Meeting the Information Needs of Winnipeg's Nurses

From the Editor

In this issue of Info-RN we recognize National Nursing Week, May 7 - 13, "Nursing: the Health of Our Nation". Discover new resources provided by the University of Manitoba Libraries such as PsychiatryOnline, the Clinical Nursing Toolkit and the Consumer Health website. Learn about reliable patient information resources and the reliability of drug information found on Wikipedia. We also highlight the Canadian Framework for Teamwork and Communication and the Misericordia Health Centre Library re-location. Don’t forget to check out the new nursing books and new nursing skills videos featured in this issue.

Image: David Castillo Dominici / FreeDigitalPhotos.net

News

May newsletter from VGH library available

The May newsletter from the VGH Library features a tribute to Nursing Week 2012 with resources and services to support nurses’ information needs.

PsychiatryOnline

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Canadian Framework for Teamwork and Communication

This document, which was released in 2011, was created by quality and patient safety leaders and experts from across Canada.

The Misericordia Health Centre Library has Moved!

In February 2012, the Sister St. Odillon Library at the Misericordia Health Centre (MHC) relocated to its newly renovated space in the Misericordia Education and Resource Centre (MERC), 691 Wolseley Avenue.

New! Consumer Health Website

The University of Manitoba Health Sciences Libraries have partnered with the Winnipeg Public Library to bring you an exciting new website Consumer Health: Health Information for Patients and their Families.

University of Manitoba Libraries

The Health Sciences Libraries support the teaching, research, and patient care activities of the staff and students of the Faculties of Dentistry, Medicine, and the Schools of Dental Hygiene and Medical Rehabilitation.

The Elizabeth Dafoe Library supports the research, study, and teaching requirements of the staff and students of the Faculty of Nursing. Other faculties served by the Elizabeth Dafoe Library include the Faculties of Art, Education, Human Ecology, Physical Education and Recreational Studies, and Social Work.

Featured Books

Mosby’s Effective Communication and Interviewing Skills

EResources

Clinical Nursing Toolkit

For Your Patient

Patient Education Resources from the UML

Nursing Quote

Nursing is an art: and if it is to be made an art, it requires an exclusive devotion as hard a preparation, as any painter’s or sculptor’s work; for what is the having to do with dead canvas or dead marble, compared with having to do with the living body, the temple of God’s spirit? It is one of the Fine Arts: I had almost said, the finest of Fine Arts.

~Florence Nightingale
Working with the Winnipeg Regional Health Authority, the University of Manitoba provides library services to Winnipeg hospitals and longterm care centres. The Health Sciences Libraries now include the Neil John Maclean Health Sciences Library (Health Sciences Centre), and the libraries of Concordia, Grace, Seven Oaks, St. Boniface, Victoria, Deer Lodge Centre, Misericordia Health Centre and the virtual library at Riverview Health Centre.

The Health Sciences Libraries and the Elizabeth Dafoe Library offer a wide range of services — including document delivery, literature searches, and training — and provide access to an extensive collection of monographs, journals, videos, and health databases.

**Publication Information**

*Info-RN* is an electronic newsletter of the University of Manitoba Libraries dedicated to informing nurses in Winnipeg of services or resources that will help them access quality health information. *Info-RN* is published three times a year by the University of Manitoba Health Sciences Libraries. Comments, questions, or letters to the editor should be addressed to: njm_ref@umanitoba.ca

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May newsletter from VGH library available

The May newsletter from the VGH Library features a tribute to Nursing Week 2012 with resources and services to support nurses’ information needs.

PsychiatryOnline

PsychiatryOnline is a resource subscribed to by the University of Manitoba Libraries and made available to faculty, staff and students of the University of Manitoba and employees of the WRHA. It brings together a wide variety of quality information sources in one location for easy access. PsychiatryOnline features DSM-IV-TR and The American Journal of Psychiatry, as well as a collection of psychiatric references. Additional features in this resource consist of items in the news, continuing professional development opportunities and self-assessment as well as quick access to topics highlighting recent articles and book chapters.

Here is a select list of what you can expect from this resource:

- **DSM** titles and archive of older editions contains:
  - DSM-IV-TR
  - DSM-IV-TR Handbook of Differential Diagnosis
- **Journals** including the following:
  - American Journal of Psychiatry
  - Psychiatric Services
- **Textbooks** from American Psychiatric Publishing
  - Textbook of Psychotherapeutic Treatments
  - Textbook of Geriatric Psychiatry
  - Dulcan's Textbook of Child & Adolescent Psychiatry
  - Textbook of Traumatic Brain Injury
- **Guidelines**
  - APA Practice Guidelines for the treatment of psychiatric disorders
- **Resources for patients**
  - What Your Patients Need to Know about Psychiatric Medications (book)
  - Helping Parents, Youth, and Teachers Understand Medications for Behavioral and Emotional Problems (book)
  - Let's Talk Facts (collection of brochures)

You can search PsychiatryOnline by utilizing the search box on the main page. Enter a few key words and use the dropdown menu to search a specific journal or book. You can also opt to search all journals or all books.
For help taking full advantage of this resource, review the available video tutorials or talk with your local health sciences librarian.

