With this issue of Info-Rn: A Newsletter For Nurses, we acknowledge National Nursing Week, May 12-18. In recognition of nursing week, the theme of this issue is “Nursing Skills”. Check out the Nursing Made Incredibly Easy! books available from the library, peruse a mini webliography on clinical education and preceptorship, learn where to find information when updating a Policy and Procedure manual and discover Web 2.0 and how can we use it in our personal and professional lives. We have also highlighted new nursing skills books, videos and online resources and for your enjoyment we have included famous nursing quotes and saying.

[picture: Cape, St. Boniface Hospital School of Nursing, Manitoba, 1947. Canadian Nurses Association Collection
The nurse's blue cape with red lining is an enduring legacy of the Florence Nightingale era. In 1844, the Grey Nuns of Montreal sent four missionaries to start a hospital in the Red River colony of St. Boniface, near Winnipeg, Manitoba.]

News

Nursing Quotes
May 8, 2008 1:16 PM
To celebrate nursing week, here are some famous nursing quotes and sayings:

Web 2.0 101 or What is Web 2.0 Anyway?
May 8, 2008 1:15 PM
There is a lot of talk about Web 2.0 but what is it and how can we use it in our personal and professional lives? In this article we look at Web 2.0 and some of its applications.

Updating Policies and Procedures
May 7, 2008 11:57 AM
So you have a policy and procedure to update. But where do you find the evidence; why the library of course!

Made Incredibly Easy
May 6, 2008 3:38 PM
This unique series, published by Springhouse, breaks down challenging clinical concepts - the ones that are often difficult or hard to grasp - and presents them in a refreshingly original, easily understood, and engaging format.
Mini Webliography: Clinical Education and Preceptorship
May 6, 2008 3:00 PM
The following is a selected list of books and articles available from
the UM Libraries on the topic of clinical education and
preceptorship.

More...

University of Manitoba Libraries|

The Health Sciences Libraries support the teaching, research, and patient care
activities of the staff and students of the Faculties of Dentistry, Medicine, and the
Schools of Dental Hygiene and Medical Rehabilitation.

The Elizabeth Dafoe Library supports the research, study, and teaching
requirements of the staff and students of the Faculty of Nursing. Other faculties
served by the Elizabeth Dafoe Library include the Faculties of Art, Education,

Working with the Winnipeg Regional Health Authority, the University of Manitoba
provides library services to Winnipeg hospitals and longterm care centres. The
Health Sciences Libraries now include the Neil John Maclean Health Sciences
Library (Health Sciences Centre), and the libraries of Concordia, Grace, Seven
Oaks, St. Boniface, Victoria, Deer Lodge Centre, Misercordia Health Centre and
the virtual library at Riverview Health Centre.

The Health Sciences Libraries and the Elizabeth Dafoe Library offer a wide range
of services — including document delivery, literature searches, and training —
and provide access to an extensive collection of monographs, journals, videos,
and health databases.

Publication Information|

Info-RN is an electronic newsletter of the University of Manitoba Libraries
dedicated to informing nurses in Winnipeg of services or resources that will help
them access quality health information. Info-RN is published three times a year
by the University of Manitoba Health Sciences Libraries. Comments, questions,
or letters to the editor should be addressed to: njm_ref@umanitoba.ca

Editor: Christine Shaw-Daigle, Librarian, Victoria General Hospital Library
Contributors: Analyn Cohen Baker, Lisa Demczuk, Angela Osterreicher, Melissa
Raynard, Christine Shaw-Daigle, Laurie Blanchard.
Nursing Quotes

To celebrate nursing week, here are some famous nursing quotes and sayings:

Nursing is an art:
and if it is to be made an art,
It requires an exclusive devotion
as hard a preparation,
as any painter’s or sculptor’s work;
for what is the having to do with
dead canvas or dead marble,
compared with having to do
with the living body,
the temple of God’s spirit?
It is one of the Fine Arts:
I had almost said,
the finest of Fine Arts.
~ Florence Nightingale

Nursing encompasses an art, a humanistic orientation, a feeling for the value of the individual, and an intuitive sense of ethics, and of the appropriateness of action taken.
~ Myrtle Aydelotte, 1992

