she notes, U1 offers an introduction to university course as well as a host of special programs to support students.

Hallman’s vision as director for U1 is to become a “first-year centre” in a more official way, to formalize it as the go-to place for expertise and resources with regard to the first-year student experience.

“Our mandate is to facilitate students’ academic success,” says Hallman. “That’s why all of us are here. Because I know in my gut, really deep down, that university opens up the possibilities for students that they may not yet be able to even imagine.”

BONNIE HALLMAN, DIRECTOR, UNIVERSITY 1

Little known fact: She’s a budding aficionado of all things Disney and has a set of Mickey Ears in her office from Disney Institute training.

Motto: “It’s kind of fun to do the impossible” (Walt Disney). “That’s when things get interesting.”

[Hallman admits that she is “kind of a motto collector.” Another favourite is: “Really? Tell me more.”]

“Geography is a way of thinking about the world, so a lot of my activities are informed by the way she speaks about teaching first-year students — including mature students, international students, Aboriginal students. “I know in my gut, really deep down, that university opens up the possibilities for students that they may not yet be able to even imagine.”

“Geography is a way of thinking about the world, so a lot of my activities are informed by that. My husband is also a geographer, and we do a lot of travelling — both planning our travels and actually travelling. I’m also a ‘foodie’ — I love to network and learn about food and sourcing local foods — and a bibliophile. And knitting, in solidarity and self-defence (my husband and adult son watch A LOT of sports!).”

Expectations for the upcoming year: “I expect to learn a lot! I think I have good connections coming in, and the plan is to further build U1 connections with faculties and units, to establish a good base for U1. I’m working on a five-year plan, but I think the first year will be about learning and building connections.”

Outside work: “Geography is a way of thinking about the world, so a lot of my activities are informed by that. My husband is also a geographer, and we do a lot of travelling — both planning our travels and actually travelling. I’m also a ‘foodie’ — I love to network and learn about food and sourcing local foods — and a bibliophile. And knitting, in solidarity and self-defence (my husband and adult son watch A LOT of sports!).”

Recent book: Quiet: The Power of Introverts in a World That Can’t Stop Talking. “I like the sensitivity and awareness of a need for quiet, an appreciation for the value of introspection and taking the time for puzzling things out.”

UNIVERSITY 1 IS:

• The go-to resource for all things first-year; and

• A first-year planning method that can include the required courses for one or more target faculties before majors or faculties.

• A learning philosophy that recognizes the personal and academic challenges of first year;

• A system of support services, including first-year-focused academic advisors who are experts in guiding students through the earliest and often most challenging stage of their degree.

For more information on University 1 and its academic advising and support programs targeted at diverse groups of students — including mature students, international students, Aboriginal students through the Promoting Aboriginal Community Together (PACT), and Bison athletes — see the website at:

> > See: umanitoba.ca/u1
UP ALL NIGHT

First ‘Long Night Against Procrastination’ a success

BY MARIANNE MAYS WIEBE
The Bulletin

It’s not every day you see yoga in the library. On November 27 to 28, students who participated in the free, all-night Long Night Against Procrastination event were treated to morning stretches courtesy of Julia Civka, the university’s new health and wellness educator. In addition to the “Sunrise Stretching,” there were two night group walks and light refreshments provided at midnight and at 7:00 a.m. The 137 students who attended the Long Night event were also given the opportunity to meet with writing tutors for 15-minute appointments focusing on students’ papers. Along with library staff and staff from the Academic Learning Centre (ALC), who partnered to organize the event, peer writing tutors from the ALC also participated in the event, including two peers volunteer who have placements with the writing tutor program this fall.

The event was supported by many units on campus. While it was organized by staff from the Dafoe Library and the Academic Learning Centre, UMSU was the major sponsor, paying for all of the food and coffee/tea for the event. Having UMSU’s support was essential to the success of the event. Prizes were donated by the UofM Bookstore, Crave Design, Ufloria, the Elizabeth Dafoe Library, Degrees, and Espresso 101. “It was a real group effort,” said Kathy Block of ALC. “It wouldn’t have happened without the huge support of the staff of the Elizabeth Dafoe Library. The administration of the Dafoe Library was very supportive as were the librarians. Five reference librarians offered students support with the research for their papers at various points throughout the night.”