PsychiatryOnline

Submitted by

Carol Cooke, Carolyn Sifton-Helene Fuld Library, St. Boniface Hospital
The Canadian Framework for Teamwork and Communication is an initiative of the Canadian Patient Safety Institute designed to move teamwork forward in healthcare settings and promote patient safety. This document, which was released in 2011, was created by quality and patient safety leaders and experts from across Canada. They consider it a framework for healthcare institutions to realize and convey the importance of teamwork and communication within their organizations, and to select training tools that enhance it. It is based on:

1. A literature review of the characteristics of effective teams and communication in healthcare
2. A needs assessment
3. A review of teamwork and communication training programs
4. Consultation with experts in teamwork and communication

It also makes recommendations for healthcare decision makers and providers at all levels who are looking for ways to support teamwork and communication in their own organization.

To view this document, please visit: www.patientsafetyinstitute.ca.

Citation:

Submitted by
Lori Giles-Smith, Bill Larson Library, Grace Hospital
The Misericordia Health Centre Library has Moved!

In February 2012, the Sister St. Odilon Library at the Misericordia Health Centre (MHC) relocated to its newly renovated space in the Misericordia Education and Resource Centre (MERC), 691 Wolseley Avenue.

The Library renovation and relocation were an initial phase of major redevelopment at Misericordia Health Centre. The Library space in the basement of the Cornish Wing was required to build a corridor between buildings.

The new Library space is on the first floor of the MERC building. Designed by Number TEN Architectural Group, the Library is painted in bright, cheerful colours, has new furnishings, new computer equipment, and large windows facing west. It is a welcoming and relaxing place to read, study, or access online resources.

The Library also has a new name. In November 2011 at the Misericordia Sisters Heritage Day celebrations, the Library was officially renamed the Sister St. Odilon Library. Sister St. Odilon (1904-1998) held various leadership positions at the Misericordia General Hospital, including Director of the School of Nursing. She demonstrated both vision and spirituality in her roles, and was an advocate for higher education for nurses.

Like its “sister” libraries located in Winnipeg hospitals and health centres, the library is open not only to MHC and Winnipeg Regional Health Authority staff but also to University of Manitoba faculty, staff and students. Patients, residents, families and the general public are also welcome to use the Library.

A formal opening celebration will be held later this spring.

Submitted by,

Laurie Blanchard, Sister St. Odilon Library, Misericordia Health Centre
New! Consumer Health Website

The University of Manitoba Health Sciences Libraries have partnered with the Winnipeg Public Library to bring you an exciting new website Consumer Health: Health Information for Patients and their Families. The goal of this website is to provide you with an information rich library resource to direct your clients and their families. This new online resource gives users a “one-stop shop” experience by providing links to reputable health-related websites, information on local and community resources, and an overview of the consumer health library services of both the University of Manitoba Health Sciences Libraries and the Winnipeg Public Libraries.

Highlights of our new website include:

Health Topics
This Health Topics section provides links to websites, associations and library book information on a variety of popular health topics. To date, these topics include breast cancer, diabetes, heart and stroke, and obesity.

Your Health
The Your Health section provides information, such as local associations and websites, on health topics pertaining to certain groups of people, such as Aboriginal peoples, children, women and immigrants.

In Your Community
The In Your Community section gives a list of community hotline and crisis phone numbers, as well as links to websites and local information on transportation, employment and financial aid. In this section, there is the option to search for information on community resources in areas such as local shelter, clothing, food and health.

Library Services
The Library Services section provides information on how members of the public can request a library card from the University of Manitoba Health Sciences Libraries and the Winnipeg Public Libraries. Library reference and information services are highlighted in this section and contact information provided for all University of Manitoba hospital and health center libraries as well as the Winnipeg Public Libraries.

Visit the new Consumer Health Website online at http://libguides.lib.umanitoba.ca/consumerhealth.