Nurses have come a long way in a few short decades. In the past our attention focused on physical, mental and emotional healing. Now we talk of healing your life, healing the environment and healing the planet.
~ Lynn Keegan, 1994

Unless we are making progress in our nursing every year, every month, every week, take my word for it we are going back.
~ Florence Nightingale, 1914

Caring is the essence of nursing.
~ Leninger, 1984

To do what nobody else will do, in a way that nobody else can do, in spite of all we go through; that is to be a nurse.
~ Anonymous

The most important practical lesson than can be given to nurses is to teach them what to observe.
~ Florence Nightingale

Nurses dispense comfort, compassion, and caring without even a prescription.
~ Val Saintsbury

Nurses - one of the few blessings of being ill.
~ Sara Moss-Wolfe

Nurses are angels in comfortable shoes.
~ Unknown

A nurse is compassion in scrubs.
~ Lexie Saige

A nurse will always give us hope, an angel with a stethoscope.
~ Carrie Latet

Nurse Sayings - "Ten Reasons To Become a Nurse"

1. Pays better than McDonald’s (though the hours aren’t as good.)
2. Fashionable shoes and sexy nurses uniforms.
3. Needles: ‘tis better to give than to receive.
4. Confidence in reassuring patients that all bleeding stops ... eventually.
5. Opportunity to expose yourself to rare, exotic, and exciting new diseases.
6. Interesting aromas.
7. Courteous and infallible doctors who always leave clear orders in perfectly clear handwriting.
8. Celebration of holidays with all your friends ... at work.
9. Comfort in the knowledge that most of your patients survive no matter what you do to them.

From: http://nurse.lifetips.com/cat/59407/quotes-on-nursing/

"You Might Be a Nurse If...

- You can drink a pot of coffee and still go to sleep in the morning.
- You believe every patient needs TLC: Thorazine, Lorazepam, and Compazine.
- You believe the definition of stress is when you wake up screaming and you realize you haven’t fallen asleep yet.
- Everything only happens all at once.
- You’ve ever been telling work stories in a restaurant and had someone at another table throw-up.
- You write a patient report and have to translate it to medical records because of all the acronyms in it.
- You look in your closet and can’t find anything non-medical to wear.
- You don’t get excited about blood loss unless it’s your own.
- You can eat a candy bar with one hand while performing digital stimulation on your patient with the other hand, and it doesn’t bother you.
- You believe Tylenol, Advil, or Excedrin provides a large part of your daily calorie intake requirements.
- You’ve ever held a 14-gauge needle over someone’s vein and said, “Now your going to feel a little stick.”
- You’ve ever had a patient with a nose ring, a brow ring and twelve earrings say, “I’m afraid of shots.”

From: http://nurse.lifetips.com/cat/59407/quotes-on-nursing/

By Melissa Raynard, Librarian
Concordia Hospital
Web 2.0 101 or What is Web 2.0 Anyway?

There is some disagreement among experts as to what Web 2.0 really means and whether the term is even valid. Some say it is misleading as it implies an upgrade in or a new version of what we all refer to as the Web. This is not so but it does refer to a difference in the way we use the Web. Basically, Web 2.0 means using the Web as a platform for applications that allow people to share information and collaborate with others on projects. When you use Web 2.0 applications you can not only retrieve data on a website but also participate in creating and changing it.

Even if you think you don’t know anything about Web 2.0 you have probably used it without even realizing it. Here are some common Web 2.0 applications:

**Blogs:** The term “blog” is short for “web logs.” A blog is like a journal or diary that is regularly updated with personal or professional information, opinions, and observations. They are available online for the public to view and entries are in reverse chronological order so that you see the most recent entries first. While many people keep personal blogs that detail their day-to-day lives there are also many blogs for professionals to discuss ideas related to their work.

**Del.icio.us:** We often bookmark websites on our computers so that we can quickly refer to them later. However, if you are at a different computer these bookmarks are not available to you. Del.icio.us is a tool that allows you to access your bookmarks from any computer with an Internet connection. Using this freely available website you can bookmark your sites and apply tags to your bookmarks so that you can organize them. You can share your bookmarks with friends and colleagues or keep them private.