The idea of the event was to provide a safe and quiet study and writing space for students at a critical point in the fall semester.

The first Long Night Against procrastination was held at the European University Viadrina, Germany in 2010 as a way of supporting students academically. This is the first event of its kind in Canada and is now organized by several North American and European universities.

>> Academic Learning Centre: umanitoba.ca/student/academiclearning/index.html
>> Libraries: umanitoba.ca/libraries/

Julie Civka, the university’s new health and wellness educator, conducts ‘Sunrise Stretching’ yoga for students who spent the night at Dafoe Library.
SPOTLIGHT: ELDERS & TRADITIONAL TEACHERS GATHERING

Strengthening our community through Elders’ teachings

BY CARLA MARIE LOEWEN
For The Bulletin

On November 23 and 24, the U of M hosted the 11th annual Elders and Traditional Teachers Gathering. The event was held in Migizii Agamik on Fort Garry Campus. Various units on campus including the Aboriginal Student Centre and the Access programs organized the Elders Gathering. This year, six Elders from as far as Lytton, British Columbia and New York participated as well as the Elders-in-Residence on campus, Florence Paynter and Garry Robson. These Elders were Levinia Brown (Inuit), Mark Hall (Dakota), N’k’w’sten James (Nilaka’pamux) and her husband John O’Leary (Mi’kmaq), Terry Morin (Metis), and special guest Tom Porter (Mohawk), a well-known author, educator and award winner. Two young men also spoke, Jason Cook and Jason Parenteau, who were the fire keepers for the event.

The Elders Gathering takes many months to organize and this year’s theme was “Strength in Identity.” It was selected to empower university students and the audience about who they are. It was an honour to listen to the two days of teachings and some common messages emerged. These messages were the importance of learning the traditional way of life and ceremony, learning the language of your ancestors, and to take pride in your identity. As Mark Hall said in the Men & Identity teaching circle, “Learn (the traditional way). It’s a good way of life... you'll see a lot of things that will help you about where you came from and where you are going.” Many of the Elders also said that learning about your identity is a life-long journey. These messages are important because it gives us the responsibility of learning about ourselves and passing it on to the generations to come.

As Karen Froman, former instructor at the U of M and an instructor at the U of W said, “It is both re-affirming and reassuring for me to hear the teachings and words of Elders from my home communities.” In this way, the Elders Gathering helps to strengthen our community by hearing these valuable lessons and by creating a bond amongst one another. With much laughter, tears, and the sharing of personal stories, the Elders Gathering was a great success.

BY SEAN MOORE
The Bulletin

Faculty of Architecture students and their professors will again have their visionary design accepted into The Forks Market’s Warming Hut competition. The announcement was made at The Forks Market on November 29.

WEAVE WAVE is one of this year’s winning designs and exhibits the power of the collective. Created by a collaboration of 100 students and six instructors, the WEAVE WAVE evokes the historical relationship and physical confluence of the Red and Assiniboine Rivers. The method of construction will be as enriched and varied as the backgrounds, knowledge, and inspiration of the participants: 100 different materials will create a dynamic, layered, and multi-textured warming hut that will potentially stretch 100 meters along the river. It will be interactive too: visitors to the hut will be encouraged to engage with WEAVE WAVE by contributing to it through the social and communal act of knitting and weaving.

Warming Huts: An Art + Architecture Competition on Ice, according to The Forks, is about “testing the ability of architecture and art to establish meaning for users of the skating trail as they enjoy leisure time on the Red and Assiniboine Rivers. Within the context of a cold climate, the huts should embody the potential of creativity in responding to the pragmatics of shelter in this context.”
Wilson Baptist: ‘Every day, I am surprised and delighted by something I encounter’

What inspires you? KWB: I remain inspired by landscape — the sweeping expanses of the prairie, endless blue skies, sunlight twinkling on the surface of the lake, trails winding through park and forest, twilight descending indigo on newly fallen snow. I then make the case that I feel more alive than in landscape.

