

## DROP-IN RECREATION SCHEDULE - BANNATYNE CAMPUS

Drop-in Recreation is dedicated time for members and day-pass users to access the gymnasium and studio. This schedule is subject to change without notice.

**\*Additional time may be available outside this schedule. Please contact the Customer Service Desk for availability.**

FACILITY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>GYMNASIUM</b> Joe Doupe Centre	8:30am-10:30am 2:00pm-4:00pm	8:30am-10:30am <b>1:00pm-2:00pm</b>	8:30am-10:30am 1:00pm-2:00pm	8:30am-10:30am 2:00pm-4:00pm	8:30am-10:30am <b>1:00pm-2:00pm</b>	12:00pm-2:00pm 5:00pm-7:00pm	5:00pm-7:00pm
<b>Half Gym (Red)</b>	<b>4:30pm-5:30pm</b>	2:00pm-4:00pm 9:00pm-10:00pm	9:00pm-10:00pm	9:00pm-10:00pm	9:00pm-10:00pm		
<b>STUDIO</b> Joe Doupe Centre	6:30am-4:30	6:30am-11:45am 1:00pm-4:15pm	6:30am-11:45am 1:00pm-4:15pm	6:30am-11:45am 1:00pm-4:15pm	6:30am-4:30pm		

**USAGE GUIDELINES:** To benefit all users of our facilities, we kindly ask our members and day pass holders to occupy and vacate Rec Use facilities (including any equipment set-up and take down) no earlier or later than the times posted on the schedule.

**GYMNASIUMS:** Gym space during Rec Use drop-in time is multi-use. Bison Rec. Services does not permit users to wear black marking soles on the gymnasium floors.

**STUDIO:** Studio space can be utilized for stretching and other non free weight exercises. ( Free Weights are not allowed in the studio)