**RSS:** RSS stands for "Really Simple Syndication." It is a way for you to keep current in your area of interest. With an RSS aggregator or reader you can gather together the news from your favourite newspaper, television or radio station, check the tables of contents of your favourite nursing journals, and review recent articles from PubMed or CINAHL. All in one location! Bloglines is an example of a free and easy to use RSS aggregator. The University of Manitoba Health Libraries has a listing of [Health RSS feeds](http://davidrothman.net/list-of-medical-wikis) that you may be interested in. For more on RSS feeds please check out [What is RSS?](http://davidrothman.net/list-of-medical-wikis).

**Wikis:** Wikis are collaborative web sites whose content can be edited by anyone who has access to them. Organizations often use wikis so that groups can virtually collaborate on projects. The most popular wiki is probably Wikipedia, an online encyclopedia where anyone can add or modify content. To see a listing of health related wikis please go to [http://davidrothman.net/list-of-medical-wikis](http://davidrothman.net/list-of-medical-wikis).

Lori Giles-Smith, HSC Hospital Librarian  
Neil John Maclean Health Sciences Library
Updating Policies and Procedures

So you have a policy and procedure to update. But where do you find the evidence; why the library of course!

To start you can get a literature search done by one of the health sciences librarians. We will select and search the most appropriate databases, library catalogues and other Internet sources. Select the citations that are of interest to you and obtain the full document directly from the Libraries, or use our Document Delivery service. You may call one of the health libraries directly or you may request a literature using our online form.

If you would like to try searching for the information on your own; here are some great resources to get you started:

The University of Manitoba Libraries holds a number of nursing skills books, these stand out as best.

**Clinical Nursing Skills & Techniques**
Often referred to as Perry & Potter this book is one of most comprehensive and helpful books for nursing skills. Clear step by step instructions with illustrations for most nursing procedures, listed alongside the instructions are the rationales for each of the procedure. Each chapter is well referenced.

**Lippincott Manual of Nursing Practice**
Providing a comprehensive reference for all types of nursing care, the *Lippincott Manual* incorporates official guidelines, that shape clinical practice, and supplies standard information for all practice settings, medical-surgical, maternity, pediatric and psychiatric nursing. The nursing process sections provide step by step nursing care for almost any patient scenario. This book is available online and in print copies. For more information on the online version of the Lippincott Manual review the e-resources article in this issue.

**Nursing Procedures Made Incredibly Easy**
Don’t let the name fool you, this is an excellent resource for common procedures. Well written easy to follow instructions. Each procedure starts with a brief description, includes a list of equipment, instructions for preparing the patient, step-by-step instructions for carrying out the procedures with rationales to explain why you perform each major step. Practice pointers include ways to avoid common complications and variation in performing the procedures.

**AACN Procedure Manual for Critical Care**
Produced by the American Association of Critical–Care Nurses this procedure manual is designed for acute and critical care. Each procedures sections provides a purpose, prerequisite nursing knowledge, equipment list, patient and family education sections, patient assessment and preparation including specific assessment criteria. Step by step procedure instructions with rational and important special considerations are given, along with expected outcomes and potential complications.

**Databases**

To find guidelines or procedures published in the literature try searching these databases.

**CINAHL**
*CINAHL* (Cumulative Index to Nursing and Allied Health Literature) is the authoritative resource for nursing and allied health. Offering complete coverage of English-language nursing journals and publications from the National League for Nursing and the American Nurses’ Association, *CINAHL* covers nursing, biomedicine, alternative/complementary medicine, consumer health and 17 allied health disciplines. This database offers access to health care books, nursing dissertations, selected conference proceedings, standards of practice, educational software, audiovisuals and book chapters. Need help searching CINAHL take a training session, look at this handout or book a housecall.

**PubMed**
PubMed/MEDLINE is produced by the U.S. National Library of Medicine (NLM) and is one of the major sources for biomedical literature. It indexes over 4000 biomedical journals annually. PubMed/MEDLINE is updated daily covering the medical literature from 1950 - present. Help with searching Pubmed can be found here.