Activities outside of work? Long hours of research and writing on the computer rarely have on your neck and back so I try to counter research activities with an active lifestyle that includes yoga, running and cycling. I also enjoy photography, cooking and reading research texts, as well as novels. My favorite thing, by far, is to walk. I have two dog so my routine includes daily walks through the neighbourhood. On weekends my husband and I often try to fit in an exercise, longer walks in a large city or wilderness park or “wild” places that we discover in the city. We have a friend who is a pilot and flew this summer to McBeth Point on Lake Winnipeg to explore the shingle beaches. This was an extraordinary experience.

Best place you’ve visited and why. My PhD studies were centred in Edinburgh, Scotland. When I began my studies, I spent a month living in a flat in Dean Village in a converted flour mill, overlooking a private garden. I walked along the Water of Leith to Stockbridge to reach my classes, hiked up past the castle each day on my way to the college, explored nearby cemeteries and visited the advice. The day after I defended my dissertation, my husband and I drove into the highlands of Scotland. What a liberating experience! Never one for mountains, I hiked joyfully up craggy highland trails in endless rain. I would be deeply sorry if my travels did not bring me round to Scotland once more.

Reading? In between course work, I feast on a steady diet of New Yorker magazines. Stunners from last summer’s pleasure reading include Utterly Be by Chris Cleave, a beautifully written but terrifying story of the tragic consequences of a chance encounter. I also read The Night Circus by Erin Morgenstern, an enchanting and somewhat macabre novel in the tradition of early Bradbury.

A FAMOUS, GRIEULING JOURNEY

What is it about Henry Lawson that makes him and his work important to you? It is not a question I feel I have ever successfully been able to answer. Just as I experience cravings for chocolate, I am often asked, “Why Henry Lawson?” It is not a question I feel I have ever successfully been able to answer. Just as I experience cravings for chocolate, I simply feel an unadulterated love for Henry and his influence on our way of thinking.

Faculty of Medicine Archives at the Neil John Maclean Health Sciences Library

The dedication of the Ross Mitchell Rare Book Room at the Faculty of Medicine.

THE ROSS MITCHELL RARE BOOK ROOM: Founded in 1883, the Manitoba Medical College was without a library for the first twelve years of its existence until the College of Physicians and Surgeons of Manitoba provided funds to purchase the first accession of medical texts in 1895. After receiving additional funds from a group of Winnipeg doctors in 1898, the first medical library in Manitoba was established in Winnipeg’s Enderton Building (Portage Avenue and Hargrave Street). Fortunately, the library was moved to the Leckie Building on McDermot Avenue (currently the home of Ragpickers Antifashion Emporium) before the Enderton Building was destroyed by fire in 1913. The medical library would be relocated one more time to the Boyd Building before finally arriving at the Faculty of Medicine in 1920. This library collection was significantly augmented in 1925 through the work of Manitoba medical graduate Bruce Chown who was able to secure a large donation of classic medical texts from the New York Academy of Medicine during his residency. By the end of the 1920s, this collection appears to have taken on the title of “rare book” and was defined as somethingdistinctivelyseparate from the general holdings of the medical library. In 1965, the rare book collection was stored in a separate room of the medical library (in what is now the School of Medical Rehabilitation) and renamed after Rosslyn B. Mitchell, a respected professor of obstetrics and gynecology at the Faculty of Medicine and a pioneer in medical history in Manitoba. The collection has grown from book donations made by faculty, staff, and friends of the library and contains some incredibly rare medical texts including: Morgagni, Giovanni Battista. De sedibus et causis morborum per anatomen indagtis (1761), Cruveilheir, Jean. Anatomie pathologique du corps humain (1855), Maxwell, James. Observations on jaws, and its influence in originating leprosy; also observations on acute-traumatic tetanus, and tetanus infrafruit (1839), in addition to more contemporary material including the University of Manitoba Medical Journal and the Manitoba Medical College Calendars.