Submitted by,

Kerry Macdonald, Seven Oaks General Hospital Library
Andrea Szwajcer, Carolyn Sifton-Helene Fuld Library, St. Boniface Hospital
Featured Nursing Books


Canadian Jensen's Nursing Health Assessment: A Best Practice Approach reflects a progressive and modern view of Canadian nursing practice, featuring innovative elements that facilitate comprehensive examinations, and unique features that assist with application and analysis, including new symptom analysis boxes. This manuscript is revised to reflect Canadian best practices, standards of health promotion and screening guidelines (e.g., breast health, newborn and infant screenings), as well as Canadian standards of communication and documentation. In addition to the new Canadian Nursing Research provided for each chapter, there are focused health promotion topics, and new critical thinking questions that reflect Canadian national licensing exams and address all question levels (knowledge, comprehension, application, analysis, synthesis, and evaluation). Each chapter also includes a threaded case study that requires critical thinking and diagnostic reasoning to analyze data, document, plan care, and communicate findings. Additional features, ancillary material, and media related to the book build on the in-text cases to reinforce correct elements of subjective and objective data collection and variations necessary for different problems, age groups, and cultures.

Location:
Concordia Hospital Library WY 100.4 C212c 2012
St. Boniface Hospital Library WY 100.4 C212c 2012


Why focus on the negative aspects of growing old while most older adults are leading positive, fulfilling, and active lives even while dealing with the changes associated with aging and chronic illnesses? Promote healthy aging; learn what it means to age successfully; and develop the tools and resources that can optimize well-being during the later years in life with the guidance you’ll find inside. The author, a nationally recognized expert in the field of gerontology addresses the physical, psychosocial, and spiritual needs of older adults based on a holistic, mid-range nursing theory of successful aging. Contributions from healthcare professionals in exercise physiology, nutrition, pharmacy and elder law help you understand how these disciplines work together to benefit patients.

Location:
Deer Lodge Centre Library WY 152 L274n 2012


This groundbreaking textbook provides readers with the information they need to identify health care needs at the population level and to improve population outcomes. Key features include:

- Content on acute, sub-acute, and long term care, and community population health
- Case studies with examples of successful strategies that nurses have used to improve population outcomes
- High-level application activities that aim to help readers achieve Healthy People 2020 health initiatives and improve population health
- Information on the identification of health care disparities and the strategies for eliminating or mitigating them

Location:
Elizabeth Dafoe Library RT 97 C87 2012

Submitted by
Melissa Raynard, Concordia Hospital Library
Featured Video: Mosby's Effective Communication and Interviewing Skills


Part 16 of the Mosby's Physical Examination Video Series, this 20 minute DVD concentrates on the critical skills of effective communication and interviewing to build an accurate and thorough patient history. Every patient is unique with individual needs, and the video provides examples of effective communication and interviewing skills that may be used for different patients.

Learning objectives for the program include:

1. How to prepare the setting for effective communication
2. How to prepare yourself for effective communication
3. Identify appropriate questions for different patients
4. Explain ways to enhance patient responses
5. List techniques for overcoming communication barriers
6. Describe how to address issues that are sensitive for the patient
7. Identify techniques to avoid when interviewing

The program aims to achieve the learning objectives by demonstrating the use of both effective and ineffective communication techniques to elicit different responses in two patients: one with a headache and one with abdominal pain.

A learner's guide with discussion topics and a program outline are included with the DVD.

Submitted by,

Laurie Blanchard, Sister St. Odilon Library, Misericordia Health Centre
The availability of online resources to support nursing practice continues to grow and so has the need to organize these resources and make them quickly and easily accessible. The Clinical Nursing Toolkit from the University of Manitoba Health Sciences Libraries (HSL) focuses on the core resources useful to nurses in the clinical setting.

The Clinical Nursing toolkit is one of a suite of toolkits created by the HSL to connect students and health sciences practitioners to the information they need for practice, research and education. The toolkits cover a wide range of subjects and disciplines including resources for medical students and allied health practitioners to specialized resources for pharmacy, emergency, critical care and others. The toolkits are created using CampusGuides, the web content software used for the HSL website. We welcome feedback on the toolkits and the organization and selection of the featured resources. Please contact your health sciences librarian or use the feedback form found on the toolkits to give us your comments.

Key features of the toolkits

- Comprehensive collection of quality resources
- Easy-to-navigate tabbed format
- Support clinical/research/education/professional information needs

The Clinical Nursing toolkit is made up of 6 tabs or pages. Here's what you will find on the toolkit:
Home tab
This page features links to key clinical practice resources (displayed above).

- Search boxes for information in the CINAHL and PubMed databases, UpToDate and Taber’s Dictionary
- Links to additional clinical information resources including FirstConsult, ACP PIER and Diagnosaurus
- Practice resources including key e-books, skill videos, physical examination and online procedures
- Drug information online resources including eCPS, link to Micromedex
- News feed from Medscape Nurses
- Quick link to mobile resources
- Link to the Explore guides on specific topics of interest to nurses

Books|Journals|Articles tab
This page features resources for locating and using the published nursing literature.

- Search boxes for the University of Manitoba Libraries catalogue, e-books and e-journals
- Links to nursing literature databases
- Tools for locating individual articles
- Tools for storing, writing and citing articles
- RSS feed of new nursing articles
- Feed of new nursing books at the University of Manitoba Libraries

Professional tab
This page features resources to support professional practice, competency and development.

