Person-Centred Care and Culture Change in Long-Term Care: a selected list

Prepared by the J.W. Crane Memorial Library, University of Manitoba Health Sciences Libraries, February, 2011

This document is designed as a guide to selected, recent resources on person-centred care and culture change in long-term care. Many of the resources listed are available at the J.W. Crane Memorial Library, University of Manitoba Health Sciences Libraries, or are freely accessible on the Internet.

RefShare Link:
http://refworks.scholarsportal.info/refshare?site=01054110533200000/127524/person_centered

If you are able to access University of Manitoba Library electronic resources, you may retrieve articles in this list by using the RefShare link above. Further instructions on using RefShare are available at:

Books:

Basting AD. *Forget memory: Creating better lives for people with dementia.* Baltimore, MD: Johns Hopkins University Press; 2009.


Bowman CS. *Lighting the way: Building coalitions for culture change: A guidebook to help make it happen in your state, your community and your nursing home.* Milwaukee, WI: Action Pact; 2005.

Buron B. **Promoting personhood among nursing home residents living with dementia** [Ph.D. thesis]. Little Rock, AR: University of Arkansas for Medical Sciences; 2009.


Chapman A, Kerr D. **Person centred approach to care: A 20 hour study workbook for staff working with people who have dementia** [kit]. Stirling, UK: Dementia Services Development Centre, University of Stirling; 1995.


Person-centered care: The right to be me. Toronto, ON: Ontario Association of Non-Profit Homes and Services for Seniors; 1990.


Trotta L. Individualized care, the preservation of personhood, and the degree of family orientation in Winnipeg personal care homes [M.S.W. thesis]. Winnipeg, MB: University of Manitoba; 2008.

Videos and Training Manuals


Breaking the silence: Giving voice to persons living with dementia [DVD: 38 min.]. Waterloo, ON: University of Waterloo; Murray Alzheimer Research and Education Program; 2004. This video offers persons with dementia and their families a chance to speak for themselves by sharing their "lived" experiences - describing their issues, concerns and experiences from their personal perspectives. "Breaking the Silence" progresses through three key themes: a) The Faces of and Realities of Dementia; b) Social-Psychological Aspects of Dementia and the Work of MAREP; and concludes with c) Listening to the voice of Persons with Dementia. This video provides powerful insight as to what can be gained when we listen to and respect the perceptions of persons living with dementia.

Chaitram D. Family centered care: Understanding family expectations [VHS: 72 min.]. Winnipeg, MB: Deer Lodge Centre; 2007. The session discusses staff working with families and communication: causes of staff/family conflict, family perspective, challenges for staff, barriers to developing staff/family relationships - perceptual differences, cultural factors, communication.

Coping with Maggie: Caring for Margaret: Communicating through behaviour: A person-centred approach to caring for people with dementia [VHS: 55 min. + manual]. Ballymena, Ireland: Homefirst Community Trust; 2002. This video offers insight into the subjective world of people with dementia. The video follows Margaret as she strives to maintain her dignity and composure as the world she knows disintegrates. Also portrayed is the care delivered to her, often with good intentions, but at times insensitively.

Coste JK. Learning to speak Alzheimer's: An introduction to the habilitation approach to care [DVD: 32 min.]. Chicago, IL: Terra Nova Films; Woodstock, ON: Canadian Learning Co.; 2008. Applying the basic concept of habilitation ... the video shows how to create a suitable environment in which the person can lead a quality life through proactive adjustments. The practical information in this video will enhance the physical, psycho-social, and sensory world of the person with alzheimer's.

Innes A, Chapman A, eds. Hearing the voice of people with dementia [kit]. Stirling, UK: Dementia Services Development Centre, University of Stirling; 1997.

Joshi A. *Promoting the concept of personhood in practice* [DVD: 35 min. + discussion guide]. Hamilton, ON: McMaster Centre for Gerontological Studies; 2009. *This newly released DVD highlights the importance of acknowledging and honouring the personhood of older adults and the impact this has on enhancing work life for care providers.*

J. W. Crane Memorial Library. *Person Centred Care in Dementia.* (Education in a Box series). A kit available for Manitoba personal care containing books, articles, and a video.