The dedication of the Ross Mitchell Rare Book Room at the Faculty of Medicine.

The Bell manuscript in the rare book room.

“Sketches of the Bell & Gell families, from the year 1630 to 1868,” aka “The Bell manuscript,” is a handwritten family history held by Archives & Special Collections’ Rare Book Room. The bulk of the manuscript was written by William Bell in 1869, but includes a few pages of updates from 1884, as well as a few pages added by his brother Charles in 1869. It was donated to the U of M Libraries by Andrew Taylor. As well as serving as a rich genealogical document, the manuscript is remarkable in a number of other ways. It is an extensive (246 page) account of all aspects of rural life in nineteenth-century northeast England, from the details of everyday life to the many riveting anecdotes of the lives and deaths of the family members. The family practiced Wesleyan Methodism and the document would also be of interest to anyone studying the early practice of that religion. Also interesting is the fact that the author does not hold back in criticizing what he believes to be the weaknesses of character in his family members. One would expect a family history to be exclusively complimentary, but William Bell showers praise on the relatives he admires and, in equal measure, showers judgment on those he does not. His story is compelling from beginning to end. Librarian Christine Bone has transcribed the handwritten volume, which is available online. The original handwritten volume is available in Archives & Special Collections’ Rare Book Room.

Archives & Special Collections at Dafoe Library

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– Christine Bone

>> See more at: umanitoba.ca/libraries/archives/digital/bell_manuscript.html
**FORT GARRY + BANNATYNE CAMPUSES**

**PREMODER STUDIES LECTURE**
December 6, 12 | 1:30 to 2:30 p.m.
*“If Shakespeare is part of the problem, how can Shakespeare be part of the solution?”*
CAMUS, courses, and curricula in the New Humanities,* multi-disciplinary roundtable discussion.* In 409 Tuer. All welcome.

**ZUBEK LECTURE**
Friday, December 7 | 7:30 to 9:00 p.m.
Emotion and Aiding: Exploding the Misery Myth* by Laura Carstensen, Stanford University.* In Robert Schultz Theatre, 172 St. John’s College. Wine and cheese to follow.

**PHYSICS & ASTRONOMY COLLOQUIUM**
Friday, December 7 | 3:30 p.m.
*“Faithless is he who says farewell with the road darkens: Exploring the astrophysical implications of dark matter and dark energy”* by Adam Rogers, physics and astrophysics. In 330 Allen Clark.

**PHARMACOLOGY AND THERAPEUTICS SEMINAR SERIES**
Friday, December 7 | 7:00 to 8:00 p.m.
*“From Bedside to Bench and Back: Clinical Pharmacology and Epidemiology in Paediatric Care”* by G. W. Jong, in A299 Chown. Video-conference to R1003 St. Boniface Research Centre.

**FAMILY SWIM DAY**
Saturday, December 8 | 9:30 to 11:00 p.m.
All Children ages 14 and under will be admitted for FREE when accompanied by a paying adult. Family Swim Day is scheduled for the second Saturday of every month from October - June. In Joyce Fromson Pool, Frank Kennedy Centre.

**EDGE OF SCIENCE AND MEDICINE SEMINAR SERIES**
Monday, December 10 | 12:00 to 1:00 p.m.
*“Common features of myofibroblasts in different fibrinogenic organs”* by Boris Hinz, laboratory of tissue repair and regeneration.* matrix dynamics group, Faculty of Dentistry, University of Toronto.* In Theatre C, Bannatyne Campus, 745 Bannatyne Ave.

**AUTHOR TALK**
Wednesday, December 12 | 12:00 to 1:00 p.m.
*“Toll High Water: Walking in the footsteps of Henry Lawson”* by Gregory Ryan, Faculty of Education. In room 222 Education Building.