**Tripdatabase**
The TRIP Database (Translating Research into Practice) is a meta-search engine widely used internationally, allowing users to rapidly identify the highest quality evidence from a wide range of sources. TRIP searches sites of evidence-based
medical information and gives direct, hyperlinked access to a large collection of material on the web as well as articles from premier online journals. It's worthwhile to have a look at this important resource that provides access to over 150 international resources including evidence-based synopses, clinical questions, systematic reviews, guidelines, and MEDLINE.

Looking for Guidelines

**Registered Nurses Association of Ontario (RNAO) Best practice guidelines.**
There are currently 29 published guidelines as well as a Toolkit and Educator’s Resource to support implementation available from this web site.

**University of Manitoba Health Sciences Libraries Practice Guidelines Link**
A selected list of web site contain practice guidelines.

**Nursing Toolkit**
The University of Manitoba Nursing Toolkit is an excellent first stop to get you on your way to evidence. An electronic resource, the nursing toolkit will quickly guide you to the best of our online resources. These discipline-specific web pages provide access to the essential resources needed to study, research, or provide care in a specific health area. Gathering the best resources available to you, a toolkit is your first stop when searching for information. The nursing toolkit provides access to a wealth of resources including key nursing practice materials such as the *Lippincott Manual of Nursing Practice* and *Carpenito-Moyet’s Nursing Care Plans & Documentation*. Dictionaries, including *Dorland’s Illustrated Medical Dictionary* and *Taber Cyclopedic Medical Dictionary* are conveniently supplied. Online resources for drug information, finding evidence, patient education, valued nursing web sites, and presenting and writing papers complete the toolkit.

By Christine Shaw-Daigle, Librarian
Victoria General Hospital
Are you …?

Confused about “Fluids & Electrolytes”
Baffled by “Pathophysiology”
Puzzled about “Dosage Calculations”

Break through your bewilderment with the **Made Incredibly Series**!

This unique series, published by Springhouse, breaks down challenging clinical concepts - the ones that are often difficult or hard to grasp - and presents them in a refreshingly original, easily understood, and engaging format. The tone is lighthearted, but never simplistic, and this makes learning fun and effective. Key points are highlighted with clinical artwork and humorous line drawings. The content is written by experienced clinicians, which ensures that it is based on sound clinical principles and hands-on expertise.

Click [here](#) to view all the **Made Incredibly Easy** titles currently held by the University of Manitoba Libraries.

Remember – if your hospital library doesn’t own a particular title, you can always have it transferred from another library or, you can suggest it for future purchase!

By Analyn Cohen Baker
Librarian
Seven Oaks General Hospital Library
Mini Webligraphy : Clinical Education and Preceptorship

The following is a selected list of books and articles available from the UM Libraries on the topic of clinical education and preceptorship. Each book title is linked to the Library's catalogue where you may “place a request” for a title of interest. The articles are available online or can be requested from any UM library.

More webligraphies can be found on the Health Sciences Libraries website. Webligraphies can be used by practicing nurses for continuing education and professional development purposes. Nursing students and other health professionals may find them useful as a starting point for research on a particular topic.

Books


Nursing preceptorship : connecting practice and education / Florence Myrick, Olive Yonge. Published: Philadelphia : Lippincott Williams & Wilkins, c2005. Concordia Hospital Library WY 18.5 M998n 2005 Grace General Hospital Library WY 18.5 M998n 2005 NJM Health Sciences Library WY 18.5 M998n 2005 Seven Oaks General Hospital Library WY 18.5 M998n 2005

Journal Articles


J Nurses Staff Dev. 2007 Sep-Oct;23(5):238-42. The One-Minute Preceptor: a five-step tool to improve clinical teaching skills. Kertis M.
The One-Minute Preceptor (OMP) is a teaching tool that has been used successfully for over 10 years in family practice residency programs. It was designed to enhance the teaching skills of physicians involved in the clinical education of new residents. This article describes the five steps of the OMP and how it was taught to a group of nurse preceptors and reports their evaluations of the impact that this education had on their ability to instruct and offer feedback to the novice nurse.