McMaster University, Educational Centre for Aging and Health. *Hello in there: Understanding the success of person-centered care* [VHS: 19 min. + guide]. Woodstock, ON: Canadian Learning Co.; 1997. *Working with patients whose personalities are clouded by illness or by the aging process can be extremely challenging. This video captures the essence of “person-centered care”—nursing practice that emphasizes the challenges and rewards of relating to patients as whole people, with histories and values that go beyond their current medical needs.*

Norton L. *A tale of transformation: 4 stages to tell a story* [DVD: 66 min. + workbook]. American Health Quality Foundation; 2006. *Tours four fictional nursing homes, each at a different stage in changing their institutional culture to one offering more privacy, choice and purpose in the daily lives of residents.*

### Articles


Koren MJ. Improving quality in long-term care. Medical Care Research and Review. 2010;67(4)(suppl):141S-150S.


Models:

Eden Alternative  
http://www.edenalt.com/welcome.htm

Green House Project  

PioneerNetwork: Culture Change in Long-Term Care  
http://www.pioneernetwork.net

The Spark of Life Approach  

Wellspring  
http://wellspring.org/

Websites and Web Documents:

http://www.alzheimerbc.org/getdoc/5add27c4-30da-496a-86e3-309bc4a7a140/Guidelines-for-Care-Oct-2010.aspx

Center for Gerontological Nursing, School of Nursing, University of Minnesota, Culture Change in Nursing Homes  
http://www.nursing.umn.edu/CGN/ResourcesEducators/CultureChange/home.html  
Links to a variety of resources on culture change.

The Commonwealth Fund  
http://www.commonwealthfund.org  
Publishes some excellent documents on person centred care and culture change, including:

- The Impact of a Regulatory Intervention on Resident-Centered Nursing Home Care: Rhode Island’s Individualized Care Pilot, 2010.  
- **Culture Change in Nursing Homes: How Far Have We Come?**  

- **Implementing Change in Long-Term Care: A Practical Guide to Transformation**, 2009.  

**Ohio Person-Centered Care Coalition.** What is culture change and person-centered care fact sheet  

**Innes, A., Macpherson, S., and McCabe, L.** Promoting person-centred care at the front line, 2006.  

**Kansas Advocates for Better Care.** Person-centered care: Teaming up to make the change, 2009.  
 [http://www.kabc.org/pdfs/teaming-up-to-make-the-change.pdf](http://www.kabc.org/pdfs/teaming-up-to-make-the-change.pdf)

**Picker Institute and Plaintree.** Long Term Care Improvement Guide, 2010  

**Pioneer Network.** Nurse Competencies for Nursing Home Culture Change  
 [http://www.pioneernetwork.net/Providers/ForNurses](http://www.pioneernetwork.net/Providers/ForNurses)

**Quality Partners of Rhode Island**  
 Through collaboration with their partners, Quality Partners of Rhode Island (Quality Partners) developed the Holistic Approach to Transformational Change (HATCh) model as a guiding philosophy to assist with a nursing home's culture change journey. This site provides a variety of tools and resources.  

**Registered Nurses Association of Ontario.** Resources: Client-centred care.  
 Canadian (and other) tools and resources for assessing and implementing client-centred care.  
Social Care Institute for Excellence. Practice guide 09: Dignity in care

http://dhs.wisconsin.gov/aging/Genage/Pubs/pdeo084.pdf

Other J. W. Crane Library publications of interest:

- A guide to resources in evidence-based geriatrics
- Dementia Education and Training Resources for Long-Term Care: a selected list
- Geriatric Nursing on the Web
- Now playing: videos on dementia

For these and other J. W. Crane Memorial Library publications, go to:
http://umanitoba.ca/libraries/units/health/links/aging.html

For information on accessing articles, books, documents and videos listed, please contact:

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