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**ALL MUSIC EVENTS**

All music events at Fort Garry (Marcel A. Desautels Faculty of Music, 65 Dafoe Road) unless otherwise noted. For more music events: >umanitoba.ca/music (click on “events”)

**UPCOMING MUSIC EVENTS**

- **Saturday, December 8 and Sunday December 9** | Double Reed Workshop & Concert 2:00 to 4:00 p.m. At The Music Annex. Concert Sunday 12:30 to 1:45 p.m. At Piano Noble Lounge at Centennial Hall. $5.00 for one or both days. Register at 204-272-1663 or Fraser.Linklater@ad.umanitoba.ca.
- **Sunday, December 9** | 2:00 and 7:30 p.m. | A Glenn Miller Christmas. The Winnipeg Jazz Orchestra. Winnipeg Art Gallery. Call for Tickets ($15.00 students/$32.50 adults) at 204 632.5299.
- **Tuesday, December 11** | 8:30 to 10:30 p.m. | Jazz Ensembles Concert. Mardi Jazz, Franco-Manitoban Cultural Centre, 340 Provencher Blvd.
- **Wednesday, December 12** | 8:00 to 10:00 p.m. | Recital. Jennifer Rigotti Master’s of Music recital in violin.
- **Thursday, December 13** | 7:00 to 9:30 p.m. | Second Annual! “If Shakespeare is part of the problem, how can Shakespeare be part of the solution?”
- **Friday, December 14** | 3:00 to 5:00 p.m. | Seminar Series. Elizabeth Dafoe Library. MEMORIAL LECTURE. Thursday, January 10 | 4:00 p.m. Early Developments in the Political Economy of the Canadian Polling Industry by Christopher Adams, rector. St. Paul’s Centre.
- **Friday, December 14** | 12:00 to 1:00 p.m. | Family Swim Day. St Boniface Research Centre.
- **Saturday, December 15** | 5:00 to 7:00 p.m. | “Special Needs: A Legend Reborn.”
- **Sunday, December 16** | 5:00 to 7:00 p.m. | MCM Showcase Recital. Women’s Music Club of Winnipeg’s annual recital of scholarship winners. Winnipeg Art Gallery. $20.00 for adults, $5.00 for students.

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**ACADEMIC JOB OPPORTUNITIES**

A full listing of employment opportunities at the University of Manitoba can be found at umanitoba.ca. U of M encourages applications from qualified women and men, including members of visible minorities, Aboriginal peoples, and persons with disabilities. All qualified candidates are encouraged to apply; however Canadians and permanent residents will be given priority. Please include the position number when applying for openings at the university.

**ASPER SCHOOL OF BUSINESS**
Department of Accounting & Finances
Position: Assistant or associate professor of finance
Position number: 15085
Deadline: January 6, 2013
Start Date: July 1, 2013
For Information: Dr. Sarah Aseyekera, Chair, Finance Search Committee, 172, Asper School of Business, University of Manitoba, Winnipeg, MB, Canada R3T 5V4, tel: (204) 474-3962, fax: (204) 474-7545, Sarah_Aseyekera@umanitoba.ca

**FAMILY OF ARTS**
Department of French, Spanish and Italian
Position: Assistant professor of contemporary French Literature
Position number: 13540
Deadline: January 7, 2013
Start Date: July 1, 2013
For Information: Dr. Enrique Fernandez, Chair, French Position Search Committee. Department of French, Spanish and Italian. University of Manitoba, Winnipeg, Manitoba, R3T 2N2 Canada

**FACULTY OF KINESIOLOGY AND RECREATION MANAGEMENT**
Department: Instruction
Position: Assistant professor
Position number: 15829
Deadline: December 10, 2012
Start Date: January 1, 2013
For Information: Joan Linklater, Advisor, Research Centre. MIKE HARRIS BOND (Cultural/Teaching Colloquium)
ELIZABETH DAFOE LIBRARY
MEMORIAL LECTURE.
Thursday, January 10 | 4:00 p.m. Early Developments in the Political Economy of the Canadian Polling Industry by Christopher Adams, rector. St. Paul’s Centre. Video-conference to A299 Chown, Bannatyne campus.