J Nurses Staff Dev. 2007 Nov-Dec;23(6):305-8.
Instant teaching tools.
Schoen D.

Overcoming the challenges of providing clinical/practice education.
MacFarlane E, Milliken J, Ouellet LL, Thrasher C, Gartner J, Harder N, Cox K.

The responsibility of educating increasing numbers of students presents major challenges for nursing education. The Canadian Association of Schools of Nursing (CASN) established a task force to examine the issues and barriers associated with provision of clinical/practice education for nursing students and to assist in the development of national guidelines for practice education. In this article, the authors present key findings and recommendations resulting from a literature review, a survey of member schools and a national forum on clinical practice education. All schools of nursing are encouraged to continue to develop innovative ways of providing practice experience to meet growing demands.

Preceptoring a student in the final clinical placement: reflections from nurses in a Canadian Hospital.
Bourbonnais FF, Kerr E.

AIM: To capture personal reflections on being a preceptor and to identify the supports and challenges to enacting the role. BACKGROUND: Prior to graduation from a nursing programme, students begin the transition in roles from student to practicing health-care professional. To ease this transition, preceptorship programmes have been implemented to foster professional socialization and help students achieve confidence in their practice during their final clinical placement (consolidation experience). Preparation for the preceptor role is dependent upon the information offered by the agency as well as by the educational institution. Nursing staff are requested for much of the calendar year to work with increasing numbers of undergraduate students at various levels, function as preceptors in the final clinical experience (consolidation) as well as be involved in the orientation of newly hired nurses. METHODS: This qualitative study used one-on-one tape recorded interviews with nurses who had previous experience as a preceptor. Thematic analysis of the transcribed data resulted in the emergence of an overall theme and categories. RESULTS: Eight nurses were interviewed from a variety of units including medical surgical as well as critical care. The overriding theme from the analysis was 'safe passage'. This safe passage was for the patient and the student and was accomplished through the process of teaching and a clear view of the preceptor role. Challenges to the role were lack of recognition by other nursing staff as well as limited support from some faculty advisors. Supports for the role were the visible presence and ongoing support by faculty advisors as well as the hospital workshop. CONCLUSION: This study highlighted the importance of support from ursing faculty as well as recognition by fellow nurses of the workload involved when being a preceptor. RELEVANCE TO CLINICAL PRACTICE: Preceptors play an important role with students prior to graduation. Both the hospital and educational institutions need to ensure that nurses are given the necessary support, recognition and resources.
Educating nursing students for entry level practice in complex health care settings is a concern in Canada and many other countries. National groups have called for improved practice education to better prepare students for actual practice. The purposes of this paper are identification and critical analysis of current practice education models. Ten basic model types were identified in the literature: faculty-supervised practicum, preceptorship, education unit, joint appointment, secondment, affiliate position, internship, co-operative education, work-study and undergraduate nurse employment. Key features, benefits and limitations of each model are discussed. Emerging developments in practice education are increased inter-professional and community-based practice education, and new partnerships among academic and practice organizations. These developments are intended to alleviate model limitations, ease pressures from organizational contexts and respond to large integrated health care systems. Evidence-based research for practice education is beginning to be apparent. Further research is needed that compares models and examines learning, patient care outcomes and costs.

Most nurse educators fulfill dual roles of clinical practitioner and teacher and thus have to achieve a balance between these two challenging sets of competencies. The authors discuss the obligation and expectation that nurse educators are concurrently experts in clinical practice and education. Is this dual competence a feasible and sustainable goal? To begin to explore this issue, the meanings of 'expert practice' and 'practice competence,' derived from the nursing education literature, are reviewed. Current professional practice competency requirements related to the nurse educator role are discussed. Questions are raised regarding support for and barriers to achieving these competencies. The potential challenges and rewards of this endeavour are presented and illustrated by two nurse educators who share their stories of achieving a balance in teaching and clinical practice competence. Finally, implications for nurse educators and directions for future research into this issue are proposed.

