How it all started

- Gilbert Park Girls Group
- A number of youth suicides
- Took information back to Nor’ West
- Called an immediate meeting of Nor’ West staff to address issue
- Caprice and Tammy appointed as Leads of the Project

Our Next Step

- Looked at the literature re: youth suicide such as the Trauma Response Team Manual & Suicide Prevention Strategy
- Common information was:
  - networking & partnerships
  - creating outcomes/objectives
  - Community Development Approach
- Decided to invite many different agencies and partners to a meeting in the hopes of forming a Suicide Prevention Working Group
- Drafted an invite letter which included, the overall purpose of the strategy, the purpose for our initial meeting, and the outcomes/objectives

Initial Plan

Overall Purpose of Strategy:
We have identified the need of teen suicide in GP through:
- a. The three girls that completed suicide in the last 6 months in GP from November 2005-March 2006
- b. We have identified attempts from some of our work in the community
- c. We know of the high risk nature of this community (youth & families) in GP
- d. High Aboriginal population

Purpose for the initial meeting:
1. For other organizations to bring their knowledge and resources to the table
2. To establish a working group that includes strong partnerships with other service providers.
3. Create a variety of strategies to address the needs in the community and promoting a healthy community.

Successes

- A Committee formed from the following agencies and have participated and shared their knowledge, expertise & resources - NW, WRHA, PHN, C.D., Social Workers, Aboriginal health, Mental Health, Klinic, MATC, Shaughnessy School, Boys & Girls Club, Four Feathers, Mount Carmel, MMF
- Brainstormed with the group about hosting a community event focusing on youth
- Fresh I. E. performed in GP Aug. 2006
- Gilbert Park Revitalization Committee was created
- Gilbert Park Strategic Plan developed and implemented
**Gilbert Park Going Places**

- A new project started October 2007 called Gilbert Park Going Places.
- Project has 2 social workers, 2 skill development workers to develop and implement a program that will decrease high risk behaviours and increase skills, coping and overall health.
- Project is supported by Nor’West staff in particular CD staff, Revitalization and community.
- Project based on best practice and includes rec programs, skill program, life skills and mentoring and one on one counselling.