**PHARMACOLOGY AND THERAPEUTICS SEMINAR SERIES**
Friday, January 11 | 12:00 to 1:00 p.m.
“Resveratrol and Cardioprotection” by Thomas Netticadan, Faculty of Medicine, University of Manitoba. Seminar Series, Video-conference to A299 Chown, Bannatyne campus.

**U OF M PSYCHOLOGY COLLOQUIUM SERIES 200-203**
Friday, January 11
GERRY SANDE
University of Manitoba
TEACHING COLLOQUIUM
Friday, February 8
MICHAE HARRIS BOND (Cultural/International Psychology)
Hong Kong Polytechnic University (China)
ADAR LECTURE
Friday, March 1
RENÉE EL-GABALAWY
University of Manitoba
VINEBERG AWARD WINNER

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**THE BLACK HOLE THEATRE SEASON 2012-2013**

**The Cripple of Inishmaan**
By Martin McDonagh
January 18 to 23 at the Black Hole Theatre

**The Pluto Shot**
By Robert Smith
March 12 to 16 and March 19 to 23 at the Black Hole Theatre

We’re closing out our season with the world premier of Robert Smith’s The Pluto Shot. Inspired by Aristophanes, The Pluto Shot is a hilarious exposé about the politics of science which boldly forecasts a change in the… weather?set in northern California in the early 1960s, in the midst of the cold war. The McCarthy era is just ending. Hitchcock is set to shoot The Birds, the population of San Francisco Bay is about to “explode” and scientists are developing the ultimate deterrent. Will San Francisco survive this snafu? Will the world crumble apart? Amid panicked hearsay and speculation, it is no surprise that alien abduction seems a genuine hope. Playwright Robert Smith developed this play as part of the latest New Play Development project cycle in the theatre program in the department of English, film, and theatre at the U of M.

Individual ticket prices: Adults $25, Students/Seniors $20
Season passes: Adults $39, Students $29
Visit the website: bhtc.ca
For reservations, contact box office at 474-6880
Bringing Research to LIFE

Upcoming Events

Café Scientifique

NATURE AND NURTURE (NOT VERSUS): THE NEW SCIENCE OF EPIGENETICS

Epigenetics steps in where mapping the human genome left off. Nature says we inherit our genetic make-up or DNA code from our parents. Many believe this code and the genes it represents set the ‘program’ for who we are and what health risks we might possess. Nurture (or epigenetics) says that this program can be ‘hacked’ by life experience, either increasing or decreasing health risks already in our DNA code. Join our experts in a discussion about whether we can control our health destinies by controlling what we eat, drink, breathe, and where we live.

Experts:
Dr. Jim Davle
Dr. Kirk McManus
Dr. Mojgan Rastegar

Moderator:
Dr. Peter Cattini

Jan. 28, 2013 - 7pm
McNally Robinson Bookstores
1120 Grant Ave., Event Atrium
RSVP to: Research_Communications@umanitoba.ca or 204-474-6689

Experience Research Undergraduate Research Award

Researcher/Student Meet and Greet

If you might be interested in connecting with a professor in the Health Sciences from the Bannatyne Campus or want to learn about what those professors are doing, join us for this “one stop shop” opportunity to meet, interview and make your decisions for the award application.

Jan. 9, 2013 - 1 to 7 pm
MPR, University Centre
Refreshments will be served.

For more information, contact:
Lindsey Troschuk
204-789-3493

A gift for life

How to get the most out of the holidays

BY KATIE CHALMERS-BROOKS
For The Bulletin

Dean Kriellaars has a gift for everyone this holiday season: some advice on how to put your health first.

Being more festive doesn’t have to mean upping your body fat, says the physical therapy professor, who travels across Canada educating health care professionals, coaches, trainers and teachers about healthy lifestyles. Kriellaars has some pointers to help stay – or get on – track while navigating the upcoming storm of parties and shopping trips.