The challenges nurse educators encounter and respond to while teaching undergraduate students in the clinical area require a unique set of skills and teaching expertise, different from those acquired through classroom teaching. As these educators encounter, make sense of, and move beyond these interruptions, a unique set of understandings and wisdom is acquired. In explicating this wisdom, philosophical literature on practical wisdom, tacit knowledge, smooth activity, and Unready to Hand immersions was accessed. Two layers of interviews were conducted with 9 educators (32 total interviews). An interpretive analysis of these stories elucidated the metaphor of Unready to Hand as Adventure, revealing three domains of practice: Preserving the Ideal, Salvaging Learning, and Sustaining Self. These domains clarify the professional teaching knowledge these educators acquired and offer insight into how one may respond within the everyday encounters that characterize this area of teaching practice.
General information and practice pages from the RNAO’s Knowledge Depot.

The RNAO’s Preceptor Resource Kit is available as an online tool or can be ordered as a print workbook. An online demo is available for free.

By Lisa Demczuk, Librarian
Bill Larson Library, Grace Hospital
New Books : Nursing Skills

Each year publishers release new titles or updated editions of texts covering the scope of fundamental nursing skills and procedures. The following are two new editions of skills books available at the University of Manitoba Libraries.

Taylor's clinical nursing skills : a nursing process approach / Pamela Lynn. Published: Philadelphia : Lippincott Williams & Wilkins, c2008.

A comprehensive clinical skills reference, Taylor's Clinical Nursing Skills follows a nursing process format, beginning with foundational skills and moving through physiological responses. The text is enhanced with "watch and learn" and "practice and learn" icons that direct readers to free access to video and interactive learning resources on both the included CD-ROM and an affiliated website. Each of the 180 featured skills is presented in a two column format outlining action steps and the rationale for those actions. The skills are extensively illustrated with colour photos and key points are highlighted in red. Guidelines for documentation of procedures, as well as unexpected situations or special considerations are also provided for each skill. Opportunities to develop critical thinking skills are provided at the end of each chapter with integrated case studies.

Available at: Elizabeth Dafoe Library, Grace Hospital Library, Misericordia Health Centre Library, NJM Health Sciences Library, Victoria General Hospital Library.


Now in its seventh edition, this popular resource features 750 new and updated skills with over 1200 colour illustrations. Clinical Nursing Skills: basic to advanced skills is built on the fundamentals of nursing practice, teaching the student how to assess the client, formulate nursing diagnoses, perform the procedure and evaluate outcomes and document data. Each chapter defines the relevant terminology and provides a comprehensive overview of the theoretical concepts involved. The procedures and skills that follow in each chapter are supported by evidence based nursing practice highlights, featuring scientific studies relevant to the skill protocols, as well as clinical alerts that focus on safety issues or critical information for skill performance. A chapter addendum provides scenarios to practice critical thinking strategies and NCLEX review questions help to review chapter material and prepare for examinations.

Available at: Elizabeth Dafoe Library, Grace Hospital Library, NJM Health Sciences Library, Seven Oaks General Hospital Library

By Lisa Demczuk, Librarian
Bill Larson Library, Grace Hospital
New Video: Assessment of the Adult

A comprehensive nursing assessment is the cornerstone in the delivery of nursing care. This series of programs demonstrates how to perform a complete initial assessment on a stable patient as well as how to recognize any changes in physical status that may require immediate attention or further monitoring. The importance of accurate, complete, and timely documentation is described and the need for effective communication skills is emphasized. This set of 3 DVD's covers topics such as: Introduction to Nursing Assessment, Assessment of the Adult: Head to Toe Assessment, and Assessment of the Adult: The Systems Based Assessment. Accompanying CD-ROMs with an instructor's guide and self grading tests complete the series. Running time of each DVD is approximately 25 minutes.

Title: Assessment of the adult
Produced by: Concept Media, 2007
Location: Grace Hospital Library
Call Number: WY 100.4 A846ac 2007 AV

By Analyn Cohen Baker, Librarian
Seven Oaks General Hospital Library
E-Resources: Lippincott Manual of Nursing Practice

One of the most significant nursing textbooks, *Lippincott Manual of Nursing Practice*, eighth edition, is now available online through the University of Manitoba Libraries' web site. Providing a comprehensive reference for all types of nursing care, the *Lippincott Manual* incorporates official guidelines, that shape clinical practice, and supplies standard information for all practice settings, medical-surgical, maternity, pediatric and psychiatric nursing. Whether working late, or at home or you just can't leave the office, this valuable resource is now just a click away. With your University of Manitoba Libraries’ card, you can access the *Lippincott Manual of Nursing Practice* from any computer with internet access at any time; day or night, weekends or holidays.