- Links to professional nursing associations
- Links to organizations and resources for professional accreditation
- Leadership resources from the WRHA Nursing Leadership framework
- Links for continuing education and conferences
- General nursing organizations and web sites

Evidence-Based Resources tab
This page features resources to support evidence-based practice.

- Guidelines and protocols
- Systematic review resources
- Evidence-based nursing books and journals at the University of Manitoba Libraries
- Search boxes for full-text clinical background information and expert opinion resources

Services tab
This page links to the UM Health Sciences Libraries services for our client groups and includes a link to each hospital library. Among the services you will find here are:

- Borrowing
- Drop & copy
- Education/training
- House calls
- Literature searches

Consumer Health tab
This page features general resources to support patient information needs.

- Information about the Consumer Health Information Service of the University of Manitoba Health Sciences Libraries, a resource of print materials and information assistance available at the Neil John Maclean and hospital / health centre libraries
  - Links to online resources for credible, reliable information
  - Information on community support resources in Winnipeg and Manitoba
Patient Education Resource from the University of Manitoba Libraries

Did you know patient education resources are at your fingertips? Here is a list of resources to which the University of Manitoba Libraries subscribes. Keep this list handy as a pointer tool when next you are handing out information to your patients or developing a resource.

RESOURCES FOR HEALTH TOPICS

AccessMedicine: Patient Education
Patient education pages in AccessMedicine are provided courtesy of McGraw-Hill’s Postgraduate Medicine: The practical peer-reviewed journal for primary care physicians.

UpToDate
When searching UpToDate from the Libraries website, add “patient” to the keyword search and the resources for patients will appear. There is also a Patient Info section in the top menu. This information is also freely available on the internet without a subscription. UpToDate offers different levels of patient education materials to meet the varying information needs of your patients. "The Basics" are short (1 to 3 page) articles written in plain language. They answer the 4 or 5 most important questions a person might have about a medical problem. These articles are best for people who want a general overview. "Beyond the Basics" articles are 5 to 10 pages long and more detailed than "The Basics". These articles are best for readers who want a lot of detailed information and who are comfortable with some technical medical terms. One caution with the free website: you may encounter restrictions to some of the sources mentioned in the sheets as they are limited to a purchased subscription to UpToDate.

FREE UpToDate: Patient Info | UML Subscription UpToDate: Patient Info

MDConsult/FirstConsult
You can search MDConsult/FirstConsult for patient information or you can access the section from the top menu. In addition to the keyword search function, there is a A-Z topic listing.

PsychiatryOnline
The patient education section called "For Patients" is found in the top menu and has three sections: (1) What Your Patients Need to Know about Psychiatric Medications; (2) an e-book "A Resource Book of Medication Information Handouts" for behavioural and emotional problems; (3) Let’s Talk Facts.

PsychiatryOnline: For Patients

Consumer Health Toolkit
This is a jointly created resource from the University of Manitoba Health Sciences Libraries and the Winnipeg Public Libraries. In addition to reputable health search engines, the focus of this site is local and national resources on various health topics and services provided to patients/public by the two library systems.

Consumer Health Toolkit

Topic Toolkit – Consumer Health tab
In each toolkit (the list is found on the Health Sciences Libraries mainpage), there is a consumer health tab. For example, please view the Hematology/Oncology Consumer Health tab.

RESOURCES FOR DRUG INFORMATION

eCPS/eTherapeutics
Each drug monograph has a link to "Information for Patients" located in the top right of the monograph. This information is not located independently of the monograph (i.e., there is no patient information section where are all the monographs written for patients can be searched).
eCPS/eTherapeutics
Micromedex - "Carenotes"
For WRHA/hospital staff, this product can be accessed for patient information under the “Carenotes” section. Access to Micromedex is through the WRHA intranet.

Natural Standard
Under the Tools section located in the top menu there is a "Patient Handouts" section. In addition to the monograph on the alternative/complementary medicine substance/method, there is a flash card section which provide a very brief bullet point summary of evidence, what it looks like, dosing, etc.

Natural Standard: Patient Handouts

LexiComp
The patient education section is available from the main page under the Explore by General Category. This section can also be found using the top menu bar. There are three subsections: general topic; adult; and pediatric.

Lexi-Patient Education

PsychiatryOnline
The patient education section called "For Patients" is found in the top menu and has three sections: (1) What Your Patients Need to Know about Psychiatric Medications; (2) Helping Parents, Youth and Teachers Understand Medications for Behavioural and Emotional Problems; and (3) Lets Talk Facts.

PsychiatryOnline: For Patients

Submitted by
Andrea Szwajcer, Carolyn Sifton-Helene Ful Library, St. Boniface Hospital