Be smart about what you put under the tree. Parents who believe videogame consoles will get their kids moving since the devices come with games that involve dancing or bowling should think again. Research shows that despite good intentions, kids wind up spending more time playing the inactive not the active games. And the physical games become less so as players become more adept. Kriellaars attached heart rate monitors to his own kids to measure the physiological responses of the body and found that “the better you are at the game, the less activity you need because you learn how to cheat the controller.”

He says, “You can bowl with your wrist as opposed to bowling with a full bowling motion.”

It’s important to remember that it’s not “technology that is making us lazy. It’s our attitudes and choices that do,” Kriellaars says. He lets his kids play videogames, but only after they’ve had adequate exercise. Fitness guidelines recommend kids age five to 17 get 60 minutes of daily exercise at an intensity that makes them sweat and breathe heavier. Only 50 per cent of elementary school kids do so. And by the time they’re in middle and high school, that percentage drops to less than 10.

Kriellaars’ research shows 29 per cent of Manitoba children are overweight or obese. But obesity is just one possible side-effect of being a couch potato. Physical inactivity negatively impacts the development of our brain, heart, bones and muscle. In fact there are over 40 different conditions linked to being sedentary.

Plan to succeed. Kriellaars knows it can be tricky to avoid indulging at parties when you don’t want to come across as a party pooper. He suggests explaining your good intentions to the host ahead of time – either prior to the party or before a big a slice of pie is handed your way. And if you want to up your chances of sticking to your game plan, avoid alcohol. “Or your willpower to not consume is gone,” Kriellaars says.

Don’t waste until Jan. 2. Now is the time to act to improve your health or you’re setting yourself back. People can gain 10 pounds between Thanksgiving and the New Year. “I routinely see that,” Kriellaars says. The sooner you can “break up with bad behaviours” the better. These are behaviours that typically go back to our youth. One of Kriellaar’s studies of teenage girls age 16 and 17 found that during a night out partying with their friends, drinking alcohol and eating fast food, they consumed an average of 3,500 calories, which translates into one pound of fat. To burn that amount with exercise, you would need to run a full marathon. “The penalty for food is really, really high. People don’t realize that,” says Kriellaars, noting that 20 intense minutes on the treadmill burns only about 150 calories, what you’d find in a small granola bar.

Schedule in exercise time. This is important for adults and kids. Go for a walk as a family after dinner; it’s not high intensity but it keeps everyone away from the fridge and cuts back on snacking.

Few kids have the freedom to explore and play today as children did in past generations. Structured activity is the norm and requires greater effort to find out what kids are into. Kriellaars suggests parents have their children bring a friend and try a bunch of different classes – from kickboxing to climbing to yoga – and see what they like best. In doing so, they are giving themselves a gift. “An activity present,” Kriellaars says. “Something they can keep for the rest of their lives.”
PEACE ON EARTH

Earth poet
weaving magic into words
placing patterns quilting stars making the sun dance
singing songs in circles tipping moons in dreams
Earth poet
... touching the land

- Emma LaRocque

“Tache” by Cory Fielding, architectural technician, architectural and engineering services.

HOLIDAY GREETING PHOTOGRAPHY: The office of the president sought submissions from members of the university community, including students, alumni, faculty and staff, for original works of photography of the U of M campuses for the President’s 2012 holiday greeting. Selected photographs are featured in the electronic greeting, shared with members of the university community, corporate donors and friends. One photograph was selected as the cover for the president’s printed card. Submissions were reviewed by a panel and assessed for their suitability. Participants were asked to submit photographs demonstrating the beauty of a Manitoba winter.

To see more photos, go to: on.fb.me/SzWSGQ


“Administration Building at Night” by Olga Radzik, master’s student, student office assistant and teaching assistant, Faculty of Social Work.

“Gazing through the magic of a Manitoba morning” by Pam Trupish, executive assistant, office of the vice-president (academic) & provost.

“Making it work!” by Lyle Morin, manager, general services.

“Administration Building at Night” by Olga Radzik, master’s student, student office assistant and teaching assistant, Faculty of Social Work.

“Gazing through the magic of a Manitoba morning” by Pam Trupish, executive assistant, office of the vice-president (academic) & provost.