There are two ways to access this and other nursing e-books:

1. Search the book title in BISON, the UML catalogue, available at bison.umanitoba.ca. The record for the book will include a link to the electronic version.

   ![BISON/LIBRARY CATALOGUE](image)

2. From the list choose Lippincott Manual of Nursing Practice (Online)

   ![Lippincott Manual of Nursing Practice](image)

3. Visit the UM Health Sciences Libraries' web site

   - click on the link for “E-books”
   - Then click on the “Nursing” heading and all the titles will be displayed.
   - Choose *Lippincott Manual of Nursing Practice*

You can locate the table of contents along the left hand side, from the opening screen of the book. Choose *Procedure, Patient Education, and Standards of Care Guidelines A to Z* to navigate through an alphabetical listing of standards, patient education guidelines or procedures.

Example: You need to update your policy and procedure for giving heparin injections.

From the *Lippincott Manual of Nursing Practice* Table of Contents

- Click on *Procedure, Patient Education, and Standards of Care Guidelines A to Z*
- Choose “S” under Procedure Guidelines or scroll down through the list.
- Locate Subcutaneous Injection of Heparin
- Click on the guideline link
Here, you will find step by step instructions complete with diagrams, equipment lists and cautionary notes.

But wait, there’s more! The Lippincott Manual of Nursing Practice is not just a list of procedures; it's also a standard nursing reference textbook. Choosing Chapter 8 Cancer Nursing from the table of contents, for example, will provide comprehensive information on cancer, including etiology, prevention, diagnostic evaluation, and nutritional considerations, nursing diagnosis and nursing interventions.

Lippincott Manual of Nursing Practice is just one of several online nursing textbooks available from the University of Manitoba Libraries. To learn more about e-books, sign up for a training session or make an appointment with one of the Health Sciences Librarians.

By Christine Shaw-Daigle,
Librarian
Victoria General Hospital
For Your Patients: Public Health Agency of Canada

When your patients needed information on healthy living, disease and injury prevention, you probably referred them to the Canadian Health Network. Now you will need to refer your patients to the Public Health Agency of Canada’s (PHAC) web site. As of April 1, 2008 PHAC’s web site absorbed the Canadian Health Network to provide a single source of credible public health information.

PHAC’s mandate is to help protect the health and safety of all Canadians. It focuses its efforts on preventing chronic diseases, such as cancer and heart disease; preventing injuries, and responding to public health emergencies and infectious disease outbreaks.

Your patients can find health information in different areas on the web site under the headings of Topics, Disease Prevention and Your Health. Health topics include: active living, complimentary and alternative health, healthy eating, injury prevention, living with disabilities, mental health, sexuality/reproductive health, substance use/addictions, tobacco, violence prevention, etc. Disease prevention includes: cancer, cardiovascular disease and stroke, diabetes, AIDS/HIV, and respiratory disease. PHAC also provides health information for specific population groups: children, youth, adults, seniors, and aboriginal peoples. More information is found in the left sidebar under the headings of Diseases & Conditions, Health & Safety, and Research & Statistics.

Under each topic, PHAC provides information in a variety of formats such as guides, fact sheets, FAQs, reports, guidelines, web links, statistics, etc. The audience level is directed to both the public and health professionals. Be sure to check out the A-Z index when looking for information as it includes a search function for key concepts or phrases.

The Canadian Health Network was a unique partnership amongst national, provincial, and territorial governments, health agencies, hospitals, universities, libraries and community organizations. If your patients trusted information from this former site is not available on the new site, then further trusted consumer health information can be found at the University of Manitoba, Health Sciences Libraries’ web site for Consumer Health/Patient Education. [http://umanitoba.ca/libraries/units/health/chis/consumh.html]

By Angela Osterreicher
Librarian
Deer Lodge Centre